

# SIRAH & STORIES

LEVEL 1



Quranic  
Tarbiyah

1

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

# SIRAH & STORIES

LEVEL 1

This book belongs to

Name \_\_\_\_\_

Class \_\_\_\_\_



**Quranic  
Tarbiyah**



**Life With Allah**  
الحياة مع الله

Quranic Tarbiyah is an initiative of Life With Allah (LWA) which aims to nurture a Qur'anic generation who love and live the Qur'an.

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# About Quranic Tarbiyah

## Vision

A generation who love and live the Qur'ān.

## Mission

Nurturing a generation who are guided by revelation, grounded in reality, and who carry forward the legacy of the Prophets ﷺ.

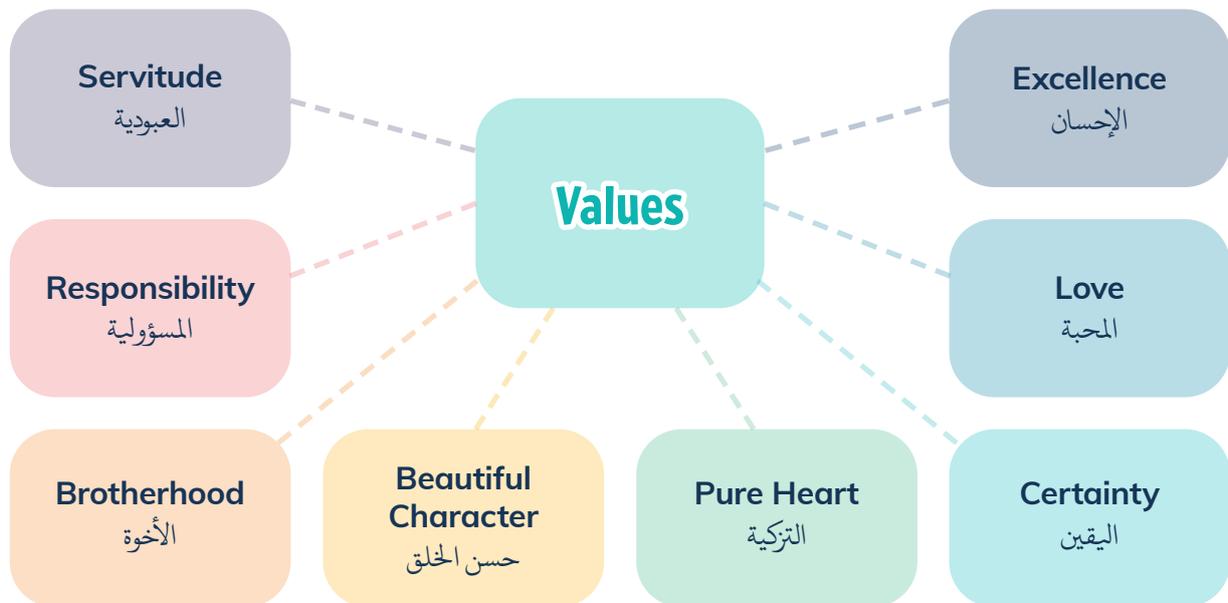
## Aims & Objectives

We want every educator and learner to:

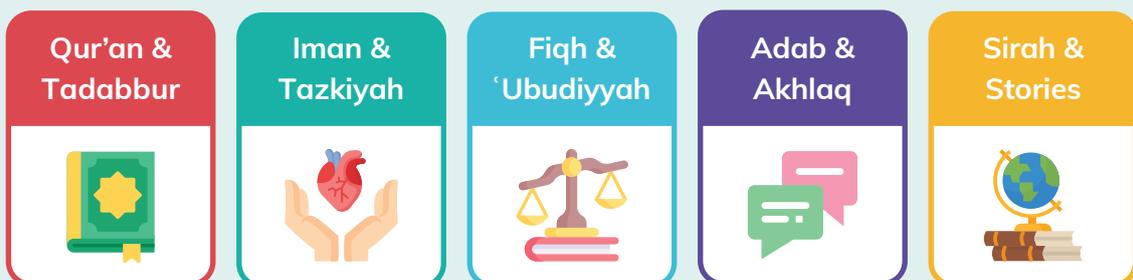
1. Develop a deep awareness of Allah ﷻ, love Him, and honour Him.
2. Recognise their purpose in life (i.e. 'ubūdiyyah: servitude) and worship Allah with baṣīrah (clear proof and certainty).
3. Constantly strive to strengthen their īmān and yaqīn (conviction).
4. Love the Messenger ﷺ, and embody his sunnah and character.
5. Become 'people of the Qur'ān' through reflecting and living by it.
6. Constantly strive to attain a pure heart (tazkiyah) and attain iḥsān.
7. Know the legal rulings of all necessary aspects of life (fiqh) alongside their inner dimensions, in order to taste the sweetness of worship.
8. Be confident in their dīn and feel proud of their heritage and history and deeply connected to it.
9. Develop a love of lifelong learning and a passion to serve the din of Allah.
10. Be well-equipped to deal with personal, local, and global challenges, and become beacons of justice and mercy for the entire world.

لَقَدْ مَنَّ اللَّهُ عَلَى الْمُؤْمِنِينَ إِذْ بَعَثَ فِيهِمْ رَسُولًا مِّنْ أَنفُسِهِمْ يَتْلُوا  
عَلَيْهِمْ آيَاتِهِ ۖ وَيُزَكِّيهِمْ وَيُعَلِّمُهُمُ الْكِتَابَ وَالْحِكْمَةَ وَإِن كَانُوا مِن  
قَبْل لَفِي ضَلَالٍ مُّبِينٍ

“Indeed, Allah bestowed a favour on the believers when He raised in their midst a Messenger from among themselves — who **recites to them His verses, purifies them, and teaches them the Book and wisdom**. For indeed they had previously been clearly astray” (3:164).



## The 5 Key Areas of the Quranic Tarbiyah Curriculum



# Sirah & Stories

## Aims of Sirah & Stories Lessons

- 1 Strengthen īmān through the stories of the Prophets ﷺ and the Companions
- 2 Gain a deep love for the Prophets, especially our Prophet Muhammad ﷺ and his Companions
- 3 Draw practical lessons from their lives and embrace them as role models
- 4 Be inspired to carry forward the legacy of the Prophets by sacrificing for and serving Allah's dīn.
- 5 Find honour in Islam and appreciate its incredible history.

### Strengthening Iman

Allah ﷻ says in the Qur'ān:

وَكَلَّا نَقُصُّ عَلَيْكَ مِنْ أَنْبَاءِ الرُّسُلِ مَا نُثَبِّتُ بِهِ فُؤَادَكَ

“And We relate to you (O Prophet) the stories of the Messengers so that We strengthen your heart with them...” (11:120).

Allah ﷻ nurtured our beloved Prophet ﷺ and his Companions by revealing the profound **stories of the Prophets**. These stories illustrate their worship and servitude (‘ubūdiyyah), impeccable character, da‘wah efforts, and their unwavering steadfastness despite the countless challenges they faced.

These incredible stories fortified the īmān of the Prophet ﷺ and his Companions, giving them the resilience to endure immense trials and the reassurance that they were walking the same noble path as the Prophets before them.

The sīrah of the Prophet ﷺ and the stories of the Prophets before him continue to be among the greatest sources of spiritual strength. They reignite the **flame**

**of imān**, guiding us through life just as they guided the earliest believers. As educators, we must inspire young hearts to **reflect** on the lives of these remarkable figures. This will strengthen their imān, and fill them with love, reverence, and awe for the greatest people to have ever walked the earth.

### Exemplary Role Models

In a time when many of our youth feel lost or disconnected from Allah, reconnecting with the rich heritage of Islam through the lives of the Prophets will inspire a renewed sense of **purpose** and **identity**. Allah ﷻ says in the Qur’ān:

*“These Prophets were rightly guided by Allah, so follow their guidance” (6:90).*

This verse emphasises the profound importance of following the guidance of the Prophets. Allah commands Prophet Muhammad ﷺ to follow their path, emphasising the importance of their **example**. True adherence to the way of the Prophets, however, requires **knowledge** — understanding how they applied divine guidance in their lives.

Allah ﷻ further reminds us:

*“Indeed, in the Messenger of Allah you have an **excellent example** for whoever has hope in Allah and the Last Day, and remembers Allah often” (33:21).*

The Prophet ﷺ is our ultimate **role model**. He ﷺ excelled in every role: as a leader, educator, judge, spouse, father, friend, and most importantly, as a servant of Allah. His life offers a timeless manual, guiding us in every aspect of our personal and communal lives.

Similarly, we must cultivate a deep love for the Companions ﷺ in our young learners’ hearts. The Companions were the best of this Ummah: the most righteous, knowledgeable and humble. Chosen by Allah to accompany His Messenger, they responded to the call of Islam with unwavering conviction. They sacrificed wealth, family, and comfort for the sake of spreading Allah’s message. Their hearts were filled with certainty and their souls illuminated with love for Allah and His Messenger. They chose the hereafter over this world and strove to guide people from the worship of creation to the worship of Allah alone, from the oppression of other religions to the justice of Islam, and from the narrowness of this world to the vastness of the hereafter.

“We were taught the battles of the Prophet ﷺ just as we were taught a sūrah from the Qur’ān.” - ‘Alī ibn al-Ḥusayn ﷺ

### The Power of Stories

Stories are undeniably one of the **most effective tools of education**. What, then, of the real-life stories of the greatest figures in human history?

We should narrate these stories with passion, love, and creativity, so our children are genuinely inspired to **choose them as role models**. Our goal should be to nurture **īmān, good character** and **righteous deeds**, so that even as the tides of desires and doubts follow them into adulthood, these stories remain their anchor, grounding them in the truth and strengthening their connection to Allah.

### Essential to Understanding the Qur’an

Studying the sīrah is an **essential prerequisite** to understanding the Qur’an, as the Prophet’s entire life was a **practical manifestation** of the Qur’an. When ‘Ā’ishah ﷺ was asked about his character, she replied: “His character was the Qur’an.”

**Reflecting** on lessons from the sīrah, gaining a **deep understanding** (*fiqh as-sīrah*), and making connections to Qur’ānic verses allow us to truly appreciate how the Prophet ﷺ embodied the Qur’an.

Studying the sīrah provides context for many of the Qur’an’s verses. It also illustrates how the Qur’an was revealed in **real-time** in response to events in the Prophet’s life, deepening our understanding of how the Qur’an guided, strengthened, and shaped him ﷺ and the community of believers around him.

### The Blueprint for Revival

Studying the sīrah and Islamic history provides a blueprint for **reviving our Ummah** today. By examining what made the earlier generations of Muslims the best, we can learn valuable lessons on nurturing spiritual, moral, and societal revival.

May the sīrah and stories of the Prophets ﷺ and the Companions ﷺ inspire us to hold firmly to the rope of Allah and strive for internal improvement, working towards the revival of our Ummah. May our children and youth be the righteous leaders of tomorrow.

# About This Book

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

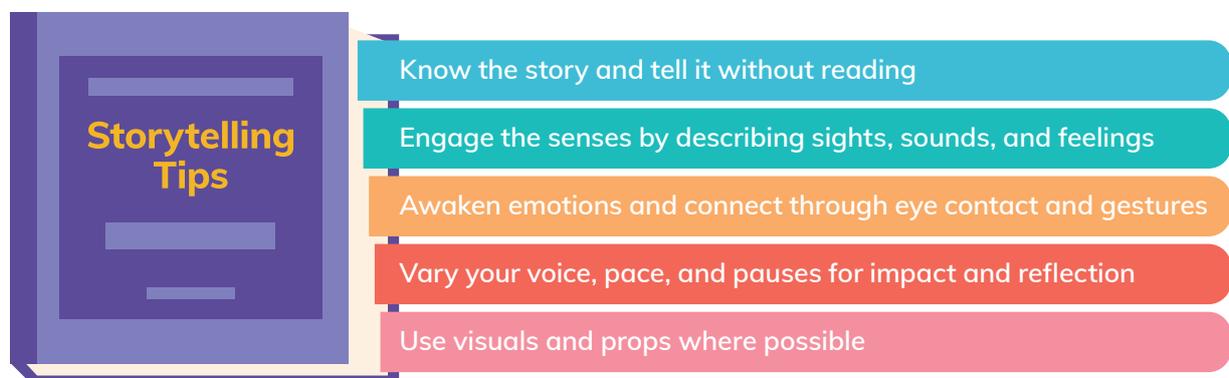
The Sirah and Stories Level 1 book presents **selected stories of the Prophets** ﷺ as told by Allah ﷻ in the Qur'ān, alongside **the life of our beloved Prophet Muhammad** ﷺ in Makkah. Written and illustrated in a child-friendly style, the book aims to inspire young hearts, nurture love for the Prophets ﷺ, and encourage children to take them as role-models by drawing age-appropriate, relatable life lessons.

This book contains 25 stories, each followed by **engaging activities** that support comprehension, moral reflection, and personal development. Each story highlights one **age-appropriate key lesson**, shown through the QT characters' (Maryam and Musa) speech bubbles and reinforced with a corresponding activity. Suggested nashids and clear **learning objectives** for each story are provided on the following pages.

The Prophets' ﷺ stories conclude with a board-game-style recap, encouraging children to recall events using names, images, and locations. Likewise, the sirah section ends with a sirah map game, enabling children to retell the Prophet's ﷺ life in Makkah.

This book is designed for **Year 1 children (ages 5-6)**, though it would also benefit older children.

For best use, treat this book as a **storytelling and teaching resource** rather than a text to be read aloud. Tell and show the stories, adapt the activities as needed, and enrich the learning with action, arts and crafts, and hands-on experiences. Creating positive, joyful memories around Qur'ānic learning is essential.



While this book is one tool among many, its true impact lies in how the lessons are lived and modelled by adults. Parents and educators are encouraged to **nurture a Qur'ānic environment** at home and in learning spaces, so these stories translate into meaningful practice, inshaAllah.

# Lesson Objectives

Lesson	Learning Objectives	Keywords
Lesson 1: <b>Allah Creates Adam</b> ﷺ	<ul style="list-style-type: none"> <li>Identify that Allah is the Creator of the universe</li> <li>Recognise Adam ﷺ as the first human being</li> <li>Appreciate how Allah has made humans special</li> </ul>	Created Adam - آدَم Universe
Lesson 2: <b>Adam</b> ﷺ <b>Faces Shaytan's Trick</b>	<ul style="list-style-type: none"> <li>Identify that Shaytan is our worst enemy</li> <li>Define the term 'Prophet'</li> <li>Explain how Shaytan tries to trick us in our daily lives</li> </ul>	Prostrate Shaytan - الشَّيْطَان Prophet
Lesson 3: <b>Nuh</b> ﷺ <b>Builds a Big Ship</b>	<ul style="list-style-type: none"> <li>Recognise Nuh ﷺ as a Prophet of Allah</li> <li>Describe how Shaytan tricked the people of Nuh ﷺ</li> <li>Reflect on the importance of obeying Allah, even when others don't</li> </ul>	Nuh - نُوح Statues Ship
Lesson 4: <b>A Flood Covers the Land</b>	<ul style="list-style-type: none"> <li>Recall who Nuh ﷺ took on the ship</li> <li>Identify what Nuh ﷺ told his son</li> <li>Explain how Allah takes care of those who listen to Him</li> </ul>	Flood Believers Mount Judiyy
Lesson 5: <b>Ibrahim</b> ﷺ <b>Breaks the Idols</b>	<ul style="list-style-type: none"> <li>Identify what the people of Ibrahim ﷺ were worshipping</li> <li>Explain how Allah protected Prophet Ibrahim ﷺ</li> <li>Discuss how Ibrahim ﷺ showed that idol worship is wrong</li> </ul>	Ibrahim - إِبْرَاهِيمَ Statues Ship
Lesson 6: <b>Ibrahim</b> ﷺ <b>Searches for the Truth</b>	<ul style="list-style-type: none"> <li>Identify what Ibrahim ﷺ wanted to teach his people</li> <li>Explain why the sun, moon, and stars cannot be our Lord</li> <li>Discuss how thinking deeply helped Ibrahim ﷺ to find out the truth</li> </ul>	Lord Exclaim Disappear
Lesson 7: <b>Ibrahim</b> ﷺ <b>Moves His Family to Makkah</b>	<ul style="list-style-type: none"> <li>Describe what Hajar ﷺ did when baby Isma'il cried</li> <li>Explain why Ibrahim ﷺ left Hajar and baby Isma'il in a faraway desert land</li> <li>Discuss how I can trust Allah like Ibrahim ﷺ and Hajar ﷺ</li> </ul>	Isma'il - إِسْمَاعِيلَ Hajar - هَاجِرَ Zamzam
Lesson 8: <b>Ibrahim &amp; Isma'il</b> ﷺ <b>Obey Allah</b>	<ul style="list-style-type: none"> <li>Recall the dream of Ibrahim ﷺ</li> <li>Explain how Ibrahim and Isma'il ﷺ obeyed Allah</li> <li>Reflect on our love for Allah ﷻ</li> </ul>	Sacrifice Obey Lowered
Lesson 9: <b>Ibrahim &amp; Isma'il</b> ﷺ <b>Build the Ka'bah</b>	<ul style="list-style-type: none"> <li>List some special facts about the Ka'bah</li> <li>Describe how Ibrahim and Isma'il ﷺ built the Ka'bah together</li> <li>Discuss good things we can do together to make Allah happy</li> </ul>	Ka'bah - الْكَعْبَةِ Maqam Ibrahim - مَقَامُ إِبْرَاهِيمَ al-Hajar al-Aswad - الْحَجَرُ الْأَسْوَدَ
Lesson 10: <b>Ishaq</b> ﷺ <b>Is Born</b>	<ul style="list-style-type: none"> <li>Recognise that Ishaq ﷺ was a Prophet of Allah</li> <li>Explain the miraculous birth of Ishaq ﷺ</li> <li>Reflect on how everything is possible for Allah ﷻ</li> </ul>	Sarah - سَارَةَ Ishaq - إِسْحَاقَ Clasped
Lesson 11: <b>Yunus</b> ﷺ <b>Preaches To His People</b>	<ul style="list-style-type: none"> <li>Identify the message of Yunus ﷺ</li> <li>Describe how the people treated Yunus ﷺ</li> <li>Explain how I can say sorry to Allah</li> </ul>	Yunus - يُونُسَ Preaches Pious
Lesson 12: <b>Yunus</b> ﷺ <b>Is Swallowed by a Whale</b>	<ul style="list-style-type: none"> <li>Identify that Yunus ﷺ jumped into the sea</li> <li>Describe how Yunus ﷺ might have felt inside the whale</li> <li>Reflect on how Allah helps those who remember Him</li> </ul>	Blessed Whale Guide

Lesson	Learning Objectives	Keywords
Lesson 13: <b>Zakariyya</b> ﷺ <b>Prays for</b> <b>Yahya</b> ﷺ	<ul style="list-style-type: none"> <li>Identify key facts about Zakariyya ﷺ</li> <li>Describe the good qualities of Yahya ﷺ</li> <li>Reflect on how I should never lose hope in Allah ﷻ</li> </ul>	Zakariyya - زَكَرِيَّا Yahya - يَحْيَى Bayt al-Maqdis - بَيْتُ الْمَقْدِسِ
Lesson 14: <b>'Isa</b> ﷺ <b>Amazes</b> <b>Everyone</b>	<ul style="list-style-type: none"> <li>Name the mother of 'Isa ﷺ</li> <li>Identify what 'Isa ﷺ said as a baby</li> <li>Explain that Allah is The Most Powerful and He makes miracles happen</li> </ul>	'Isa - عِيسَى Maryam - مَرْيَمُ Miracle
Lesson 15: <b>Allah Raises</b> <b>'Isa</b> ﷺ <b>to the</b> <b>Heavens</b>	<ul style="list-style-type: none"> <li>Identify the correct beliefs about 'Isa ﷺ</li> <li>Describe the miracles of 'Isa ﷺ</li> <li>Reflect on how true heroes stay strong for Allah</li> </ul>	The Injil - الْإِنْجِيلُ Healed Replaced
Lesson 16: <b>The Best Man Is</b> <b>Born</b>	<ul style="list-style-type: none"> <li>Name the parents of Prophet Muhammad ﷺ</li> <li>Explain how Allah took care of Muhammad ﷺ when he was little</li> <li>Reflect on how Allah cares for us through kind and loving people</li> </ul>	Muhammad - مُحَمَّدُ Guide Maid
Lesson 17: <b>Everybody</b> <b>Trusts</b> <b>Muhammad</b> ﷺ	<ul style="list-style-type: none"> <li>Identify the work Muhammad ﷺ did as a young boy</li> <li>Show how I can be trustworthy like Muhammad ﷺ</li> <li>Create the family tree of Prophet Muhammad ﷺ</li> </ul>	The Trustworthy - الْأَمِينُ The Truthful - الصَّادِقُ Hired
Lesson 18: <b>Muhammad</b> ﷺ <b>Becomes a</b> <b>Prophet of Allah</b>	<ul style="list-style-type: none"> <li>Recall what happened to Muhammad ﷺ in the cave of Hira</li> <li>Identify that Muhammad ﷺ was a Prophet of Allah</li> <li>Explain what I can do when I feel scared</li> </ul>	Cave Read - اِقْرَأْ Wise
Lesson 19: <b>Who Were The</b> <b>First Muslims?</b>	<ul style="list-style-type: none"> <li>Recall what Muslims believe</li> <li>Name some of the first Muslims</li> <li>Share the message of Islam with my family</li> </ul>	Muslim Angel Jibril - جِبْرِيلُ Messenger
Lesson 20: <b>A Kind King</b> <b>Helps the</b> <b>Muslims</b>	<ul style="list-style-type: none"> <li>Name the place Muslims went to be safe</li> <li>Describe how the Muslims were treated in Abyssinia</li> <li>Show that I will do the right thing even when it feels hard</li> </ul>	Abyssinia Disbelievers Difficult
Lesson 21: <b>Two Strong Men</b> <b>Accept Islam</b>	<ul style="list-style-type: none"> <li>Identify that Hamzah and 'Umar ﷺ became Muslims</li> <li>Describe what they did when they became Muslims</li> <li>Explain how I can proudly show that I am a Muslim</li> </ul>	Proudly Strength Companions
Lesson 22: <b>The Muslims</b> <b>Live Under Cruel</b> <b>Rules</b>	<ul style="list-style-type: none"> <li>List the cruel rules made against the Muslims</li> <li>Identify how Allah helped the Muslims</li> <li>Discuss how I can be kind to those who are treated unfairly</li> </ul>	Scroll Valley Unfairly
Lesson 23: <b>The Year of</b> <b>Sadness</b>	<ul style="list-style-type: none"> <li>Name the two people Prophet Muhammad ﷺ lost in the same year</li> <li>Identify some feelings Muhammad ﷺ experienced in this year</li> <li>Reflect on what I can do when I feel sad</li> </ul>	Heartbroken Ta'if - طَائِفُ Hopeful
Lesson 24: <b>The Prophet</b> ﷺ <b>Travels to the</b> <b>Heavens</b>	<ul style="list-style-type: none"> <li>Recall where Angel Jibril ﷺ took Muhammad ﷺ</li> <li>Identify the special gift Allah ﷻ gave to the Prophet ﷺ</li> <li>State a reason why al-Masjid al-Aqsa is very special for Muslims</li> </ul>	Magnificent The Buraq Precious
Lesson 25: <b>The Muslims</b> <b>Move to</b> <b>Madinah</b>	<ul style="list-style-type: none"> <li>Name where the Muslims moved to</li> <li>Identify how Allah protected the Prophet ﷺ during his journey</li> <li>Discuss what I can do when I feel worried</li> </ul>	Permission Enemies Entrance

SIRAH & STORIES

LEVEL 1

IT'S NASHID TIME!



