

IMAN & TAZKIYAH

LEVEL 4

✈ Departures		
Time	Destination	Flight
07:35	MAKKAH	MK-A23
08:10	MADINAH	MD-D8
09:25	AL-QUDS	AQ-E12
SOON	JANNAH	IMAN-L4



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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

IMAN & TAZKIYAH

LEVEL 4

This book belongs to

Name _____

Class _____



Quranic Tarbiyah is an initiative of Life With Allah (LWA) which aims to nurture a Qur'anic generation who love and live the Qur'an.

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For suggestions, corrections and feedback, please email us at
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About Quranic Tarbiyah

Vision

A generation who love and live the Qur'ān.

Mission

Nurturing a generation who are guided by revelation, grounded in reality, and who carry forward the legacy of the Prophets ﷺ.

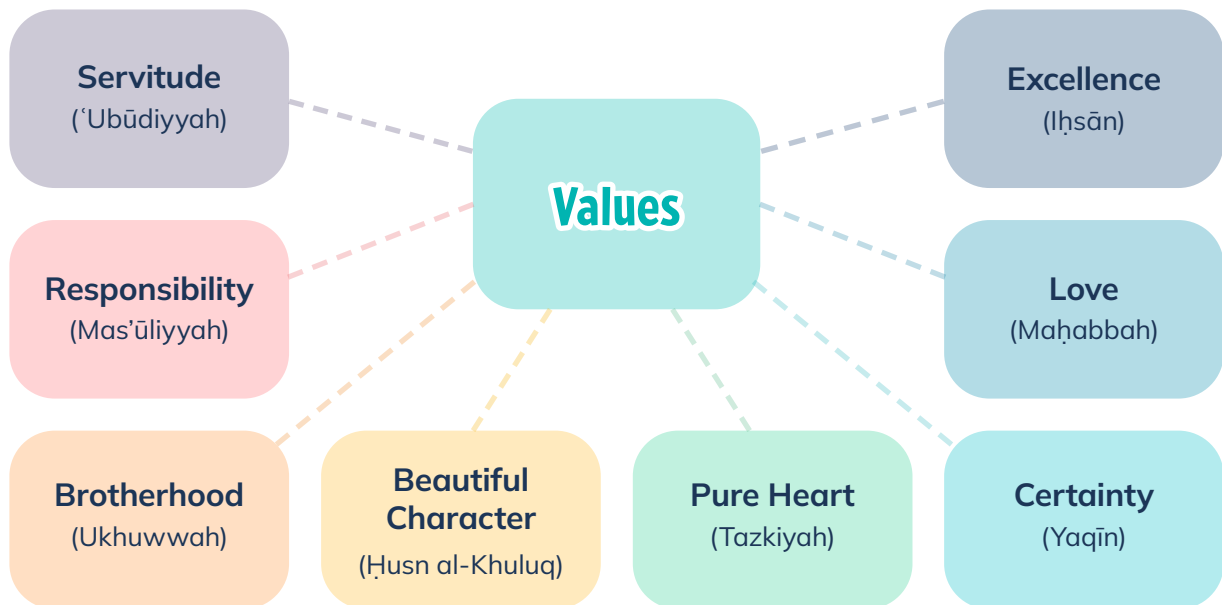
Aims & Objectives

We want every educator and learner to:

1. Develop a deep awareness of Allah, love Him and honour Him.
2. Recognise their purpose in life (i.e. 'ubūdiyyah: servitude), and worship Allah ﷻ with baṣīrah (clear proof and certainty).
3. Constantly strive to strengthen their īmān and yaqīn (conviction).
4. Love the Messenger ﷺ, and embody his sunnah and character.
5. Become 'people of the Qur'ān' through reflecting and living by it.
6. Constantly strive to attain a pure heart (tazkiyah) and attain iḥsān.
7. Know the legal rulings of all necessary aspects of life (fiqh) alongside their inner dimensions, in order to taste the sweetness of worship.
8. Be confident in their dīn and feel deeply connected to and proud of their heritage and history.
9. Develop a love of lifelong learning and a passion to serve the dīn of Allah.
10. Be well-equipped to deal with personal, local and global challenges, and become beacons of justice and mercy for the entire world.

لَقَدْ مَنَّ اللَّهُ عَلَى الْمُؤْمِنِينَ إِذْ بَعَثَ فِيهِمْ رَسُولًا مِّنْ أَنفُسِهِمْ يَتْلُوا عَلَيْهِمْ آيَاتِهِ وَيُزَكِّيهِمْ وَيُعَلِّمُهُمُ الْكِتَابَ وَالْحِكْمَةَ وَإِن كَانُوا مِن قَبْلُ لَفِي ضَلَالٍ مُّبِينٍ

“Indeed, Allah bestowed a favour on the believers when He raised in their midst a Messenger from among themselves — who **recites to them His verses, purifies them, and teaches them the Book and wisdom.** For indeed they had previously been clearly astray” (Surah Aal ‘Imran:164).



The 5 Key Areas of the Quranic Tarbiyah Curriculum

<p>Qur'an & Tadabbur</p>	<p>Iman & Tazkiyah</p>	<p>Fiqh & 'Ubudiyyah</p>	<p>Adab & Akhlaq</p>	<p>Sirah & Stories</p>
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Iman and Tazkiyah

Aims of Iman and Tazkiyah Lessons

- 1 To establish a strong connection with Allah by knowing and loving Him
- 2 To love the Messenger ﷺ and to be attached to Him
- 3 To develop strong *īmān* which leads to *ʿamal ṣāliḥ*
- 4 To constantly strive to purify the heart from its diseases
- 5 To aspire to *iḥsān* by focusing on the actions of the heart
- 6 To be confident in responding to common doubts and misconceptions
- 7 To be certain of the ultimate authority of the Qurʾān & Sunnah

Nurturing Iman

The Qurʾān's methodology of nurturing the best generation emphasises *īmān* as the foundation of the *dīn*. During the 13 years in Makkah, the Prophet ﷺ focused on **instilling *īmān*** in the hearts of the Companions. The Makkan *sūrah*s centred on three key themes: (1) the Oneness of Allah (2) Prophethood, and (3) the Hereafter. Very few legal rulings were revealed, and it wasn't until the Madinan period — more than 13 years after the first revelation — when fasting was obligated, intoxicants were prohibited, and other rulings regarding dress, financial dealings, and social conduct were revealed.

ʿĀ'ishah رضي الله عنها said, "Indeed, the first verses to be revealed were from the shorter chapters at the end of the Qurʾān, which mention Paradise and Hellfire. When the people were firmly established upon Islam, the verses of *ḥalāl* and *ḥarām* were revealed. If the first verse to be revealed had been 'do not drink wine,' they would

have said, ‘we will never stop drinking wine.’ And if the first verse to be revealed had been ‘do not commit adultery,’ they would have said, ‘we will never stop committing adultery.’” (Bukhārī).

Thus, **it is vital that we instil in our children the knowledge, love and reverence of Allah and His Messenger ﷺ, and the centrality of the hereafter before teaching them the dos and don'ts of Islam.** Once they know Allah — the Command Giver — the commands will become easy to follow.

Developing īmān is the most important form of tarbiyah (holistic training and development of the individual), and takes precedence over other forms of development.

Jundub b. ‘Abdillāh ؓ said, “We were with the Prophet ﷺ and we were young boys, nearing puberty. **We learnt īmān before we learnt the Qur’ān.** Then we learnt the Qur’ān and increased our īmān through it” (Ibn Mājah).

Nurturing īmān should be a primary goal of learning the Qur’ān, taking precedence over the quantity of verses memorised, in line with the Prophetic methodology.

The Essence of Iman

The key focus in the tarbiyah (nurturing) of our children should be to ensure that the **essence of īmān is deeply ingrained in their hearts.** īmān is not something that is inspired once; rather, it must be **continuously renewed and strengthened.** This is particularly crucial in our times, when we face an onslaught of trials such as atheism, secularism, liberalism, and materialism. We need to empower our youth to confidently address modern ideologies and be able to actively demonstrate the superiority of Islam.

We should equip our children with the intellectual tools to develop yaqīn in Allah, the truth of Islam, and the Prophethood of Muhammad ﷺ, enabling them to worship Allah with baṣīrah (clear proofs and insight). We do not want them to be ‘blind’ or ‘cultural’ followers of the dīn but rather to be certain that we have compelling proof for all our beliefs.

īmān has a sweetness: once you taste it, you will never be satisfied with a substitute. Our responsibility as educators is to **facilitate this journey enabling our students to experience the sweetness of īmān and worship.**

When īmān is not firm in the heart, the heart will gradually collapse when faced with trials and temptations. Doubts can easily creep into the heart and, if not addressed, may lead one to eventually lose their īmān. **Thus, nurturing hearts to experience the sweetness of īmān serves as a strong protection against doubts.**

Knowing Allah (Ma'rifah)

The knowledge of Allah is the foundation of īmān, and it is the best and most important knowledge a person can attain. It is the soul's greatest need, and the path to eternal success. Therefore, it must be imparted into children in a way which befits their understanding and interests. This process should be made **relevant**, **practical** and as **fun** as possible. The more the children know Allah, the stronger their īmān and yaqīn (conviction) in Him will be. The easier it will then become for them to submit to Him and eagerly rush to fulfil His commands.

Once a child knows Allah, he will love Him. Once he loves Him, he will obey Him.

Children (like adults) can increase their knowledge of Allah and build a deep personal connection with Him by:

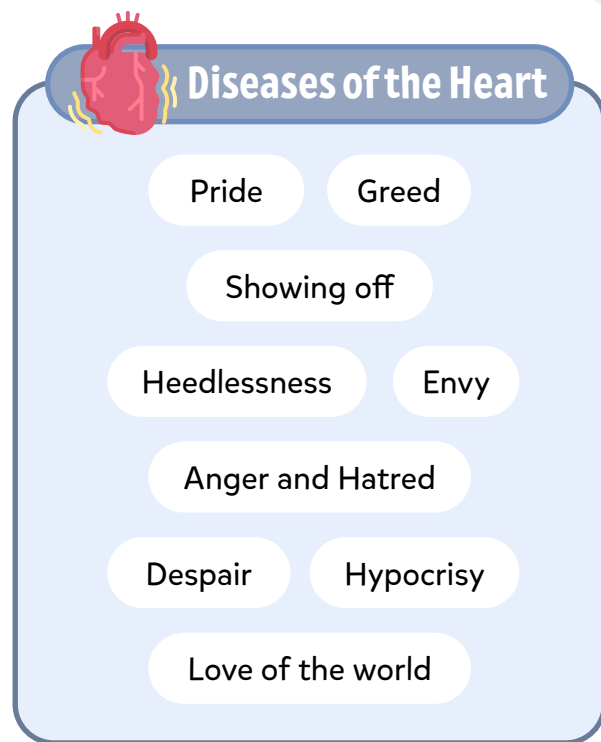
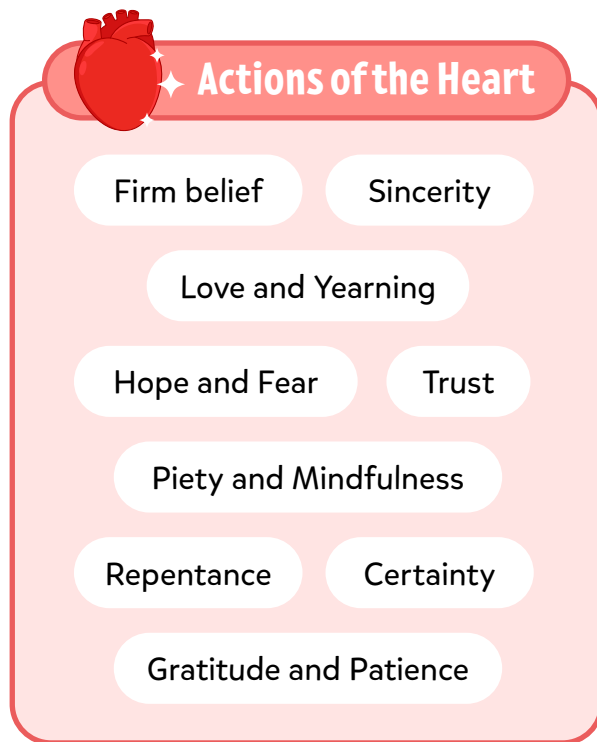
- 1 Learning about the Names of Allah
- 2 Reflecting on the creation of Allah
- 3 Connecting to the Qur'an

Knowing Allah deeply will lead to the cultivation of the '**actions of the heart**'. These include: firm belief, sincerity, piety and mindfulness, repentance, trust in Allah, hope, fear, gratitude, patience, love, yearning for Allah and certainty.

Ihsan and Tazkiyah

One of the ultimate goals of Qur'ānic Tarbiyah is to nurture īmān, which then leads to iḥsān. **Iḥsān** is "worshipping Allah as though you are seeing Him; for if you cannot see Him, He truly sees you" (Muslim). In order to do this, the aforementioned 'actions of the heart' have to be constantly cultivated in the hearts.

Similarly, the hearts have to be constantly purified from their diseases (**tazkiyah**). The heart is the leader of the body: once it is rectified, the rest of the body will be rectified. Thus, cleansing and adorning the heart is an essential part of our dīn, and a prerequisite for īmān to be deeply embedded in the heart.



Activating *īmān* is the first step in changing behaviour. If *īmān* becomes deeply ingrained in children, excellent *akhlāq* will naturally follow. They will willingly treat themselves, their families, their peers, and all of Allah's creation in the best manner. The outer actions will not be mere rituals; rather they will find deep meaning and connection to Allah through them. The Qur'an will not just be a book which they had to memorise — it will be the words of their Lord whom they love, and they will want to 'live' it.

Teach By Example

As educators, we have to constantly nurture ('*tarbiyah*') our own *īmān*. This is important to do before, during, and even after we have taught our children. It is an ongoing endeavour until we leave this world. If we seek genuine reform for ourselves and our Ummah, then constantly nurturing our *īmān* and the *īmān* of those who we are responsible for must become part of our mission in life.

The 6 Pillars of Iman

Imān is not limited to knowing the 6 pillars and the technical details of each one - rather it is the greatest motivating force on this earth. Each pillar of imān has deeply significant meanings which directly influence our thoughts and actions.

These outcomes will be gradually introduced and reinforced throughout the levels, but educators can keep the following table in mind as a reference point throughout the journey of nurturing imān in young hearts.

Pillar	Outcomes
Iman in Allah	<ul style="list-style-type: none"> • Loving Allah, fearing Him, honouring Him, thanking Him, worshipping Him and obeying Him • Setting oneself free from worldly shackles and false beliefs • Contentment and a good life in this world, along with eternal bliss in the hereafter
Iman in Allah's Angels	<ul style="list-style-type: none"> • Loving the angels and feeling shy of them • Being careful of one's own actions and staying away from sins • Imitating their worship and obedience • Feeling contentment and being grateful to Allah for granting us their services • Appreciating the majesty of Allah
Iman in His Books	<ul style="list-style-type: none"> • Loving Allah and thanking Him for sending us guidance • Following the universal message sent to all of mankind: worship Allah Alone and do good in this life to attain eternal bliss in the next life • Honouring and loving the Qur'an • Recognising its ultimate authority and implementing its teachings
Iman in His Messengers	<ul style="list-style-type: none"> • Loving Allah and thanking Him for sending us Messengers • Loving and honouring all the Prophets, especially Muhammad ﷺ • Following the guidance of the Prophets and taking them as role models
Iman in the Last Day	<ul style="list-style-type: none"> • One of the greatest motivators to doing good deeds and staying away from sins • Contentment and continuing to strive despite life's difficulties and trials • Remaining focused and not being distracted by the glamour of the world • Eagerness to meet Allah and His Messenger ﷺ
Iman in al-Qadar	<ul style="list-style-type: none"> • Attaching your heart to Allah, seeking His assistance and trusting Him • Feeling peace and contentment, in spite of life's difficulties • Patience and willingness to endure hardships for future rewards • Bravery and strong determination

About This Book



The 'Iman & Tazkiyah Level 4' book aims to nurture the foundations of īmān and tazkiyah in an enjoyable and engaging manner. It contains 25 interactive lessons, starting with the **ḥadīth of Jibrīl** ﷺ, which beautifully summarises the core aspects of dīn. The subsequent lessons lay a solid foundation for **īmān in Allah**, helping children deepen their understanding of Him and showing them how this knowledge should inspire action. Thereafter, the book covers the remaining **five pillars of īmān**, with a focus on the **signs of the Day of Judgement** in this level. The book concludes with an introduction to **tazkiyah**, guiding learners on how to attain a shining heart.

Designed for Year 4 children, typically aged 8-9, this book can also benefit older children. While it can be used as a standalone textbook, its impact is likely greater for children who have completed the previous three levels, ensuring a stronger spiritual foundation.

Whilst using this book as a teaching resource, feel free to adapt the lessons to make them as **engaging** and as **relevant** as possible. It is important that children have positive associations and happy memories with their Islamic Studies learning. The book contains nashid pages, specifically chosen to correspond to the topics being taught. Supplement the lessons with engaging stories, and craft activities where logistically possible.




Along with this, '**Learning for Life With Allah**' (LLWA) pages have been added to make learning practical. Knowledge is nothing but ink on paper until it is translated into real-world application, and tarbiyah is the process that enables that application.

Every textbook has its limitations. Textbooks are one of the many tools which can be used to educate our children. What is more important is how the teachings and ideals of the Qur'ān and Sunnah are translated into practice, in our own lives as educators and in the lives of our young learners. We encourage educators to **nurture a Qur'ānic environment** within their learning institutions and homes to make this a reality inshaAllah.

How To Use This Book

Learning Objectives

The key aims and outcomes of the lesson are clearly listed at the beginning of the lesson. A traffic light system helps outline the differentiated learning outcomes.

-  On your mark! - This is a **beginner** level objective which all pupils should be able to access and engage with.
-  Get set! - This is an **intermediate** level objective which all learners should be able to take part in, although some students may need extra support.
-  Go! - This is the **advanced** or higher-order objective that most learners will be able to engage with to some level, although some learners may need support to express their ideas in writing.

Thinking Starters

Educators are encouraged to write the question on the board before the start of the lesson. As learners walk into the classroom, they should start to think about the question or discuss it with a peer. Learners do not need to write down the answer. It will be used to set the scene for the lesson.




IMAN & TAZKIYAH

Lesson 16

The Minor Signs of the Day of Judgement

Learning Objectives

In this lesson, I will:

-  Differentiate between major and minor signs
-  Identify some minor signs of the Day of Judgement
-  Describe Imam Mahdi

Key Words

- Minor
- Indicate
- Imam Mahdi

Thinking Starter

How can we prepare for the Day of Judgement?

When Will the Day of Judgement Happen?

When Jibril عليه السلام came to teach the din to the Sahabah, he asked Muhammad ﷺ When the Final Hour will be. Muhammad ﷺ told him that he didn't know, just like Jibril عليه السلام didn't know. Then Jibril عليه السلام asked about its signs, and Prophet Muhammad ﷺ mentioned some of them.

The **signs of the Day of Judgement** tell us that the world is coming to an end. They serve as a warning for us to get ready for the next life before it's too late. There are two types of signs:

1

The Minor Signs


These are smaller signs of the Day of Judgement.

2

The Major Signs

These are serious signs that **indicate** there is only a short time until the Day of Judgement.

Indicate: To show, point out or signal something.

 Why is it important to know about the signs of the Day of Judgement?

Lesson 16 QuranicTarbiyah

Key Words

The key words will develop student literacy and expand their vocabulary. Educators are encouraged to do spelling tests and play word games with their class once a week/every 2 weeks to assess learning.

Discuss

Learners should talk about what they understand with their educator or peers.

IT'S STORY TIME! **Who Will Protect You?**

Once, our beloved Prophet Muhammad ﷺ and the Sahabah were returning from a battle. As the heat became intense, they decided to take an afternoon nap in a valley full of prickly shrubs. The Sahabah spread out to find shade under the trees. The Prophet ﷺ also found a tree to rest under and hung his sword on one of its branches.


Everyone soon fell asleep. Some time later, the Prophet ﷺ called out to everyone, waking them up. They quickly gathered around him and saw a non-Muslim Bedouin named Ghawrath ibn al-Harith standing nearby.


The Prophet ﷺ explained what had happened. While he was asleep, Ghawrath had crept up, taken his sword, and held it over him. He then asked the Prophet ﷺ, "Are you scared of me?" The Prophet replied, "No." He then challenged the Prophet ﷺ, "Who will protect you from me?"


Calmly, the Prophet ﷺ replied, "Allah," three times. As soon as he said this, the sword fell from Ghawrath's hand.

The Prophet ﷺ picked up the sword and said to Ghawrath, "Who will protect you from me?" Ghawrath asked the Prophet to forgive him. The Prophet replied, "Do you testify that there is no god worthy of worship except Allah, and that I am the Messenger of Allah?"

Ghawrath said, "No, but I promise you that I will not fight you nor will I support anyone who fights you." The Prophet ﷺ, showing great mercy, let him go. Ghawrath returned to his people and told them, "I have come to you from the best of all people."



 The Prophet ﷺ was not scared. Instead, he fully placed his trust in Allah and was confident that Allah would protect Him.

 QuranicTarbiyah Trusting Allah 102

It's Story Time!


Educators should read the story before the lesson, and narrate it within the lesson to the learners in an engaging manner (using facial expressions, hand gestures, change in tone of voice, asking questions etc).

Think and Reflect

Learners should self-reflect and share their reflections with their educator or their peers. Answers don't need to be written down.

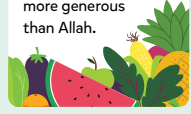
Allah Is al-Karim

Allah is **al-Karim: the Generous**. He gives more than we can ever imagine. He loves to give and does not reject anyone who asks Him. Allah, al-Karim, always gives more than we ask for.





We can never count the blessings of Allah!


There is no one more generous than Allah.



Allah al-Karim is the **Most Noble**: He possesses all perfect qualities. All goodness comes from Him. He forgives, even though He has the power to punish. Not only is Allah generous to His believing servants but He is also very generous to those who reject Him.

 **Al-Akram** comes from the word al-Karim. Which Surah contains Allah's Name al-Akram?

 I love Allah! There is no one like Him.

 Lesson 6 QuranicTarbiyah

Challenge

Learners can boost their level of understanding if they have extra time available.

IMAN & TAZKIYAH

When we love someone, we love to do things that make them happy. The special believers love Allah so much that they always do the compulsory (fard) acts. But they don't stop there! They also do EXTRA good deeds to make Allah even happier.

