

We Don't Backbite



يَا أَيُّهَا الَّذِينَ ءَامَنُوا اجْتَنِبُوا كَثِيرًا مِّنَ الظَّنِّ إِنَّ بَعْضَ
الظَّنِّ إِثْمٌ وَلَا تَجَسَّسُوا وَلَا يَغْتَبَ بَعْضُكُم بَعْضًا ،
أَيُّبٌ أَحَدُكُمْ أَن يَأْكُلَ لَحْمَ أَخِيهِ مَيْتًا فَكَرِهْتُمُوهُ ،
وَاتَّقُوا اللَّهَ ، إِنَّ اللَّهَ تَوَّابٌ رَّحِيمٌ

“Believers, avoid many suspicions, (for) indeed, some suspicions are sinful. Do not spy on one another or backbite one another: would any of you like to eat the flesh of your dead brother? You would hate it! So be mindful of Allah: Allah is The Acceptor of Repentance, Most Merciful” (Surah al-Hujurat:12)

In this ayah, Allah سبحانه وتعالى tells us to stay away from:

1

**Thinking
bad about
others**

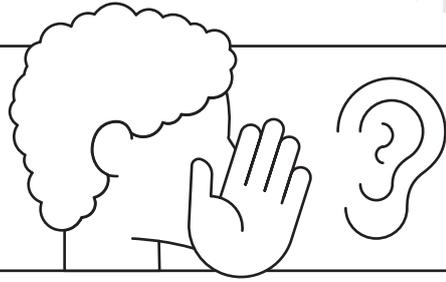
2

Spying

3

Backbiting

Backbiting is when you say something bad about someone when they are not there ('behind their back'), even if it's true!



Have you said something bad about someone today? What should you do?

Backbiting is like eating the flesh of your dead brother. This is such a powerful image. Allah wants us to feel how wrong and disgusting it is!

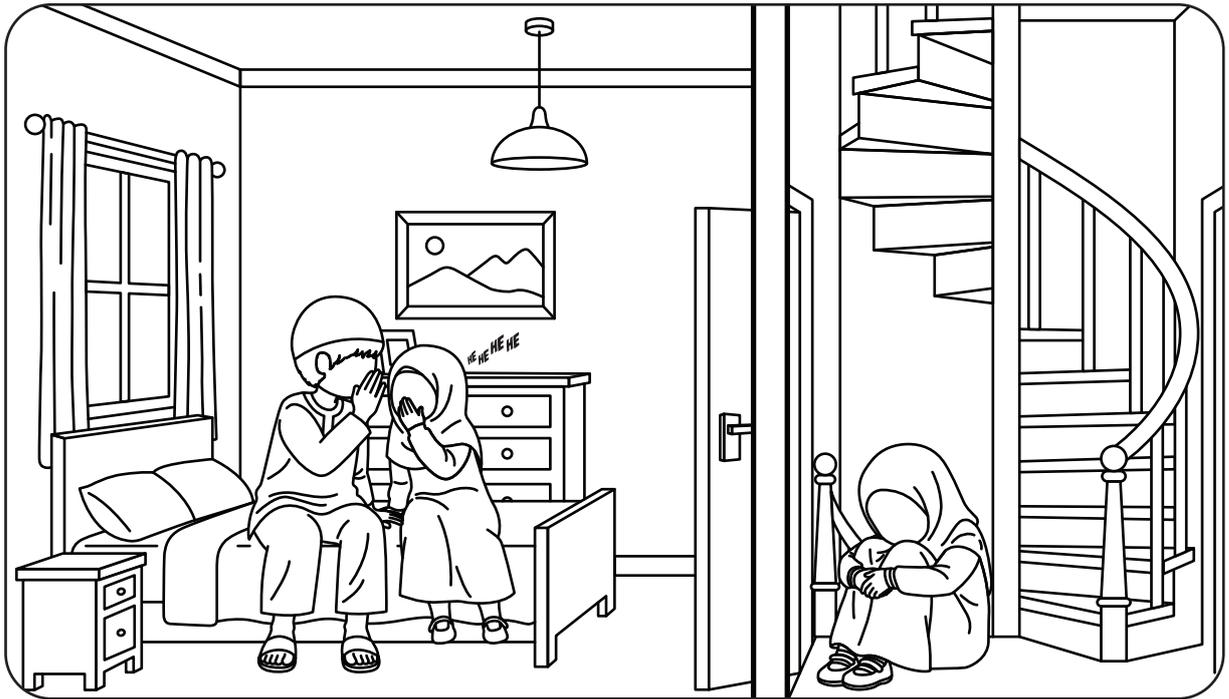
The person you are backbiting isn't there to explain or defend themselves, which makes it worse.



It's Taddabur Time

What are the two Names of Allah mentioned at the end of the verse?
Why do you think Allah ends the verse with these Names?

1 What do you think is happening in the picture below?



How do you think Maryam is feeling?

2 Create your own word search using these words:

A
K
O
U
V
W
X
Y
Z
C
Q
S
M
L
E
G
I

Backbite

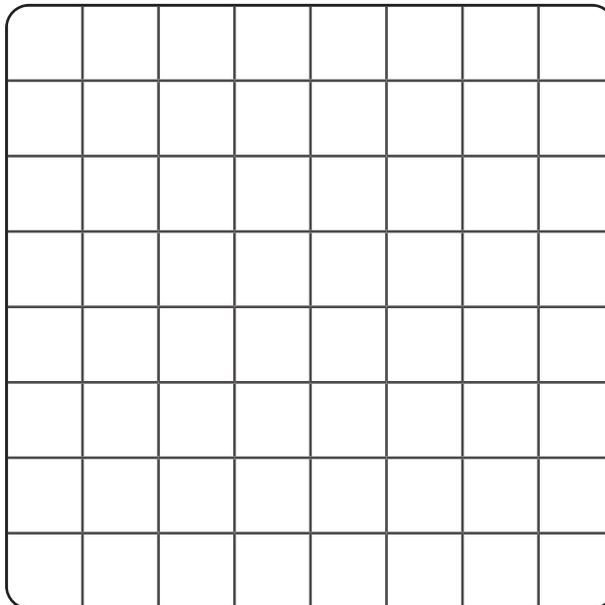
Spy

Gossip

Whisper

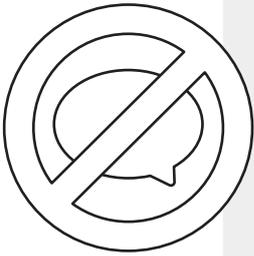
Hurt

Unkind

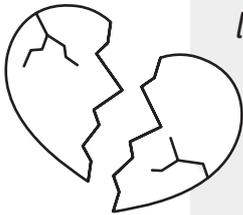
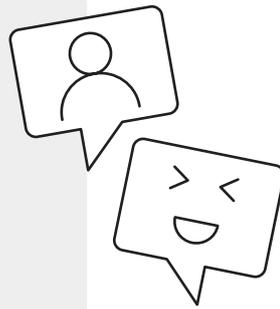


D
N
V
X
B
H
P
R
E
T
Z

An Extract From The Backbiting Song by Zain Bhika



*Don't talk about your brother
 Don't talk about your sister
 Don't talk of anyone behind their backs
 Don't you know the things you mumble
 Go around, cause so much trouble
 It's as if you chewing on somebody else*



*Don't talk about your neighbour
 Go and do yourself a favour
 look into your heart and see the wrong within
 None of us live in a bubble
 What we say is double trouble
 All we do is take upon somebody's sins*



3

Find and underline 2 places in the nashid that tell us what happens when we backbite.

Why do you think backbiting is 'double trouble'?