The Story of  
Ibrahim عليه السلام

[tinyurl.com/QT-NashidTime-IbrahimAS](https://tinyurl.com/QT-NashidTime-IbrahimAS)



★ Muhammad  
صلى الله عليه وسلم,  
He Is Rasulallah

[tinyurl.com/QT-NashidTime-Rasulullah](https://tinyurl.com/QT-NashidTime-Rasulullah)



Muhammad  
صلى الله عليه وسلم  
Is My Guide

[tinyurl.com/QT-NashidTime-MyGuide](https://tinyurl.com/QT-NashidTime-MyGuide)

As-salamu 'alaykum wa rahmatullahi wa barakatuh!

Are you ready to travel back in time and meet the best people who ever lived: the Prophets of Allah?

Let's start this amazing journey together!

With lots of love and du'as,

The Twins

Maryam & Musa

I love stories!

I want to be like the best people!



# Special Words We Say

When we say or hear the names of the Prophets of Allah and their believing family and friends, we say special words to show respect. These words are du'as that we say for them.



What do I say after the name of our Prophet Muhammad?

**صلى الله عليه وسلم**

*Sall Allahu 'alayhi wa sallam*

May Allah send blessings and peace upon him.



What do I say after the names of his believing family and Companions?

**رضي الله عنه**

*Radiy Allahu 'anhu*

May Allah be pleased with him.



That's for a man. What do I say for a believing woman?

**رضي الله عنها**

*Radiy Allahu 'anha*

May Allah be pleased with her.



What do I say after the name of a Prophet?

**عليه السلام**

*'Alayhis-salam*

May peace be upon him.



We also say **عليه السلام** after the name of an angel!



What about special women in the Qur'an, like Maryam and Asiyah?

**عليها السلام**

*'Alayhas-salam*

May peace be upon her.





الله

In the very beginning, there was only Allah سبحانه و تعالیٰ

There was nothing else.  
No earth, no sky, no sun, no moon,  
no trees, no animals, no humans.

# Allah Creates Adam عليه السلام

Allah created everything.  
He said “Be!” and the whole,  
beautiful universe appeared.

كُنْ

Then, Allah, The Greatest, created  
the first human being: Adam عليه السلام!

Allah took soil from all over the earth:  
red, brown, yellow, white, and black.  
He mixed it into clay and shaped  
Adam عليه السلام with it.

Allah created the angels from  
light. Angels are always good  
and they always obey Allah.

Allah created the jinn from  
smokeless fire. Jinn can  
choose to be good or bad.

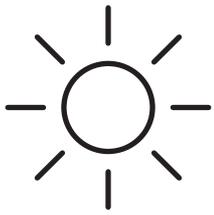
Now I know why people  
have different skin colours!  
Even if we don't look the  
same, we're all part of one  
big family. We're all  
children of Adam عليه السلام!

Allah, The Creator, gave life to Adam عليه السلام.  
Now, he could walk and talk! He could  
see and hear! He could touch and smell.  
He could even think!

Allah taught Adam عليه السلام the names  
of everything. Allah gave him  
a smart mind, so he knew right  
from wrong. He also gave him the  
choice to choose between them.

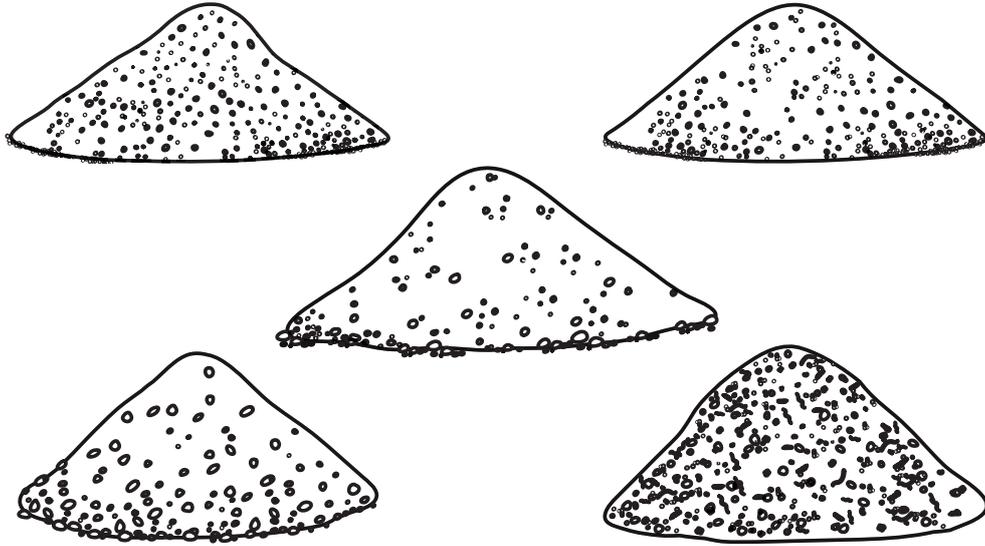
Allah created a lovely wife  
for Adam عليه السلام. Her name  
was Hawwa' عليها السلام. They lived  
together happily in Jannah.

1 Draw and colour some of Allah's creations.



2

Allah used different colours of soil to make Adam عليه السلام.  
Colour each pile of soil in a different colour.



3

Trace each action and match it to the correct body part.



hear

smell

touch

see

think

speak

walk



Thank you, Allah, for my amazing body.

# Adam عليه السلام Faces Shaytan's Trick

Allah, The Almighty, ordered the angels, "Prostrate towards Adam." All the angels listened to Allah. But Shaytan, the leader of the jinn, refused and said, "I am better than him." Shaytan was proud and he didn't listen to Allah.

What will happen to Shaytan and the people who listen to him?

Allah gave Adam and Hawwa' عليهما السلام a beautiful life in Jannah. He told them, "Live in Jannah and eat from anywhere you like, but do not go near this tree."

Allah also warned them, "Shaytan is your enemy. Do not let him trick you or he will make you leave Jannah."

But Shaytan kept whispering to them, "Shall I show you a tree that will turn you into angels or make you live forever?"

Day after day, he whispered. Until one day, they ate from the tree!

Adam and Hawwa' عليهما السلام felt very sorry for not listening to Allah.

They asked Allah to forgive them, and He did. But Allah told them they must leave Jannah and live on Earth.

Now we know why we must never listen to Shaytan's whispers! Has Shaytan tried to trick you into doing something wrong today?



On Earth, Allah made Adam عليه السلام the first Prophet.

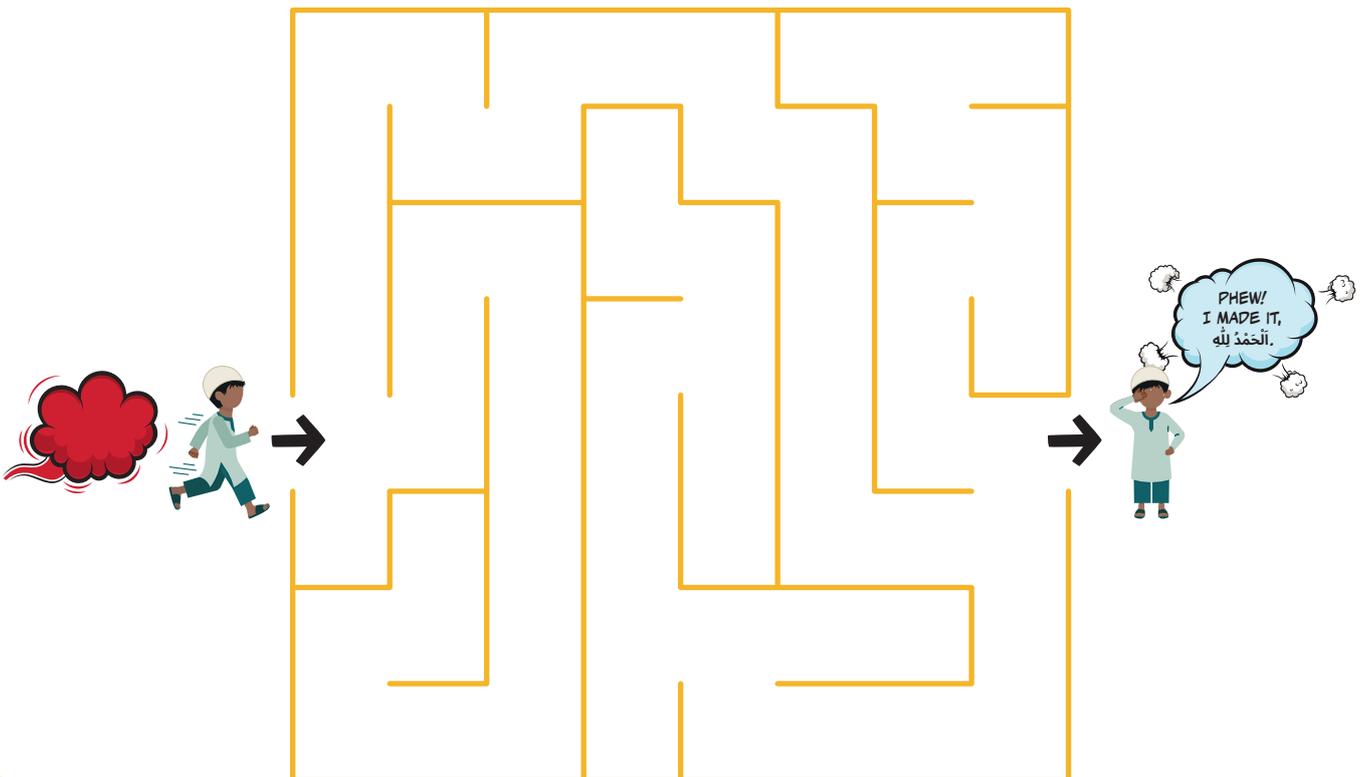
Prophets are special people chosen by Allah. They teach people to worship Allah alone, to do good, and to stay away from bad.

Adam and Hawwa' عليهما السلام had many children. They taught them to always do what Allah says and to beware of Shaytan's whispers.

1 Fill the tree with your favourite fruits, then colour it in.



2 Help Musa escape the whispers of Shaytan!



3

Circle the good deeds and cross out the whispers of Shaytan.



Share your snack

Snatch the pencil



Recite Qur'an



Blame somebody for your mistake



Help your mummy



Say a lie to your teacher



Don't listen to your dad



**WHAT DID WE LEARN?**

WHO IS OUR WORST ENEMY? WHY?

WHY DID ALLAH SEND PROPHETS?

HOW DOES SHAYTAN TRICK YOU?



# Nuh عليه السلام Builds a Big Ship

After Prophet Adam عليه السلام passed away, his children remembered his advice. They prayed to Allah alone and they were kind to each other. But Shaytan didn't give up. He was still jealous. He thought, "I'll be going to the Fire, so I want to take them with me!"

He came up with a new trick...

He whispered, "Make statues to remember the good people who have died."

At first, the people built the statues and just looked at them. Then, they began to bow to them and worship them. Soon, they made partners with Allah, The One and Only!

But one man stayed true. His name was Nuh. He obeyed Allah, even when no one else did. So Allah chose him to be a Prophet.

Nuh عليه السلام was kind and wise. He always spoke the truth. He advised the people, “Oh my people, worship only Allah. You have no God but Him!”

But the people laughed. They put their fingers in their ears and turned away.

Even his wife and one of his sons didn't believe him. Only a few people became believers.

Still, Nuh عليه السلام kept calling them, day and night, for 950 years!

At last, he cried to Allah for help.



We must always obey Allah and do what's right, even when others don't.

Then, Allah, The All-Knowing, instructed him, “Build a big ship.”

So Nuh عليه السلام began building. People walked by and laughed, “How silly! Who builds a ship on dry land?”

1 Fill in the missing letters.

[Hint: They are all from the story of Nuh عليه السلام]



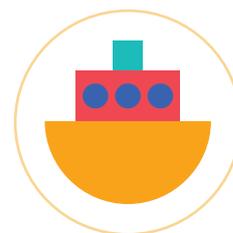
All \_\_\_ h

N \_\_\_ h

Pr \_\_\_ phet



2 Draw a ship by putting these shapes together, then colour it in.



3

Colour the letters N, U and H to reveal a big number.

N

U

H

R	N	N	N	N	T
Q	N	D	I	N	A
V	N	W	P	N	Y
S	N	N	N	N	P
Z	L	A	V	N	E
X	G	F	O	N	J
C	I	D	P	N	B

W	U	U	U	U	M
C	U	V	T	S	P
O	U	D	L	E	Q
G	U	U	U	U	R
B	Z	I	X	U	F
K	Y	E	J	U	T
P	U	U	U	U	A

D	H	H	H	H	O
Z	H	X	G	H	W
T	H	R	P	H	I
Y	H	S	L	H	M
P	H	W	K	H	J
F	H	Q	M	H	K
B	H	H	H	H	F



**Discuss:** How is this number connected to the story?

4

Circle the correct answers.

Nuh عليه السلام was a

king

teacher

Prophet

Shaytan told the people to make

houses

ships

statues

We should obey Allah

only when  
we're sadonly when  
others doeven when  
others don't

# A Flood Covers the Land

When the ship was ready, Allah told Nuh عليه السلام, “Take on board a pair of every animal.”

Then, Nuh عليه السلام and the believers climbed aboard the ship.

Soon, heavy rain began to fall. Water poured from the sky and gushed out from the ground. Allah, The Most Powerful, turned the dry land into a sea! For days, the ship was tossed by waves as big as mountains!

Nuh عليه السلام called out to his son, “O my son, come aboard and don’t be with the disbelievers.”

His son refused and replied, “I will climb a mountain to keep me safe.”

Nuh عليه السلام advised him, “Only Allah can protect you today.”

The people who didn't believe in Allah drowned in the flood. The believers were afraid too, but Allah was watching over them. Allah is always watching.

At last, the rain stopped, and the land became dry. The ship came to rest on Mount Judiyy.

Allah saved Nuh عليه السلام and the believers. He told them to enjoy His blessings on earth. They thanked Allah and lived in peace.



Allah is The Most Kind. He protects those who listen to Him.



Allah is The Strongest. He can do anything.



1 Match each animal to its pair.



2 Trace and read what Nuh عليه السلام told his son.

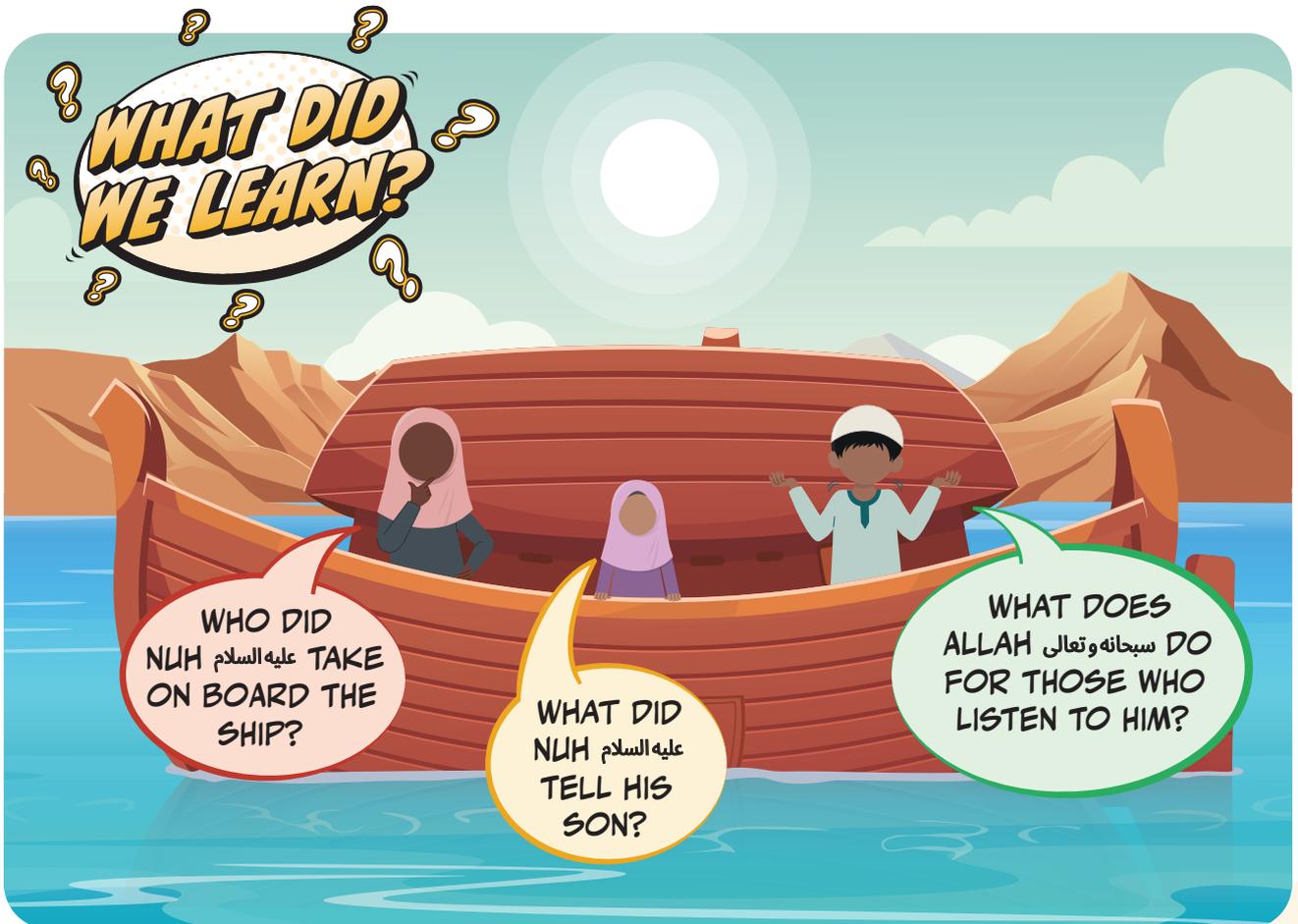
“O my son. Come  
aboard with us  
and don't be with  
the disbelievers.”

3

Write in the missing words.

Allah saved N \_\_\_\_\_ عليه السلام and  
the b \_\_\_\_\_ .

Allah p \_\_\_\_\_ those  
who l \_\_\_\_\_ to Him.



# Ibrahim عليه السلام Breaks the Idols

In a land called Iraq, people prayed to the stars and the sun. They even prayed to statues and built a big temple for them.

A young boy named Ibrahim lived there. His father, Azar, was famous for carving statues. Ibrahim watched the people and thought, "How strange!"

Young Ibrahim was smart and knew this didn't make sense. He asked them, "Why do you worship stones that can't see, hear, or help you?"

The people didn't like his questions. They got annoyed and told him to stop talking.

Ibrahim didn't follow them. He knew it was wrong to worship stones.

One day, while the people went to a party, Ibrahim entered the temple with an axe.

He smashed all the idols, but left the biggest one and hung the axe on it.



When the people came back and saw the broken idols, they were very angry. “Who did this?” they shouted. They realised it was Ibrahim.

So, they threw Ibrahim into a huge fire.

Allah, The Protector, ordered, “O fire, be cool and safe for Ibrahim.” The fire obeyed Allah and didn’t hurt Ibrahim at all!

Everyone was amazed. How could Ibrahim walk out of the fire, safe and calm?

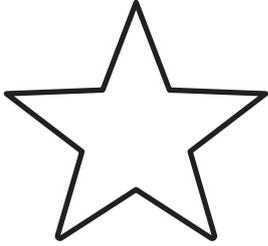


Ibrahim عليه السلام did the right thing, even when no one else did. O Allah, make me brave like Ibrahim عليه السلام.



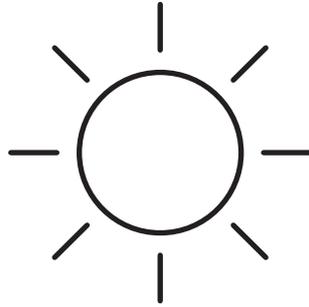
1 Read the words and copy the pictures.