Task 3

The Prophet ﷺ taught us a beautiful du'a:

(اللَّهُمَّ أَسْأَلُكَ حُبَّكَ ، وَحُبَّ مَنْ يُحِبُّكَ ، وَحُبَّ عَمَلٍ يُقَرِّبُنِي إِلَى حُبِّكَ)
 O Allah, I ask You for Your love, the love of those whom You love, and the love of deeds which will bring me closer to Your love. (Tirmidhi)

Write down three examples of the following:

"The love of those whom You love (i.e. people Allah loves)"	"The love of deeds which will bring me closer to Your love."
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____

I Act On What I Learn I will always ask Allah for His love.

P Progress Check

- What does Allah's Name al-Wadud mean?
- What happens when Allah loves someone?
- How can you worship Allah with His Name al-Wadud?

Quranic Tarbiyah Allah: Al-Wadud 20

Tasks

There are accompanying tasks in each lesson for reinforcement and practical application. Learners can do these individually, in pairs or in groups. Educators can collect the books to mark the learners' work, or go through the answers orally together as a class.

Memorise

Learners can memorise short Qur'anic verses, hadiths and du'as to help them internalise the teachings of the dīn.

I Act On What I Learn

This is an important part of the lesson where the learners can transform their learning to action. Educators should follow up in the next lesson by asking learners if they managed to act upon the prompt.

P Progress Check

Educators should end the lesson by reviewing the learning objectives and using a plenary. At the end of every lesson, learners should check which learning objectives they learnt and understood, and clearly identify what they don't know. The educator can do a quiz, test or even play a game with the class using these evaluation questions. Learners can write the answers or just say the answers verbally to the educator.

As-salamu 'Alaykum Dear Passengers,

Welcome aboard Flight Iman-L4 with Quranic Tarbiyah Airways! We are about to embark on the most exciting and extraordinary journey ever!

Our destination is none other than the happiness of Allah - the Most Amazing and Most Kind Lord - and His magnificent Jannah.

We kindly ask that you recite the travel du'a, fill your hearts with iman, and fasten your seatbelts for take-off. Please ensure that all bad thoughts and deeds are turned off, as rusty hearts will cause the aircraft to shake.

Thank you for choosing Quranic Tarbiyah Airways. We pray you have a safe and enjoyable journey to Allah.

With lots of love and du'as,

Captain Musa & Friends



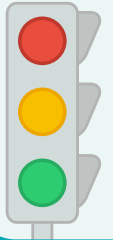
Lesson 1

Know Your Din



Learning Objectives

In this lesson, I will:



Recall the pillars of Islam and iman

Define ihsan

Explain the three levels of our din



Key Words

Astonished

Ihsan - إِحْسَانٌ

Submit

T Thinking Starter

If you were lucky enough to sit in the gathering of Muhammad ﷺ, what would you ask him?



The Mysterious Man

One day, the Companions رضي الله عنهم were sitting around Prophet Muhammad ﷺ. Suddenly, a handsome man entered the gathering. His hair was jet black, and his clothes were pure white. Nobody knew who this man was. He wasn't from the people of Madinah and it was strange that he didn't look like a traveller either: there was no dust on his clothes or body.

But then, the man did something even more surprising. He went up to Prophet Muhammad ﷺ and sat directly in front of him, so close that his knees touched the Prophet's knees. He then placed his hands on the Prophet's thighs and began to ask him questions.



The man asked:



**Muhammad!
Tell me about
Islam!**

The Prophet ﷺ replied:

Islam is that you testify that there is no god worthy of worship except Allah, and that Muhammad is the Messenger of Allah; and that you establish salah, give zakah, fast Ramadan, and perform hajj of (Allah's) House if you are able to.



The man then said, "You have spoken the truth." The Companions were astonished!

This man was asking the Prophet ﷺ questions and then telling him 'Well done' after he answered.

The man asked:



**Tell me
about iman.**

The Prophet ﷺ replied:

That you believe in Allah, His angels, His books, His Messengers, the Last Day, and you believe in al-Qadar: its good and bad.



The man once again said, "You have spoken the truth."

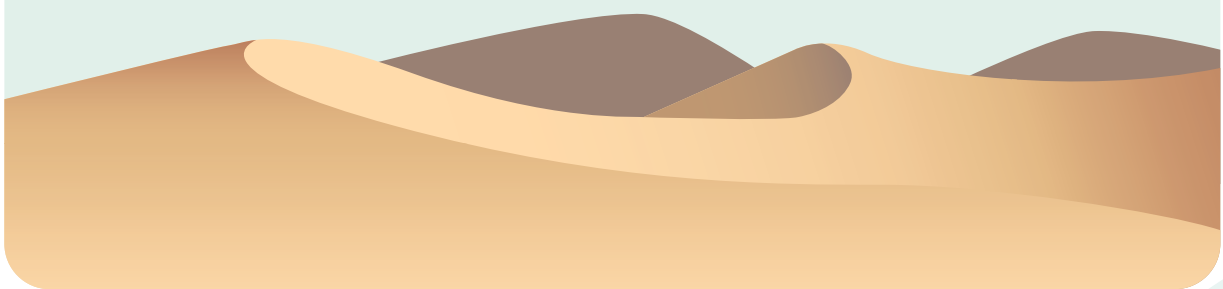
The man asked:



**Tell me
about ihsan.**

The Prophet ﷺ replied:

That you worship Allah as if you see Him. If you cannot see Him, then indeed He sees you.





Task 1

Draw lines to match the correct words and phrases.

One example has been done for you.

Muslim	Iman	To submit to Allah
Mu'min	Ihsan	To have firm belief
Muhsin	Islam	To worship Allah as though you see Him

Note: Dashed lines connect Muhsin to Islam and Islam to To worship Allah as though you see Him.

To **submit** to Allah: To obey Allah, be humble, and fully accept His commands.

Who Was This Mysterious Man?

The man continued asking the Prophet ﷺ about the Day of Judgement and its signs. Then, after finishing his questions, the man disappeared.

All of the Companions were intrigued by what had just happened. They wondered who this mysterious man could be. After a short while, the Prophet ﷺ turned to the great Companion ‘Umar ibn al-Khattab رضي الله عنه and asked, “‘Umar, do you know who the questioner was?” ‘Umar رضي الله عنه replied, “Allah and His Messenger know best.”

“That was Jibril! He came to teach you your din!” declared the Messenger of Allah ﷺ.





Task 2

1

Describe the mysterious visitor.

2

Why were the Companions رضي الله عنه astonished?

3

Why did Jibril عليه السلام come and visit the gathering of Muhammad صلى الله عليه وسلم and his Companions?



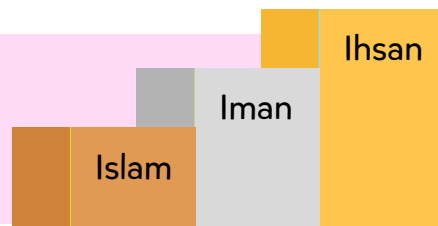
Task 3

This hadith is a beautiful summary of our din. Design a poster which explains the three levels of our din. Don't forget to include the pillars of Islam and iman.



I Act On What I Learn

I will try to practise all 3 levels of my din!



P Progress Check



1. What are the 5 pillars of Islam?

2. What are the 6 pillars of iman?

3. What is ihsan?

Lesson 2

Know Your Lord



Learning Objectives

In this lesson, I will:



Define ma'rifah

Reflect on the eye to strengthen my iman

Explain the amazing benefits of ma'rifah



Key Words

Ma'rifah (knowing Allah)

The Most Beautiful Names

الْأَسْمَاءُ الْحُسْنَى -

Iris

T Thinking Starter

How would life be if you couldn't see? What would you struggle to do? How would you feel?



The Ma'rifah of Allah

Iman in Allah سبحانه وتعالى is the **first and most important pillar of iman**. We can only believe in Allah and worship Him if we **know** Him. Knowing Allah and becoming deeply aware of Him is known as **ma'rifah**.

We can deepen our ma'rifah of Allah by reflecting on:



The Book of Allah (tadabbur).



The signs of Allah which are around us.



The Perfect and Beautiful Names of Allah.

Allah says:

وَلِلَّهِ الْأَسْمَاءُ الْحُسْنَىٰ فَادْعُوهُ بِهَا

“To Allah Alone belong the most Beautiful Names, so call on Him by them.” (Surah al-A'raf:180)

We should strive to learn Allah's Names, make du'a to Allah with them, and worship Him through them.



We can only love Allah and worship Him if we know Him!



Task 1

How many Names of Allah do you remember? Write down as many as you can. Don't forget to include their meanings.

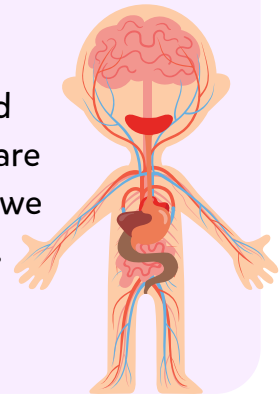


Allah is One!
He is the Only
One worthy of
our worship!

Thinking About Allah's Creation

Allah سبحانه وتعالى wants us to look at all the signs around us and within our own bodies, and to reflect on them. Our bodies are truly remarkable! When we learn about how they function, we will realise that only Allah سبحانه وتعالى could have created them.

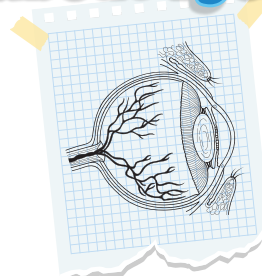
One of the most amazing organs in the body is the eye!



How can we use our eyes to become closer to Allah?

If your eye were a camera, it would have 576 megapixels! To compare, some of the world's best cameras only have around 50 megapixels.

Eye-mazing Facts About Eyes



Each of your eyes has over a million tiny wires (nerve fibres) that connect to your brain.

You have two eyes so you can see how far away things are. By looking at an object from two angles, your brain can figure out its distance.



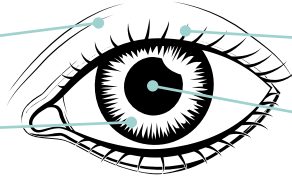
Your eyebrows stop sweat from dripping into your eyes. And your eyelashes help keep dirt out of your eyes.

Eyelid

Eyelashes

Iris

Pupil



Did You Know?

Tigers can see six times better than a person in the dark. SubhanAllah!



Task 2

Match up the parts of the eye to their description.

Iris

These are small hairs that protect the eye from dust and dirt.

Eyelid

This is the black part of the eye which lets light in.

Eyelashes

This is the coloured part of the eye. It controls how much light can enter your eye.

Pupil

This opens and shuts. It helps people to sleep and also protects the eye.

Allahu Akbar! Allah is the Perfect Creator!

Your eyes let you see the creation of Allah around you. Through your eyes, you can appreciate the beauty in Allah's creation. You can recognise that only Allah could have made it, and therefore He must be the Only One worthy of worship.



The Amazing Benefits of Ma'rifah

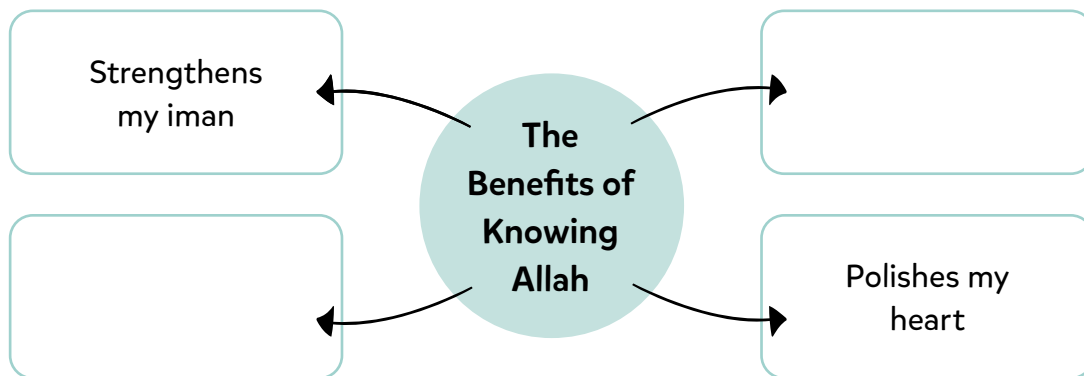
Knowing Allah and learning about Him leads to so many amazing things in this world and the hereafter. The more we know Allah, the more we will love Him and feel grateful for His blessings. We will realise how Great Allah is, and understand why we should respect and fear Him.

We will trust Allah and feel peace in our hearts. We will enjoy doing good deeds, and we will be truly happy – both in this world and in Jannah, forever and ever, inshaAllah.



Task 3

Complete the mind-map below.



I Act On What I Learn

I will strengthen my iman by thinking of Allah's creation.



P Progress Check



1. What is ma'rifah?

2. Mention two amazing facts about your eyes. Who designed your eye?

3. What are the benefits of ma'rifah?

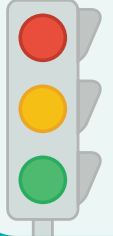
Lesson 3

Tafakkur: Reflecting on Allah's Signs



Learning Objectives

In this lesson, I will:



- Define tafakkur
- Strengthen my iman by reflecting on the earth
- Explain the importance of tafakkur



Key Words

Tafakkur
Meadows
Anchor

T Thinking Starter

What are three things in nature that make you think 'wow' and feel amazed at the greatness and power of Allah سبحانه و تعالى؟



What Is Tafakkur?

A way in which we can know Allah and strengthen our iman in Him is through tafakkur. **Tafakkur** means to think, reflect, and contemplate. It includes using the wonderful senses Allah has given us (our brain, eyes, ears, nose, and mouth) to appreciate His perfect creation. In the Qur'an, Allah سبحانه و تعالى tells us many times to think and reflect. Allah سبحانه و تعالى says:

وَهُوَ الَّذِي مَدَّ الْأَرْضَ وَجَعَلَ فِيهَا رَوَاسِيَ وَأَنْهَارًا وَمِنْ كُلِّ الثَّمَرَاتِ جَعَلَ فِيهَا رُوحَيْنِ اثْنَيْنِ يُغْشِي اللَّيْلَ النَّهَارَ إِنَّ فِي ذَلِكَ لَآيَاتٍ لِّقَوْمٍ يَتَفَكَّرُونَ

“And He is the One who spread out the earth and placed firm mountains and rivers upon it, and created fruits of every kind in pairs. He makes the night cover the day. Surely in this are signs for those who **reflect**.” (Surah ar-Ra'd:3)



Did You Know?

Tafakkur is not just thinking – it's a special act of worship that polishes your heart and fills it with love for Allah!

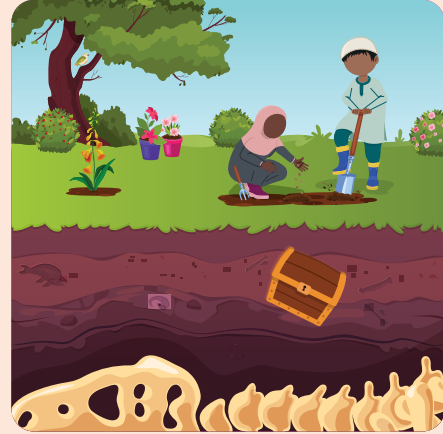


Allah's Earth

Have you noticed that while the ground is **strong** enough to hold you up...

...It's also **soft** enough that you can dig into it without too much effort.

You can hide things under the ground, or even plant seeds and watch as new life grows from them. Allah says:



وَالْأَرْضَ بَعْدَ ذَلِكَ دَحَاهَا، أَخْرَجَ مِنْهَا مَاءَهَا وَمَرْعَاهَا،
وَالْجِبَالَ أَرْسَاهَا، مَتَّعًا لَكُمْ وَلَا نَعْمًا لَكُمْ

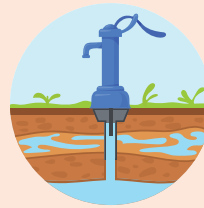
“As for the earth, He spread it out as well. From it, He brought out its water and its meadows, and firmly fixed the mountains – (all this) as a benefit to you and your cattle.” (Surah an-Nazi‘at:30-33)



You can use the earth to hold things in place so they don't fall over.



You can dig tunnels and travel deep underground.



The ground can soak up water and save it for later...



...but it can also guide water into rivers, letting it flow – and even carry you with it!

قُلْ أَرَأَيْتُمْ إِنْ أَصْبَحَ مَأْوُكُمْ غُورًا فَمَنْ يَأْتِيكُمْ بِمَاءٍ مَعِينٍ

“Say, ‘Just think: if all your water were to sink deep into the earth, who will bring you flowing water?’” (Surah al-Mulk:30)

The earth also **preserves** (protects) the past, like a storyteller, keeping memories of ancient times.

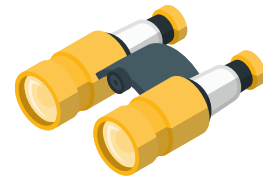
Who made all of this possible? ALLAH!





Task 1

Fill in the missing word to complete the definition.

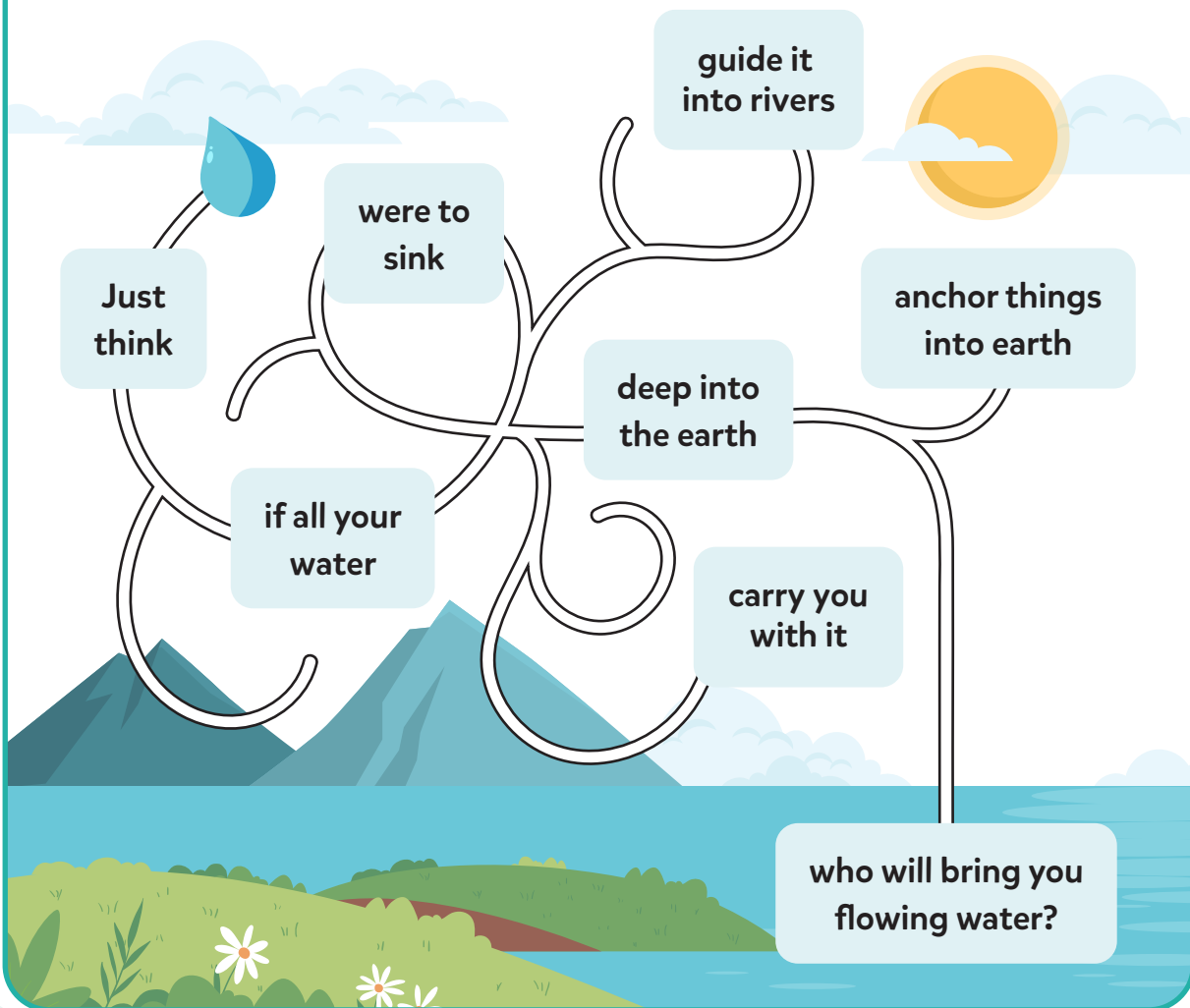


Tafakkur:
To think about the signs of Allah in His _____
and reflect on what they mean.



Task 2

Colour the path for the water drop to reach the sea.



Why Should We Do Tafakkur?

The earth beneath our feet and the sky above us are full of signs that remind us of Allah. They show us how Powerful and Kind Allah is and how He takes care of us.

When we think carefully about everything Allah has made, we will realise that **only Allah could have created such amazing things**, and thus we must worship Him Alone. We will also realise that everything has a purpose. Just as Allah created the earth and the sky with a purpose, He also created us humans for a purpose.



Only Allah could have made this beautiful world!



Task 3

Help Musa to write a 1-minute speech (on a separate sheet) to explain the importance of tafakkur to his class.

Remember to include these key words:

Ma'rifah

Strong iman

The Creator

I Act On What I Learn

I will go for a walk and think about how beautifully Allah has created the earth.

P Progress Check



1. What is tafakkur?

2. List three amazing qualities about Allah's earth.

3. Why should you do tafakkur?

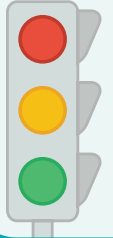
Lesson 4

Allah: Ar-Raqib



Learning Objectives

In this lesson, I will:



Define Allah's Name **ar-Raqib**

Draw lessons from the story of the milkmaid

Explain how I can worship Allah with His Name **ar-Raqib**



Key Words

The Ever Watchful - الرَّقِيبُ

Monitoring

Muraqabah

T Thinking Starter

Imagine there are cameras watching your every move. How would your behaviour change if your teacher was reviewing this camera footage?



Allah Is ar-Raqib

Allah سبحانه وتعالى says in the Qur'an:

وَكَانَ اللَّهُ عَلَىٰ كُلِّ شَيْءٍ رَّقِيبًا

“And Allah is Ever Watchful over all things.” (Surah al-Ahzab:52)

- 1 Allah is **ar-Raqib: the Ever-Watchful**. This means that He watches over all of His servants. Allah watches over all matters – the hidden and the apparent. Allah oversees everything, whether we are alone or with other people. Allah even knows our intentions and the state of our hearts!

Sometimes we may think we can do bad things in secret and no one will find out, but we should always remember that Allah is ar-Raqib: He is always watching and **monitoring** us.