Star



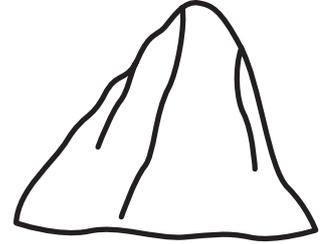
\_\_\_\_\_

Sun



\_\_\_\_\_

Stone



\_\_\_\_\_

2 Trace.

Allah made

the fire cool

and safe.

3 Tick all the correct answers.

I will ask and answer questions. Asking and answering questions helps me to:

Learn



Think



Understand



Make good choices



Get confused



Do something wrong



4 What did Ibrahim عليه السلام ask the people to show them that idol worship is wrong? Complete his question.

Why do you

worship \_\_\_\_\_ that

can't \_\_\_\_\_, \_\_\_\_\_ or

\_\_\_\_\_ you?

# Ibrahim عليه السلام Searches for the Truth

Allah chose Ibrahim عليه السلام to be His Prophet and His special friend. Ibrahim عليه السلام wanted to teach his people the truth: Allah is the true God, and only Allah is worthy of worship.

When the night grew dark, he saw a twinkling star and said, "This is my Lord!"

But when the star disappeared, he exclaimed, "No, this can't be my Lord. I don't like things that disappear."

Then, when he saw the glowing moon, he said, "This is my Lord!"

But when the moon disappeared, it was clear that too was not his Lord.

In the morning, when Ibrahim عليه السلام saw the bright sun, he said, “This must be my Lord. This is bigger!”

But when the sun set, he declared it couldn't be his Lord either. Allah is far greater than the sun, the moon, and the stars.

He called out, “O my people! I turn away from all that you worship. I worship Allah alone: the One who created the skies and the earth!”



I am strong in my belief.

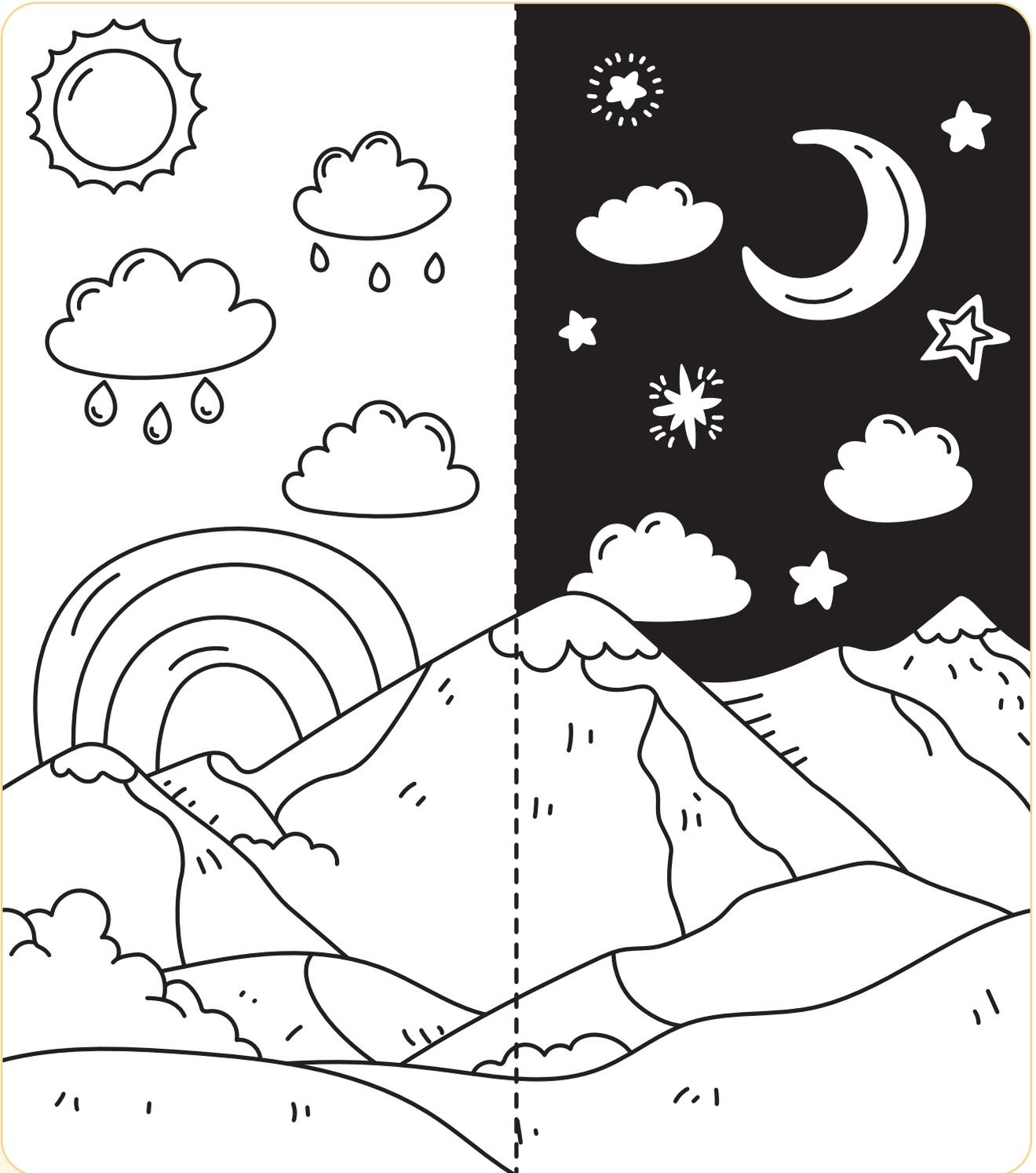
O Allah, help me to always think carefully about what is right.



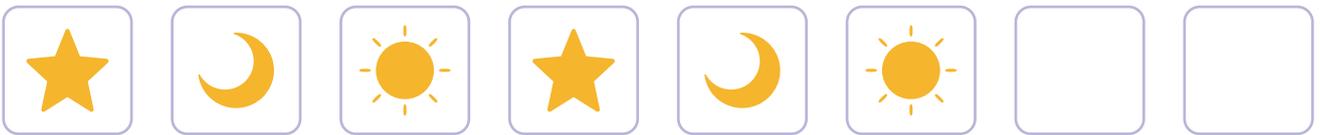
1 Trace.

I worship Allah alone.

2 Colour in the things that appear and disappear.



3 Look at each pattern. Draw what comes next.



# Ibrahim عليه السلام Moves His Family to Makkah

Ibrahim عليه السلام kept calling his people to worship Allah, but they wouldn't listen. His father warned him, "If you don't stop, I will kill you."

Feeling upset, Ibrahim عليه السلام left Iraq. He trusted Allah to guide him.

Some time later, he married Hajar عليها السلام, and Allah blessed them with a son named Isma'il.

Ibrahim عليه السلام took Hajar and Isma'il عليهما السلام to a faraway, empty desert land.

When Ibrahim عليه السلام turned to leave, Hajar عليها السلام asked, "Are you leaving us here, where there is no food or water?" Ibrahim عليه السلام did not answer. She asked, "Is this Allah's command?"

Ibrahim عليه السلام replied, “Yes.” Hajar عليها السلام felt calm. She trusted Allah would always take care of them.

Soon, little Isma‘il became thirsty. Hajar عليها السلام ran between the mountains of Safa and Marwah seven times, searching for water.

Suddenly, she heard water! It was gushing out from the ground where baby Isma‘il was kicking his feet.

“Zam! Zam! Stop! Stop!” cried Hajar عليها السلام as she tried to gather the water. But the water of Zamzam kept flowing. Allah, The Most Kind, had taken care of them!



Allah سبحانه وتعالى takes care of us when we trust Him and do what He says.

1 Count and write the amount.



Mountains

Making du'a

Footprints

Water drops

2 Write the words in the correct order.

trust

and

I will

obey

Allah

always

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3

Complete the sentences with the missing words. Then, draw pictures of the missing words.

Marwah

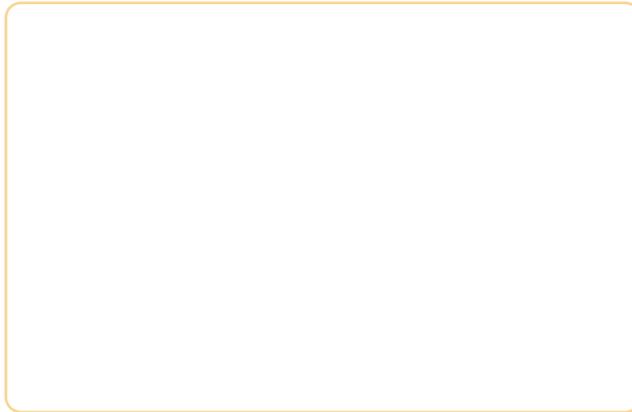
—desert—

Zamzam

Safa



Hajar عليها السلام and Isma'il عليه السلام were in the desert.



Hajar عليها السلام ran between \_\_\_\_\_ and \_\_\_\_\_.



\_\_\_\_\_ water gushed out from the ground.

# Ibrahim & Isma'il عليهما السلام Obey Allah

After some time, Ibrahim عليه السلام returned to Hajar and Isma'il عليهما السلام. One night, he had a dream. He knew it was a command from Allah.

He asked Isma'il, "O my dear son! I saw in a dream that I must sacrifice you. What do you think?"

Young Isma'il wasn't afraid. He knew Allah takes care of those who listen to Him. He replied, "O my dear father! Do as Allah commands."

So, they set off to obey Allah's command.

On the way, Shaytan tried to stop Ibrahim عليه السلام three times, but he ignored Shaytan and threw stones towards him.

Ibrahim and Isma'il عليهما السلام loved each other very much, but they loved Allah the most.

At Mina, Ibrahim عليه السلام lowered the knife...  
when suddenly, a voice called out from the sky!

Allah had sent Angel Jibril عليه السلام with a big  
sheep for him to sacrifice instead of Isma'il.

Ibrahim and Isma'il عليهما السلام had passed the test.  
Allah, The Almighty, was pleased with them!

Today, we sacrifice animals on  
Eid al-Adha to remember their  
love for Allah and how they  
listened to His command.

I love Allah سبحانه وتعالى the most, so  
I will always do what He says.



1 Find and colour the words.

S	A	C	R	I	F	I	C	E
X	Z	Y	T	G	J	B	Q	Y
J	Z	U	H	J	F	I	U	C
G	I	B	R	A	H	I	M	N
P	H	H	Q	V	X	F	M	L
V	F	O	D	R	E	A	M	E
O	T	Z	U	M	T	C	A	Z
K	A	L	L	A	H	B	M	L
I	S	M	A	I	L	J	U	D

- Allah
- Ibrahim
- Isma'il
- Dream
- Sacrifice

2 Help Musa avoid Shaytan and safely reach Mina.

The maze starts at the Kaaba on the left. An arrow points to the entrance of the maze. The goal is to reach Mina on the right. Three traps labeled "DON'T GO" are placed within the maze paths. The traps are located at the following coordinates (row, column) relative to the maze grid:

- Trap 1: Row 4, Column 5
- Trap 2: Row 6, Column 2
- Trap 3: Row 8, Column 8

3

What can you give up or do to show your love for Allah?  
Draw a picture and complete the sentence.



I show my love for Allah when I...



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---

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# Ibrahim & Isma'il عليهما السلام

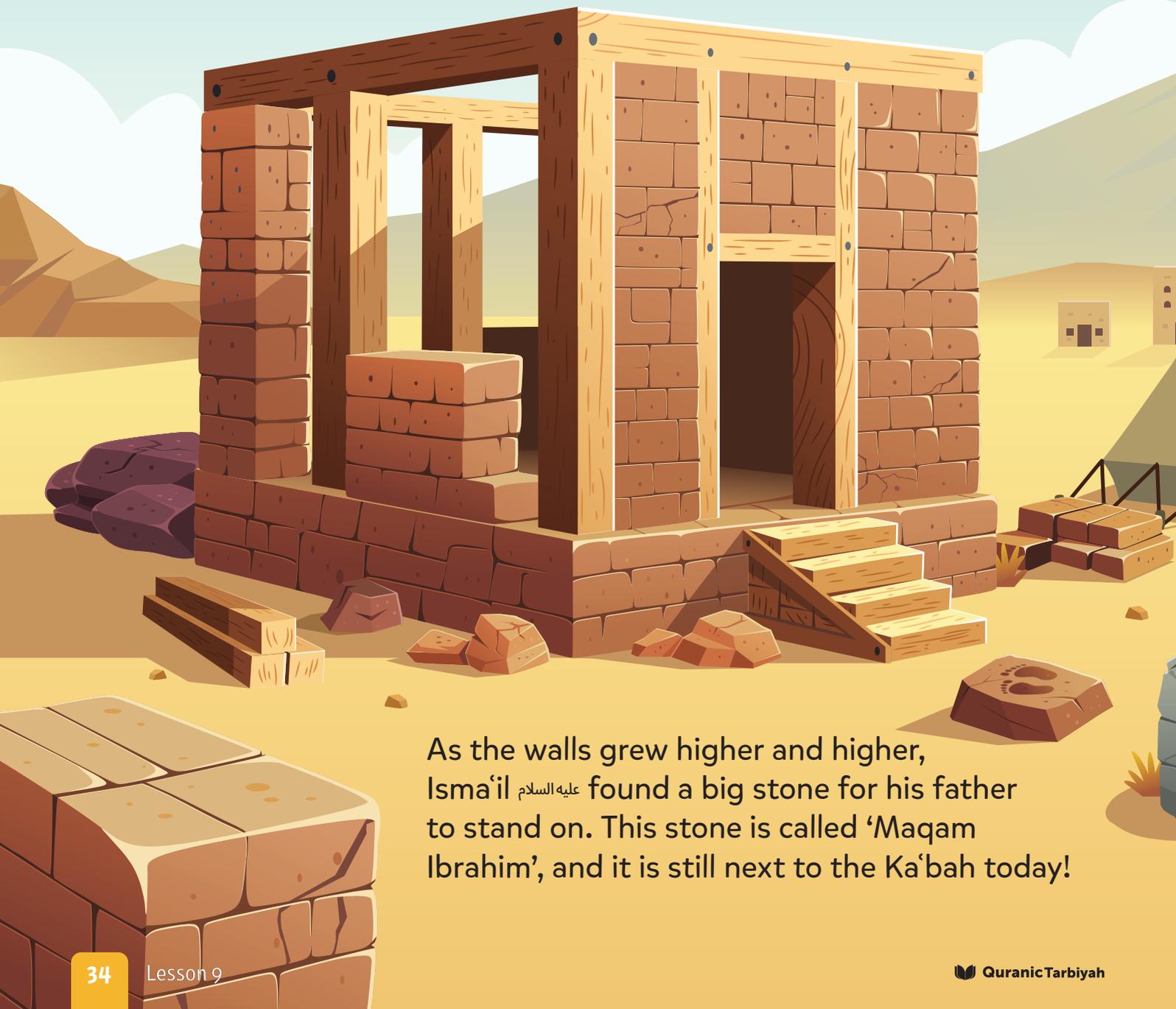
## Build the Ka'bah

Allah told Ibrahim عليه السلام to build a very special house: the Ka'bah. It would be a place where people worship only Allah.

Isma'il عليه السلام was happy and excited to help his father.

Together, they climbed steep hills and carried heavy stones from the mountains.

With their own hands, they began building the walls of the Ka'bah.



As the walls grew higher and higher, Isma'il عليه السلام found a big stone for his father to stand on. This stone is called 'Maqam Ibrahim', and it is still next to the Ka'bah today!

While building the Ka'bah, Ibrahim and Isma'il عليهما السلام thanked Allah and made lots of du'a. They said: "Our Lord, accept this from us. Indeed You are The All-Hearing, The All-Knowing."

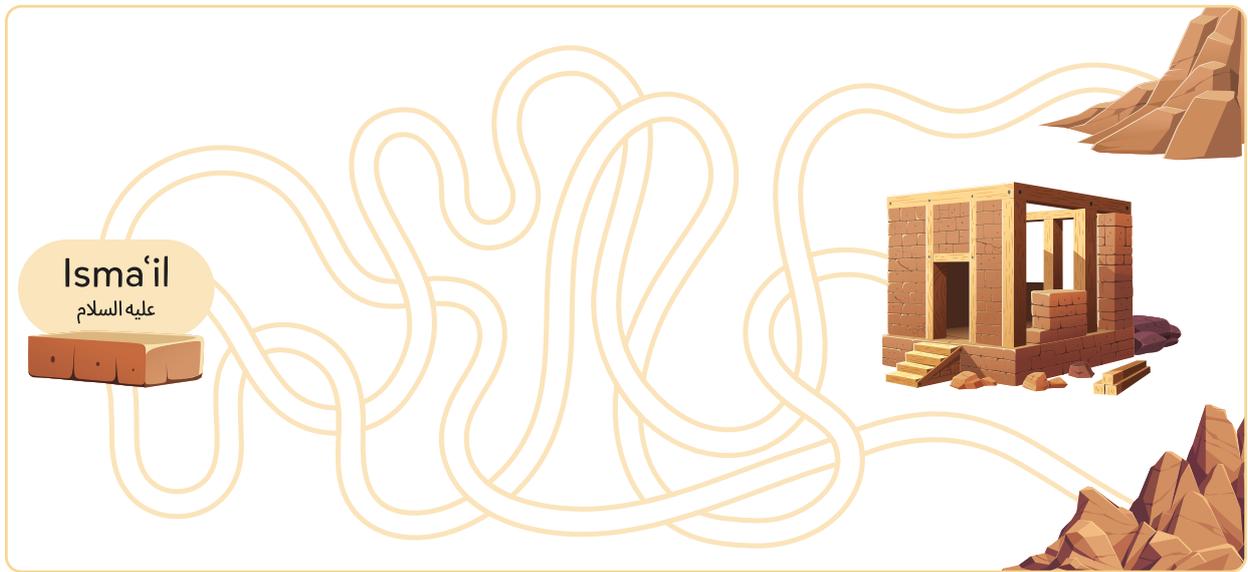
When the Ka'bah was almost finished, Allah sent a special white stone from Jannah. Ibrahim and Isma'il عليهما السلام carefully placed it in the perfect spot. Over time, this stone became black, so it is now known as al-Hajar al-Aswad (the Black Stone).

Soon, the Ka'bah was complete and Ibrahim عليه السلام asked Allah to bless the land of Makkah.

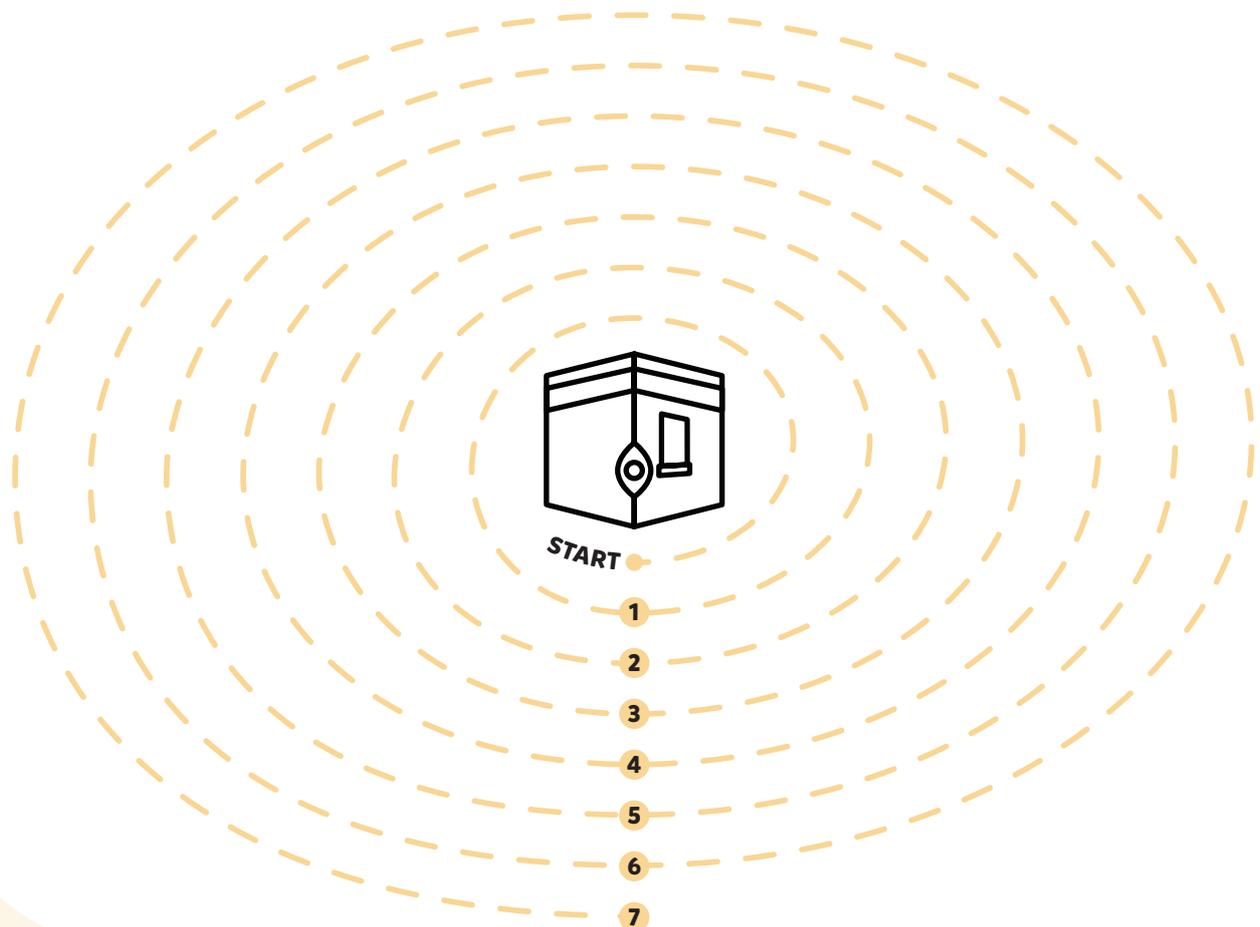
Now, Muslims from all over the world visit Makkah, and we all face the Ka'bah when we pray salah.