- 2 Another meaning of ar-Raqib is that Allah watches over us and cares for us. Knowing this should bring us comfort and peace.

There is nowhere on earth where you can hide from Allah!



Task 1

Find the 'secret message'.

Solve the addition and subtraction problems, and use the key to match the correct letters to your answers.

1	2	3	4	5	6	7	8	9	10	11	13	15	20	23	30
T	H	G	E	L	A	Y	V	W	K	N	O	S	R	I	D

3+3	3+2	3+2	3+3	5-3
=	=	=	=	=

5-3	6-2	3+3	10+10	20-5
=	=	=	=	=

20-5	6-2	6-2	20-5
=	=	=	=

3+3	10+1	10+20
=	=	=

5+5	10+1	11+2	10-1	20-5
=	=	=	=	=

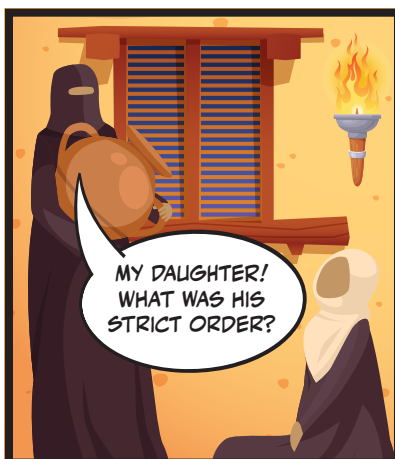
6-2	10-2	6-2	10+10	4+3	2-1	5-3	19+4	10+1	5-2
=	=	=	=	=	=	=	=	=	=

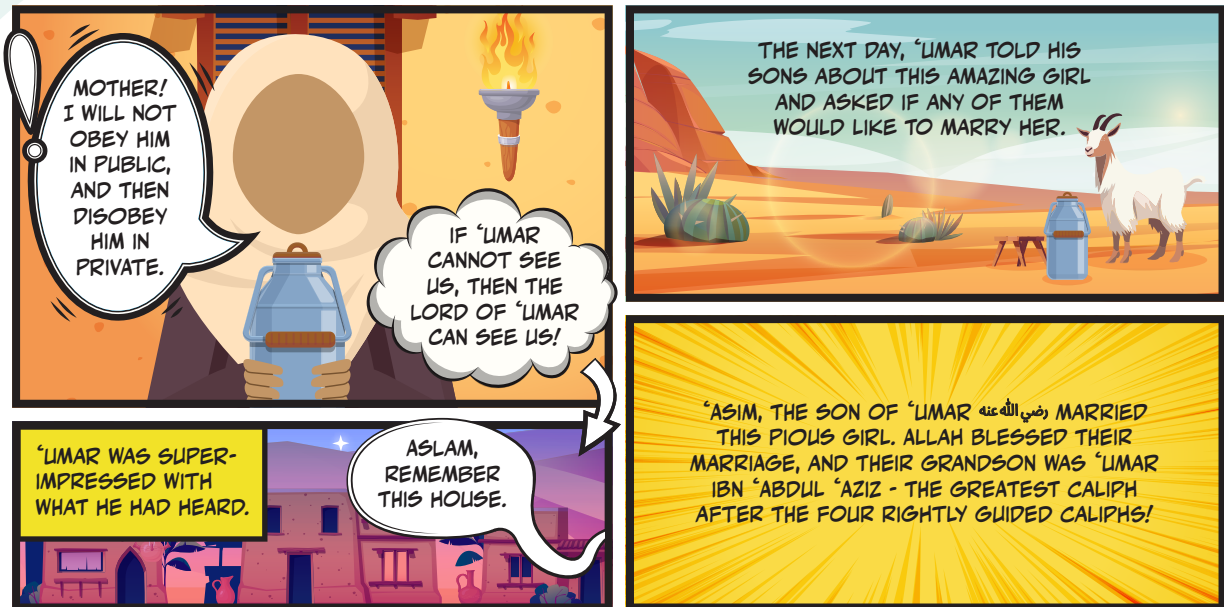
THE PIOUS MILKMAID

ONE LATE NIGHT, THE CALIPH 'UMAR IBN AL-KHATTAB رضى الله عنه WAS WALKING THROUGH MADINAH WITH HIS SERVANT ASLAM, OBSERVING THE STATE OF HIS PEOPLE.

STAND UP AND ADD WATER TO THAT MILK.

MOTHER! DO YOU NOT KNOW ABOUT THE STRICT ORDERS OF 'UMAR?





Task 2

- 1 Why do you think the mother told her daughter to add water to the milk?

- 2 How would you describe the daughter in three words?

- 3 How does this story link to Allah's Name **ar-Raqib**?

How Can I Worship Allah ar-Raqib?

We can worship Allah, ar-Raqib, through **muraqabah**: being constantly aware of His presence. This awareness makes us mindful of what we think, say, and do. It makes us guard our tongues and even our intentions. It makes us feel ashamed to commit sins.



Muraqabah:

You are always aware that Allah is watching you, so you take care of your **heart** and your actions.



I polish my heart!



Task 3

Complete the table by describing how each person would behave if they remembered or forgot that Allah is ar-Raqib. An example has been provided for you.

Person	Remembers that Allah is ar-Raqib	Forgets that Allah is ar-Raqib
Employee in a shop	<i>He will arrive at work on time, work hard, and be honest.</i>	<i>He won't work hard and he may steal from the till when his boss is not around.</i>
Student in an exam		
Teacher		
Leader of a country		

I Act On What I Learn

I will obey Allah in private, just as I obey Him in public.



P Progress Check



1. What does Allah's Name **ar-Raqib** mean?

2. What two lessons can you learn from the story of the pious milkmaid?

3. How can you worship Allah with His Name **ar-Raqib**?

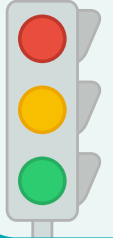
Lesson 5

Allah: Al-Wadud



Learning Objectives

In this lesson, I will:



Define Allah's Name **al-Wadud**

Describe what happens when Allah loves a servant

Explain how to worship Allah **al-Wadud**



Key Words

The Most Loving - **الْوَدُودُ**

Dwellers

Experience

T Thinking Starter

Think about someone you love very much.
How do you know that they love you?



Allah Is al-Wadud

Even though the people of Shu'ayb عليه السلام committed many evil deeds, Allah sent Prophet Shu'ayb عليه السلام to remind them:

وَأَسْتَغْفِرُوا رَبَّكُمْ ثُمَّ تُوبُوا إِلَيْهِ إِنَّ رَبِّي رَحِيمٌ وَدُودٌ

“So seek your Lord’s forgiveness and then turn to Him in repentance. Indeed my Lord is Extremely Merciful, the Most Loving.” (Surah Hud:90)

Allah’s Name al-Wadud means:

- ★ Allah is the **MOST Loving** and kind to the believers.
- ★ Allah is the **MOST Loved**. The believers love Him more than anyone and anything else – more than their toys and games, and even more than their family and friends.

Not only does Allah love the believers, but He **shows** them that He loves them by giving them so many blessings!

الْوَدُودُ



Why do you love Allah?

I love Allah!



Task 1

In the Qur'an, Allah سبحانه وتعالى tells us about those He loves. Match the Arabic phrases to the correct meanings.

Allah loves...

Those who obey Allah and stay away from sins (taqwa)

Those who are patient (sabr)

Those who are grateful (shukr)

Those who turn to Allah and repent (tawbah)

Those who do good (ihsan)

إِنَّ اللَّهَ يُحِبُّ...

الصَّابِرِينَ

الْمُحْسِنِينَ

التَّوَّابِينَ

الشَّاكِرِينَ

الْمُتَّقِينَ

When Allah Loves You

There is no one more loving than Allah. When Allah loves someone, He gives them extra special blessings and gifts, answers all their du'as and takes extra special care of them.

The Prophet صلى الله عليه وسلم told us something amazing about Allah's love. He said: "When Allah loves a servant, He calls Jibril عليه السلام and says, "Indeed, I love such and such a person, so you love them too." Then Jibril loves them and makes an announcement in the heavens, saying, "Indeed Allah loves such and such a person, so love them too," Then, all the dwellers of the heavens love them. Then acceptance is placed for them on the earth (i.e. they are loved by the people)." (Bukhari)

When we feel loved by another human being, we feel happy. So imagine being loved by Allah - the Most Kind, Caring and Generous of all!



Who are the 'dwellers of the heavens'?



Task 2

Fill in the blanks using the words below:

directly

Musa

palace

love

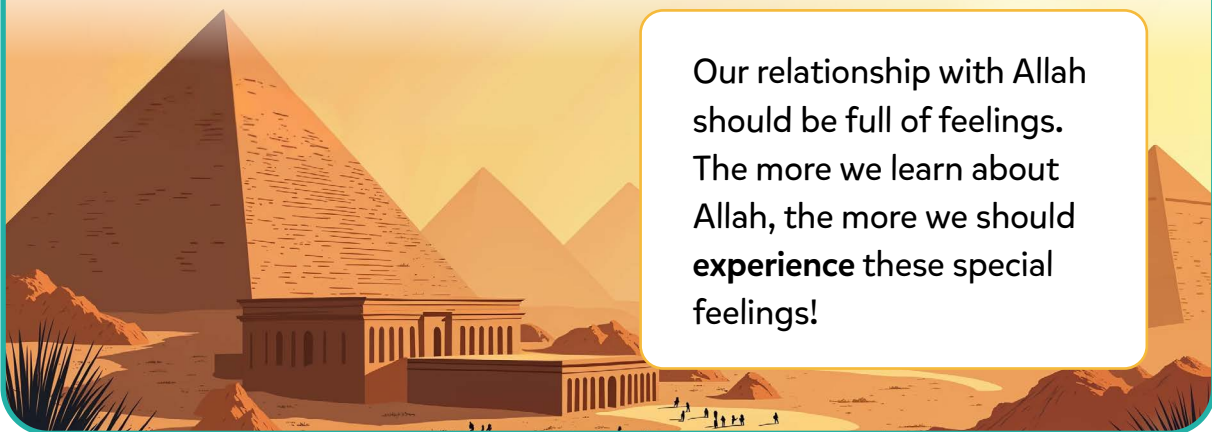
Pharaoh

good

One of Allah’s most beloved servants was Prophet _____ عليه السلام. When Musa عليه السلام was born, the evil Pharaoh had ordered that all the baby boys of Banu Isra’il should be murdered. Allah protected Musa عليه السلام from being harmed. Allah says: “I showered you with **love from Me** so that you would be brought up under My watchful eye.” (Surah Taha:39)

When people saw Musa عليه السلام, they couldn’t help but love him. When the wife of _____ saw him, she immediately fell in _____ with him and wanted to adopt him. Everyone in the _____ loved him, and even the nasty Pharaoh agreed to let him live!

Throughout his life, Musa عليه السلام was loved by his family and all the _____ people around him. But most importantly, Allah loved Him. Allah told him: “I have chosen you for Myself!” Musa was Kalimullah: he spoke _____ to Allah in this world. Even though Musa went through many tough times throughout his life, we see how Allah took care of him and blessed him in many ways. Allah جلّ جلاله loved Musa عليه السلام, and Musa عليه السلام loved Allah جلّ جلاله!



Our relationship with Allah should be full of feelings. The more we learn about Allah, the more we should **experience** these special feelings!

How Can I Worship Allah al-Wadud?

- ★ Ask Allah for His love.
- ★ Fill your heart with love for Allah and worship Him Alone.
- ★ Do everything that Allah loves.



When we love someone, we love to do things that make them happy. The special believers love Allah so much that they always do the compulsory (fard) acts. But they don't stop there! They also do EXTRA good deeds to make Allah even happier.



Task 3

The Prophet صلى الله عليه وسلم taught us a beautiful du'a:

(اللَّهُمَّ) أَسْأَلُكَ حُبَّكَ ، وَحُبَّ مَنْ يُحِبُّكَ ، وَحُبَّ عَمَلٍ يُقَرِّبُنِي إِلَى حُبِّكَ

“O Allah, I ask You for Your love, the love of those whom You love, and the love of deeds which will bring me closer to Your love.” (Tirmidhi)

Write down three examples of the following:

“The love of those whom You love (i.e. people Allah loves)”

1. _____
2. _____
3. _____

“The love of deeds which will bring me closer to Your love.”

1. _____
2. _____
3. _____

I Act On What I Learn

I will always ask Allah for His love.



P Progress Check



1. What does Allah's Name **al-Wadud** mean?

2. What happens when Allah loves someone?

3. How can you worship Allah with His Name **al-Wadud**?

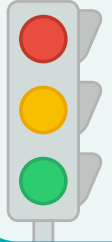
Lesson 6

Allah: Al-Karim



Learning Objectives

In this lesson, I will:



Define Allah's Name **al-Karim**

Recognise the gift of my hearing as a blessing from Allah

Explain how I can worship Allah with His Name **al-Karim**



Key Words

The Most Generous - **الكَرِيمُ**

Noble

Communicate

T Thinking Starter

Which sounds annoy you?

Which sounds make you feel calm?



Allah Is al-Karim

Allah is **al-Karim: the Most Generous**. He gives more than we can ever imagine. He loves to give and does not reject anyone who asks Him. Allah al-Karim always gives more than we ask for.

We can never count the blessings of Allah!



There is no one more generous than Allah.

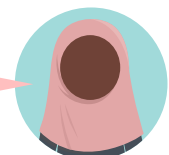


Allah al-Karim is the Most **Noble**: He possesses all perfect qualities. All goodness comes from Him. He forgives, even though He has the power to punish. Not only is Allah generous to His believing servants but He is also very generous to those who reject Him.



Al-Akram comes from the word al-Karim. Which Surah contains Allah's Name al-Akram?

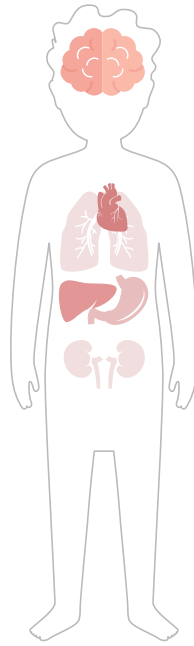
I love Allah! There is no one like Him.





Task 1

Label the body outlines with as many body parts and organs as you can.



How many of the above did you ask Allah for?

Most of the blessings we enjoy are given to us by Allah without us even asking.

Our Ears: A Gift From al-Karim

Allah سبحانه وتعالى reminds us:

يَا أَيُّهَا الْإِنْسَانُ مَا غَرَّبَكَ بِرَبِّكَ الْكَرِيمِ ﴿٦﴾ الَّذِي خَلَقَكَ فَسَوَّنَكَ
فَعَدَّلَكَ ﴿٧﴾ فِي أَيِّ صُورَةٍ مَّا شَاءَ رَكَّبَكَ ﴿٨﴾

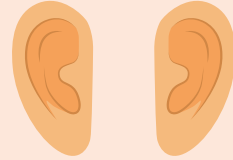
“O humanity! What has deceived you about your Generous Lord? Who created you, formed you, and perfected your design, moulding you in whatever form He willed?” (Surah al-Infitar:6-8)



Allah created us in the most beautiful and perfect way. How can we not believe in Him and obey Him?



One of al-Karim’s generous gifts to us is our hearing. Imagine not being able to hear:



- ★ The sound of the waves
- ★ The Qur’an being beautifully recited
- ★ Your friends talking to you
- ★ The adhan
- ★ Your favourite nashid

Hearing is one of our most important senses. It helps us **communicate**, connect with the world, stay safe, learn, and recognise Allah.

Communicate: share or exchange information, news, or ideas.



How can we thank Allah for the blessing of hearing?



Did You Know?

There are some sounds that are so high-pitched that we can’t hear them, but dogs can!



Task 2

Write down different ways in which our hearing can be used positively (for good) and negatively (for bad).

+ Positive Use

1. Listening to the stories of the people of the past to learn lessons
2. _____
3. _____

1. Listening to rumours

2. _____
3. _____

- Negative Use

How Can I Worship Allah al-Karim?



Fill your heart with love and respect for Allah al-Karim.



Honour the creation of Allah, especially your parents, neighbours and guests.



Be generous



Thank Allah al-Karim and worship Him Alone.



Task 3

Write down how you can worship Allah al-Karim in the following places:



At home



At school



In the Masjid

I Act On What I Learn

Face the qiblah, feel your need for Allah and ask Him with His Name al-Karim.



P Progress Check



1. What does **al-Karim** mean?

2. What are three things you could **not** do without your ears?

3. How can you worship Allah **al-Karim**?

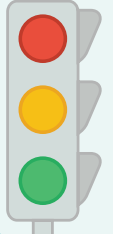
Lesson 7

Allah: Al-Hadi



Learning Objectives

In this lesson, I will:



Define Allah's Name **al-Hadi**

Reflect on how Allah guides bees

Explain how I can worship Allah with His Name **al-Hadi**



Key Words

The Guide - **الْهَادِي**

To Guide - **هَدَى**

Communicate

T Thinking Starter

Have you ever felt confused between two choices? What did you do?



Allah Is al-Hadi

الْهَادِي

One of Allah's Most Beautiful Names is **al-Hadi: the Guide**. Allah guides us so that we can recognise Him and believe in Him. **He guides us to do good actions** which will help us become closer to Him. He sent us Messengers and Books to guide us and show us the way to Jannah.

Musa عليه السلام told Fir'awn:

رَبُّنَا الَّذِي أَعْطَى كُلَّ شَيْءٍ خَلْقَهُ وَتَمَّ هَدَى

"...Our Lord is He who gave everything its form, then guided (it)." (Surah Taha:50)

Allah سبحانه وتعالى guides all living things to what they need in order to survive. He guides them to find their food, and how to stay safe from danger. He also guides them to do what benefits them and to avoid what could harm them. Allah guides each creature to fulfil the purpose for which He created them.

When a baby is born, how do they know how to breathe?
How do they learn to drink milk? How do they learn to smile?





Task 1

Define the following Names of Allah:

الْكَرِيمُ

الْوَدُودُ

الْهَادِي

**Bee-yond Amazing:
Buzzing Facts**

Bees produce a substance which contains a cure for all of mankind.



For only 500 grams of pure honey, almost 10,000 female bees visit millions of flowers, collect nectar, and work day and night.



Bees have 170 special smell sensors to help them find the right flowers and **communicate** with each other in the hive.



When a bee discovers a new garden or flower, it shows the other bees exactly how to get there. It does this by doing a special 'bee dance'.



Some bees live in big groups called colonies. Each bee has a job and they all work hard together to take care of each other and their hive.



Who taught the bees all of this? Who **guided** them to this?



Task 2

Read the ayahs carefully and answer the questions below.

Allah سبحانه وتعالى says:

وَأَوْحَىٰ رَبُّكَ إِلَى النَّحْلِ أَنْ اتَّخِذِي مِنَ الْجِبَالِ بُيُوتًا وَمِنَ الشَّجَرِ
وَمِمَّا يَعْرِشُونَ ، ثُمَّ كُلِي مِن كُلِّ الثَّمَرَاتِ فَاسْلُكِي سُبُلَ رَبِّكِ ذُلُلًا
يَخْرُجُ مِنْ بُطُونِهَا شَرَابٌ مُّخْتَلِفٌ أَلْوَانُهُ فِيهِ شِفَاءٌ لِلنَّاسِ إِنَّ فِي
ذَلِكَ لَآيَةً لِّقَوْمٍ يَتَفَكَّرُونَ

“And your Lord inspired the bees: ‘Make (your) homes in the mountains, the trees, and in what people build. Then eat from all the fruits, and go along the pathways your Lord has made easy for you.’ From their bellies comes out a **liquid** of various colours, in which there is cure for people. **Indeed, in this is a sign for those who reflect.**” (Surah an-Nahl:68-69)

1

Who inspired the honey bee and taught it what to do?

2

What is the name of the ‘liquid’ mentioned in the ayah?

3

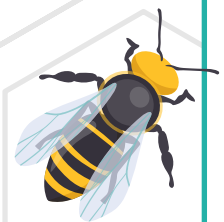
What is the Arabic word for cure (in the ayah)?

4

Why does Allah say: “Indeed, in this is a sign for those who reflect”?



What can we learn from the way bees live and work together?



How Can I Worship Allah al-Hadi?

- | | |
|---|--|
| <p>1 Love Allah and always thank Him for blessing you with guidance.</p> <p>3 Be a good example for others. Always strive to be like the Prophets and guide others to Allah (da'wah).</p> | <p>2 Always ask Allah for guidance.</p> <p>4 Seek knowledge so that you can benefit others. Make this a key goal in your life.</p> |
|---|--|



Task 3

Write 3 du'as that you can ask Allah with His Name **al-Hadi**.

- 1 O Allah, You are al-Hadi... _____

- 2 Ya Hadi... _____

- 3 _____

I Act On What I Learn

Face the qiblah, lower your head and ask Allah with His Name **al-Hadi**.



P Progress Check



1. What does **al-Hadi** mean?

2. Mention two amazing facts about bees. Who guided them?

3. How can you worship Allah with His Name **al-Hadi**?

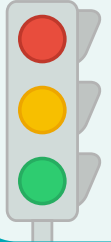
Lesson 8

Allah: Ash-Shakur



Learning Objectives

In this lesson, I will:



Define Allah's Name **ash-Shakur**

Reflect on how Allah appreciates the smallest of deeds

Explain how I can worship Allah through His Name **ash-Shakur**



Key Words

The Most Appreciative - **الشَّكُورُ**

Limitless

Appreciate

T Thinking Starter

What can be smaller than a pea, but grows as big as a tree?



Allah is ash-Shakur

One of Allah's Beautiful Names is **ash-Shakur: The Most Appreciative**. This means that Allah gives HUGE rewards for our small good deeds and He forgives the WORST of sins.

Allah سبحانه وتعالى says:

وَمَنْ يَقْتِرْ حَسَنَةً نَّزِدْ لَهُ فِيهَا حُسْنًا إِنَّ اللَّهَ غَفُورٌ شَكُورٌ ﴿٢٣﴾

“Whoever performs a good act, We will increase it in goodness for them. Surely Allah is All-Forgiving, Most Appreciative.”

(Surah ash-Shura:23)

Allah is ash-Shakur: He is the One who will give us **LIMITLESS** rewards in Jannah for our limited actions in this world. When we do one good deed, Allah rewards us with up to 700 rewards, and even more!

Appreciate:
to be thankful
and pleased.



Did You Know?

Allah is so Generous and Appreciative that He even rewards you for your intentions!



I will do sadaqah, InshaAllah.



Task 1

Match the words below to their **synonyms** (words with the same or similar meaning).