Ibrahim and Isma'il عليهما السلام worked together to make Allah happy. What can you do with your family to make Allah سبحانه وتعالى happy with you?

- 1** Help Isma'il عليه السلام to take the big stone to Ibrahim عليه السلام.  
Follow and colour the path that leads to the Ka'bah:



- 2** We make tawaf of the Ka'bah by circling it seven times.  
Trace and count the tawaf paths to circle the Ka'bah seven times.

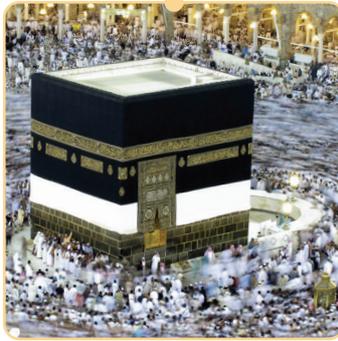


**3 Match the picture to the correct name.**

**The Ka'bah**  
(The House of Allah)

**Maqam Ibrahim**  
(The standing place  
of Ibrahim عليه السلام)

**al-Hajar al-Aswad**  
(The Black Stone)



**4 What can you do with your family or friends to make Allah happy with you? Draw and write.**

Blank area for drawing and writing.



I aim for the best.

**We will ...**

Blank lines for writing.

# Ishaq عليه السلام Is Born

Prophet Ibrahim عليه السلام and his other wife, Sarah عليها السلام, grew old. Sarah عليها السلام had no children.

One day, three visitors came to their home in Canaan. Ibrahim عليه السلام welcomed them warmly and served them delicious roasted meat, but the visitors wouldn't eat. This made Ibrahim عليه السلام worried.

They said, "Don't be afraid. We are angels sent by Allah." Then, they shared the special news that Sarah will have a baby boy, and his name will be Ishaq.



Sarah عليها السلام could hardly believe it. She clasped her forehead in surprise and gasped, “How can I have a child when I am an old woman?”

The angels replied, “Does that surprise you? Nothing is hard for Allah!”

Not long after, Allah blessed Sarah and Ibrahim عليهما السلام with a beautiful baby boy. They named him Ishaq, just as Allah had instructed.

Ishaq عليه السلام grew up as a truthful and kind man. Allah chose him as a Prophet. He lived in Palestine and invited people to worship only Allah, The Most High.



Nothing is impossible for Allah! Allah is the Greatest!



1 Use the code to find out the word.

A	B	C	D	E	F	G	H	I	J	K	L	M
												
N	O	P	Q	R	S	T	U	V	W	X	Y	Z
												

				
<input type="text"/>				

2 Tick two correct answers for each question.

1. Who was Sarah عليها السلام?

A young lady

An old lady

A wife of Ibrahim عليه السلام

2. Who came to the house of Ibrahim عليه السلام?

Three angels

Three visitors

Three children

3. Who was Ishaq عليه السلام?

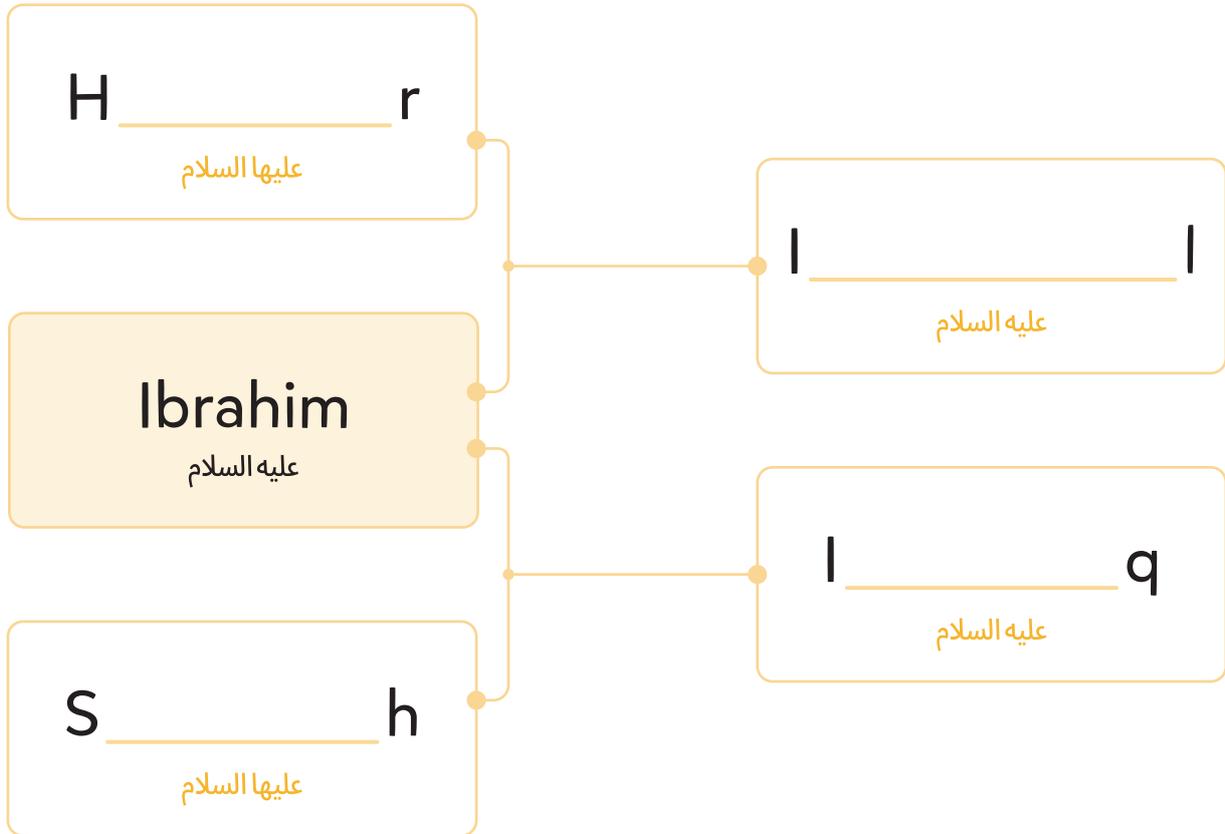
A king of Palestine

A Prophet of Allah

The son of Ibrahim and Sarah عليهما السلام

3

Complete the names in the family tree below.



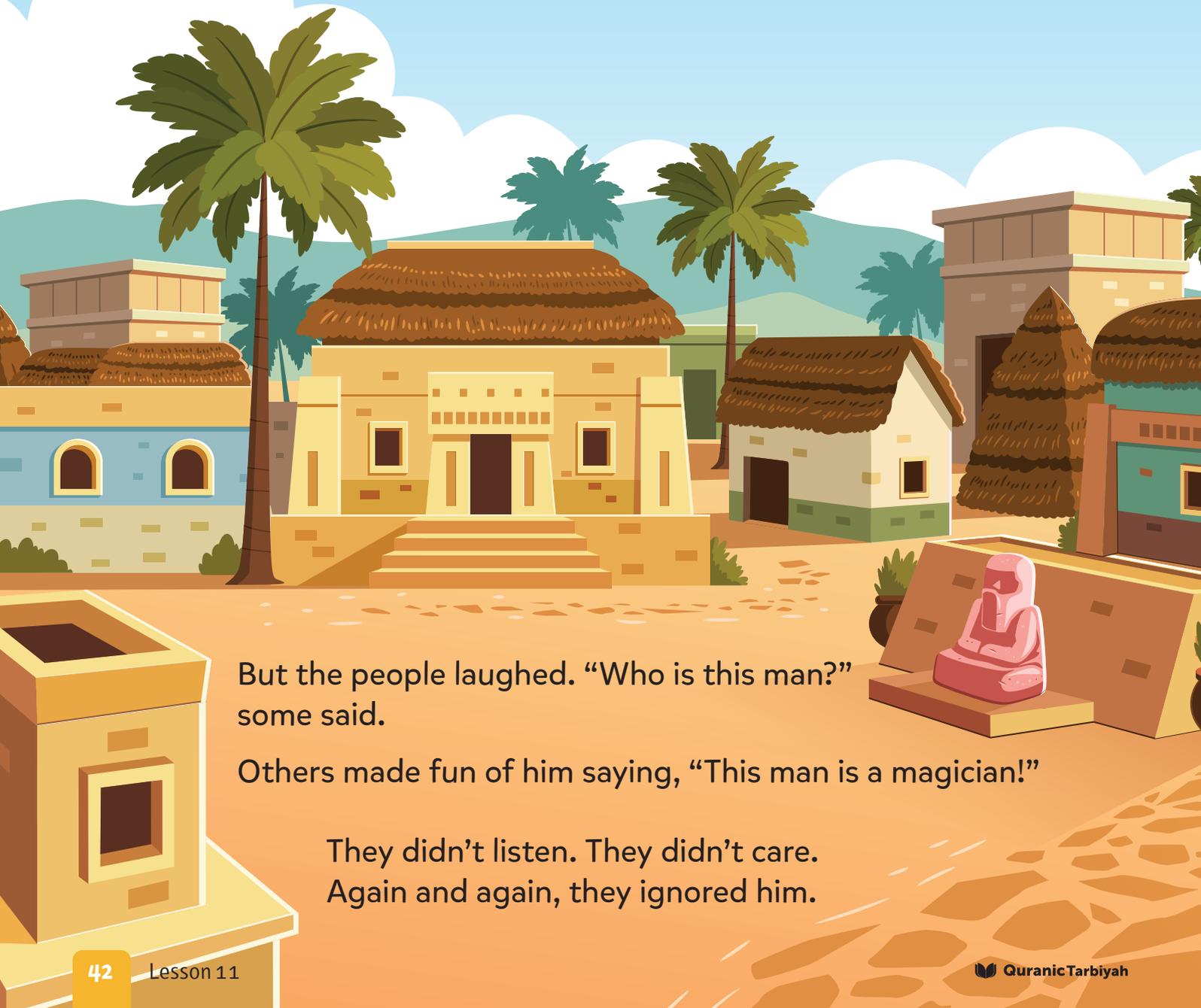
# Yunus عليه السلام Teaches His People

A long time ago, the busy city of Nineveh was full of idols. The people worshipped them instead of Allah.

So, Allah, The Most Merciful, chose a pious man named Yunus to call them back to Him.

Prophet Yunus عليه السلام told them to worship Allah alone.

He reminded them of the greatness of Allah, the Creator of the heavens and the earth and everything within them.



But the people laughed. “Who is this man?” some said.

Others made fun of him saying, “This man is a magician!”

They didn’t listen. They didn’t care. Again and again, they ignored him.

Yunus عليه السلام tried and tried, until he gave up and left the city. Before leaving, he warned them of Allah's punishment.

Then, the sky grew very dark. The people trembled.

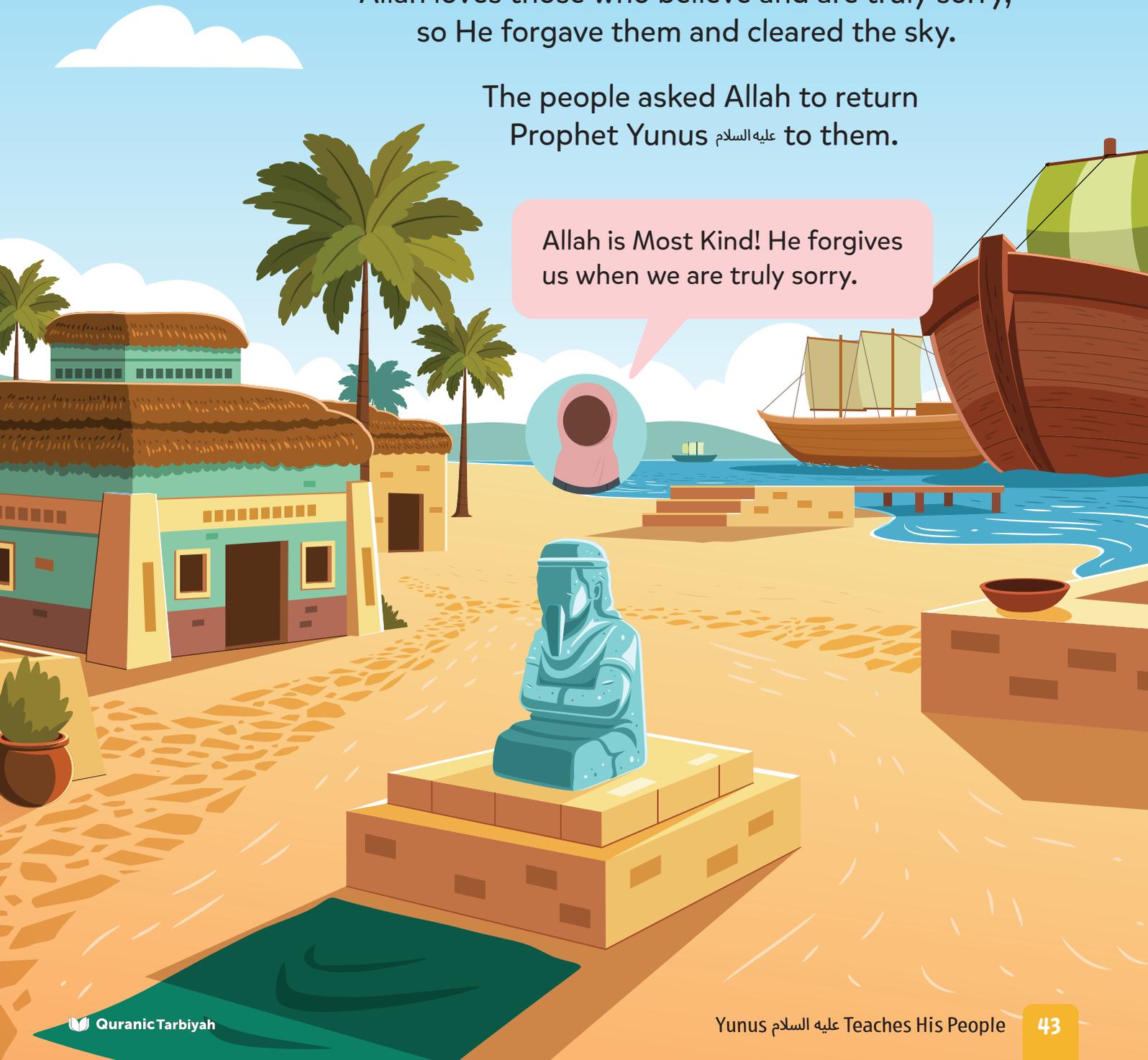
“Remember what Yunus warned us about? He was right!” they cried.

They rushed outside, raised their hands, and begged Allah to forgive them. They promised to worship Allah alone and do good.

Allah loves those who believe and are truly sorry, so He forgave them and cleared the sky.

The people asked Allah to return Prophet Yunus عليه السلام to them.

Allah is Most Kind! He forgives us when we are truly sorry.

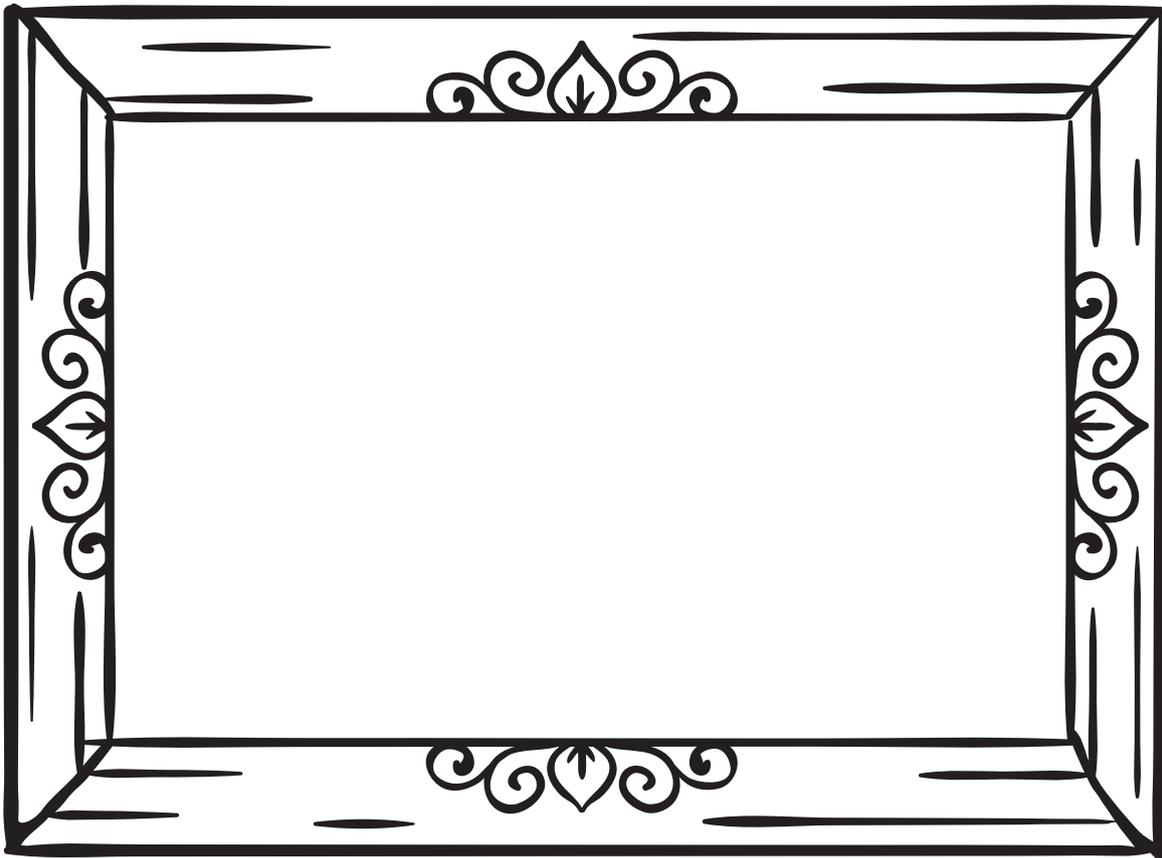


1 Trace the message of Yunus عليه السلام.

Worship

Allah alone.

2 Which of Allah's creations do you think are the most amazing? Draw them, then write or tell your friends why.



Three horizontal lines for writing the answer to question 2.

3

Match each word to its opposite. Then, circle the words that show how the people treated Yunus عليه السلام.

Ignored

Complained

Thanked

Hurt

Helped

Cried

Laughed

Believed

Disbelieved

Listened

4

We can say sorry to Allah by making du'a and by doing good deeds. Write:

O Allah, please forgive me for...

Some good deeds I will do, inshaAllah:

# Yunus عليه السلام Is Swallowed by a Whale

Yunus عليه السلام left his people and boarded a small boat. At first, the sea was calm and the boat sailed smoothly.

Suddenly, dark clouds gathered and the wind roared. Huge waves crashed over the deck, and water filled the boat!



“Someone must jump into the sea, so the rest can be saved,” the sailors cried. To decide who it would be, they picked names. The name of Yunus عليه السلام came up again...and again...and again!

The people refused to throw him. They knew he was a blessed man. But Yunus عليه السلام knew this was a sign from Allah. He bravely jumped into the sea, and a whale swallowed him.

The dark night...the dark sea...the darkness of the whale’s belly. There was no way to escape! He was trapped.

Yunus عليه السلام remembered Allah and prayed: “There is no god but You; how Perfect are You! I was indeed wrong!”

Allah, The Most Kind, accepted his du‘a and ordered the whale to spit him out onto the shore. Allah saved Yunus عليه السلام.

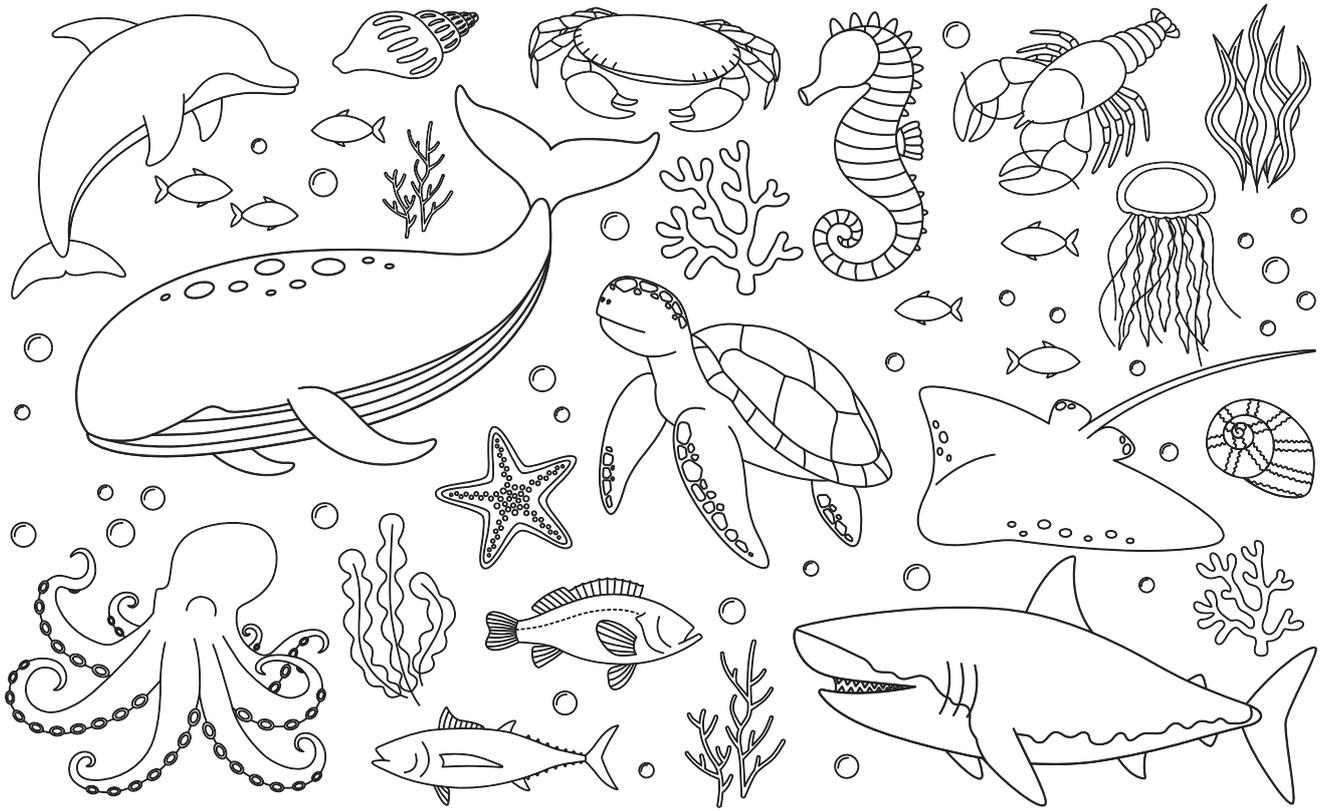
When Yunus عليه السلام was strong again, Allah sent him to guide the people. They believed in Allah, so Allah gave them peaceful, happy lives.