Appreciative ●

● Little

Huge ●

● Grateful

Limitless ●

● Enormous

Limited ●

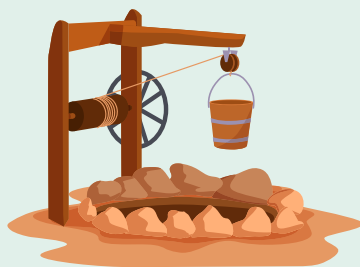
● Endless

IT'S STORY TIME!

Every Little Counts

Once upon a time, a man was walking along a path and he became very thirsty. He found a well, so he decided to get some water. After drinking and feeling satisfied, he climbed back up.

When he reached the top, he found a thirsty dog trying to drink mud to quench his thirst. The man thought to himself: "This dog is as thirsty as I was."



So, the man went down the well again, filled his leather sock with water and carefully carried it in his mouth back up. He then gave the water to the dog, and the dog drank happily.

Allah **appreciated** this kind act. He forgave the man's sins and entered him into Jannah. SubhanAllah!

Isn't it amazing that Allah gives us everything? Then, when we thank Him, He appreciates us for thanking Him and gives us even MORE!

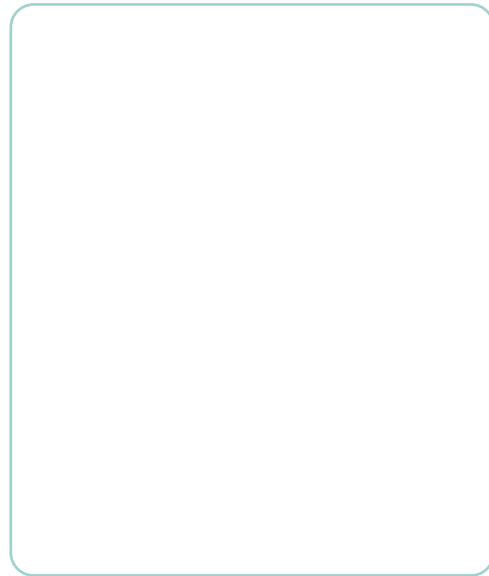
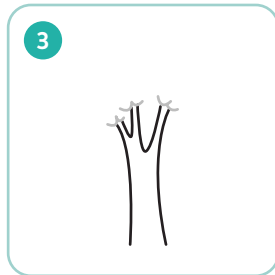
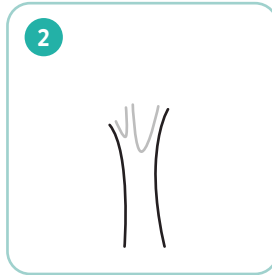
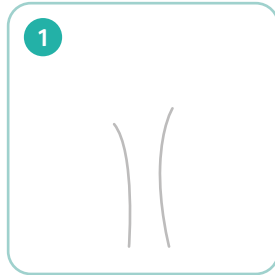


A tiny seed can grow into a huge tree. How does this help you to understand Allah’s Name ash-Shakur?



Task 2

Draw a tree. Use the pictures below as a guide.



How Can I Worship Allah ash-Shakur?



Love Allah. Think of how Generous, Kind and Appreciative Allah is, and fill your heart with love for Him.



Be grateful to Allah and always thank Him. The best form of shukr (gratitude) to Allah is to use all your blessings to obey Him.



Be very eager to do whatever good deed you can, even if you think it is something small.



Be grateful to people, especially your parents.



Can you think of a list of good deeds which may seem ‘little’ but are greatly rewarded by Allah?



Task 3

Interview an Expert!

Work in pairs. One of you is the host. The other person is a scholar who is being interviewed about the Name of Allah ash-Shakur.

Include the following questions in your interview. You may also add some of your own questions. Practise and be ready to be chosen to present your interview in front of the class.

Welcome to another episode of Journey with Quranic Tarbiyah. With us today, we have our guest _____. Today, we are going to be discussing Allah’s Amazing Name ash-Shakur!

- ? What does **ash-Shakur** mean?
- ? How does it make you feel knowing that Allah is **ash-Shakur**?
- ? How can you ask Allah with His name **ash-Shakur**?



I Act On What I Learn

I will pick one ‘small’ good deed and practise it regularly.

P Progress Check



1. What does **ash-Shakur** mean?

2. How many rewards does Allah give you when you do one good deed?

3. How can you worship Allah through His Name **ash-Shakur**?

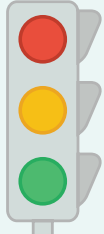
Lesson 9

Allah: Al-Qadir



Learning Objectives

In this lesson, I will:



Define Allah's Name **al-Qadir**

Reflect on the power of Allah

Explain how I can worship Allah with His Name **al-Qadir**



Key Words

The All-Powerful - الْقَدِيرُ

Decree

Injustice, Oppression - ظُلْمٌ



T Thinking Starter

What are some things you **can** do? What are some things you **cannot** do?

Allah Is al-Qadir

وَلِلَّهِ مُلْكُ السَّمَوَاتِ وَالْأَرْضِ وَاللَّهُ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ

“To Allah Alone belongs the kingdom of the heavens and the earth. And Allah is **Most Powerful** over everything.” (Surah Aal ‘ Imran:189)

Allah is **al-Qadir: the All-Powerful**. He is able to do everything. Allah never becomes weak or tired.

Through His power, Allah سبحانه وتعالى brings everything into existence. Through His power, He manages the entire universe. When He intends something, he says “Be” and it becomes.

Al-Qadir is the One who decrees everything and has the power to carry out His **decree**. Nothing in the universe happens without the decree and permission of Allah. Through His power, Allah gives death at a fixed time. No one can live even one extra day or leave this world before the time that Allah has set.

As humans, our abilities are limited. Everything we can do is only because Allah al-Qadir gave us the ability to do it.

There is no one more powerful than Allah!





Task 1

Walk around and find a classmate who can do any of the following. You are only allowed to write the name of a person once.

FIND SOMEONE WHO...

can touch their toes without bending their knees	can balance a book on their head while walking	can talk to animals and understand them	can touch their nose with their tongue
can cause an earthquake to happen	can fly without wings or a machine	can stand on one foot for a minute	can juggle at least two objects
can control the weather	can do a handstand	can do a cartwheel	never sleeps



Were you able to find someone for each box? How are human abilities different from Allah’s abilities?

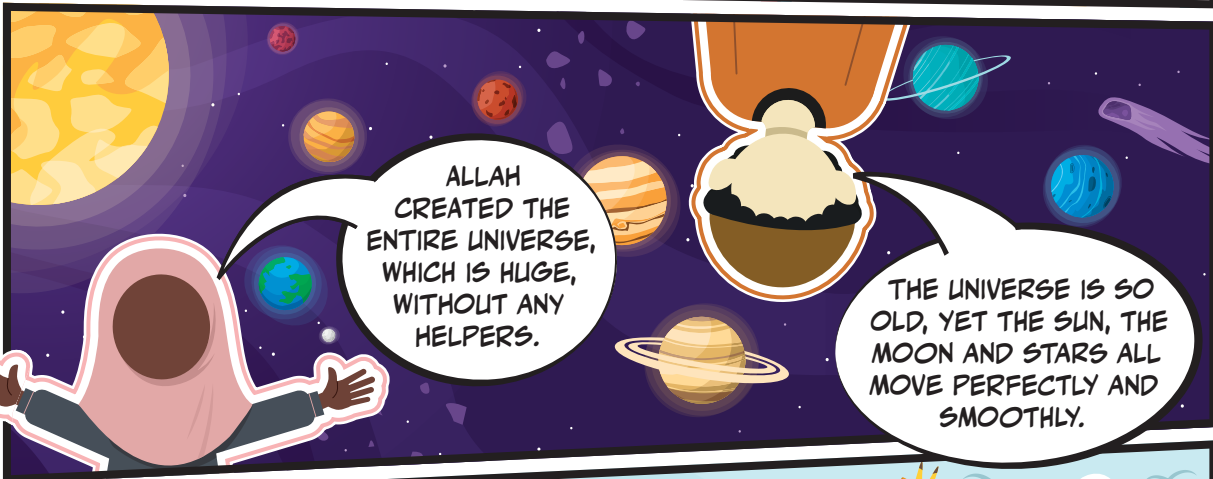
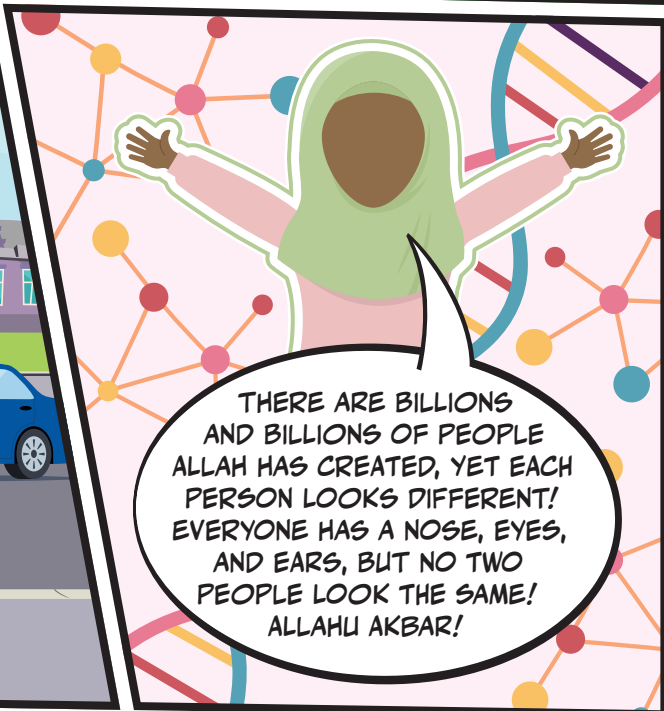
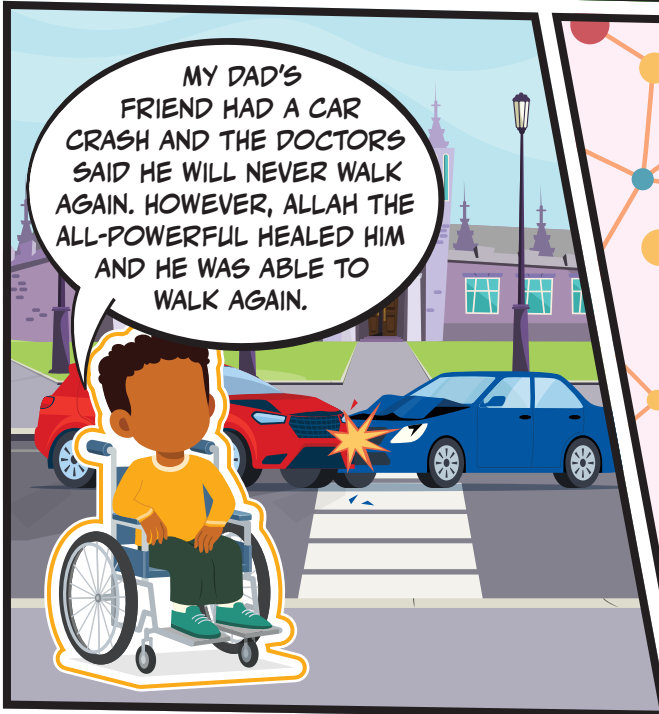
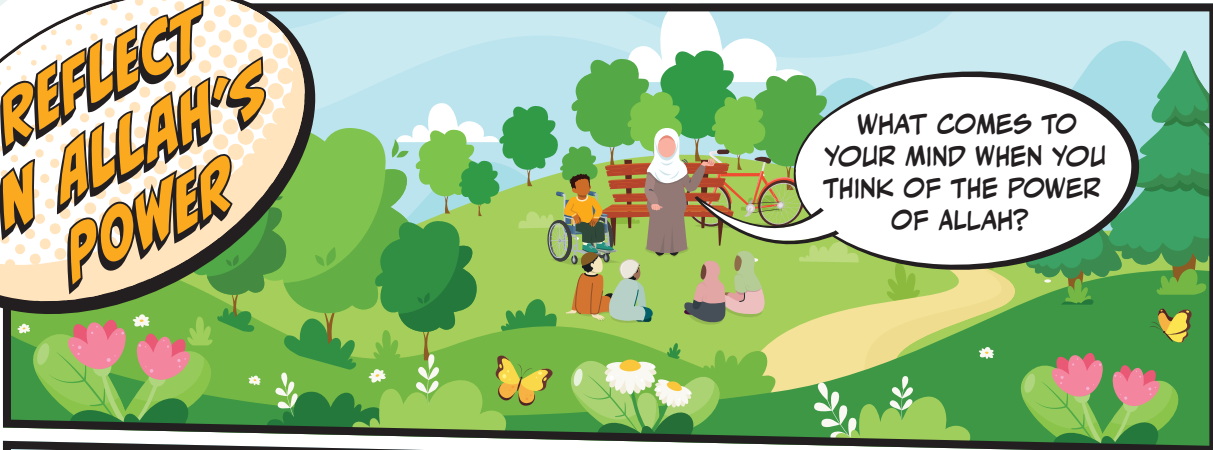


Task 2

Write a description of the human’s power to help you understand the difference between Allah’s power and a human’s power.

Allah	<i>Allah’s power is unlimited. Allah is able to do whatever He wishes. Allah does not need anyone. Allah never falls ill, becomes weak, or dies.</i>
Human	

**I REFLECT
ON ALLAH'S
POWER**



How Can I Worship Allah al-Qadir?

- 1 Put your complete **trust** in Allah al-Qadir, because only He can take care of your needs and make things easier for you. Never feel weak – if you have iman and obey Allah, He will always help you.
- 2 Do not **oppress** others.
Sometimes you may have power over a person and can be horrible to them, but always remember that Allah is the All-Powerful, and no one can escape His justice.
- 3 Whatever strength you have, realise it is from Allah Alone, and use it to do good.

To oppress: To treat someone in a cruel or unfair way, often by using power to control or hurt them. The Arabic word for oppression/ injustice is ظَلَمَ.



Task 3

Knowing Allah through His Names can be life-changing. How can learning about Allah's Name al-Qadir help both a bully and the one who is being bullied?



I Act On What I Learn

Feel that you are in desperate need of Allah سبحانه وتعالى and ask Allah with His Name al-Qadir.



P Progress Check



1. What does **al-Qadir** mean?

2. Share one fact which reminds us that Allah is All-Powerful.

3. How can you worship Allah **al-Qadir**?

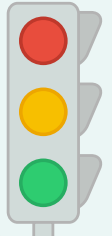
Lesson 10

Strengthen Your Iman in Allah



Learning Objectives

In this lesson, I will:



Recall the meaning of لَا إِلَهَ إِلَّا اللَّهُ

Explore how I can strengthen my iman

Identify who I should live and die for



Key Words

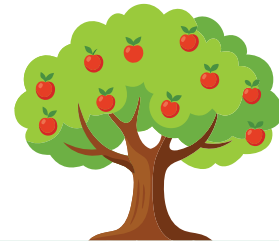
Qualities

Weeds

Beneficial

T Thinking Starter

What does a tree need in order to survive, grow tall, and give delicious fruits?



The Only One Worthy of Worship

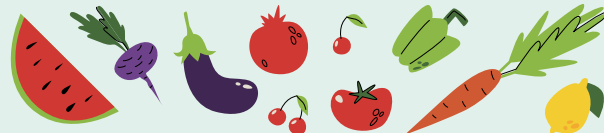
We've been on an amazing journey learning about some of Allah's Beautiful Names. Through this, we've discovered that Allah Alone has the most perfect qualities – there is no one like Him! He is the Only One True God.

Allah is the Most Kind and the Most Loving...



The Most Powerful and the Most Generous...

The Creator of everything...



... so it only makes sense that we worship Him Alone! He is the One and Only True God!

لَا إِلَهَ إِلَّا اللَّهُ مُحَمَّدٌ رَّسُولُ اللَّهِ





Task 1

Connect the boxes to form complete sentences.

لَا إِلَهَ إِلَّا اللَّهُ means

our most important belief.

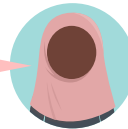
Worshipping Allah Alone is

show deep love, respect and obedience.

Worship is when we

there is no one worthy of worship except Allah.

I am firm in my belief.



How Can I Strengthen My Iman in Allah?

We can strengthen our iman in Allah by **worshipping Him**. Think of iman like a tree. Just like a tree needs sunlight, water, and good soil to grow strong, our iman also needs special care to stay strong.



Beneficial knowledge



Good deeds



Good friends

For our 'iman tree' to grow tall and strong, we need to protect it from 'bugs' and remove the 'weeds'—bad thoughts and actions. When we take care of our iman tree, it will grow strong and healthy, making us feel happier and closer to Allah.

Weeds: unwanted plants that take away water and nutrients from good plants.



Can you think of some 'weeds' that you need to pull out from your life to help your iman grow strong?

I Act On What I Learn

I will do good deeds to make my iman strong!



Task 2

How can we strengthen our iman?

Fill in the missing words, then add special acts of worship we can do to become closer to Allah and strengthen our iman.

Pray all 5 _____
every day with focus
and concentration.

Recite _____
and think deeply
about its meaning.

Do dhikr and reflect
on Allah's amazing
_____.

Give charity to purify
my _____ from
greed and
selfishness.

Keep _____
friends who remind
me to do good and
help me to stay away
from bad.

When we worship Allah with all our love and
deep respect, our iman becomes strong!

Why Am I Here?

Our purpose in life is to worship Allah and make Him pleased with us. When we obey Allah and live for Him, He will bless us with Jannah, inshaAllah! Everything we do should be for the sake of Allah Alone. Allah سبحانه و تعالى says:

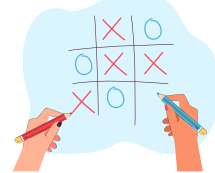
قُلْ إِنَّ صَلَاتِي وَنُسُكِي وَمَحْيَايَ وَمَمَاتِي لِلَّهِ رَبِّ الْعَالَمِينَ ﴿١٦٢﴾

“Say, “Surely my prayer, my worship, my life, and my death are all for Allah—Lord of all worlds.”” (Surah al-An‘am:162)



Task 3

Play ‘Noughts and Crosses’ with your partner. You can only use a box by answering its question correctly.



What does لَا إِلَهَ إِلَّا اللَّهُ mean?	Can you mention 5 of Allah’s Names?	What does مُحَمَّدٌ رَسُولُ اللَّهِ mean?
How can we strengthen our iman?	Why is Allah Alone worthy of worship?	What is our purpose in life?
What is the Arabic word for submitting to (obeying) Allah?	What is the most important pillar of iman?	What are ‘weeds’?

P Progress Check



1. What does لَا إِلَهَ إِلَّا اللَّهُ mean?

2. How can we strengthen our iman?

3. Who should we live and die for?

IT'S NASHID TIME!

Al-Khaliq

La ilaha illa Allah (x4)
Muhammad-ur-Rasullullah (x3)
Sall-Allahu 'Alayhi wa Sallam

Al-Khaliq who made the oceans
 Rivers, lakes, streams and rain
 Bow their waves in pure submission
 Upon the earth to praise His name

La ilaha illa Allah (x4)
Muhammad-ur-Rasullullah (x3)
Sall-Allahu 'Alayhi wa Sallam

There is no creature among us
 Upon the air or in the sea
 That does not sing with wonder
 Praising in community

La ilaha illa Allah (x4)
Muhammad-ur-Rasullullah (x3)
Sall-Allahu 'Alayhi wa Sallam

The dry earth is a sign
To all of mankind
Brought to life with peaceful rain
And to us Allah will do the same

La ilaha illa Allah (x4)
Muhammad-ur-Rasullullah (x3)
Sall-Allahu 'Alayhi wa Sallam

La ilaha illa Allah (x4)
Muhammad-ur-Rasullullah (x3)
Sall-Allahu 'Alayhi wa Sallam

By Dawud Wharnsby Ali





I Learn, I Act, I Share

THE TAFAKKUR TREK

LEARNING FOR A
Life With Allah

In this book, we have been learning about the Beautiful Names of Allah and the beauty of His creation. In this session, you will get a chance to practise some of what we have been learning.

You will go on a Tafakkur Trek – a walk in the outdoors where you can think about Allah سبحانه وتعالى, reflect on His creation, and appreciate His endless blessings. Your teacher/parent will give you further instructions.

Part I

On your walk:

1. Spend some time in silence and look around you carefully.
2. Think about what we learnt about the earth. (see page 10)
3. Think about Allah, especially His Name **al-Karim**. (see page 21)
4. Once you complete the above, do some dhikr.



Can you do dhikr while also reflecting on how perfectly and beautifully Allah has created everything?

Focus on enjoying the trek.

Your teacher will remind you if you forget what to do.

Do play some games with your friends and have fun!

Part 2

It's Halaqah Time!

Sit in a circle on the grass or anywhere suitable.

1. Allah is al-Karim (The Most Generous). Look around you. What do you see that reminds you of Allah's Name al-Karim?
2. Stand up and stomp your feet on the ground. Then walk all the way around your circle. Imagine you sunk in the ground as you were walking! Do you remember what Allah says about the earth in the Qur'an?
3. **The Alphabet Game:** Each person has to name something Allah causes to grow from the earth with a different letter of the alphabet. A for apple, B for banana...

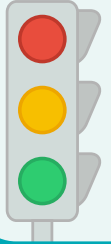
Lesson 11

Allah's Angels



Learning Objectives

In this lesson, I will:



- Identify the various roles of angels
- Reflect on the angels' constant praise of Allah
- Explain what angels do when they find gatherings of dhikr



Key Words

Conviction
Gatherings
Tranquillity

T Thinking Starter

Iman in angels is an essential part of iman in the ghayb (unseen).
What else might be included in 'iman in the ghayb'?



What Do Angels Do?

Iman in angels is the **2nd pillar of iman**. It means believing with **conviction (yaqin)** and certainty that angels exist. Without this belief, we cannot be Muslims. Angels are an incredible creation of Allah who always obey Him. They are beautiful and honoured by Allah.

There are many types of angels and they have different roles assigned to them. Some record our deeds and protect us. Some make special du'a for the believers, and fight alongside them and support them. Some take our souls when we die, some comfort the believers at that time, and others carry the Throne of Allah. Some are the keepers of Paradise and Hell.

Conviction: When you strongly believe something is true or right, even if others don't agree.

I am firm in my belief.



Angels Always Glorify Allah

Even though angels are huge and very powerful, they never stop praising Allah سبحانه وتعالى and worshipping Him. Allah سبحانه وتعالى says,

وَلَهُ مَنْ فِي السَّمَوَاتِ وَالْأَرْضِ وَمَنْ عِنْدَهُ لَا يَسْتَكْبِرُونَ عَنْ عِبَادَتِهِ وَلَا يَسْتَحْسِرُونَ ﴿١٩﴾ يُسَبِّحُونَ اللَّيْلَ وَالنَّهَارَ لَا يَفْتُرُونَ ﴿٢٠﴾

“To Him belong all those in the heavens and the earth. And those nearest to Him are never too proud to worship Him, nor do they grow tired (of worshipping Him). They glorify Him day and night, never wavering.” (Surah al-Anbiya:19-20)

And yet, on the Day of Judgement, the angels will look at Allah and say, “How Perfect are You! We did not worship You as You deserved to be worshipped.” This teaches us that just as angels are **humble**, we too should be humble.

The Prophet صلى الله عليه وسلم was given permission to inform us about an angel who is so great that his feet are in the lowest earth and his neck is under the Throne of Allah. Realising the greatness of Allah, he constantly repeats, “How Perfect are You! How Magnificent are You, our Lord!” (Tabarani)

SubhanAllah!
We cannot even imagine how great Allah is - the One who made the magnificent angels.



Task 1

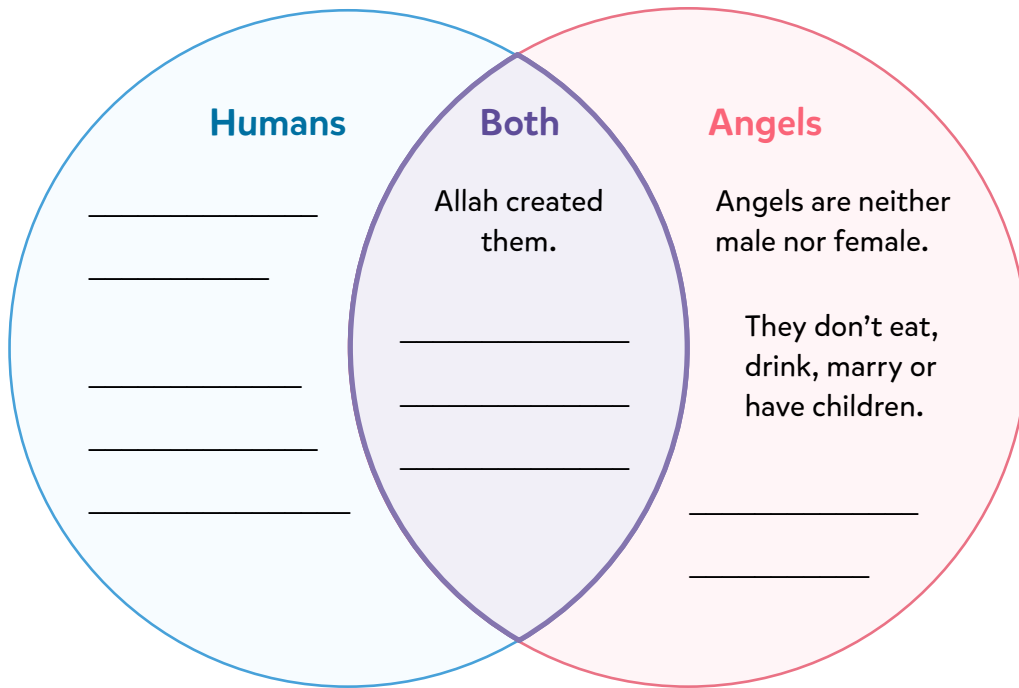
Decide if these sentences are true or false.

1. Angels are proud of their worship. _____
2. Angels get tired and they take a break on the weekend. _____
3. Angels worship Allah all the time, but they still think they have not done enough. _____
4. Angels do tasbeeh of Allah (i.e. they praise Allah and say how Perfect He is!). _____



Task 2

Complete this venn diagram by listing what humans and angels have in common and how they are different.



Gatherings of Dhikr

When you enter a masjid, isn't it so peaceful and calm? Have you ever wondered why?

When people come together to remember Allah, angels surround their gatherings and bring peace and **tranquillity** with them. Angels love masjids and pious people because they love to be surrounded by the words of Allah and His remembrance (dhikr).

There are special angels who travel the earth looking for **gatherings** of dhikr. When they find one, they join in, with their wings overlapping each other, filling the space between the earth and the first sky.



Did You Know?

Sitting together to learn about Allah's din is also a type of 'gathering of dhikr'.





Next time you are in a gathering of dhikr (including your classroom!), think of the angels who have joined you!



Task 3

Write 3 quiz questions about 'Allah's Angels'.

Then swap books with your partner, answer each other's questions, and check each other's answers.



1 _____

2 _____

3 _____

I Act On What I Learn

I will always praise Allah just like the angels do.

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

P Progress Check



1. List four things that angels do.

2. When do angels glorify and praise Allah?

3. What do angels do when they find gatherings of dhikr?

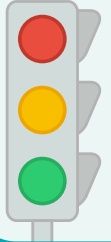
Lesson 12

Magnificent Angels



Learning Objectives

In this lesson, I will:



Identify that only Allah knows the exact number of angels

Describe Jibril عليه السلام

Explain the importance of Jibril عليه السلام in the Prophet's life



Key Words

Magnificent

al-Bayt al-Ma'mur

The Lote Tree

T Thinking Starter

How many angels can you name?

Do you remember what they do?



Amazing Angels

Have you ever wondered what angels look like or how many there are? We don't know the exact number of angels, but we know that it is a HUGE number. When the Prophet صلى الله عليه وسلم was taken up to the heavens, he was shown **al-Bayt al-Ma'mur**, which is the Ka'bah for angels. He was told that 70,000 angels pray in it every day, and once they leave, they never return. Imagine how many angels there must be in total! SubhanAllah!

And although we don't know exactly what angels look like, we know that they are beautiful. Angels are made from light and have wings.

Allah سبحانه وتعالى says:

الْحَمْدُ لِلَّهِ فَاطِرِ السَّمَوَاتِ وَالْأَرْضِ جَاعِلِ الْمَلَائِكَةِ رُسُلًا أُولِي أَجْنِحَةٍ
مَّثْنَىٰ وَثُلَاثَ وَرُبْعَ يَزِيدُ فِي الْخَلْقِ مَا يَشَاءُ إِنَّ اللَّهَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ ﴿١﴾

“All praise is for Allah, the Originator of the heavens and the earth, who made angels (as His) messengers with wings—two, three, or four. He increases in creation whatever He wills. Indeed, Allah is All-Powerful over everything.” (Surah Fatir:1)



Task 1

Circle the odd word out.

- a. The Ka'bah al-Bayt al-Ma'mur Mount Tur
- b. Jibril Quran Mika'il Israfil
- c. Incredible Magnificent Horrible Amazing
- d. al-Fatir al-Qadir Jannah ash-Shakur
- e. Light Darkness Nur Iman

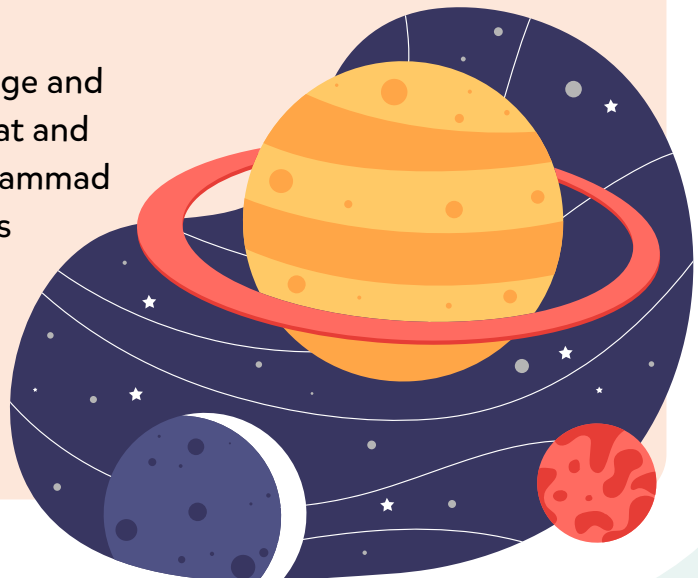
The Greatest Angel

The greatest angel is Angel Jibril عليه السلام. The Prophet صلى الله عليه وسلم saw Jibril عليه السلام during the Night of Mi'raj by **the Lote Tree** in the heavens. He had 600 wings from which multicoloured pearls and rubies were falling! His wings are so huge that if he was to unroll a pair of them, they would fill the space between the sky and the earth.



Wow! SubhanAllah! Imagine seeing Jibril عليه السلام!

Even though Jibril عليه السلام is so huge and **magnificent**, he knows how Great and Magnificent Allah is. When Muhammad صلى الله عليه وسلم travelled to the heavens with him, he described seeing Jibril as if he were a flat, worn-out cloth, due to his fear of Allah!





Task 2

Trace the Arabic and then match the words to their explanations.

السِّدْرَةُ الْمُنْتَهَى

The Lote Tree

The leader of all the angels: he is obeyed, trusted and loved by all the angels.

الإِسْرَاءُ وَالْمِعْرَاجُ

Isra and Mi'raj

A magnificent tree high up in heavens. Every angel has to stop at this point. Only the Messenger صلى الله عليه وسلم was allowed to go beyond it.

جِبْرِيلُ

Jibril

The special night journey in which Prophet Muhammad صلى الله عليه وسلم was taken to al-Masjid al-Aqsa, and then up to the Heavens.

The Prophet's Companion

Do you remember the mystery guest in the first lesson of this book?

When we study the stories of the Prophets, especially our beloved Prophet Muhammad صلى الله عليه وسلم, we see that Jibril عليه السلام is always there. This is because he is the best angel, chosen for the best task: carrying the revelation from Allah to His Prophets.

Who opened the heart of Muhammad صلى الله عليه وسلم in the desert and cleaned it? Who squeezed him tight and told him to 'Read' in the cave of Hira? Who taught him how to perform wudu and salah? Who came to comfort him during the hardest day of his life? Who was his companion on the special Night Journey? Who brought him revelation after revelation? Who fought alongside him in Badr and Uhud? Who reviewed the Qur'an with him every Ramadan? Who did he صلى الله عليه وسلم miss and wished would visit him more often?

Jibril عليه السلام! Jibril loved Muhammad صلى الله عليه وسلم and Muhammad صلى الله عليه وسلم loved Jibril.



Task 3



Write the questions to these answers.

One example has been done for you.

1 **Question:** *How many angels pray in al-Bayt al-Ma'mur every day?*

Answer: 70,000 angels

2 **Question:**

Answer: Jibril عليه السلام

3 **Question:**

Answer: Some have two, some have three, and some have more.

4 **Question:**

Answer: 600 wings



I love Jibril عليه السلام too!

I Act On What I Learn

I will reflect on how Magnificent Allah is by thinking of His magnificent angels.

P Progress Check



1. How many angels are there?

2. Why is Jibril عليه السلام so special?

3. What is the connection between Jibril عليه السلام and Muhammad صلى الله عليه وسلم?

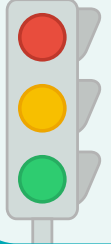
Lesson 13

The Believers' Friends



Learning Objectives

In this lesson, I will:



- Identify how angels support the believers
- Describe how I can be close to the angels
- Explain how angels comfort the believers at the time of death



Key Words

- Assign
- Successive
- Close friends - **أَوْلِيَاءُ**

T Thinking Starter

What do angels *not* like?

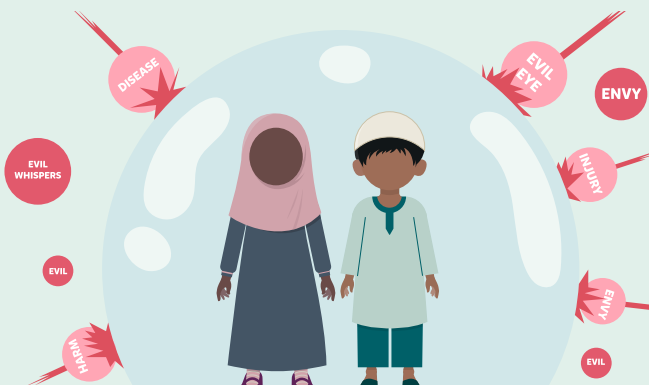


Always There

The believers have a special relationship with angels. The closer you are to Allah, the stronger your bond becomes with the angels.

Before you entered this world, Allah sent an angel to blow life into you. In this world, you are never really alone. Two angels are always accompanying you: one on your right who records your good deeds, and one on your left who records your bad deeds.

Allah also **assigns** to you angels who protect you. They are like bodyguards who take care of you for free! Allah سبحانه وتعالى says, "For every person, there are **successive** angels in front and behind, protecting them by Allah's command." (Surah ar-Ra'd:11)



Assign: to give someone a job to do or something to take care of.

Successive: following one after another.

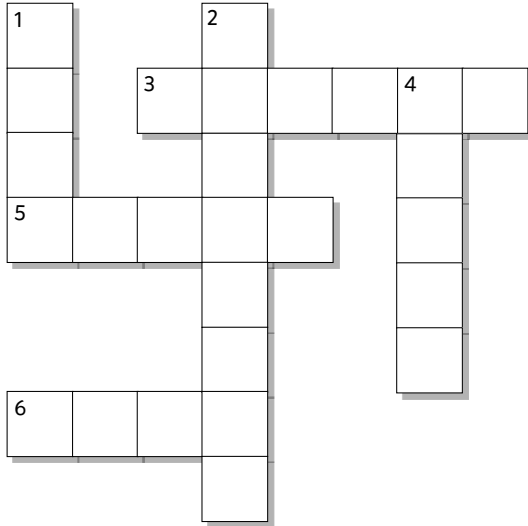


Think of the kindness of Allah al-Karim who provides us with this special type of protection.



Task 1

Complete the crossword. You can read the text on page 53 to help you.



Down:

1. A synonym/another word for 'connection'
2. English of mu'min
4. Opposite of left

Across:

3. The angels _____ your deeds
5. Another word for Shaytan in English
6. When you don't have to pay for something

Your Special Friends

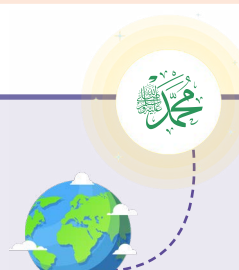
Every person has an angel assigned to them. The less you sin, the closer your angel becomes to you. This angel can become like your best friend, encouraging you to do good and reminding you of the rewards in the hereafter. The angel guides and comforts you, and even wakes you up for salah when you're sleeping!

When you recite the Qur'an, the angels gather around to listen because they love the Qur'an. When you perform salah, they stand behind you, enjoying your recitation. The angels love people who always attend the masjid and love the masjid. They also make du'a to Allah to forgive the believers.



Did You Know?

There are angels who travel around the earth, delivering the Ummah's salam to our beloved Prophet صلى الله عليه وسلم.





Task 2

How can you make your angel your best friend?

Actions to do

- Clean my mouth with siwak after eating smelly foods (e.g. garlic).
- Keep my bedroom clean.
- _____
- _____
- _____



Actions to avoid

- _____
- _____
- _____
- _____
- _____



Forever Friends

The thought of dying might seem very scary, but if you've lived a life obeying Allah, your ending will be beautiful. At the time of death, you will finally get to see the angels. They will comfort you and say:

... أَلَّا تَخَافُوا وَلَا تَحْزَنُوا وَأَبْشِرُوا بِالْجَنَّةِ الَّتِي كُنْتُمْ تُوعَدُونَ ﴿٣٠﴾ نَحْنُ
 أَوْلِيَاؤُكُمْ فِي الْحَيَاةِ الدُّنْيَا وَفِي الْآخِرَةِ وَلَكُمْ فِيهَا مَا تَشْتَهُي
 أَنْفُسُكُمْ وَلَكُمْ فِيهَا مَا تَدَّعُونَ ﴿٣١﴾ نَزَّلًا مِنْ غَفُورٍ رَحِيمٍ ﴿٣٢﴾

“...Do not fear, nor grieve. Rather, rejoice in the good news of Paradise, which you have been promised. We are **your close friends** in this worldly life and in the Hereafter. There you will have whatever your souls desire, and there you will have whatever you ask for: as a welcoming gift from the Most Forgiving, the Most Merciful.”

(Surah Fussilat:30-32)

And then as you enter Jannah, they will congratulate you: “Peace be upon you! Well Done! How excellent is your final home!”



Task 3

What are the benefits of iman in angels?

Match the two halves of the sentences by drawing a line.

One example has been done for you.



When I think of how...

angels record my deeds

angels protect me and make du'a for me

angels bring blessings and tranquillity when I remember Allah and recite Qur'an

angels always worship Allah and praise Him

amazing and magnificent angels are

I want to be like them.

I thank Allah and do more dhikr.

I realise how much more Magnificent their Creator must be: Allah سبحانه وتعالى!

I feel safe and thank my beloved Allah.

I am careful of my actions and I stay away from sins.

I Act On What I Learn

I will work hard to become best friends with the angels.



P Progress Check



1. How do angels help the believers?

2. How can you be close to the angels?

3. How do angels comfort the believers at the time of death?

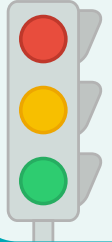
Lesson 14

Allah's Books



Learning Objectives

In this lesson, I will:



- State why Allah revealed the Books
- Recognise the greatness of the Final Revelation
- Describe the benefits of belief in Allah's Books



Key Words

- Jews
- Christians
- Doubt

T Thinking Starter

How do you know if something is right or wrong?
Why is it important to make good choices?



Iman in the Books: The 3rd Pillar of Iman

The third pillar of iman is **iman in Allah's Books**. This means believing, with conviction, that Allah سبحانه وتعالى sent Books to His Messengers to guide the people. These Books contained the Words of Allah.

Allah سبحانه وتعالى says:

وَمَنْ يَكْفُرْ بِاللَّهِ وَمَلَائِكَتِهِ وَكُتُبِهِ وَرُسُلِهِ وَالْيَوْمِ الْآخِرِ
فَقَدْ ضَلَّ ضَلًّا بَعِيدًا ﴿١٣٦﴾

“Indeed, whoever disbelieves in Allah, His Angels, His Books, His Messengers, and the Last Day has gone far, far astray.” (Surah an-Nisa:136)

The Books of the previous Prophets that exist today are no longer in their original form. They include false beliefs and stories. This is because the **Jews** and **Christians** did not take care of their Books, and made changes to them.





Who are the 'People of the Book'?



Task 1

Guess Who

a. Allah turned my stick into a snake.
Allah revealed the **Tawrah** to me.

b. Allah made iron soft for me.
Allah revealed the **Zabur** to me.

c. Allah allowed me to speak when I was
a baby. Allah revealed the **Injil** to me.

d. There will be no Prophet after me.
Allah revealed the **Qur'an** to me.

A Muslim should not be disrespectful towards the Books of the Jews and the Christians as they may still contain some of Allah's words that were not changed.

The Qur'an: The Final Revelation

The Qur'an is the final and best Book. It is the word of Allah revealed to Muhammad صلى الله عليه وسلم through Angel Jibril عليه السلام. The Qur'an instructs us to worship Allah Alone and teaches us how to live as His servants, so we can be successful in this world and the hereafter.

The Qur'an is the greatest miracle given to Muhammad صلى الله عليه وسلم and it is still with us today! It will never be changed because Allah promised to protect it Himself.

The Qur'an is Allah's final message. It confirms what was in the previous Books.





Task 2

Read the opening ayat of Surah al-Baqarah and answer the questions below:



اَلَمْ ۙ ذٰلِكَ الْكِتٰبُ لَا رَيْبَ فِيْهِ هُدًى لِّلْمُتَّقِيْنَ ۝۱۶ الَّذِيْنَ يُؤْمِنُوْنَ بِالْغَيْبِ وَيُقِيْمُوْنَ
 الصَّلٰوةَ وَمِمَّا رَزَقْنٰهُمْ يُنْفِقُوْنَ ۝۱۷ وَالَّذِيْنَ يُؤْمِنُوْنَ بِمَا اُنزِلَ اِلَيْكَ وَمَا اُنزِلَ مِنْ قَبْلِكَ
 وَبِالْآخِرَةِ هُمْ يُوقِنُوْنَ ۝۱۸ اُولٰٓئِكَ عَلٰى هُدًى مِّنْ رَبِّهِمْ وَاُولٰٓئِكَ هُمُ الْمُفْلِحُوْنَ ۝۱۹

“Alif-Lam-Mim. This is the Book! There is no **doubt** in it—a guide for those who are mindful (of Allah), who believe in the unseen, establish prayer, and donate from what We have provided for them, and who believe in what has been revealed to you and what was revealed before you, and firmly believe in the Hereafter. It is they who are truly guided by their Lord, and it is they who are successful.” (Surah al-Baqarah:1-5)

- a. Underline the ayah which refers to belief in Allah’s Books.
- b. What two descriptions of the Qur’an are given in the above ayah?



Memorise the above ayahs.

The Benefits of Belief in Allah’s Books



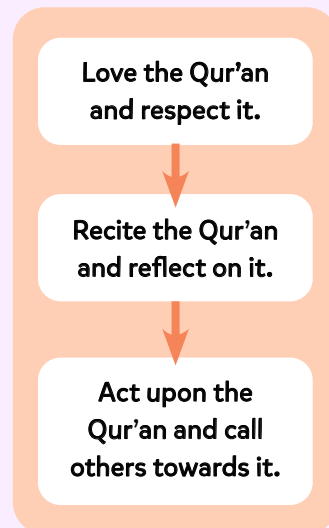
1 Recognise **how much Allah cares** for us by sending us guidance so that we can be successful in this world and the hereafter.



2 **Thank Allah and love Him** for sending these Books, especially the Qur’an.



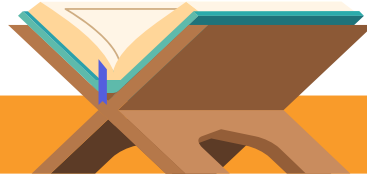
3 **Appreciate the greatness of the Qur’an** and recognise its importance in your life.





Task 3

Complete this fact-file about the Qur'an.



The Qur'an

Language: _____

Other Names: _____

Angel who came with it:

Prophet it was revealed to:

Duration of revelation:

Total number of Surahs:

My responsibility towards it:

- ① *Firmly believe it is from Allah and is the best guide to life.* _____
- ② _____
- ③ _____
- ④ _____

I Act On What I Learn I will thank Allah for sending me the Qur'an!



Progress Check



1. Why did Allah reveal Books?

2. Why is the Qur'an the greatest Book?

3. What are the benefits of believing in Allah's Books?

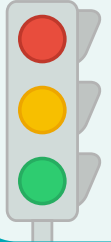
Lesson 15

Allah’s Messengers



Learning Objectives

In this lesson, I will:



- Identify the message of all the Prophets
- Differentiate between correct and incorrect beliefs regarding ‘Isa عليه السلام
- Explain the benefits of belief in Allah’s Messengers



Key Words

- Claimed
- Balance
- Exaggerate

T Thinking Starter

Why did Allah choose humans as Messengers?