لَا إِلَهَ إِلَّا أَنْتَ  
سُبْحَانَكَ إِنِّي كُنْتُ  
مِنَ الظَّالِمِينَ

يُونُسُ  
عليه السلام

When we remember Allah and ask Him to forgive us, He helps us in our troubles.

**1** Pick and colour your three favourite sea creatures!

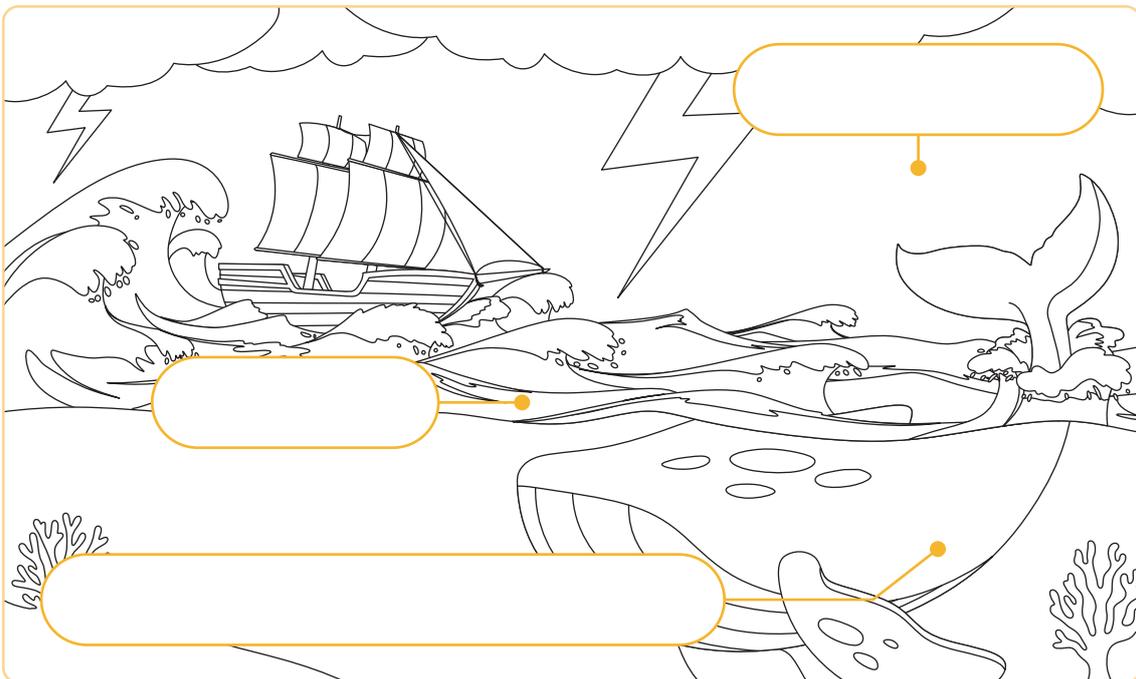


**2** Label the picture using the words below. Then, colour it in.

whale's belly

night

sea



3

a) Read and trace the du'a of Yunus عليه السلام.

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ  
إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

(Surah al-Anbiya':87)

b) Number the boxes to put the meaning in order.

When I feel stuck, I will say:

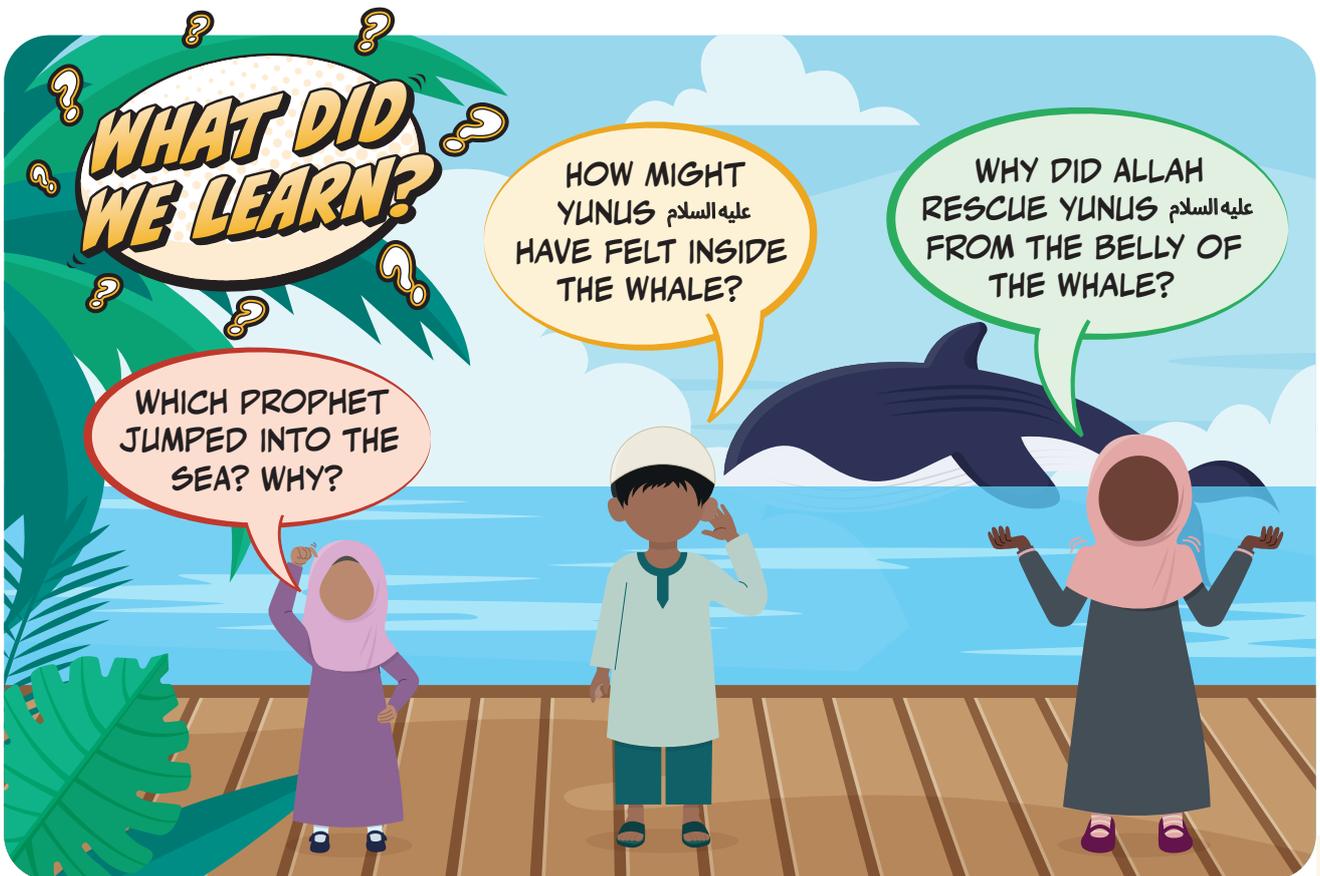
There is

how Perfect are You!

I was

no god but You;

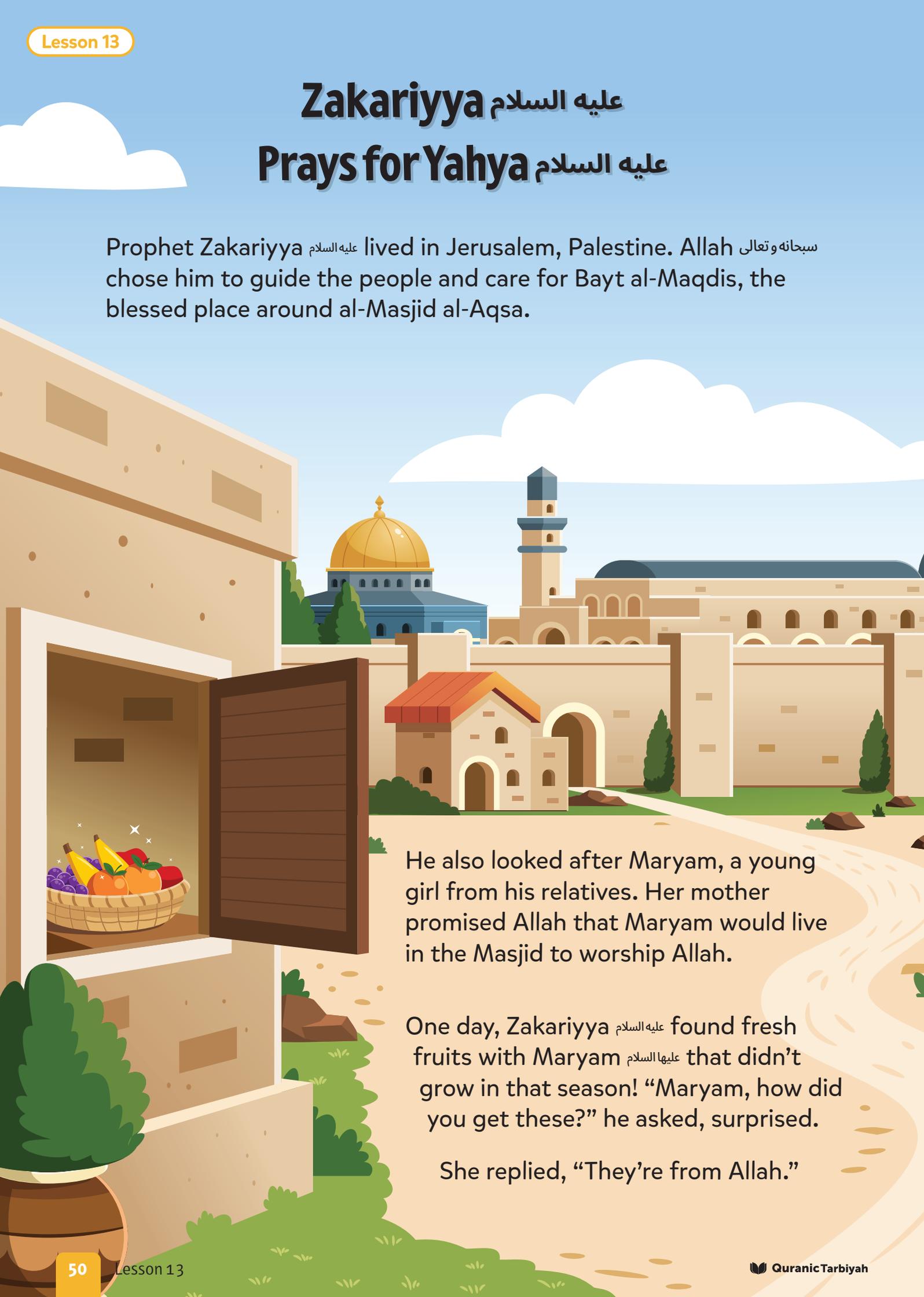
indeed wrong!



# Zakariyya عليه السلام

## Prays for Yahya عليه السلام

Prophet Zakariyya عليه السلام lived in Jerusalem, Palestine. Allah سبحانه وتعالى chose him to guide the people and care for Bayt al-Maqdis, the blessed place around al-Masjid al-Aqsa.



He also looked after Maryam, a young girl from his relatives. Her mother promised Allah that Maryam would live in the Masjid to worship Allah.

One day, Zakariyya عليه السلام found fresh fruits with Maryam عليها السلام that didn't grow in that season! "Maryam, how did you get these?" he asked, surprised.

She replied, "They're from Allah."

Zakariyya عليه السلام was amazed. Allah, The All-Powerful, gives fruits out of season, he thought, so Allah can also give me a child in my old age.

His hair was white, and his wife was old, but he made du'a, "O my Lord, bless me with a righteous child from You. You hear all du'as."

And Allah, The All-Hearing, answered!

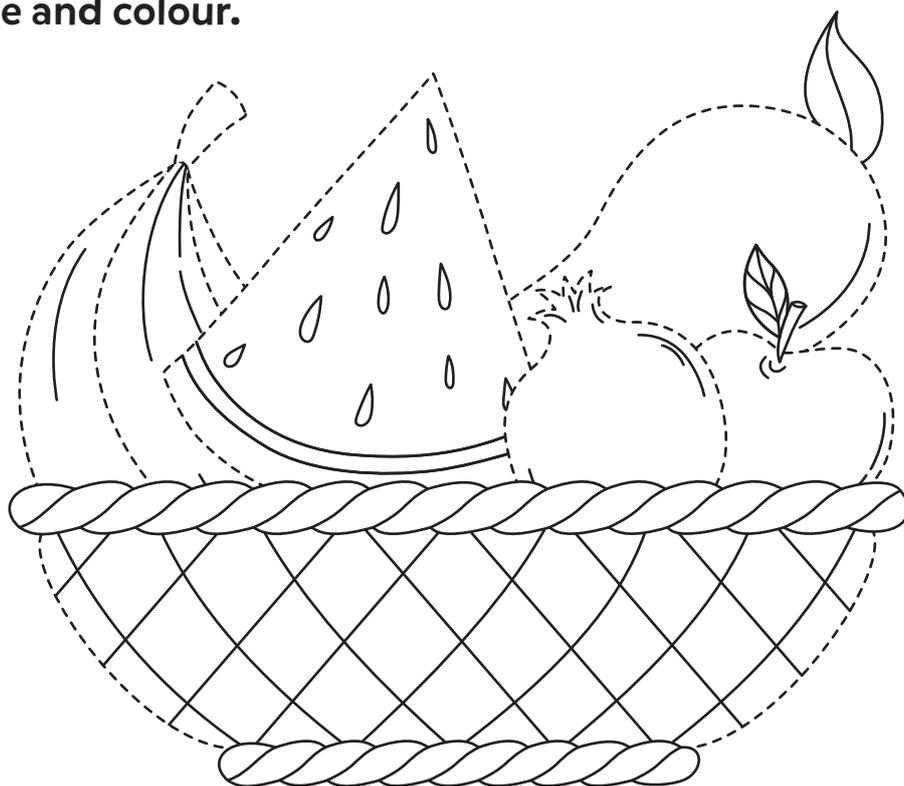
While he was praying, angels called out, "Allah gives you good news of Yahya!" They told him that his son, Yahya, would be a righteous Prophet.

Yahya عليه السلام was kind and wise. He loved and respected his parents very much. They all raced each other to do good deeds and made Allah happy with them.

Good things take time. Keep asking Allah and never lose hope.



1 Trace and colour.



2 Draw a line to match each good word with its opposite. Then circle the words you want to be like!

Kind

Bad

Wise

Unloving

Loving

Evil

Respectful

Mean

Good

Rude

Righteous

Foolish

3

Write the correct name to complete each sentence.

Yahya

Maryam

Zakariyya

\_\_\_\_\_ عليها السلام lived in the masjid to worship Allah and do good.

\_\_\_\_\_ عليه السلام made du'a for a baby in old age and never lost hope in Allah.

\_\_\_\_\_ عليه السلام loved and respected his parents very much.

4

What good things can you ask Allah for? Draw or write.

“O my Lord, bless me with...”

You hear all du'as.”



# 'Isa عليه السلام Amazes Everyone

Maryam عليها السلام loved Allah, The Almighty. She spent her days praying to Allah, remembering Him, and obeying His commands.

One day, Angel Jibril عليه السلام appeared before Maryam عليها السلام. She was frightened and said, "I seek Allah's protection. Leave me alone if you fear Allah!"



Angel Jibril عليه السلام told her, "I am a messenger from your Lord, to give you good news of a pure son... His name will be 'Isa."

Maryam عليها السلام travelled far away from Bayt al-Maqdis. Whilst she was by a palm-tree, she gave birth to a beautiful baby boy.

Jibril عليه السلام told her, "Don't worry. Your Lord has made a stream for you. Shake the tree and fresh dates will fall. Eat and drink and be comforted."

When Maryam عليها السلام returned with baby 'Isa, her people were shocked. "You're not married. Where did this baby come from?" they asked. Maryam عليها السلام said nothing and just pointed at her son.

"How can we talk to a baby?" they laughed.

Then, baby 'Isa spoke!  
"I am a servant of Allah. He will give me the Book and make me a Prophet. He made me blessed wherever I go. He has commanded me to pray, give charity and made me kind to my mother."



I am a servant of Allah.

Everyone was amazed.  
Truly, 'Isa عليه السلام was a miracle:  
a sign of Allah's power!



SubhanAllah! Allah سبحانه وتعالى is The Most Powerful. He can make miracles happen!

1 Trace.

عيسى ابن مريم  
عَلَيْهِ السَّلَامُ

'Isa عَلَيْهِ السَّلَامُ, the son of Maryam عَلَيْهَا السَّلَامُ

2 Colour the words that describe Maryam عَلَيْهَا السَّلَامُ to find your way from Bayt al-Maqdis to Bayt al-Lahm (Bethlehem).



strong	brave	unkind
lazy	worships Allah and does good	greedy
rude	loves Allah	trusts Allah



3

Draw a line from each name to the correct family description.

Prophet  
**Adam**  
عليه السلام

Prophet  
**'Isa**  
عليه السلام

**Me**

Mum  
and dad

No mum  
or dad

Only a  
mum



# Allah Raises 'Isa عليه السلام to the Heavens

When Prophet 'Isa عليه السلام grew up, Allah سبحانه وتعالى gave him the Injil: a special book to guide the people.

'Isa عليه السلام was not like the rich and powerful people. He sat with the weak, ate with the poor, helped the needy, and treated everyone equally.

He always reminded his people: "Allah is my Lord and your Lord. Worship Him alone. This is the straight path."

By Allah's permission, 'Isa عليه السلام performed many miracles.



He could bring the dead back to life.



He could heal people who had leprosy.



He could make blind people see again.



He could shape clay into birds and breathe on them to make them come alive!



He could tell people what they'd eaten and what they stored at home.

Despite all his good deeds and miracles, many people didn't listen.

The disbelievers tried to kill 'Isa عليه السلام, but Allah, The All-Aware, replaced him with someone who looked just like him.

They thought they'd killed 'Isa عليه السلام, but Allah had raised him to the heavens.

Allah protected 'Isa عليه السلام!

One day, 'Isa عليه السلام will return to help the Muslims.

'Isa عليه السلام is a Prophet and servant of Allah. He is not God or the son of God.



'Isa عليه السلام was a true hero!  
He stood strong for Allah,  
even against powerful  
people and danger!



1 Find and colour the words.

L	C	I	R	P	A	T	H	Y
E	O	K	W	B	O	W	X	H
G	R	B	H	V	C	Y	A	S
W	O	R	S	H	I	P	W	E
A	U	A	W	V	H	K	U	W
J	I	U	Q	A	L	L	A	H
F	S	T	R	A	I	G	H	T
N	X	W	U	G	W	X	F	G
P	I	L	O	R	D	W	N	P

- Allah
- Lord
- Worship
- Straight
- Path

2 Draw a tick (✓) next to the true statements and draw a cross (X) next to the false statements.

'Isa عليه السلام was:

- Born without a father
- Given a special book from Allah
- The son of God
- Able to perform miracles
- Killed on the cross
- Raised to the heavens

I am strong in my belief.



I am strong in my belief.



**3 Match each picture to its description.**



'Isa عليه السلام could:

make clay \_\_\_\_\_ come alive

make a \_\_\_\_\_ see again

heal \_\_\_\_\_ who had leprosy

bring a \_\_\_\_\_ back to life

tell people about the \_\_\_\_\_ they'd eaten and stored



**4 Write what you will do to be a hero like 'Isa عليه السلام!**



Blank box for writing an answer.

Blank box for writing an answer.

Blank box for writing an answer.

I will help the needy

# JOURNEY THROUGH

## THE PROPHETS' LANDS

عليهم الصلاة والسلام

Zakariyya & Yahya

عليهما السلام

Isa

عليه السلام

Ishaq

عليه السلام

Yunus

عليه السلام

FINISH

### What You Need



2-4  
players



Number  
cards 1-4



Player  
counters

### How to Play

- Pick a number card
- When you land on an image, tell a fact about it
- **CORRECT:** You can take your next turn
- **INCORRECT:** You miss your next turn



**Adam**  
عليه السلام

**Nuh**  
عليه السلام

**Ibrahim**  
عليه السلام

**Yusuf**  
عليه السلام

IRAQ

SAUDI ARABIA

**Ibrahim & Isma'il**  
عليهما السلام

# The Best Man Is Born!

After Prophet 'Isa عليه السلام, many years passed. In Makkah, the people forgot the good teachings of Prophet Ibrahim عليه السلام. Allah, the Most Kind, wanted to guide them back to the truth. So He sent the last Prophet, Muhammad صلى الله عليه وسلم.

One Monday morning, baby Muhammad صلى الله عليه وسلم was born. His mother, Aminah, held him close and smiled with love. Sadly, his father, 'Abdullah, had passed away before he was born.

To help their babies grow strong and healthy, families in Makkah sent them to live in the desert with kind families there.