Iman in the Messengers: The 4th Pillar of Iman

Iman in the Messengers of Allah is the **fourth pillar of iman**. All of the Prophets and Messengers shared the same important message: worship Allah Alone and submit to Him (*islam*).



The Prophets were humans like us: they ate, drank, and married. Allah sent humans as Messengers instead of angels, so we can be like them. They were truthful and pious, and they remained steadfast in spreading the message of Allah. They showed us how to live rightly and how to be successful in this world and the Next World.

Muhammad صلى الله عليه وسلم is the final Messenger and Prophet. There will be no prophet after him. Throughout history, some people have **claimed** to be prophets, but they are all liars and false.



Allah gave the Prophets miracles so that people would believe them. List any 5 miracles given to different Prophets.

I am strong in my belief.



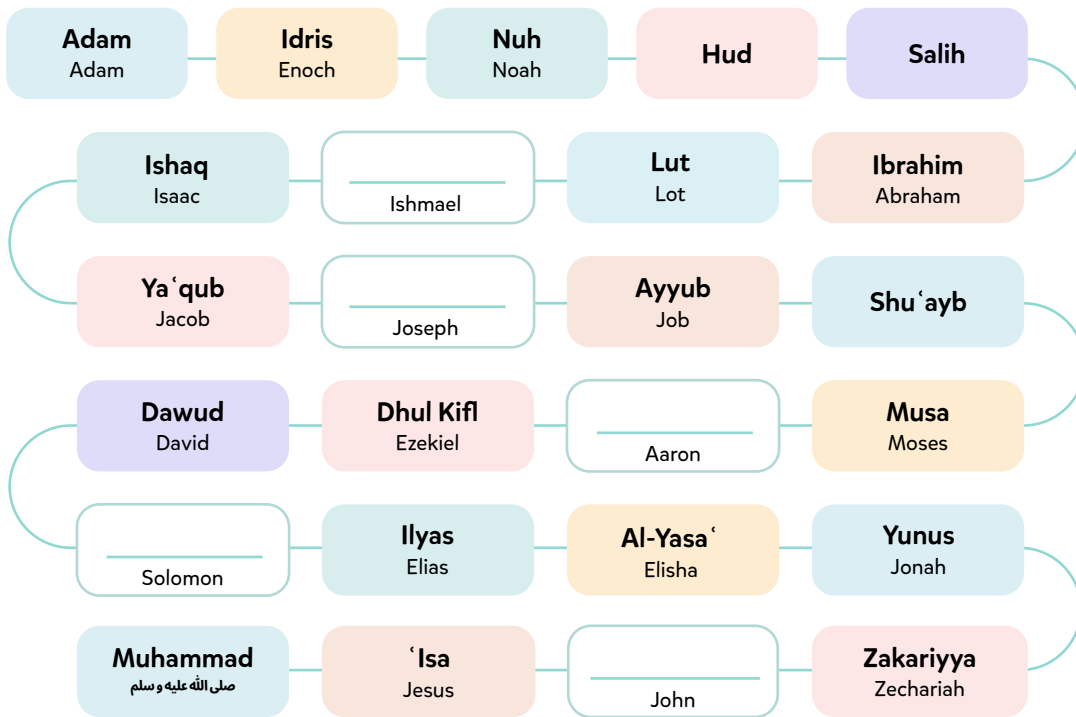


Task 1

Can you fill in the names of the missing Prophets?

[Hint: all the missing Prophets are either the sons or brothers of the Prophet besides them.]

عليهم السلام
Peace be upon them



The Prophets: The Servants of Allah

All the Prophets عليهم السلام were humans and the servants of Allah.

The Prophet صلى الله عليه وسلم said:

“Do not **exaggerate** in praising me as the Christians praised the son of Maryam, for I am only His servant. So, call me the servant of Allah and His Messenger.” (Bukhari)

Exaggerate: to make something seem much bigger than it really is.

Some people exaggerate the status of some Prophets and raise them above their status. Other people do not give them the respect they deserve. Our din is the din of **balance**, and we treat the Prophets as our Rabb has instructed us.

Some people say bad things about 'Isa عليه السلام and his mother, and disrespect them. We love 'Isa عليه السلام and his mother, and we should defend their honour!





Task 2

Play this game with your partner. You will close your book and your partner will read out each statement. You have to say 'true' or 'false'. Your partner will give you a score at the end.

Prophet 'Isa عليه السلام

His birth was a miracle. <input type="radio"/>	He is the son of Allah (God). <input type="radio"/>	He had a mother and a father. <input type="radio"/>
Allah allowed him to heal the sick. <input type="radio"/>	He was the servant of Allah. <input type="radio"/>	He was killed on a cross. <input type="radio"/>
He spoke as a baby. <input type="radio"/>	He will come back to the earth. <input type="radio"/>	Allah did not give 'Isa miracles. <input type="radio"/>
Score: <input type="text"/> / 9		

The Benefits of Belief in Allah's Messengers



1 Recognise how loving and caring Allah is. Allah could have left us to wander this earth without any help or direction. However, out of His love for us, He sent Messengers to guide us.



2 Love Allah and thank Him for sending us these incredible Messengers, especially our beloved Messenger Muhammad صلى الله عليه وسلم.



3 Love and honour the Messengers and the Prophets عليهم السلام.



4 Follow the guidance of the Messengers and take them as role models. Allah سبحانه وتعالى says about them:

أُولَئِكَ الَّذِينَ هَدَى اللَّهُ فَبِهِدَّتْهُمْ أَلْتَدَهُ

“Those were the ones whom Allah guided, so follow their guidance...” (Surah al-An‘am:90)



Task 3

Choose three Prophets. Write down one key lesson you can learn from their story that you can use in your own life.

Name of Prophet	What Can I Learn From Him?
1	<hr/> <hr/>
2	<hr/> <hr/>
3	<hr/> <hr/>

I Act On What I Learn

I will love and honour all the Prophets عليهم السلام.

P Progress Check



1. What was the message of all the Messengers and the Prophets?

2. What are two incorrect beliefs about 'Isa عليه السلام?

3. What are some benefits of belief in Allah's Messengers?

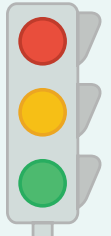
Lesson 16

The Minor Signs of the Day of Judgement



Learning Objectives

In this lesson, I will:



- Differentiate between major and minor signs
- Identify some minor signs of the Day of Judgement
- Describe the Mahdi



Key Words

- Minor
- Indicate
- The Mahdi

T Thinking Starter

How can we prepare for the Day of Judgement?



Iman in the Last Day is the fifth pillar of iman.

When Will the Day of Judgement Happen?

When Jibril عليه السلام came to teach the din to the Sahabah, he asked Muhammad صلى الله عليه وسلم when the Final Hour will be. Muhammad صلى الله عليه وسلم told him that he didn't know, just like Jibril عليه السلام didn't know. Then Jibril عليه السلام asked about its signs, and Prophet Muhammad صلى الله عليه وسلم mentioned some of them.

The **signs of the Day of Judgement** tell us that the world is coming to an end. They serve as a warning for us to get ready for the next life before it's too late. There are two types of signs:



WARNING

1

The Minor Signs

These are smaller and earlier signs of the Day of Judgement.

2

The Major Signs

These are serious signs that **indicate** there is only a short time until the Day of Judgement.

Indicate: To show, point out or signal something.



Task 1

Circle the correct answers.

- 1 The signs of the Day of Judgement _____ that the Day of Judgement is coming soon.
 indicate argue know

- 2 Iman in the Last Day is the _____ pillar of iman.
 fifth second sixth

- 3 _____ asked Muhammad ﷺ when the Final Hour will happen.
 Mika'il عليه السلام Jibril عليه السلام Israfil عليه السلام

- 4 We need to learn about the signs of the Day of Judgement so that we can _____ for it.
 ignore prepare predict

What Are Some Minor Signs?

There are many minor signs of the Day of Judgement. Some have already happened, others are happening, and some are yet to happen. The minor signs include:



Allah sending Muhammad ﷺ as the final Messenger and his death.



There will be lots of people killing each other and many earthquakes.



Knowledge will be taken away, and people will be ignorant of the din.



Jerusalem will be conquered.



Alcohol and musical instruments will become widespread.



People will compete to build tall buildings.



Children will disrespect their parents.



How do the past and present signs show us that Muhammad صلى الله عليه وسلم was a true Prophet?



Task 2

Spot and circle some of the minor signs of the Day of Judgement in this picture.



The Mahdi

Towards the end of time, the Mahdi will appear. He will be a man from the family of the Prophet صلى الله عليه وسلم, from the children of Fatimah رضي الله عنها. He will have the same name as the Prophet صلى الله عليه وسلم, and his father's name will be like the Prophet's father's name.

He will appear from the East and go to Makkah, where people will promise to follow him as their leader. He will establish the din and spread goodness and justice on the earth after it has been full of injustice and corruption. He will be given abundant wealth, and the Ummah will become great.

Muhammad

صلى الله عليه وسلم

Fatimah

رضي الله عنها

The Mahdi

The coming of the Mahdi is the last minor sign - after this, all the major signs will begin!

Minor Signs ✓



Major Signs ●



Task 3

1 What will the Mahdi's name be?

2 What will his father's name be?

3 Why will the good people be pleased with the appearance of the Mahdi?

I Act On What I Learn

I will learn about the signs of the Day of Judgement so I can prepare for it.

P Progress Check



1. What is the difference between the major and minor signs of the Day of Judgement?

2. List three minor signs of the Day of Judgement.

3. What will the Mahdi do?

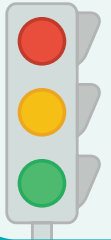
Lesson 17

The Major Signs



Learning Objectives

In this lesson, I will:



- Identify what will happen to the sun before the Day of Judgement
- List some of the major signs
- Recall why the Prophet صلى الله عليه وسلم told us about the signs



Key Words

- Land collapse
- Smoke (*dukhan*) - دُخَانٌ
- Beast - دَابَّةٌ

T Thinking Starter

What is the difference between a major sign and a minor sign of the Day of Judgement?



The Major Signs of the Day of Judgement

The major signs of the Day of Judgement will come one after another. The Prophet صلى الله عليه وسلم listed these in a hadith:



1 Dajjal will appear



2 'Isa عليه السلام will descend



3 Ya'juj and Ma'juj will be let loose



4 **5** **6** Three land collapse will happen: one in the east, one in the west, and one in the Arabian Peninsula

Land collapse: when the ground suddenly drops or sinks down.



7 The Smoke will cover the people

The disbelievers will suffer greatly from the Smoke (*dukhan*), but it will feel like a mild cold for the believers.



8

The sun will rise from its place of setting



9

The Beast will appear

Ad-Dabbah (the Beast) is a unique creature. Allah will give it the ability to speak to people. It will mark people's noses, showing who the believers are and who the disbelievers are.

Allah سبحانه وتعالى says,

وَإِذَا وَقَعَ الْقَوْلُ عَلَيْهِمْ أَخْرَجْنَا لَهُمْ دَابَّةً مِّنَ الْأَرْضِ تُكَلِّمُهُمْ أَنَّ النَّاسَ كَانُوا

بِآيَاتِنَا لَا يُوقِنُونَ ﴿٨٠﴾

“And when the decree (of the Final Hour) comes to pass against them, We will bring forth for them a beast from the earth, which will say to them that the people (i.e the disbelievers) did not believe in Our signs.”

(Surah an-Naml:80)



10

A fire will drive people to their place of gathering

A fire will emerge from Yemen and push people towards Syria, the land where everyone will gather for resurrection.



Where will the sun rise from before the Day of Judgement?



Task 1

Match the words to their correct meanings.

The Smoke

الدَّابَّةُ

The Beast

الدُّخَانُ

The Fire

النَّارُ



Task 2

Shade in the major signs of the Day of Judgement.

Dajjal will appear.	People will compete to build tall buildings.	Ya'juj and Ma'juj will be let loose.
Alcohol and musical instruments will become widespread.	There will be lots of killing and lots of earthquakes.	A fire will drive the people to their place of gathering.
The Beast will appear.	The death of the Prophet ﷺ	The sun will rise from the West.
'Isa عليه السلام will descend.	The Smoke will cover the people.	There will be three land collapses.

Benefits of Learning the Signs

The benefits of learning about the signs of the Day of Judgement include:

- It helps us prepare for the Day of Judgement and the Next Life.
- It reminds us to quickly repent from our sins and say sorry to Allah.
- Many of the minor signs are evil deeds the Prophet ﷺ told us would become very common – this teaches us to not follow others in doing evil.



How can knowing about Dajjal help us?



Task 3

Complete the speech bubble.



I Act On What I Learn

I will prepare for the Day of Judgement by being good in this world.

P Progress Check



1. Before the Day of Judgement, where will the sun rise from?

2. List three major signs of the Day of Judgement.

3. Why did the Prophet ﷺ tell us about the signs?

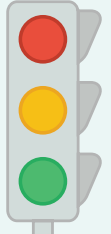
Lesson 18

The 1st Major Sign: Dajjal



Learning Objectives

In this lesson, I will:



- Identify why the Prophet صلى الله عليه وسلم warned us about Dajjal
- Describe how Dajjal will deceive people
- Explain how I can protect myself from Dajjal



Key Words

Dajjal (the False Messiah)

- الدَّجَالُ

Tribulation (*fitnah*) - فِتْنَةٌ

Deceive

T Thinking Starter

Have you ever been tricked by someone?
How did it happen? How did you feel?



The Greatest Tribulation in History

Imagine facing the greatest trickster in history! Someone who can make you believe what's false is true! One of the **major signs of the Day of Judgement is the appearance of Dajjal**, the greatest deceiver of all time. All the Prophets warned their people about him. Our Prophet صلى الله عليه وسلم warned us about him too so we can prepare for this great **tribulation**.

Tribulation: A very tough challenge.

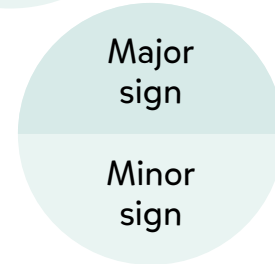
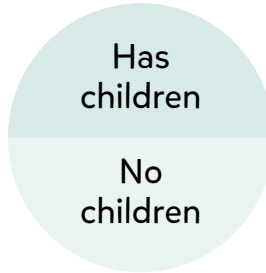
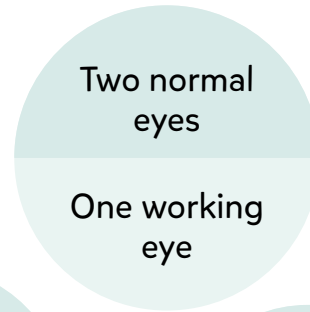
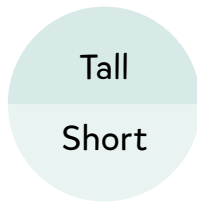
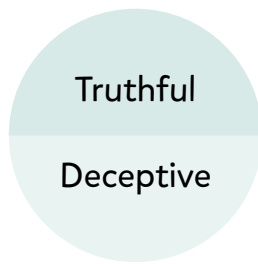
Dajjal will be blind in one eye, and it will stick out like a floating grape! He will be short, with reddish skin and curly hair, and he'll have no children. Between his eyes will be the letters ك - ف - ر (disbeliever), which **all believers will recognise**. This is a sign from Allah so we can easily recognise him.





Task 1

Spot the signs! Circle the phrases that describe Dajjal.



Dajjal: The Dangerous Deceiver

Dajjal will claim to be God and will call people to worship him. He will be given **extraordinary powers**. He will command the sky to send down rain, and it will do so. He will command the earth to bring out fruits and vegetables, and it will do so. He will even kill a person, then bring him back to life!

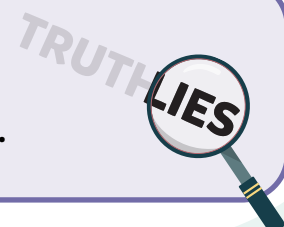
Many people who see this will believe in him and **lose their iman**. Dajjal will trick and confuse people. What they see won't be real – it will be the opposite of what it looks like.

Dajjal will have a powerful army. He will travel quickly around the world, causing much chaos. He will enter every city except Makkah and Madinah, where angels with swords will block his way.



Did You Know?

Dajjal comes from the word 'دجل' which means to cover or deceive. This is because Dajjal will hide the truth with lies.



How to Protect Yourself From Dajjal

- 1 If you live when Dajjal appears, **stay far** away from him.
- 2 **Du'a:** Always ask Allah to protect you from the trial of Dajjal.
- 3 **Surah al-Kahf:** Recite it with reflection and strengthen your iman. The Prophet صلى الله عليه وسلم told us that memorising the first and last 10 verses of Surah al-Kahf will protect us from Dajjal. (Muslim)
- 4 **Learn about Allah** سبحانه وتعالى so Dajjal can't deceive you.



Memorise the first ten verses of Surah al-Kahf.



Task 2

Let's protect ourselves! The Prophet صلى الله عليه وسلم taught us an important du'a to recite after tashahhud in salah. Trace and memorise the words of this du'a.



O Allah, I seek Your protection from the punishment of the fire, from the punishment of the grave, from the trials of life and death, and from the evil of the tribulation of the **False Messiah (Dajjal)**. (Muslim)

Say this du'a inside and outside your salah.





Task 3



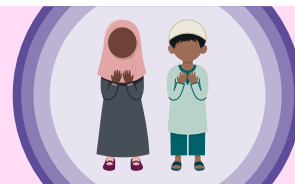
The Clear Differences

Dajjal will try to trick people into thinking he is Allah. Fill in the table to learn the clear differences between Dajjal and Allah.

Dajjal	Allah
He will eat and drink.	
	We cannot see Allah in this world.
	Allah is not one-eyed.
He will be killed by 'Isa عليه السلام.	

I Act On What I Learn

I will ask Allah to protect me from the evil of Dajjal.



P Progress Check



1. Why did the Prophet صلى الله عليه وسلم warn us about Dajjal?

2. How will Dajjal deceive people?

3. How can you protect yourself from Dajjal?

Lesson 19

The 2nd & 3rd Major Signs: 'Isa Ibn Maryam عليهم السلام & Ya'juj and Ma'juj



Learning Objectives

In this lesson, I will:



- Identify who will kill Dajjal
- Describe Ya'juj and Ma'juj
- Explain how 'Isa عليه السلام will rule the earth



Key Words

- Descend
- Gog and Magog
(Ya'juj and Ma'juj) - يَأْجُوجُ وَمَأْجُوجُ
- The Hour - السَّاعَةُ

T Thinking Starter

Why was 'Isa عليه السلام not killed, and instead taken up to Jannah?



The Appearance of 'Isa Ibn Maryam عليهم السلام

When the tribulation of Dajjal becomes unbearable, Allah will send 'Isa عليه السلام back to Earth. **His return is a major sign of the Day of Judgement.** He will descend from Jannah, with his hands resting on the wings of two angels, in the east of Damascus, Syria. At that time, Muslim fighters, preparing to fight Dajjal, will be lined up to pray Fajr. Their imam will step back, offering 'Isa عليه السلام to lead the prayer, but 'Isa عليه السلام will refuse.

After Fajr salah, 'Isa عليه السلام will lead the army and go to fight Dajjal. When Dajjal sees 'Isa عليه السلام, he will melt like salt in water. If left alone, he would melt away and disappear, but Allah will allow 'Isa عليه السلام to kill him. The people will see Dajjal's blood on the spear of 'Isa عليه السلام, proving Dajjal's defeat.





Task 1

Find the antonyms (opposites) of the words below in the previous text.

Minor

Major

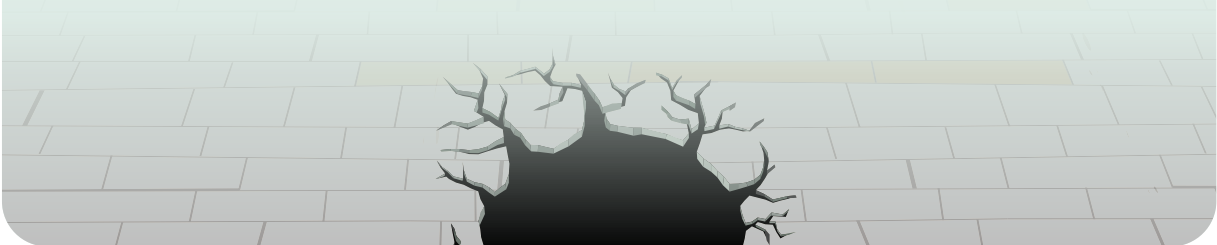
Ascend

Accept

Victory

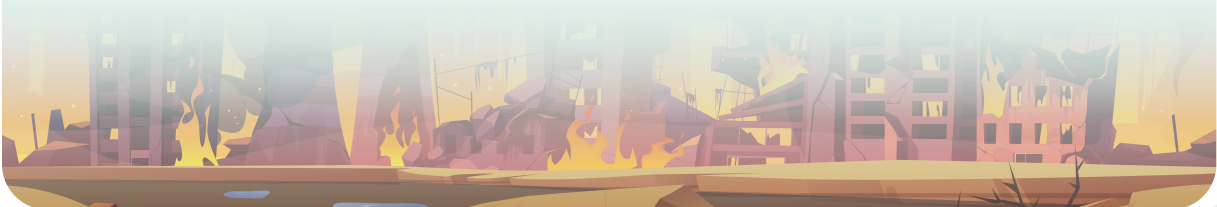
Ya'juj and Ma'juj

Another major sign of the Day of Judgement is the appearance of Ya'juj and Ma'juj (Gog and Magog). They will appear during the time of 'Isa عليه السلام on earth. They are two groups of people who do not believe in Allah. They have wide faces and small eyes. Long ago, they caused chaos on Earth, so Allah gave Dhul-Qarnayn the power to build a barrier to trap them. They keep trying to dig through it. One day, before the Day of Judgement, Allah will allow them to break free.



Which Surah tells the story of Dhul-Qarnayn and Ya'juj and Ma'juj?