Allah chose a gentle woman named Halimah as-Sa'diyyah and her family to care for baby Muhammad صلى الله عليه وسلم.

From the day she took him home, Halimah's goats gave plenty of milk, and her home was filled with blessings.

When Muhammad ﷺ was six, he travelled with his mother to visit her family in Madinah. On the way home, Aminah became very ill and passed away.

Her kind maid, Barakah, brought Muhammad ﷺ safely back to Makkah.

Muhammad ﷺ then lived with his loving grandfather, 'Abdul-Muttalib.

When he ﷺ was eight years old, his grandfather passed away. Then, his uncle Abu Talib and his wife raised him with great love.



Muhammad ﷺ lost both his parents when he was so young, but Allah took care of him at every moment.



O Allah, please always take care of us too.

1 Trace the name and colour the love heart.



2 Add letters to complete the names of the people who cared for Muhammad صلى الله عليه وسلم when he was little.

1. A \_ i \_ \_ h

2. H \_ l \_ ma \_

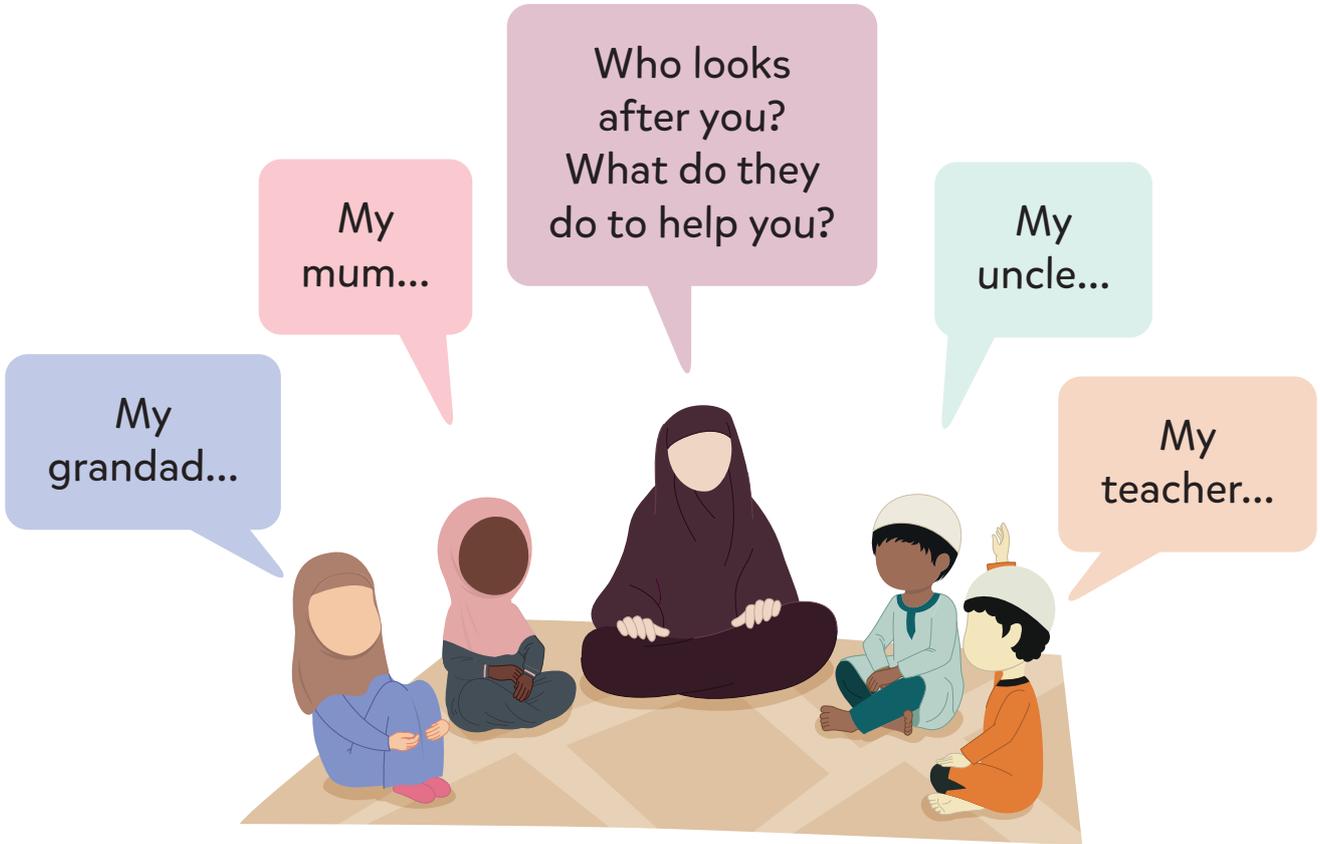
3. Ba \_ a \_ ah

4. 'Ab \_ ul M \_ t \_ a \_ i \_

5. A \_ \_ Ta \_ i \_

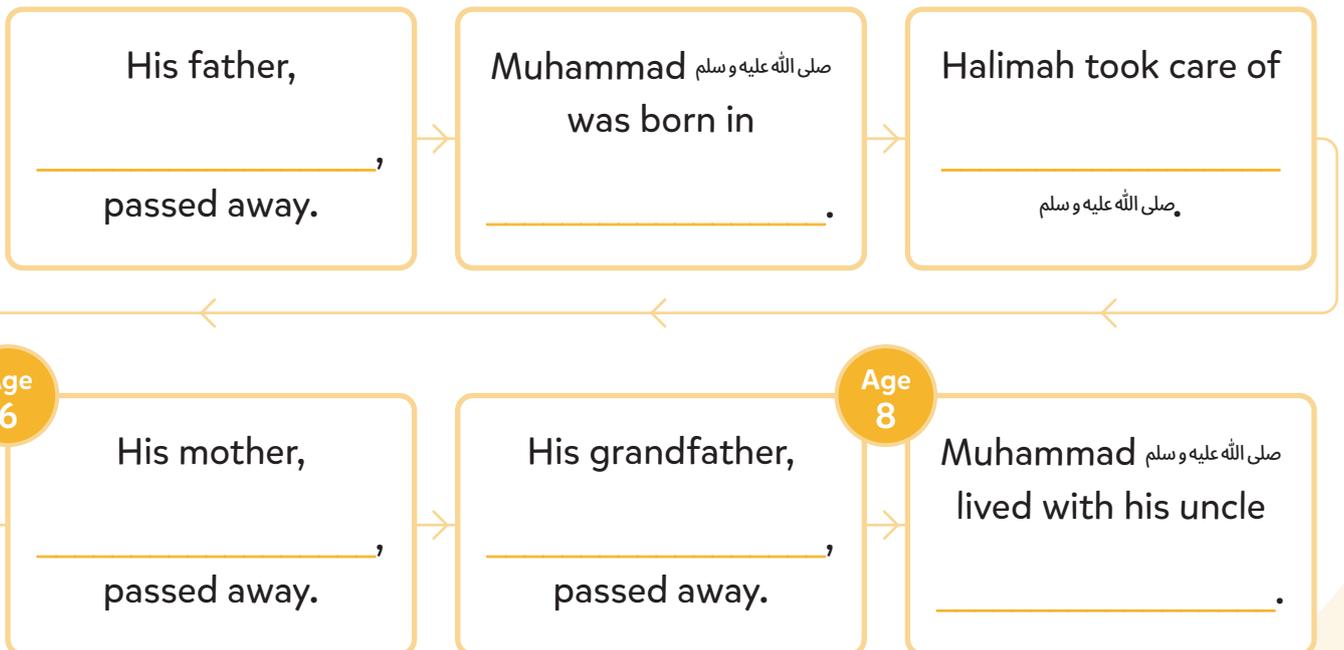
3

Allah is The Most Caring. He gives us people who take care of us. Talk about this with your partner, or share your ideas with the class.



4

Fill in the missing names on the timeline.



# Everybody Trusts

## Muhammad ﷺ

As a young boy, Muhammad ﷺ took care of people's sheep and goats. He led the animals across rocky hills, kept them safe, and made sure they all had enough to eat and drink.

When he was twelve, Muhammad ﷺ travelled with his uncle Abu Talib to sell goods in Syria. The trip was long and tiring, but Muhammad ﷺ worked hard and helped his uncle all the time.

The people of Makkah loved Muhammad ﷺ. They called him as-Sadiq, the Truthful, because of how honest he was. Everyone trusted him, so they also called him al-Amin, the Trustworthy.

**As-Sadiq**  
The Truthful

**Al-Amin**  
The Trustworthy

O Allah, please help us be truthful and trustworthy like Muhammad ﷺ.

One day, a kind and wealthy lady named Khadijah hired him to help sell her goods. Muhammad ﷺ worked hard. He was honest and treated customers kindly. Because of him, Khadijah made more money than ever before.

Khadijah was amazed by his excellent work, so she sent a friend to ask if he would marry her. Muhammad ﷺ agreed, and soon they were happily married.

They had two sons, Abdullah and Qasim, who sadly passed away as babies. Their four daughters, Zaynab, Ruqayyah, Umm Kulthum and Fatimah grew up to be kind, smart, and strong young women.



What can we do to be truthful and trustworthy like Muhammad ﷺ?

1 Colour the picture.

I am responsible.



2 Role Play:

Let's set up a market! You will take turns being sellers and customers. Be like Muhammad ﷺ.

FARMER'S MARKET

السَّلَامُ  
عَلَيْكُمْ

Be kind

Work hard

Be clean and tidy

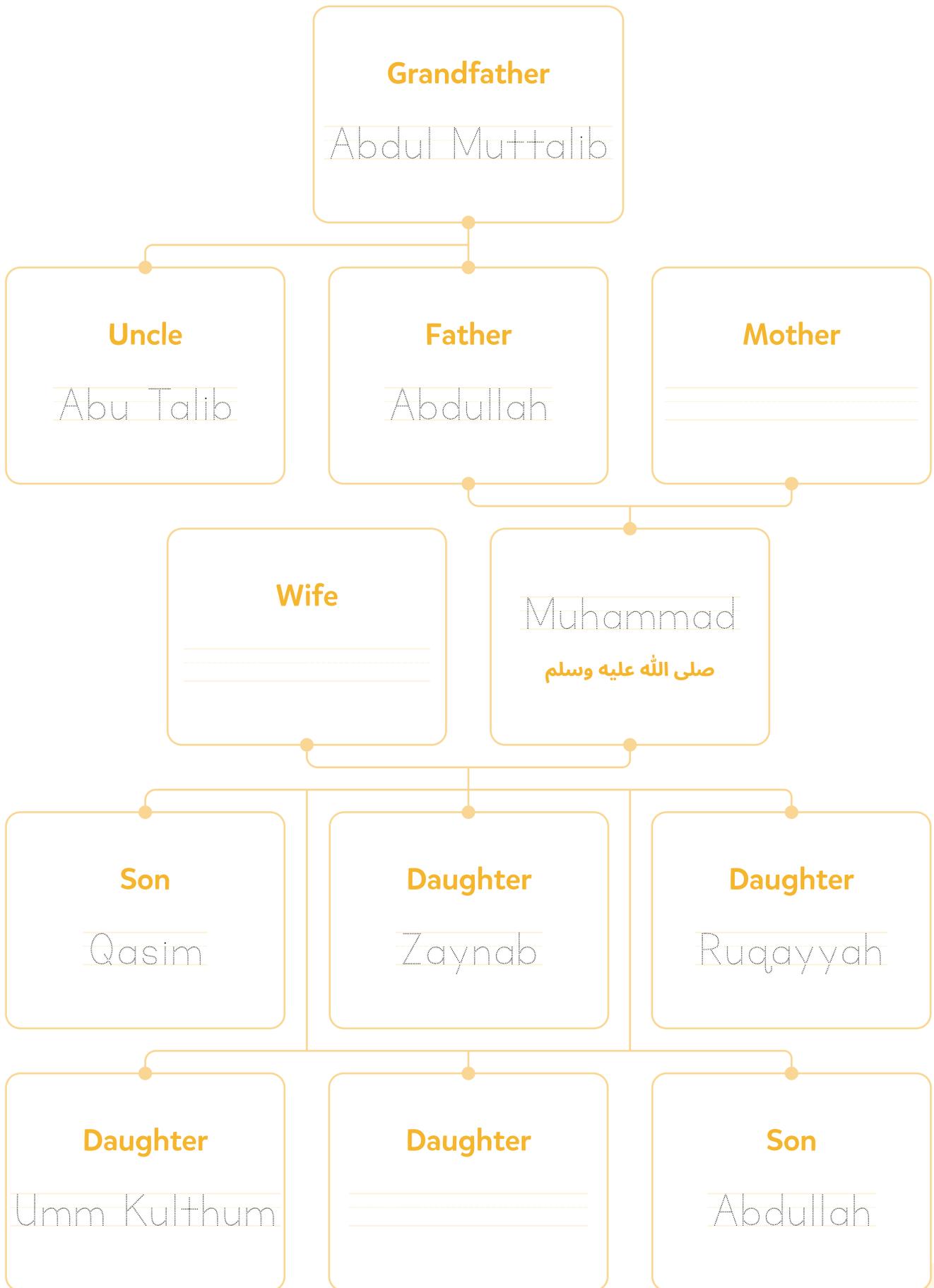
Be helpful

Be honest

Be calm and patient

3

Complete the family tree of Muhammad ﷺ



# Muhammad ﷺ

## Meets Jibril عليه السلام

Muhammad ﷺ often climbed Mount Nur. Near the top, he sat quietly in the cave of Hira. He liked to spend time there, all alone, thinking about Allah.

One day in Ramadan, when Muhammad ﷺ was 40 years old, something amazing happened while he was in the cave.

Suddenly, Angel Jibril عليه السلام appeared in front of him! Muhammad ﷺ had never seen anyone like him before. He felt afraid.

“Read!” commanded Jibril عليه السلام.

“I don’t know how to read,” Muhammad ﷺ answered nervously. Jibril عليه السلام held him tightly, then let go. “Read!” he repeated firmly. This happened three times.

Then, Jibril عليه السلام taught him the first words of the Qur’an and left.

اقْرَأْ  
Read

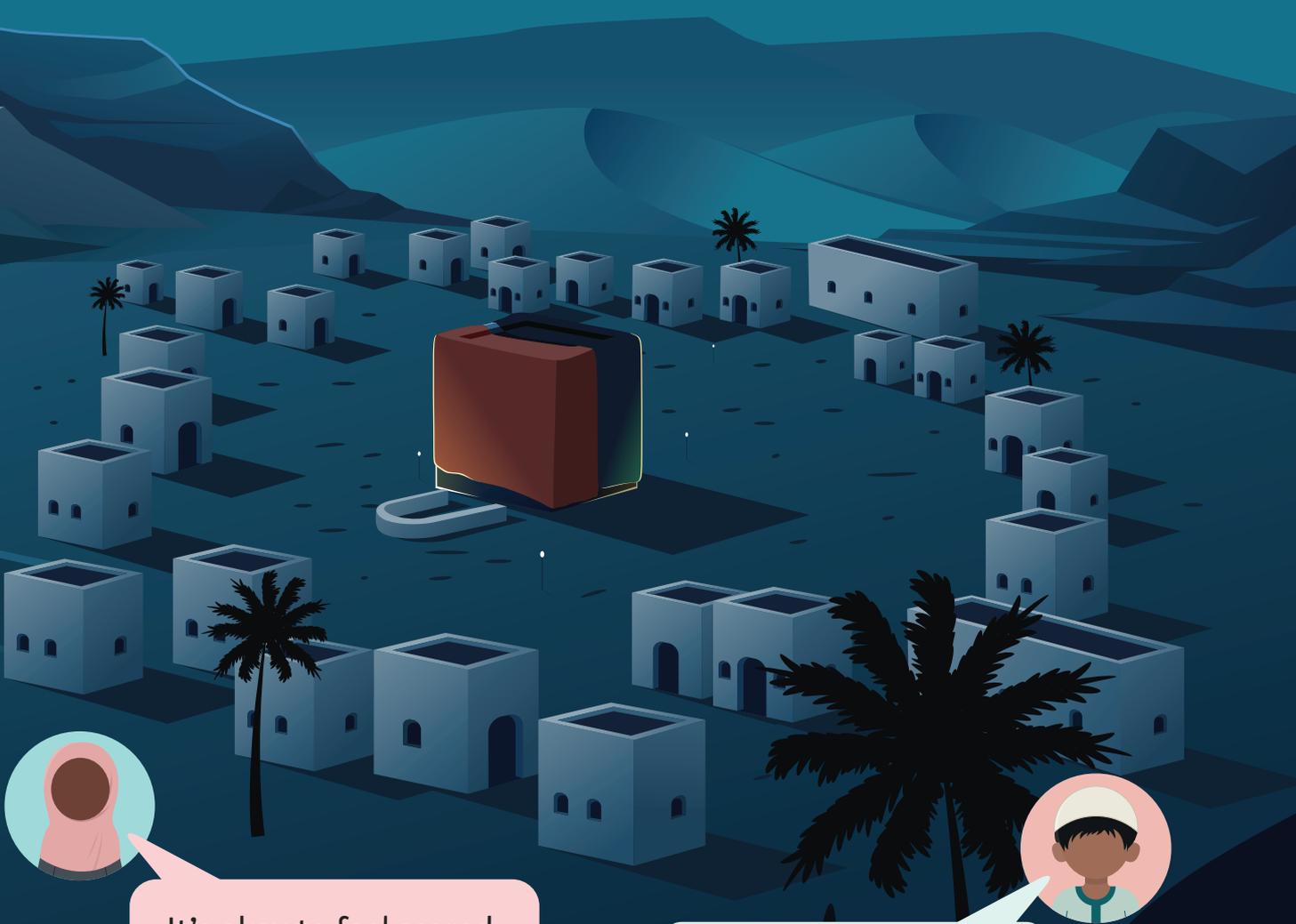
Feeling terrified, Muhammad ﷺ ran home to his wife, Khadijah. “Cover me! Cover me!” he called out.

Khadijah covered him and comforted him, saying, “Allah will never let you down. You always help people.”

She took Muhammad ﷺ to her wise old cousin, Waraqah. Muhammad ﷺ told him what had happened.

Waraqah explained, “That’s the same angel who Allah sent to Prophet Musa! People will hurt you. If I am still alive, I will help you as much as I can.”

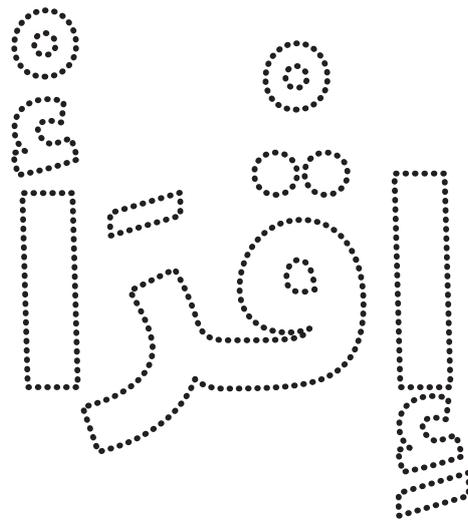
Muhammad ﷺ had now become a Prophet of Allah!



It's okay to feel scared. Allah takes care of those who do good.

What else can we do when we feel scared?

1 Trace and colour the first word of the Qur'an.



2 Match the words.

Prophet

Read

Mountain

Angel

Cave

Nur

Hira

Jibril  
عليه السلام

Iqra'

Muhammad  
صلى الله عليه و سلم

**3** When Prophet Muhammad ﷺ felt scared, he trusted Allah and spoke to Khadijah and Waraqah. What can you do when you feel scared?



I love Allah.

Something that scares you:

---



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What can you do to trust Allah?

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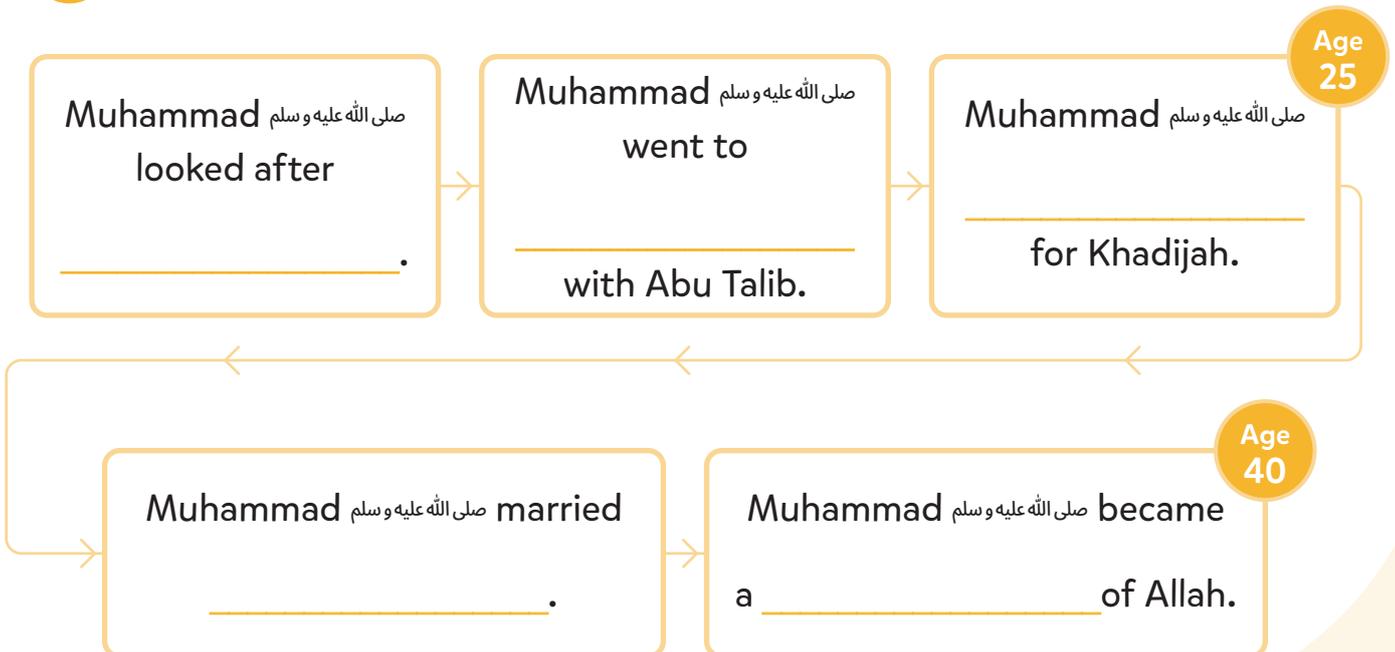


---

Who can you ask for help?

---

**4** Fill in the missing words on the timeline.



# Who Were the First Muslims?

Soon, Allah sent Angel Jibril to Prophet Muhammad ﷺ with more verses of the Qur'an. The Prophet ﷺ shared them with some of his close family and friends. He taught them that there is no god but Allah, and that he ﷺ is the Messenger of Allah.

Khadijah رضي الله عنها believed him right away. She knew he always spoke the truth. She became the first Muslim woman!

One day, 'Ali رضي الله عنه, the cousin of the Prophet ﷺ, saw them praying. Curious, he asked what they were doing. Muhammad ﷺ explained, and 'Ali said "I want to join you!" At just 10 years old, he became the first Muslim child!



Abu Bakr رضي الله عنه, the best friend of Muhammad صلى الله عليه وسلم, loved him and trusted him. When Muhammad صلى الله عليه وسلم told him about Allah's message, Abu Bakr believed straight away, and became the first Muslim man.

Later, Allah told Prophet Muhammad صلى الله عليه وسلم to share the message of Islam with his people. So he صلى الله عليه وسلم climbed Mount Safa and called out to the people of Makkah, "Worship Allah alone!"



O Allah, please make me a firm and strong Muslim.

Thank you Allah for showing us the truth!



But Abu Lahab, a horrible uncle of the Prophet صلى الله عليه وسلم, threw sand at him and angrily shouted, "May you be destroyed! Is this why you called us here?"

He refused to believe the truth and became an enemy of Muhammad صلى الله عليه وسلم.

1 Write your name and trace the shahadah.

This certificate is awarded to

\_\_\_\_\_

who says and truly believes:

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ ،

وَأَشْهَدُ أَنَّ مُحَمَّدًا رَسُولُ اللَّهِ

I bear witness that there is no god  
worthy of worship but Allah and  
that Muhammad صلى الله عليه وسلم is the  
Messenger of Allah.



Signature: \_\_\_\_\_  
(Teacher)

2 Write the correct name in each space below.



3 Role-play with your class or write the answers.

You tell your family:

**'There is no god but Allah and Muhammad صلى الله عليه وسلم is His messenger.'**

Your family asks you:

Who is Allah?

Who is Muhammad صلى الله عليه وسلم?

What do you do to show you are a Muslim?

# A Kind King Helps the Muslims

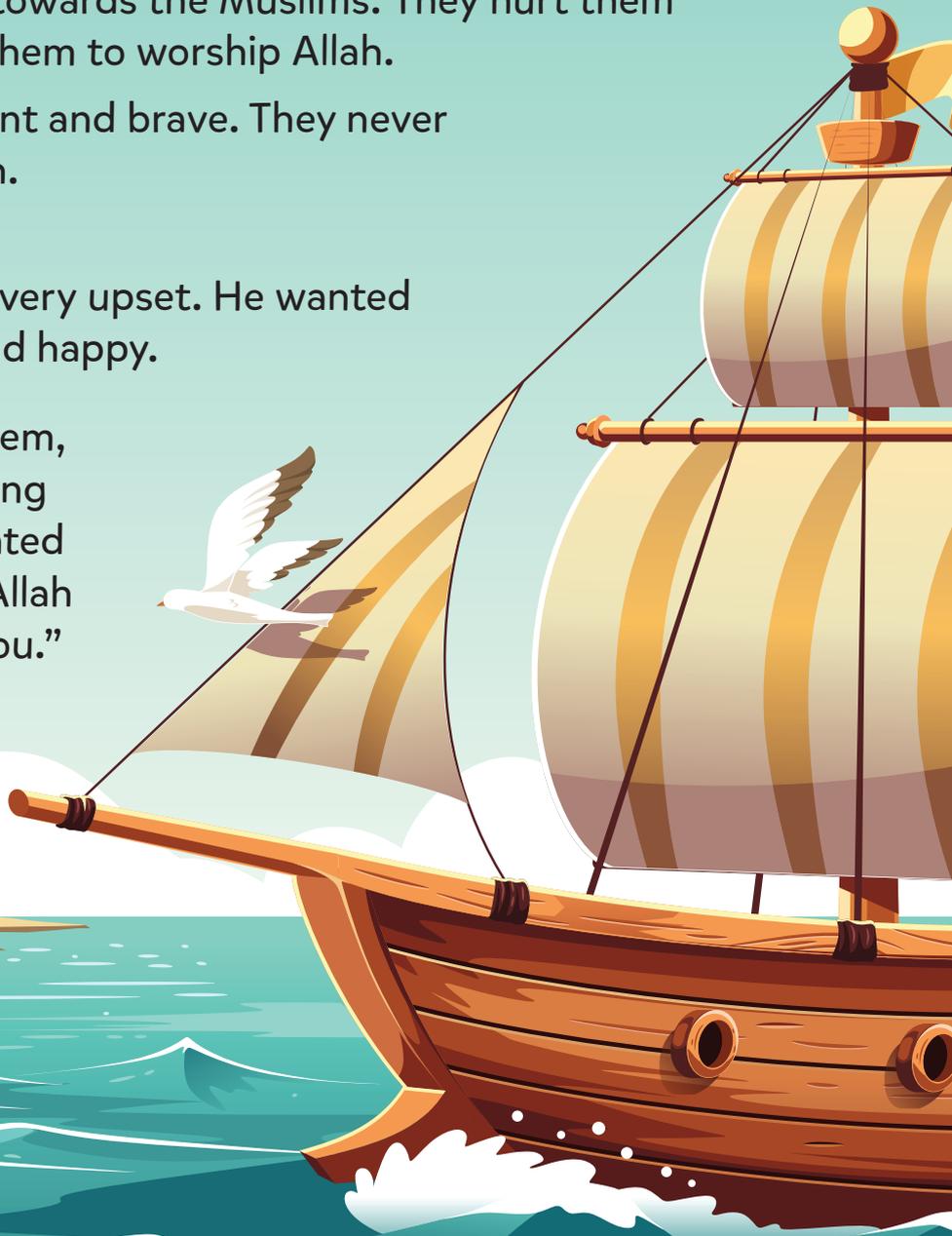


After some time, Allah told Prophet Muhammad ﷺ to call everyone to worship Allah alone. This was not easy. The disbelievers of Makkah became cruel towards the Muslims. They hurt them and made it difficult for them to worship Allah.

The Muslims stayed patient and brave. They never stopped believing in Allah.

Muhammad ﷺ felt very upset. He wanted the Muslims to be safe and happy.

So he ﷺ advised them, “Go to Abyssinia. A fair king rules there. No one is treated unfairly. Stay there until Allah makes things easier for you.”



A small group of Muslims quietly escaped Makkah and sailed to Abyssinia. Later, a bigger group of Muslims joined them. They were all welcomed warmly and treated kindly. They were able to worship Allah freely again!

The kind king of Abyssinia protected the Muslims. Even when the disbelievers of Makkah asked him to send the Muslims back, he said no and turned them away.

He loved the beautiful messages of the Qur'an that the Muslims shared with him.

He told the Muslims, "Live here and worship Allah peacefully."

The Muslims were thankful and happy. They trusted Allah and knew that He will always look after them.



Sometimes doing the right thing is really hard...

I know. But we stay strong and do it for Allah. He سبحانه و تعالی will take care of us and reward us!



1 Guide the boat from Makkah to Abyssinia.



2 Circle two correct answers in every sentence.

In Abyssinia...

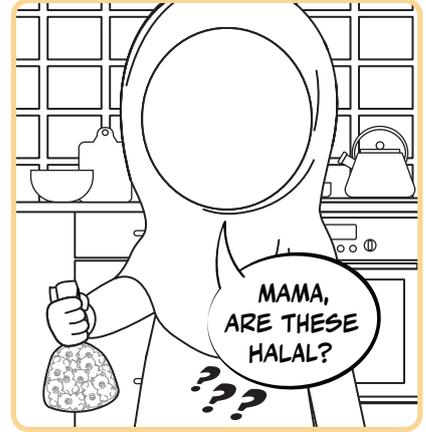
The Muslims were treated kindly      horribly      fairly

They worshipped Allah freely      secretly      peacefully

The king was cruel      fair      respectful

3

Colour the picture that shows what a strong Muslim would do in each scenario.



4

Fill in the missing words on the timeline.

1st Year

2nd Year

3rd Year

Muhammad ﷺ shared Islam with his close \_\_\_\_\_ and friends.

4th Year

Muhammad ﷺ openly called the People of \_\_\_\_\_ to Islam.

5th Year

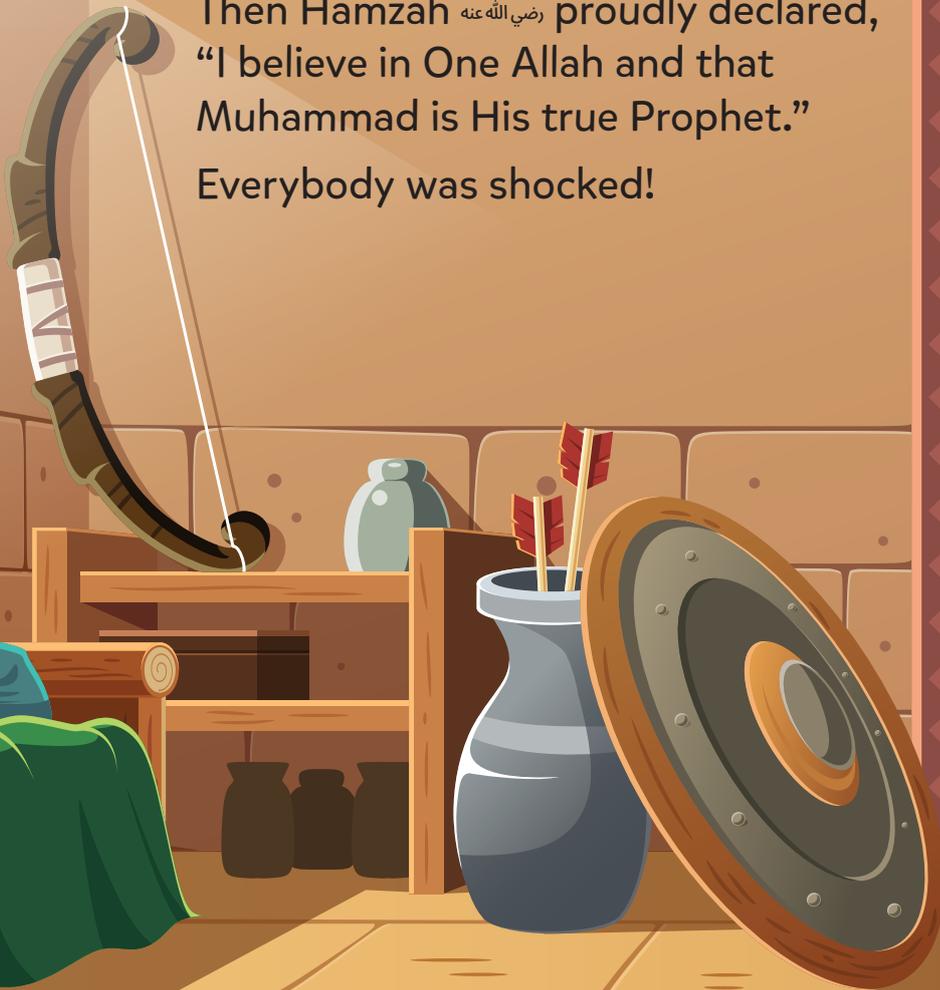
Some Muslims moved to \_\_\_\_\_ to be safe.

# Two Strong Men Accept Islam

One day, Abu Jahl, a non-Muslim leader of Makkah, was being cruel to Prophet Muhammad صلى الله عليه وسلم again.

When the Prophet's strong and brave uncle Hamzah heard about it, he rushed over. He lifted his bow and hit Abu Jahl on his head!

Then Hamzah رضي الله عنه proudly declared, "I believe in One Allah and that Muhammad is His true Prophet." Everybody was shocked!



Around that time, the Prophet صلى الله عليه وسلم made a special du'a:

"O Allah, bring strength to Islam through the one You love more: Abu Jahl or 'Umar ibn al-Khattab."

'Umar was fierce and feared. He hated Islam. But whenever he heard the Qur'an, its words softened his heart. One day, Allah filled his heart with the light of Islam, and he hurried to the Prophet صلى الله عليه وسلم saying, "I've come to accept Islam."

The Prophet صلى الله عليه وسلم and his Companions رضي الله عنهم were very happy. At once, 'Umar رضي الله عنه hurried to tell everyone, loudly announcing, "I follow Muhammad صلى الله عليه وسلم!"

With Hamzah and 'Umar رضي الله عنهما on their side, the Muslims felt stronger and safer than ever.



Hamzah and 'Umar رضي الله عنهما were very strong! They proudly showed everyone that they were Muslims!

How can we be strong Muslims and show our Islam proudly like them?



1 Connect the dots and colour the names.

Hamzah

رَضِيَ اللهُ عَنْهُ

'Umar

رَضِيَ اللهُ عَنْهُ

2 Write the correct name besides each sentence.

Who am I?

Hamzah

رضي الله عنه

OR

'Umar

رضي الله عنه

I am an uncle of the Prophet صلى الله عليه وسلم.

رضي الله عنه

The Qur'an softened my heart.

رضي الله عنه

I hit the nasty Abu Jahl on his head.

رضي الله عنه

The Prophet صلى الله عليه وسلم made a special du'a for me to become a Muslim.

رضي الله عنه

The people were scared of me.

رضي الله عنه

3

How can you proudly show that you are a Muslim? Write a short sentence next to each picture.



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---

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# The Muslims Live Under Cruel Rules

The Quraysh were very angry! More and more people were following Prophet Muhammad ﷺ and becoming Muslims. They wanted to stop this, so they planned to hurt him ﷺ.

But his family, Banu Hashim, loved him and promised to protect him.

The Quraysh made some cruel rules against the Muslims:

1. Nobody will give them food or water.
2. Nobody will speak to them.
3. Nobody will buy from them or sell to them.

They wrote these rules on a scroll and hung it inside the Ka'bah.

Because of this, the Muslims and the Prophet's ﷺ family left Makkah and moved into a small valley.

Soon, their food ran out. To stay alive, they had to drink rainwater and chew dry leaves.

On some days, a few kind non-Muslims would secretly bring food to help them.

Days turned into months, and months turned into years. The Muslims stayed strong and kept praying to Allah.

One day, the Prophet ﷺ told Abu Talib, 'O my uncle, Allah has informed me that insects have eaten the scroll, except for the name of Allah.'

Abu Talib told the Quraysh. When they checked, it was true! They were shocked. Now, they had no choice but to end the cruel rules.

After almost three years in the valley, the Muslims were able to return to Makkah.



O Allah, make me brave so I can help people who are treated unfairly.

How can we be kind and help people who are being treated badly?



1 Write the missing words onto the scroll.

speak

sell

food

buy

drink

# Order

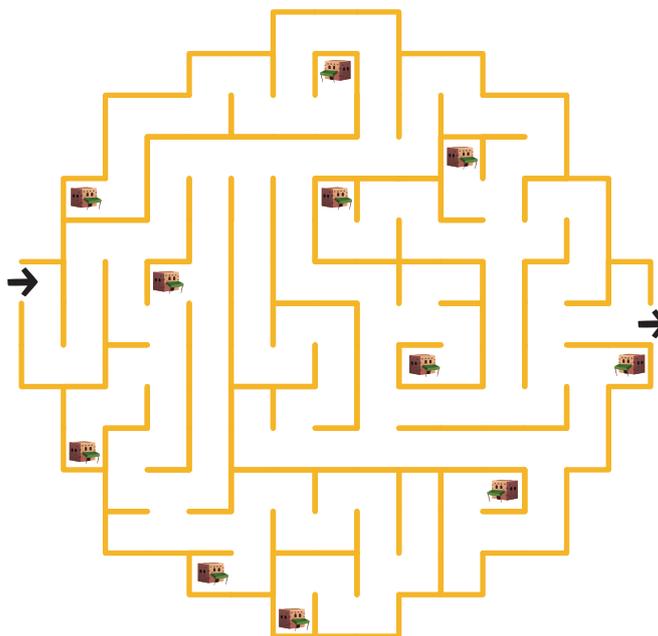
1. Do not give \_\_\_\_\_ or \_\_\_\_\_ to the Muslims.

2. Do not \_\_\_\_\_ to the Muslims.

3. Do not \_\_\_\_\_ from them or \_\_\_\_\_ to them.

Signed by *Quraysh*

2 Find a way to secretly take the food to the valley.

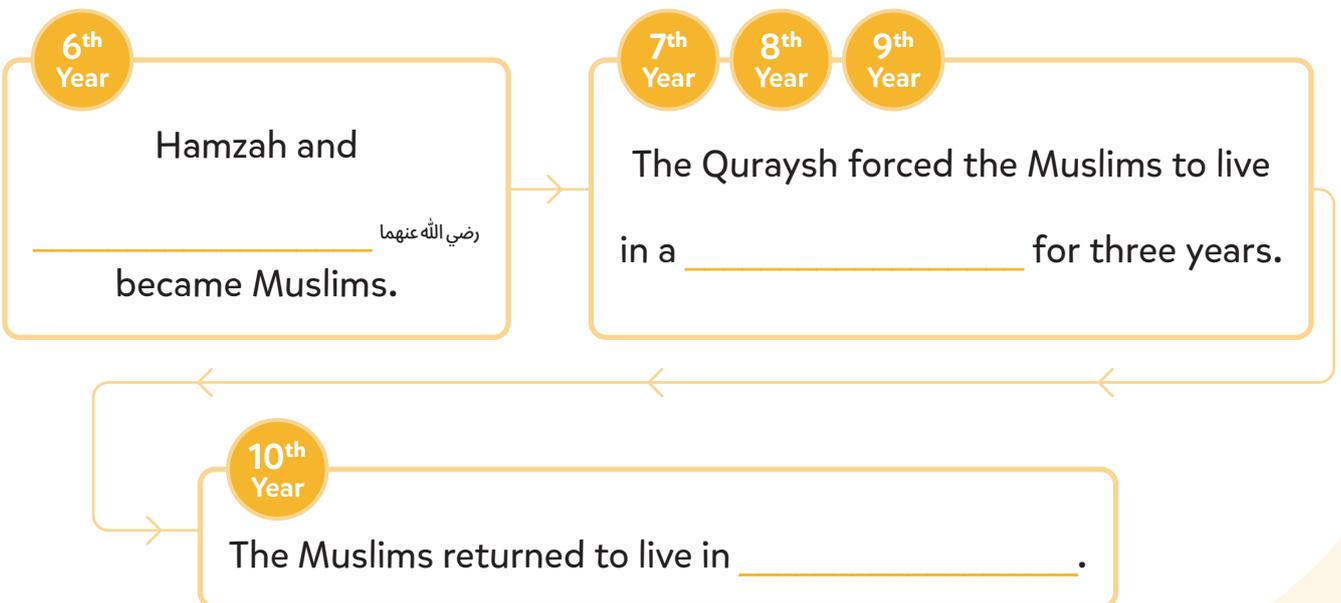


**3** In pairs or as a class, discuss:

- What is happening in each picture?
- How would you feel if you were left out or treated badly?
- What can you do to help?



**4** Fill in the missing words on the timeline.



# The Year of Sadness

Prophet Muhammad ﷺ returned to Makkah from the valley with his family and the Muslims. He ﷺ had been a Prophet for almost ten years now.

Around this time, his dear uncle Abu Talib became very sick. Muhammad ﷺ tried one last time to help him understand that Allah is One.

But some of the Quraysh were there and told Abu Talib not to listen. Sadly, Abu Talib passed away without becoming a Muslim.

Soon after, Khadijah رضي الله عنها, the Prophet's ﷺ loving wife, also became ill and passed away.

This was a very sad and painful time for the Prophet ﷺ. He lost two people who loved him very much.