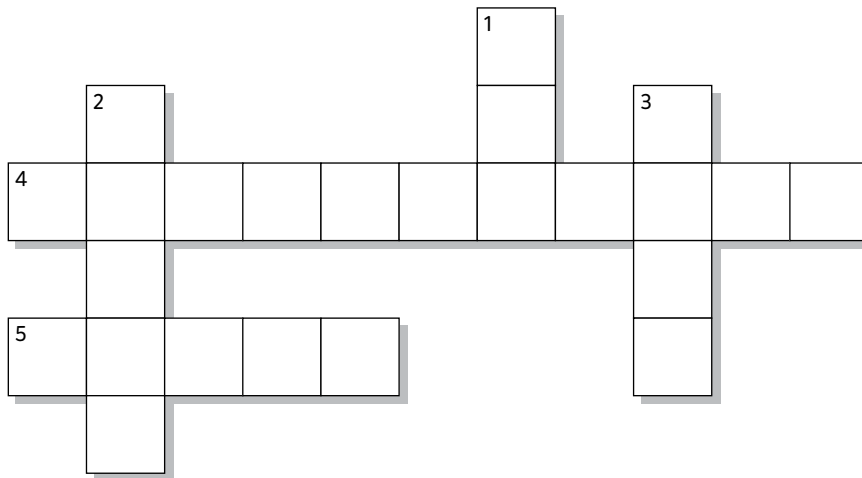
When they break free, there will be a huge number of them. They will drink up the water of the earth and cause great havoc. No one will be able to stop them. 'Isa عليه السلام and the believers, who will be hiding in Mount Tur for safety, will ask Allah for help. Allah will then destroy Ya'juj and Ma'juj by sending worms in their necks. Their dead bodies will litter the earth and cause a very foul smell. Allah will then send rain to wash away their bodies and clean the earth.





Task 2

Complete the crossword below.



Down

1. ‘Isa عليه السلام and the believers will hide in Mount _____.
2. Ya’juj and Ma’juj will cause great _____ when they are let loose.
3. Allah will send _____ to purify the earth from the dead bodies of Ya’juj and Ma’juj.

Across

4. Who built the wall to stop Ya’juj and Ma’juj from coming out?
5. Allah will destroy Ya’juj and Ma’juj by sending _____ in their necks.

A Just Ruler

‘Isa عليه السلام will rule the earth with justice. He will break the cross, destroy the pigs, and fill the earth with peace and wealth. Everyone will worship Allah. ‘Isa عليه السلام will live for forty years before passing away.



Did You Know?

‘Isa عليه السلام will not return as a Prophet but as a just (fair) ruler, judging by the laws of the Qur’an and following the way of our beloved Prophet Muhammad صلى الله عليه وسلم.





Task 3

1 a) Fill in the blank.

حَتَّىٰ إِذَا فُتِحَتْ يَأْجُوجُ وَمَأْجُوجُ وَهُمْ مِّنْ كُلِّ حَدَبٍ يَنْسِلُونَ

“When _____ are let loose and rush down from every slope.” (Surah al-Anbiya:96)

b) Tick (✓) the correct statement.

This ayah tells us that they will spread very fast all over the world and cause severe destruction.

This ayah tells us that they are calm and gentle people.

2

وَإِنَّهُ لَعِلْمٌ لِّلسَّاعَةِ فَلَا تَمْتَرَنَّ بِهَا وَاتَّبِعُونِ هَذَا صِرَاطٌ مُّسْتَقِيمٌ

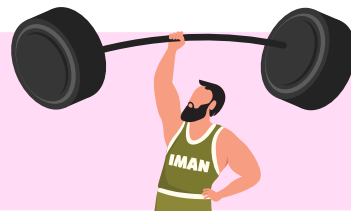
“And it (‘Isa’s second coming) is truly a sign for **the Hour**. So have no doubt about it, and follow me. This is the Straight Path.”

(Surah az-Zukhruf:61)

What does it mean by ‘the Hour’ in the above ayah?

I Act On What I Learn

I will ask Allah to keep my iman strong.



P Progress Check



1. Who will kill Dajjal?

2. What will Ya’juj and Ma’juj do?

3. How will ‘Isa عليه السلام rule on Earth?

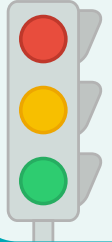
Lesson 20

Allah's Decree



Learning Objectives

In this lesson, I will:



- Outline the key beliefs of al-Qadar
- Describe some of the benefits of belief in al-Qadar
- Explain ridha bil-qadha



Key Words

- To decree - قَدَّرَ
- Comprehensive
- Being pleased with
- Allah's Decree - الرِّضَا بِالْقَضَاءِ

T Thinking Starter

Think of a time when something happened which made you really upset. What did you do?



Iman in al-Qadar

Belief in al-Qadar (Allah's Decree) is the 6th pillar of iman. We firmly believe that:

1. **Everything that happens, both good and bad, happens by the will of Allah**, who does whatever He wishes.
2. Allah's knowledge is **comprehensive**: Allah knows the past, present, and future.
3. Before creating mankind, Allah told the Pen, "Write!" The Pen asked, "What should I write?" Allah instructed it to write the decree of everything until the Day of Judgement. Allah has recorded all of this in 'the Preserved Tablet'. Allah سبحانه وتعالى says:

مَا أَصَابَ مِنْ مُصِيبَةٍ فِي الْأَرْضِ وَلَا فِي أَنْفُسِكُمْ إِلَّا فِي كِتَابٍ مِّن قَبْلِ أَنْ نَبْرَأَهَا إِنَّ ذَلِكَ عَلَى اللَّهِ يَسِيرٌ ﴿٢٢﴾

"No calamity (or blessing) occurs on earth or in yourselves without being (written) in a Record before We bring it into being. This is certainly easy for Allah." (Surah al-Hadid:22)

4. Allah is the Creator of all things.



Task 1

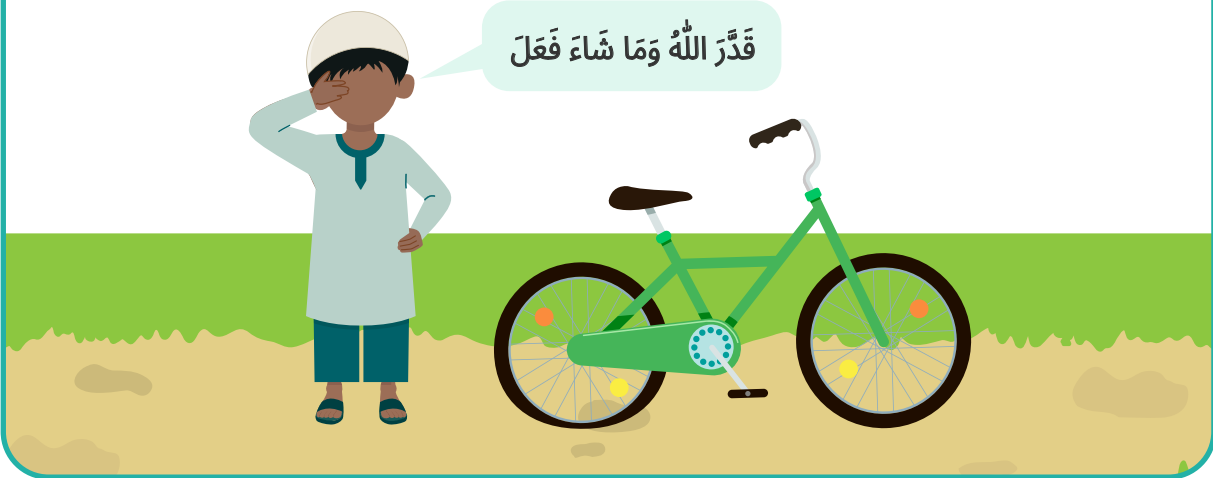
Trace and memorise.

The Prophet ﷺ advised us to say the following when something that we don't like happens:

قَدَرَ اللهُ وَمَا شَاءَ فَعَلَ

“Allah has **decreed** and He does whatever He wills.” (Muslim)

قَدَرَ اللهُ وَمَا شَاءَ فَعَلَ



The Benefits of Belief in al-Qadar

1 Closeness to Allah:

A person who believes in al-Qadar attaches their heart to Allah and places their trust in Him.



2 Patience:

They remain patient in the face of difficulties, without moaning and groaning, or asking ‘Why me, O Allah?’



3 Peace and contentment:

They know that only what Allah has decreed will happen, and nothing can change this. This makes them feel content.



4 Bravery:

Knowing that everything that will happen is decreed by Allah will make you fearless of any creation. You will be brave and always do the right thing.



Being Pleased With Allah's Decree

In this life, everyone will face tests and difficulties. A true believer is patient and accepts the decree of Allah. Some believers are so special and close to Allah that they are content and pleased with the decree of Allah. This is called 'ridha bil-qadha' (الرِّضَا بِالْقَضَاءِ).

One of the greatest secrets to happiness is to be pleased with Allah and everything He decrees.



IT'S STORY TIME!

A Woman of Paradise on Earth

One day, the great Companion and cousin of Prophet Muhammad صلى الله عليه وسلم, 'Abdullah ibn 'Abbas رضي الله عنه asked his student, 'Ata ibn Abi Rabah, "Shall I show you a woman of Jannah?"

عَطَاءُ بْنُ أَبِي رَبَاحٍ

"Yes, of course!" replied 'Ata, eager to know who this special woman was, and how 'Abdullah was so sure that she was destined for Jannah.

'Abdullah رضي الله عنه then told him about this special woman. Her name was Umm Zufar. She was a tall, black woman who suffered from a disease called epilepsy. One day, Umm Zufar رضي الله عنها went to Allah's Messenger صلى الله عليه وسلم, asking him to pray for her and request that Allah stop her seizures.

The Prophet صلى الله عليه وسلم told her, "If you wish, you can be patient and you will receive Jannah in return! Or, if you wish, I can ask Allah to cure you."



The remarkable woman replied, "I will be patient." She then added, "But, my body becomes exposed during the fits, so ask Allah that this does not happen." The Prophet صلى الله عليه وسلم then prayed for her.



What does this story teach you about patience and being pleased with Allah's Decree?



Task 2

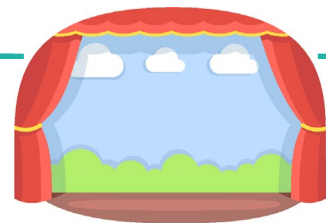
How does a person who believes in al-Qadar act differently from someone who does not? Fill in the table.

Scenario	If they believe in al-Qadar...	If they do not believe in al-Qadar...
Layla was sure she would win at least the 'Best Athlete' award, along with other awards, at the end-of-year ceremony. But when all the awards were given, Layla's name wasn't called even once!	<p>FEEL</p> <p>SAY</p> <p>DO</p>	<p>FEEL</p> <p>SAY</p> <p>DO</p>
Bilal and his family lost their home and most of their belongings in an earthquake. They now live in a tent, and life is very tough for them.	<p>FEEL</p> <p>SAY</p> <p>DO</p>	<p>FEEL</p> <p>SAY</p> <p>DO</p>



Task 3

Choose one of the scenarios above and prepare a role play with your classmates.



I Act On What I Learn

I will be content and happy with Allah's decree.

P Progress Check



1. What does belief in al-Qadar include?

2. What are the benefits of belief in al-Qadar?

3. What is ridha bil-qadha?

IT'S NASHID TIME!

Allah Knows

When you feel all alone in this world
 And there's nobody to count your tears
 Just remember, no matter where you are
 Allah knows, Allah knows

When you're carrying a monster load
 And you wonder how far you can go
 With every step on that road that you take
 Allah knows, Allah knows

[Chorus]

**No matter what, inside or out
 There's one thing of which there's no doubt
 Allah knows, Allah knows**

And whatever lies in the heavens and the earth
 Every star in this whole universe
 Allah knows, Allah knows

When you find that special someone
 Feel your whole life has barely begun
 You can walk on the moon, shout it to everyone
 Allah knows, Allah knows



When you gaze with love in your eyes
 Catch a glimpse of paradise
 And you see your child take the first breath of life
 Allah knows, Allah knows

[Chorus]

When you lose someone close to your heart
 See your whole world fall apart
 And you try to go on but it seems so hard
 Allah knows, Allah knows

You see we all have a path to choose
 Through the valleys and hills we go
 With the ups and the downs, never fret, never frown
 Allah knows, Allah knows

[Chorus]

Every grain of sand
 In every desert land
 He knows
 Every shade of palm
 Every closed hand
 He knows
 Every sparkling tear
 On every eyelash
 He knows
 Every thought I have
 And every word I share
 He knows
 Allah knows

By Zain Bhikha



I Learn, I Act, I Share

ANGELS BY MY SIDE

LEARNING FOR A

Life With Allah

In this book, we have been learning about the angels who record everything we do. In this session, we will reflect on what our angels might be recording about us! This will help us to improve ourselves, strengthen our iman, and become closer to Allah.

Scribe Like an Angel

Think about everything you did today. In the right column, write what the angel on your right would have recorded. In the left column, write what the angel on your left would have recorded.

Angel on my left**Angel on my right**

Plan for Tomorrow

How can you make tomorrow better than today?

Believers always focus on improving themselves. They also help one another to improve and want the best for each other.

Ask your parents, teacher, classmates, or friends to help with this task. Remember, they care about you and want to help you be the best you can be!

Tomorrow, I will leave the angel on my left side with nothing to write.

I won't think:

I won't say:

I won't do:

Tomorrow, I will keep the angel on my right side busy.

I will think:

I will say:

I will do:

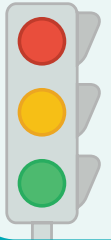
Lesson 21

The Pure Heart



Learning Objectives

In this lesson, I will:



State why my heart is the most important part of me

Discuss some diseases of the heart

Explore some ways to purify my heart



Key Words

Pure heart (*qalb salim*)

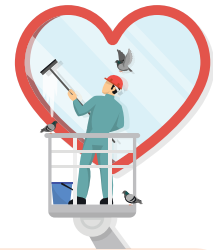
قَلْبٌ سَلِيمٌ -

Disease - مَرَضٌ

To tempt

T Thinking Starter

What are some actions and thoughts that help to polish our hearts? What have you done today to polish your heart?



The Most Important Part of You

We all have a **spiritual heart** inside us that we cannot see. Although we can not see it, it is the most important part of us, as it controls what we do. The Messenger of Allah صلى الله عليه وسلم said,

“There is a lump of flesh in the body: when it is sound, the whole body is sound; and when it is corrupt, the whole body is corrupt. Truly, it is the heart.” (Bukhari)

To be good Muslims and strong believers, we must take care of our hearts. To be close to Allah and to be His special servants, we have to try our best to make our hearts shine.



Did You Know?

Just like our bodies can get sick, our spiritual hearts can also become ill. Some actions and feelings make the heart rusty and weak. These are known as the **‘diseases of the heart’**.





Task 1

Diseases of the Heart

Find the following diseases of the heart in the word search. Once you finish, talk to a partner about the meaning of each word.

Shirk

Pride

Envy

Anger

Greed

Hatred

Showing Off

Selfishness

W	D	G	R	E	E	D	K	R	J	Q
O	F	D	S	H	I	R	K	M	O	D
Q	O	K	W	P	P	A	N	G	E	R
Q	U	N	T	Y	R	U	A	J	R	F
Y	U	M	V	G	N	I	R	U	E	H
J	J	N	J	B	H	U	D	G	P	S
S	E	L	F	I	S	H	N	E	S	S
N	Q	M	X	C	H	A	T	R	E	D
G	L	N	F	K	F	C	C	W	M	X
Z	S	H	O	W	I	N	G	O	F	F
J	B	B	C	K	N	O	S	E	Q	W

A Pure Heart

While making du'a to Allah سبحانه وتعالى, Ibrahim عليه السلام said:

وَلَا تُخْزِنِي يَوْمَ يُبْعَثُونَ ﴿٨٧﴾ يَوْمَ لَا يَنْفَعُ مَالٌ وَلَا بَنُونَ ﴿٨٨﴾ إِلَّا مَنْ آتَى
 اللَّهُ بِقَلْبٍ سَلِيمٍ ﴿٨٩﴾

“...And do not disgrace me on the Day all will be resurrected – The Day when neither wealth nor children will be of any benefit. Only those who come before Allah with a pure heart (will be saved).”

(Surah ash-Shu' ara:87-89)

To be successful on the Day of Judgement, we need to have a **qalb salim**. A qalb salim is a pure heart – a heart that is free from all diseases. It doesn't let Shaytan control it. Every time Shaytan **tempts** a person with a pure heart, they say “NO!” to Shaytan.



A qalb salim is pure and healthy. How many 'diseases of the heart' can you list?

Our hearts become pure when we:

- Know Allah and love Him
- Fear Allah and have hope in Him
- Always remember Allah and are grateful to Him
- Be kind and gentle
- Share with others and help them
- Trust Allah and always ask Him for help
- Control our anger
- Respect our parents



A qalb salim is a heart that is attached to its Maker and Creator, Allah!



Task 2

The Heart of the Playground

Imagine you are Dr. Qalb Salim! Look at the children below.

Which children have 'sick hearts'? Put a cross (X) next to their names.



Zaynab SUBHANALLAH! ALLAH MADE THE SKY BEAUTIFUL!

Shayma

Hamzah

Hasan I TOOK HAMZAH'S SNACK!!!

Sarah MR. AHMAD GAVE EVERYONE A SNACK, BUT KHALID TOOK TWO, SO NOW I DON'T HAVE ONE.

Khalid I SHOULD BE THE CLASS LEADER, NOT KHADIJAH. I'M SMARTER AND PRETTIER THAN HER!

Khadijah



Task 3

List the children with sick hearts. Diagnose the disease they are suffering from and prescribe a remedy.

Patient Name	Diagnosis	Prescribed Remedy
Hasan	<i>Showing off</i>	

Try saying the tongue twister below as quickly as you can. See if you can say it three times in a row without getting tangled up!



Dr. Qalb Salim made a dazzling diagnosis of the diseases in Dawud's dirty heart, much to the dangerous devil's deep dismay.

I Act On What I Learn



I will always ask Allah to bless me with a pure heart.

P Progress Check



- Why is your spiritual heart the most important part of you?

- Name four diseases of the heart.

- How can we have pure hearts?

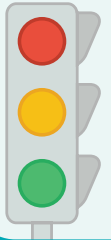
Lesson 22

Hatred



Learning Objectives

In this lesson, I will:



Recall what the Prophet صلى الله عليه وسلم said about hatred

Reflect on the qualities of the man promised Jannah

Explain how to attain a hatred-free heart



Key Words

Hatred

Enmity

Criticise

T Thinking Starter

What happens to your heart when you feel hatred towards someone?



Hatred: A Deadly Disease

Do you stop talking to someone over something petty? Do you feel anger boiling in your heart towards someone who said or did something hurtful, and you can't stop thinking about how you're going to take revenge?

These negative feelings are the feelings of **hatred** and **enmity**, which chip away at your heart and make it very rusty. The Prophet صلى الله عليه وسلم warned us about this dangerous disease of the heart:

“Beware of hatred, for it is the shaver. I do not say that it shaves hair, but rather it shaves away the din.” (al-Adab al-Mufrad)

This means that hatred destroys the din of the people. Shaytan loves it when we fight with each other. He knows that by breaking our relationships and families, he can weaken our iman and our Ummah.



Hatred is not always bad. Can you think of people in history who we should hate?





Task 1

Imagine and draw a heart that is full of...

...hatred and enmity

...love and kindness

Write as many adjectives as you can to describe a person who has these types of hearts.

IT'S STORY TIME!

Person of Paradise

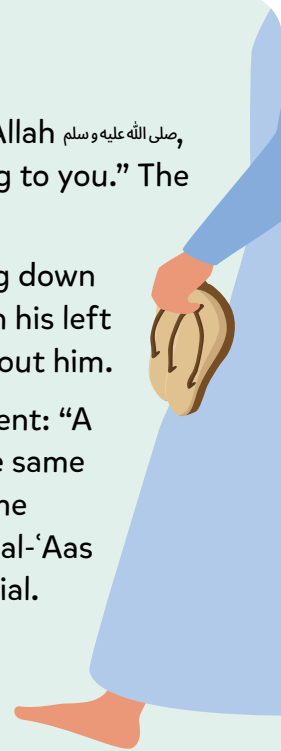
One day, as the Sahabah were sitting with the Messenger of Allah ﷺ he ﷺ said, “A man from the people of Paradise is coming to you.” The Sahabah were curious – who could this special person be?

Soon, a man from the Ansar walked in. Water was still trickling down his beard after doing wudu, and he was carrying his slippers in his left hand. There didn't seem to be anything particularly special about him.

The next day, the Prophet ﷺ repeated the same statement: “A man from the people of Paradise is coming to you.” Again, the same man from the Ansar walked in. On the third day, the exact same thing happened. This made the Sahabi ‘Abdullah ibn ‘Amr ibn al-‘Aas very curious. He wanted to know what made this man so special.

So, ‘Abdullah رضي الله عنه approached the man and said, “I’ve had a disagreement with my father, and I swore that I will not enter my home for three days. May I stay with you?” The man agreed, and ‘Abdullah stayed with him for three nights.

During those nights, ‘Abdullah observed everything the man did. He noticed that the man did not wake up to pray at night, but when he turned in his sleep, he would **remember Allah** and glorify Him until he got up for Fajr salah. ‘Abdullah also noticed that **the man only spoke good and kind words.**



After three days, ‘Abdullah couldn’t contain his curiosity any longer. He said to the man, “I didn’t really have a disagreement with my father.” He then told him what Muhammad ﷺ had said about him for three days in a row. “I just wanted to see what you do to be like you! But I didn’t see you doing many special deeds. Why did Allah’s Messenger ﷺ say that about you?”

The man said, “There’s nothing more to me than what you saw, except that I **don’t hold any grudges against any Muslims**, and I don’t envy anyone for the good things Allah has given them.”

When ‘Abdullah heard this, he realised what made the man special. It wasn’t that he performed lots of extra deeds but he had a pure heart: **free from hatred and jealousy**. ‘Abdullah then understood that this was a rare and beautiful quality, something very hard for most people to achieve. “That is how you obtained this position! Something we struggle to do!”



Task 2

What was so special about this Companion رضي الله عنه that the Prophet ﷺ described him as ‘a man of Paradise’?

The Remedy For Hatred

- 1 **Forgive** the person who has hurt you and be patient. Remember that you also make mistakes and just as you want Allah to forgive your sins, you should forgive others. Sometimes you might be angry with someone, but that does not mean you hate them. Give yourself time to calm down and fill your heart with good feelings instead.
- 2 **Be good** to those you have negative feelings towards. Give them gifts and do nice things for them, especially when you don’t feel like it. Praise them when your heart wants to **criticise** or backbite about them. Meet them with respect and humility.
- 3 **Do du‘a for them**, especially when you don’t really feel like doing so.

Criticise: To find problems or mistakes in someone.






Task 3

Help Dr. Qalb Salim respond to Khansa.

Hatred-Free Heart
⌵ 📄 ✕



Dr. Qalb Salim
drqalbsalim@mail.com

To khansa@mail.com Cc Bcc

Subject Hatred-Free Heart

Reply
Forward

Dear Dr. Qalb Salim,

I have two friends who have been upset with each other for the last three days. Now they are saying that they hate each other. What can I do to help them attain a hatred-free heart?

JazakAllahu Khayra,
Khansa

A 📎 😊 🔗 🖼️ 🗑️

Send

I Act On What I Learn

I will have a hatred-free heart!



I polish my heart!