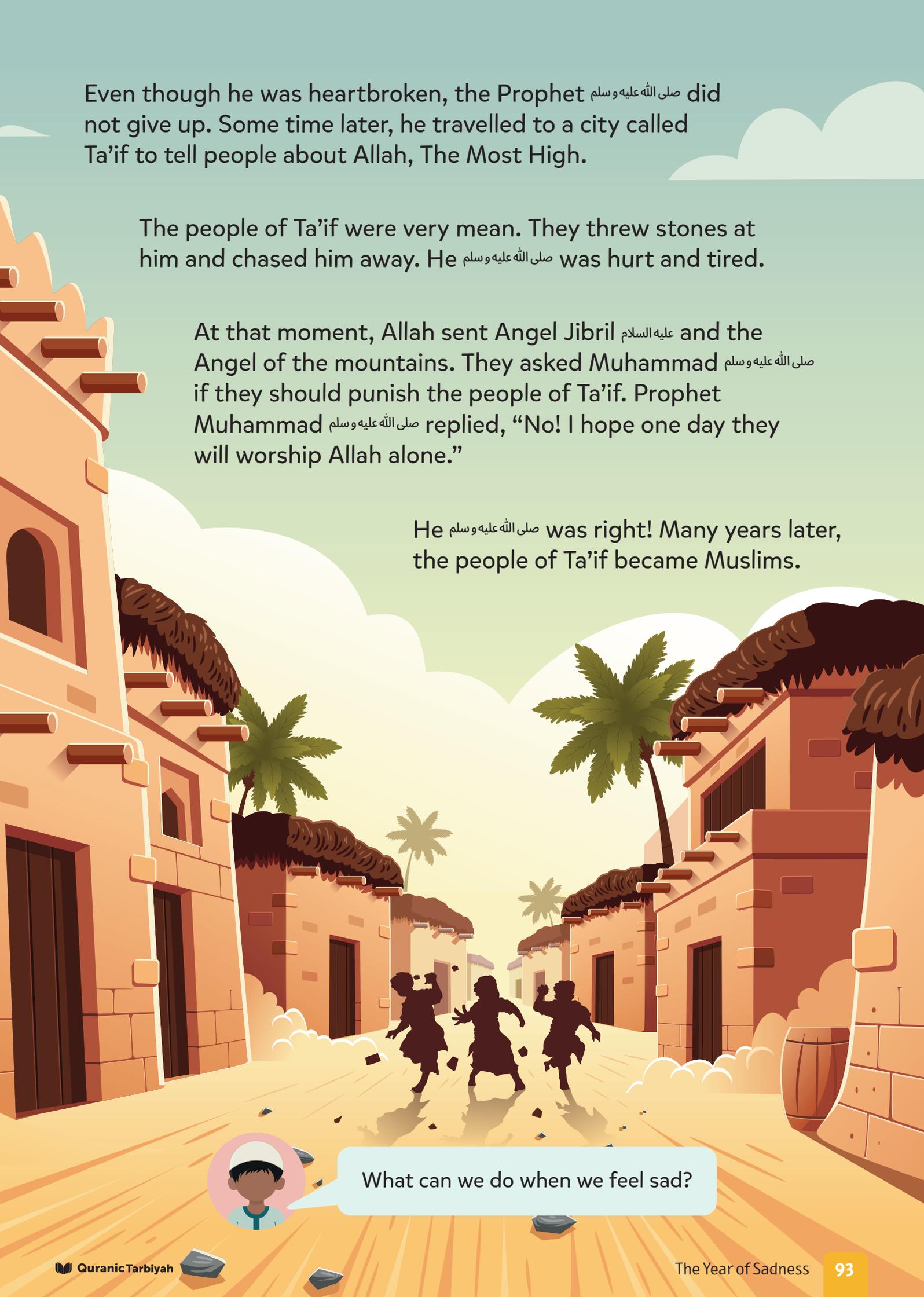
It's okay to feel sad sometimes. Even Prophet Muhammad ﷺ felt sad.

Even though he was heartbroken, the Prophet صلى الله عليه وسلم did not give up. Some time later, he travelled to a city called Ta'if to tell people about Allah, The Most High.

The people of Ta'if were very mean. They threw stones at him and chased him away. He صلى الله عليه وسلم was hurt and tired.

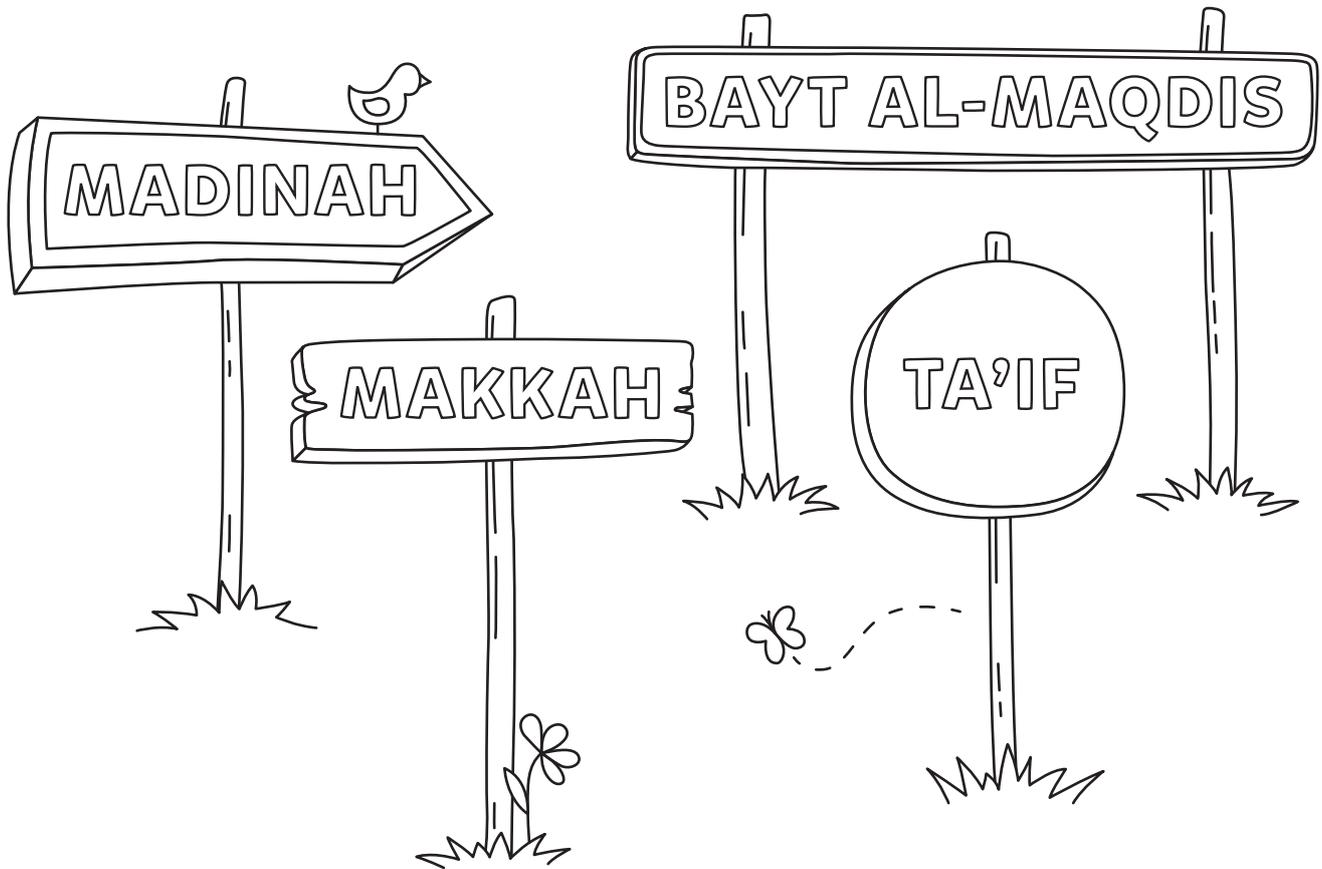
At that moment, Allah sent Angel Jibril عليه السلام and the Angel of the mountains. They asked Muhammad صلى الله عليه وسلم if they should punish the people of Ta'if. Prophet Muhammad صلى الله عليه وسلم replied, "No! I hope one day they will worship Allah alone."

He صلى الله عليه وسلم was right! Many years later, the people of Ta'if became Muslims.



What can we do when we feel sad?

- 1 Find and colour the name of the city Muhammad صلى الله عليه وسلم travelled to in 'The Year of Sadness'.



- 2 Unjumble the letters to spell the names of two family members of Muhammad صلى الله عليه وسلم who passed away in the same year.

H A K H I A D J

(loving wife)

B U A L T A B I

(loving uncle)

3

Colour and trace the feelings you felt as you heard this story.



sad



happy



angry



tired



surprised



hurt

4

Here are some things that can help you when you're feeling sad. Fill in the blanks.

feel

Allah

cry

talk

I talk to \_\_\_\_\_ about how I feel and ask Him to make it better.

I say how I \_\_\_\_\_ .

I let myself \_\_\_\_\_ if I need to.

I \_\_\_\_\_ to or sit with a caring adult.

# The Prophet صلى الله عليه وسلم Travels to the Heavens

★ One night, Prophet Muhammad صلى الله عليه وسلم was awoken by Angel Jibril عليه السلام. Outside, a magnificent creature from Jannah was waiting for him: the Buraq.

The Buraq was long and white, smaller than a mule but bigger than a donkey. With each step, it leapt as far as the eye could see. It moved faster than a flash of lightning!

Prophet Muhammad صلى الله عليه وسلم rode the Buraq all the way from Makkah to the blessed city of Jerusalem, in Palestine. Allah gathered the previous Prophets in al-Masjid al-Aqsa and Muhammad صلى الله عليه وسلم led them in salah.

This journey from al-Masjid al-Haram to al-Masjid al-Aqsa is called al-Isra'.



Then, Angel Jibril عليه السلام took the Prophet صلى الله عليه وسلم up through the heavens. In each heaven, he met wonderful Prophets: Adam, Yahya, 'Isa, Yusuf, Idris, Harun, Musa and Ibrahim عليهم السلام. Muhammad صلى الله عليه وسلم saw Jannah and Jahannam too.

At the highest place, beyond the seven heavens, Prophet Muhammad صلى الله عليه وسلم spoke to Allah, The Almighty, Himself. Here, Allah gave him a very precious gift: the five daily salah.

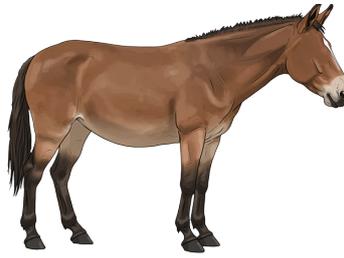
The journey from al-Masjid al-Aqsa to the seven Heavens is called al-Mi'raj.

The next morning, the Prophet صلى الله عليه وسلم was back in Makkah. This whole amazing journey happened in just a part of one night!

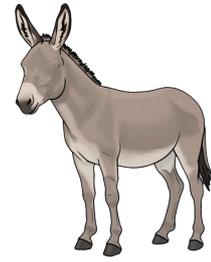
1 Trace the words, then fill in the gaps.



Horse



Mule



Donkey

The Buraq was smaller than a \_\_\_\_\_ ,  
but bigger than a \_\_\_\_\_ .

2 Use the word bank to label the journey of the Prophet Muhammad ﷺ

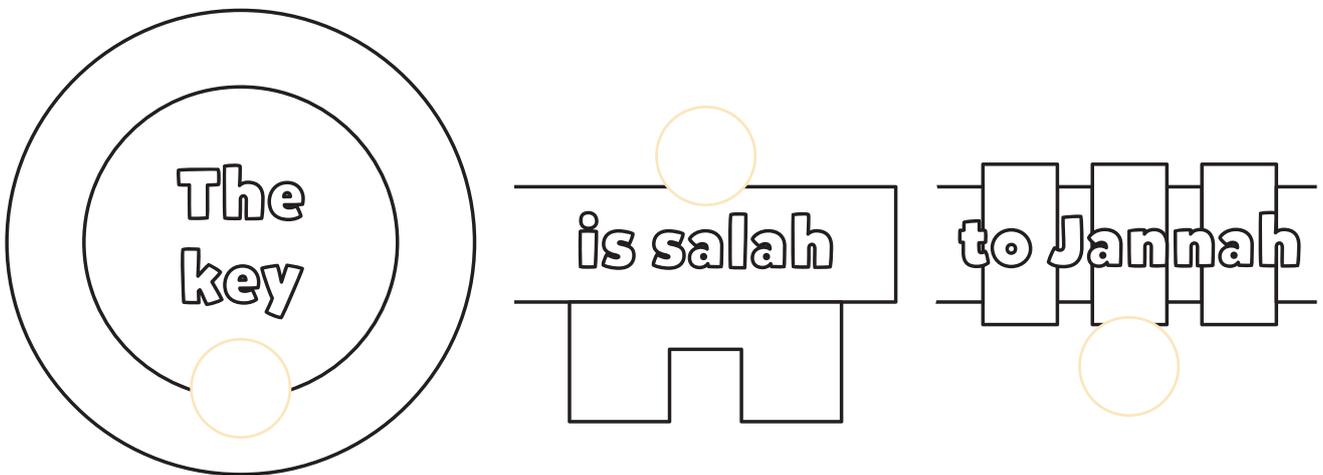
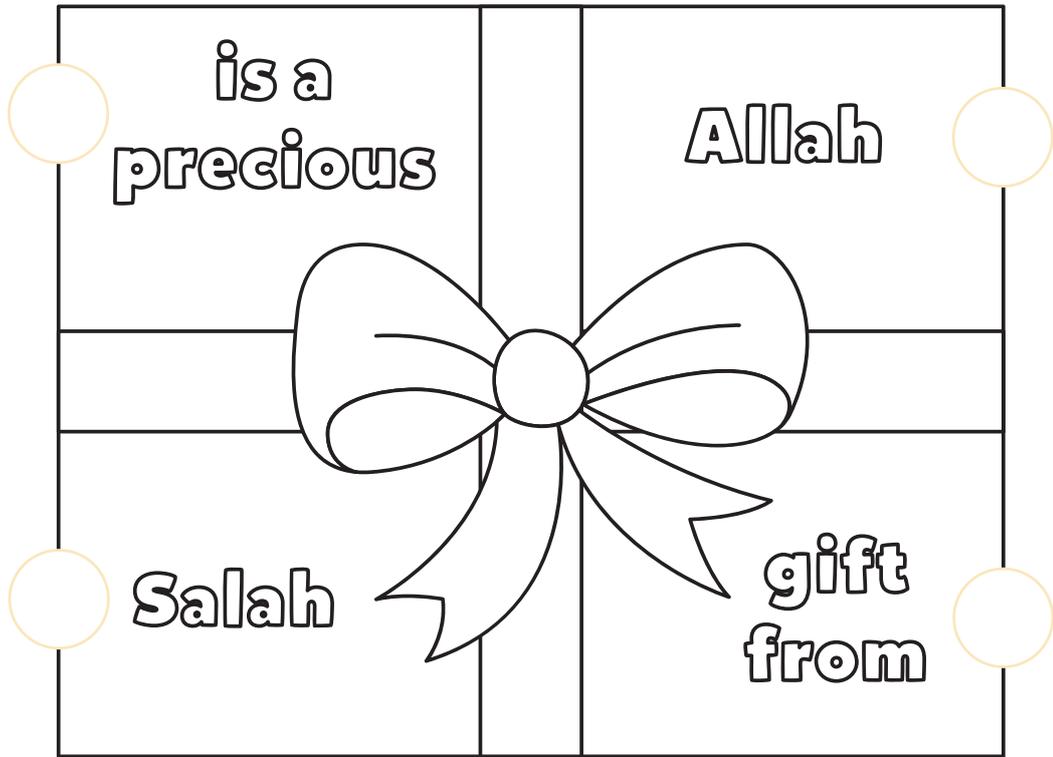
Heavens

al-Masjid al-Aqsa

Makkah



- 3** Number the words in the correct order to make sentences, then colour the pictures.



- 4** Based on the story, write one reason why al-Masjid al-Aqsa is very special.

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# The Muslims Move to Madinah

One day, people from a faraway city called Madinah visited Makkah and became Muslims. They told the Prophet ﷺ that the Muslims would be safe in Madinah and promised to take care of them.

Muhammad ﷺ told the Muslims to move to Madinah. He stayed behind a little longer and made sure everyone left safely.

Meanwhile, the cruel non-Muslims planned to kill the Prophet ﷺ. Allah, The All-Aware sent Jibril عليه السلام to warn him to leave.

The Prophet ﷺ shared the news with his close friend, Abu Bakr رضي الله عنه.

“Allah has given me permission to leave for Madinah,” he ﷺ said.

“Can I come with you?” asked Abu Bakr رضي الله عنه.

“Yes!” replied the Prophet ﷺ.

That night, Muhammad ﷺ and Abu Bakr رضي الله عنه quietly set off. After a while, they stopped to rest in the cave of Thaur.

The enemies started searching for them everywhere. They even followed their footprints in the sand!

When they came close to the entrance of the cave, Abu Bakr felt very worried. The Prophet ﷺ comforted him, "Don't worry. Allah is with us." Allah kept them safe, and the evil men didn't look inside!

The Prophet ﷺ and Abu Bakr رضي الله عنه stayed safely in the cave. Abu Bakr's children and his servant secretly brought them food and news. After three days, they set off for Madinah again.



What do you do to feel better when you're worried?



I trust Allah and make du'a: O Allah, I feel worried. Please help me.

1 Trace the names and draw a line to show the journey of the Prophet صلى الله عليه وسلم.



2 Fill in the missing words.

Abu Bakr

servant

Jibril

enemies

\_\_\_\_\_ صلى الله عليه وسلم warned the Prophet صلى الله عليه وسلم to leave Makkah.

\_\_\_\_\_ travelled to Madinah with Muhammad صلى الله عليه وسلم.

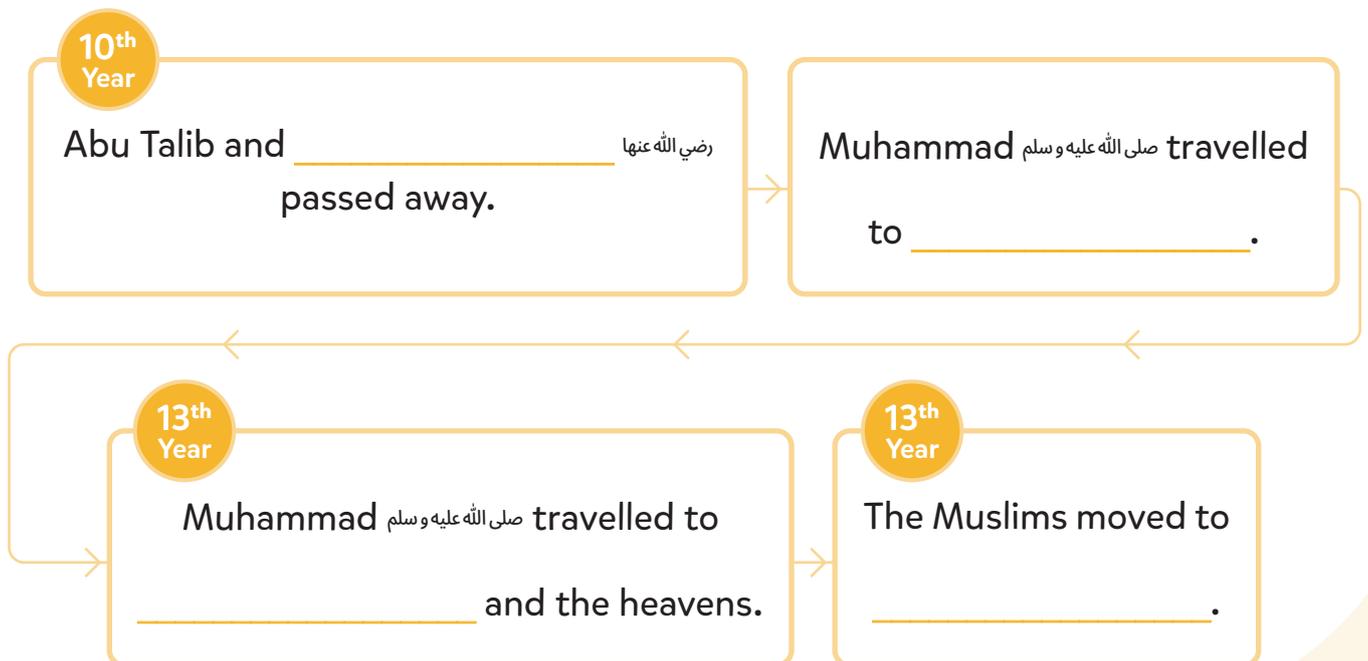
The \_\_\_\_\_ didn't find them in the cave of Thawr.

Abu Bakr's children and \_\_\_\_\_ secretly brought them food and milk.

**3** Write or draw.



**4** Fill in the missing words on the timeline.



# IN THE FOOTSTEPS OF

# THE FIRST MUSLIMS

رضي الله عنهم

## What You Need



2-4  
players



Number  
cards 1-6



Player  
counters

## How to Play

- Place all player counters on 'Start'
- Take turns picking a number card
- Move forward that many spaces
- **GREEN SPACE:** go up the arrow
- **RED SPACE:** go down the arrow
- First to reach 'Finish' wins!

Share stories from  
the  
Sirah  
as you play!

LEARNING FOR A

Life With Allah



al-Masjid al-Aqsa

Madinah

Hira

Makkah

Thawr

Ta'if

START



# MY VALUES



I Am a Servant  
of Allah



I Love Allah &  
His Messenger

صلى الله عليه وسلم



I Am Strong in  
My Belief



I Aim for the  
Best



I Polish My  
Heart



I Am Kind



I Help My  
Ummah



I Am  
Responsible



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# My Role Models, My Heroes: The Prophets of Allah عليهم السلام!

What stories does the Qur'an tell us about the Prophets عليهم السلام?  
Why did Allah سبحانه وتعالى choose them, and how can we try to be like them today?

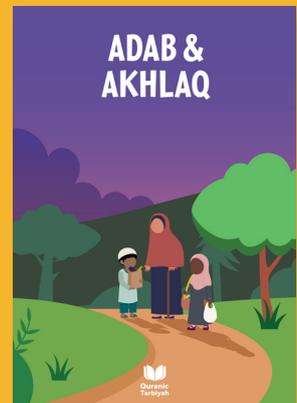
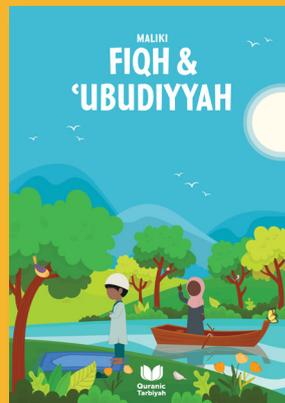
## What's Inside?

- ✓ 15 inspiring Qur'anic stories about selected Prophets عليهم السلام
- ✓ 10 engaging stories from the life of the Prophet Muhammad صلى الله عليه وسلم in Makkah
- ✓ Fun comprehension and reflection activities
- ✓ Practical lessons for children to apply in their daily lives



A wonderful way to nurture children's love for Allah سبحانه وتعالى and help them form a deep connection with His Prophets عليهم السلام.

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