P Progress Check



1. What did the Messenger صلى الله عليه وسلم say about hatred?

2. What were the two special qualities of the Sahabi promised Jannah?

3. What should you do if you hate somebody?

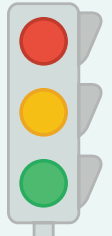
Lesson 23

Controlling My Nafs



Learning Objectives

In this lesson, I will:



Describe the nafs

Discuss why I have to control my nafs

Explain tazkiyah



Key Words

Inner self (*nafs*) - نَفْسٌ

Control

Tazkiyah

T Thinking Starter

Can we see the wind? Can we see electricity?
How do we know they are around us?



What Is the Nafs?

We all have a body that we can see and touch. Inside us, we also have something called the **nafs**. This is our inner self. The nafs can be:



Selfish

It doesn't like to think about others.



Greedy

It always wants more and more. It craves all the fancy things in this world.



Likes Praise

It enjoys compliments but doesn't like it when someone points out its faults. It always wants to be better than others.



Lazy

It likes to be comfortable and wants things to be easy.



Task 1

Colour in the thoughts that a selfish nafs would have.

Remember, our inner self (*nafs*) tends to think only about itself and not care much about others.

I want that...

Hey - that's mine!

You can have some too!

What about my sister?

It's not my fault!

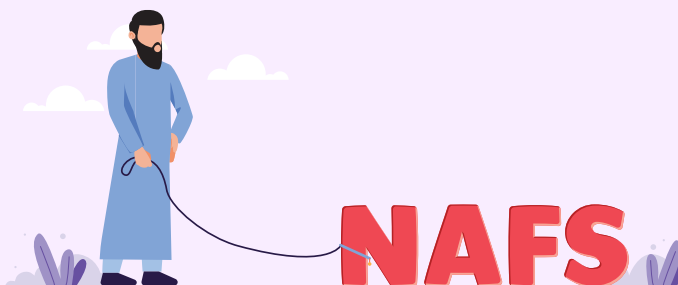
Is anyone else hungry?

I feel hungry...

Controlling the Nafs

Although our nafs can be greedy, selfish and lazy, we can learn to **control** it until it becomes good, kind and peaceful.

Think about how hard athletes work and how they fight their nafs so that they can win medals and become champions. We have an even bigger goal: to become **Jannah Champions!** If we want to be Allah's special friends, we must **control** and **train** our nafs.



Did You Know?

Top athletes avoid sugary snacks and junk food. If they ate those, they wouldn't be able to stay at the top of their game!





Task 2

It is very important to control your nafs. If you don't control your nafs, it will slowly take over all your decisions, making it harder and harder for you to submit to Allah and make the right choices.

Decide whether the actions below show good or poor self-control.

Actions	Good control of the nafs	Poor control of the nafs
It's Fajr time, but I don't get up from my bed because it is so nice and warm.	<input type="radio"/>	<input type="radio"/>
I am feeling angry with a classmate and want to scream. Instead, I control my temper and say nothing.	<input type="radio"/>	<input type="radio"/>
My father gives me a bag of sweets. I really want to eat them all, but I first offer some to my brothers and sisters.	<input type="radio"/>	<input type="radio"/>
My sister keeps copying everything I say. It is very frustrating, but I stay calm and just smile.	<input type="radio"/>	<input type="radio"/>

Tazkiyah: I Purify My Nafs

When we work very hard to train our nafs and purify it from bad things, this is called **tazkiyah** (purification). Tazkiyah is a very important part of our din. It involves purifying our nafs from all diseases and controlling it until it grows to be full of iman, love, and respect for Allah! Allah says:

قَدْ أَفْلَحَ مَنْ زَكَّاهَا ﴿٩﴾ وَقَدْ خَابَ مَنْ دَسَّاهَا ﴿١٠﴾

“Successful indeed is the one who purifies their (inner self), and doomed is the one who corrupts it!” (Surah ash-Shams:9-10)

When we purify our nafs, we don't follow our own desires; instead, we obey Allah. Our nafs may urge us to say or do bad things, but we resist and do not listen.



Task 3

Check Your Nafs!

Complete the comic strip below by adding your own pictures and speech bubbles.



Try to use the word 'nafs' in your answer.

I Act On What I Learn

I will control my nafs when it tells me to do bad.



P Progress Check



1. What is the nafs?

2. Why do you have to control your nafs?

3. What is tazkiyah?

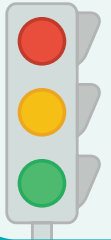
Lesson 24

Trusting Allah



Learning Objectives

In this lesson, I will:



- Define tawakkul
- Reflect on the tawakkul of Muhammad ﷺ
- Explain the benefits of tawakkul



Key Words

Trusting Allah (*tawakkul*) - التَّوَكَّلُ

The Ultimate Trustee - الْوَكِيلُ

Allah is enough for us - حَسْبُنَا اللَّهُ

T Thinking Starter



Discuss this statement: “It’s okay not to work hard in school. Just place your trust in Allah and you will be fine!”



What Is Tawakkul?

In this life, we are on a special journey—a journey to Allah. For this journey, we need to pack some important things. One of these important things is tawakkul.

Tawakkul means to rely and trust in Allah. It’s to fully depend on Allah, knowing that only He can bring you good and remove harm from you. Instead of relying on yourself or others, you place all your trust in Allah, **al-Wakil: the Ultimate Trustee.**

Al-Wakil is the Only One you can completely trust. He manages and looks after all matters of His creation. He is the One who ‘has your back’ and He never abandons the one who places their trust in Him (tawakkul).

الْوَكِيلُ



Did You Know?

Tawakkul is a great act of worship!





Task 1

Trace and memorise.

Ibrahim عليه السلام knew that Allah is al-Wakil, so he put his trust in Him Alone. When his people prepared a huge fire and threw him into it, Ibrahim عليه السلام remained confident in Allah سبحانه وتعالى and said:

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

Allah is enough for us and He is the Best Protector. (Bukhari)

Tawakkul made the hot fire cool and safe for Ibrahim عليه السلام.

IT'S STORY TIME!

Who Will Protect You?

Once, our beloved Prophet Muhammad صلى الله عليه وسلم and the Sahabah were returning from a battle. As the heat became intense, they decided to take an afternoon nap in a valley full of prickly shrubs. The Sahabah spread out to find shade under the trees. The Prophet صلى الله عليه وسلم also found a tree to rest under and hung his sword on one of its branches.

Everyone soon fell asleep. Some time later, the Prophet صلى الله عليه وسلم called out to everyone, waking them up. They quickly gathered around him and saw a non-Muslim Bedouin named Ghawrath ibn al-Harith standing nearby.

The Prophet صلى الله عليه وسلم explained what had happened. While he was asleep, Ghawrath had crept up, taken his sword, and held it over him. He then asked the Prophet صلى الله عليه وسلم, "Are you scared of me?" The Prophet replied, "No." He then challenged the Prophet صلى الله عليه وسلم, "Who will protect you from me?"

Calmly, the Prophet صلى الله عليه وسلم replied, "Allah," three times. As soon as he said this, the sword fell from Ghawrath's hand.

The Prophet صلى الله عليه وسلم picked up the sword and said to Ghawrath, "Who will protect you from me?" Ghawrath asked the Prophet to forgive him. The Prophet replied, "Do you testify that there is no god worthy of worship except Allah, and that I am the Messenger of Allah?"

Ghawrath said, "No, but I promise you that I will not fight you nor will I support anyone who fights you." The Prophet صلى الله عليه وسلم, showing great mercy, let him go. Ghawrath returned to his people and told them, "I have come to you from the best of all people."



The Prophet صلى الله عليه وسلم was not scared. Instead, he fully placed his trust in Allah and was confident that Allah would protect Him.



Task 2

Spot the mistakes and rewrite these sentences correctly.

a Muhammad صلى الله عليه وسلم was confident his sword would protect him.

b A heart full of tawakkul in Allah is a dirty heart!

c Tawakkul makes you weak. The weakest person is the one who has the strongest belief and trust in Allah.

The Benefits of Tawakkul

Allah سبحانه وتعالى loves those who have tawakkul. A person with tawakkul realises that they are weak and knows that only Allah can help them. Allah سبحانه وتعالى says:



وَمَنْ يَتَوَكَّلْ عَلَى اللَّهِ فَهُوَ حَسْبُهُ

“And whoever puts their trust in Allah, then He is sufficient for them.”

(Surah at-Talaq:3)

This means that whoever trusts Allah, obeys and puts Him first, He will always take care of them.

When we trust Allah, think good of Him and attach our hearts to Him, We gain His love, His special care, and His protection.

When you place your trust in Allah, amazing things happen to you!

Tawakkul is not only about trusting Allah when things get difficult – it also includes trusting Allah to help you do good deeds!



Try saying the tongue twister below as quickly as you can. See if you can say it three times in a row without getting tangled up!



Tiny Taha trusted Allah the Tremendous to protect him from the terrifying torment of the terrible tyrant.

Task 3

It's Halaqah Time!

How can tawakkul help someone whose parents are separating?

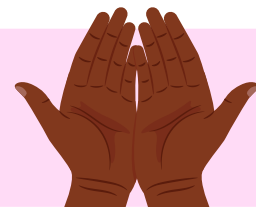
Why does Allah love those who have tawakkul?



What does 'trusting Allah to help you do good deeds' mean? Can you think of an example?

I Act On What I Learn

I will turn to Allah first for all my needs and trust Him.



P Progress Check



1. What is tawakkul?

2. What does the story teach you about Muhammad ﷺ?

3. What are the benefits of tawakkul?

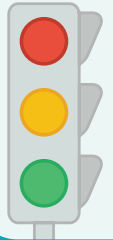
Lesson 25

Being Sincere for Allah



Learning Objectives

In this lesson, I will:



- Define ikhlas
- Differentiate between good and bad intentions
- Explain the importance of 'secret deeds'



Key Words

Sincerity (*ikhlas*) - الإِخْلَاصُ
 Actions - الأَعْمَالُ
 Donor

T Thinking Starter

Can you think of a time when you did something kind for someone without them knowing?



What Is Ikhlas?

Allah سبحانه وتعالى says:

قُلِ اللَّهُ أَعْبُدُ مُخْلِصًا لَهُ دِينِي

“Say, “It is (only) Allah that I worship, being sincere in my devotion to Him.”” (Surah az-Zumar:14)



Ikhlas (sincerity) means doing something only for the sake of Allah.

Allah is our only Rabb, and we worship Him Alone. Ikhlas is one of the most important aspects of our din. Without ikhlas, Allah will not accept our good deeds, and we will not be rewarded for them.

Sometimes, we do good deeds hoping others will praise us or reward us, but this is the opposite of ikhlas. Ikhlas means doing good deeds just to make Allah happy.

Ikhlas is all about the intentions in our hearts. Allah is the All-Knowing and He knows everything in our hearts.



Sincerity makes your heart shine!





Task 1

Circle the intentions that will make Allah happy and make your heart shine.



I am praying salah so that my mum stops bothering me.



I will be patient with my sister so that Allah is happy with me.



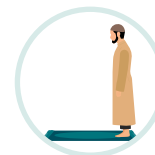
I will help my mum with the chores so everyone says I am so helpful.



I will wear hijab to follow Allah's command.



I will recite Qur'an so that I get dessert.



I will pray Salah to get close to Allah.

Intentions

The Messenger of Allah صلى الله عليه وسلم said,

إِنَّمَا الْأَعْمَالُ بِالنِّيَّاتِ

“Actions are according to intentions.” (Bukhari)

Our intentions (why we do something) are very important. When we do a good deed, we should always intend to seek the pleasure of Allah. If we do good deeds with the wrong intention, we won't get any reward and may earn a sin instead.

A small action with a sincere intention can bring huge rewards. You may give 1 cold coin to charity, but ikhlas can bring you the reward of giving 1,000 gold coins.



Always think and ask yourself: Why am I doing this?



Allah is so Kind that He rewards us for daily actions, which we might not even think of as acts of worship – just by our intention! For example, if you clean your bedroom with some of the following intentions, it will become an act of worship which you are actually rewarded for:

I want to clean my room because Allah loves those who are clean.

I want to make my mum happy, which makes Allah happy.

I want my room to be clean so that angels come with their blessings.



Task 2

Think of three good intentions for studying hard at school, and write them down.

1

2

3

The Secret of Sincerity: Secret Deeds

Sometimes, Shaytan tries to spoil our good actions by making us boast about them. The secret to being sincere is to do as many ‘secret good deeds’ as possible. This keeps our intentions pure and polishes our hearts.

IT'S STORY TIME!

The Mystery Donor of Madinah

For years, the poor of Madinah found food left at their doors during the night. They only found out who the ‘mystery’ donor was on the day he passed away.



It was none other than Zayn al-‘Abidin ‘Ali ibn al-Husayn رَحِمَهُ اللهُ، the great grandson of the Prophet صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ – a man who was very close to Allah سُبْحَانَهُ وَتَعَالَى.

When they bathed Zayn al-‘Abidin after his death, they noticed something strange: there were these marks on his back and shoulders. These marks were from carrying food on his shoulders and secretly delivering it to people at night for many years.

Allahu Akbar! Zayn al-‘Abidin did this secret deed just to please Allah for so many years, and nobody knew about it while he was alive!

A **donor** is someone who gives something, such as money, food, or other help, to a person in need.



Task 3

Finish off the following story.

Musa’s Special Secret With Allah

Musa was an ordinary boy living in a small village, but he had a big heart. One day, Musa noticed something in his village that made him want to do a good deed in secret. He didn’t want anyone to know it was him, not even his family or friends...

I Act On What I Learn

I will do a secret deed only for the sake of Allah!



P Progress Check



1. What is ikhlas?

2. What are good and bad intentions for praying salah?

3. Why is it important to do secret good deeds?

IT'S NASHID TIME!

Heart of a Muslim

Looking up at the sky
 Searching for Allah Most High
 He rejected the way of worshipping gods of clay
 Prophet Ibrahim knew that Allah was Near
 And that the heart of a Muslim is sincere

Under the hot burning sun
 He declared God is one
 Though with stones on his chest
 His iman would not rest
 The mu'addhin knew that right would conquer wrong
 And the heart of a Muslim must be strong

[Chorus]

It's the heart of a Muslim through the guidance of Islam
 That makes you fair and kind and helpful to your fellow men
 So living as a Muslim means that you must play a part
 Allah looks not at how you look, but what is in your heart

In our poor meagre state
 Little food on our plate
 Mother said she was glad
 Always sharing what we had
 When I asked how can we share what's not enough
 She said the heart of a Muslim's filled with love

He said it's time you should know
You will learn as you grow
That some people around
Will do what's bad to bring you down
Father said to be a star that's shining bright
For the heart of a Muslim does what's right

[Chorus]

So whatever you do
Make sure your words are true
Honesty is the best
Because life is a test
Even if it hurts so much you want to cry
For the heart of a Muslim does not lie

[Chorus]

So living as a Muslim means that you must play a part
Allah looks not at how you look, but what is in your heart

By Zain Bhikha



I Learn, I Act, I Share

JOURNEY TO A PURE HEART

LEARNING FOR A
Life With Allah

In this book, we have been learning about attaining a **qalb salim** (pure heart), so we can be happy and successful in this life and the next. In this session, you will get a chance to reflect on some of what we have been learning and prepare to practise it.



Time For Reflection

Find a quiet space (perhaps even outdoors if you can!) and spend some time thinking about the state of your heart by filling out the checklist below. Remember to be honest with yourself.

Self-Evaluation - I Reflect on My Heart

	Always	Sometimes	Never
Hatred			
Do I want to take revenge whenever someone hurts me?			
Do I hold grudges and find it hard to forgive?			
Do I sometimes hate someone for no reason?			
Controlling My Nafs			
Am I greedy?			
Do I get upset if someone corrects my mistakes?			
Do I feel like I deserve more than others?			
Trusting Allah			
Do I panic and lose hope when things go wrong?			
Do I turn to everyone else before turning to Allah?			
Do I forget to ask Allah for help when I want to do a good deed?			
Sincerity			
Do I want people to see and notice every good deed I am doing?			
Do I hope that people will praise me?			
Do I pray salah properly when I am in front of others, and not care as much when I am alone?			

Time For Action

Choose one thing from the list on the previous page.

Over the next 40 days, focus on this and ask Allah for help in becoming better at it.

O Allah, please help me to _____

What will you do to achieve your goal?



IMAN & TAZKIYAH

LEVEL 4

Word Bank

Aa

- Actions - الأَعْمَالُ
- al-Bayt al-Ma'mur
- Allah is enough for us - حَسْبُنَا اللَّهُ -
- Appreciate
- Assign
- Astonished

Bb

- Balance
- Beast - دَابَّةٌ
- Being pleased with Allah's Decree - الرِّضَا بِالْقَضَاءِ
- Beneficial

Cc

- Christians
- Claimed
- Close friends - أَوْلِيَاءٌ
- Communicate
- Comprehensive
- Control
- Conviction
- Criticise

Dd

- *Dajjal* (the False Messiah) - الدَّجَالُ
- Deceive
- Decree
- Descend
- Disease - مَرَضٌ
- Donor
- Doubt
- Dwellers

Gg

- Gatherings
- Gog and Magog (*Ya'juj & Ma'juj*) - يَأْجُوجُ وَمَأْجُوجُ -

Jj

- Jews

Ll

- Land collapse
- Limitless

Hh

- Hatred

Ii

- *Ihsan* - إِحْسَانٌ
- Indicate
- Injustice, oppression - ظُلْمٌ -
- Inner self (*nafs*) - نَفْسٌ
- Iris

Mm

- Magnificent
- *Ma'rifah* (knowing Allah)
- Meadows
- Minor
- Monitoring
- *Muraqabah*

Ee

- Enmity
- Exaggerate
- Experience

IMAN & TAZKIYAH

LEVEL 4

Nn

- Noble

Pp

- Pure heart (*qalb salim*)
- قَلْبٌ سَلِيمٌ

Qq

- Qualities

Ss

- Sincerity (*ikhlas*)
- الإِخْلَاصُ
- Smoke (*dukhan*) - دُخَانٌ
- Submit
- Successive

Tt

- *Tafakkur*
- *Tazkiyah*
- The All-Powerful - الْقَدِيرُ
- The Ever Watchful
- الرَّقِيبُ
- The Guide - الْهَادِي
- The Hour - السَّاعَةُ
- The Lote Tree
- The Mahdi
- The Most Appreciative
- الشَّاكِرُ
- The Most Beautiful
Names - الْأَسْمَاءُ الْحُسْنَى
- The Most Generous
- الْكَرِيمُ
- The Most Loving - الْوَدُودُ
- The Ultimate Trustee
- الْوَكِيلُ
- To decree - قَدَّرَ
- To guide - هَدَى
- To tempt
- Tranquillity
- Tribulation (*fitnah*)
- فِتْنَةٌ
- Trusting Allah
(*tawakkul*) - التَّوَكَّلُ

Ww

- Weeds



Memorisation Checklist

PAGE 5

وَلِلَّهِ الْأَسْمَاءُ الْحُسْنَىٰ فَادْعُوهُ بِهَا

“To Allah Alone belong the most Beautiful Names, so call on Him by them.” (Surah al-A’raf:180)

PAGE 20

(اللَّهُمَّ) أَسْأَلُكَ حُبَّكَ ، وَحُبَّ مَنْ يُحِبُّكَ ، وَحُبَّ عَمَلٍ يُقَرِّبُنِي إِلَىٰ حُبِّكَ

“O Allah, I ask You for Your love, the love of those whom You love, and the love of deeds which will bring me closer to Your love.” (Tirmidhi)

PAGE 44

قُلْ إِنَّ صَلَاتِي وَنُسُكِي وَمَحْيَايَ وَمَمَاتِي لِلَّهِ رَبِّ الْعَالَمِينَ ﴿١٦٢﴾

“Say, “Surely my prayer, my worship, my life, and my death are all for Allah—Lord of all worlds.”” (Surah al-An’am:162)

PAGE 75

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ جَهَنَّمَ ، وَمِنْ عَذَابِ الْقَبْرِ ، وَمِنْ فِتْنَةِ الْمَحْيَا وَالْمَمَاتِ ، وَمِنْ شَرِّ فِتْنَةِ الْمَسِيحِ الدَّجَالِ

“O Allah, I seek Your protection from the punishment of the fire, from the punishment of the grave, from the trials of life and death, and from the evil of the trial of the False Messiah (Dajjal).” (Muslim)

قَدَّرَ اللَّهُ وَمَا شَاءَ فَعَلَ

“Allah has decreed and He does whatever He wills.”

(Muslim)

A

قَدْ أَفْلَحَ مَنْ زَكَّاهَا ۖ وَقَدْ خَابَ مَنْ دَسَّاهَا ۝

“Successful indeed is the one who purifies their (inner self), and doomed is the one who corrupts it!” (Surah ash-Shams:9-10)

Q

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

“Allah is enough for us and He is the Best Protector.”

(Bukhari)

A

وَمَنْ يَتَوَكَّلْ عَلَى اللَّهِ فَهُوَ حَسْبُهُ

“And whoever puts their trust in Allah, then He is sufficient for them.” (Surah at-Talaq:3)

Q

إِنَّمَا الْأَعْمَالُ بِالنِّيَّاتِ

“Actions are according to intentions.”

(Bukhari)

H

Q

Quran

H

Hadith

A

Adhkar

MY VALUES



I Am a Servant
of Allah



I Love Allah &
His Messenger

صلى الله عليه وسلم



I Am Strong in
My Belief



I Aim for the
Best



I Polish My
Heart



I Am Kind



I Help My
Ummah

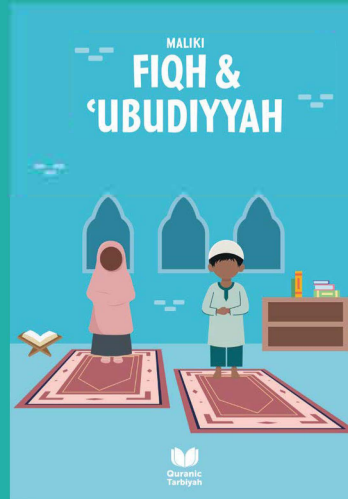
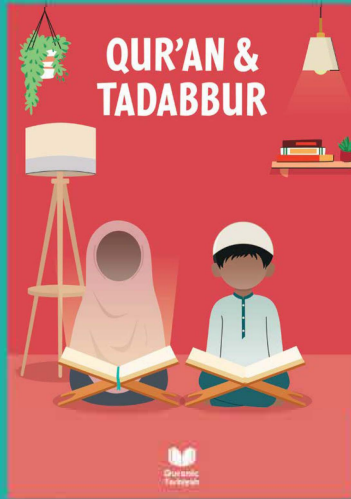


I Am
Responsible



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