

LEVELS 3-6



READY, SET, RAMADAN!

Using the month of Sha'ban to prepare for Ramadan

Learning Objectives

- ★ To explore some of the virtues of the month of **Sha'ban**
- ★ To prepare a list of things that you can do in Sha'ban to get ready for the month of Ramadan!
- ★ To learn the du'a for reaching Ramadan





Thinking Starter

What do these pictures show?



Challenge Can you summarise both pictures with only 1 word?



1

Muharram

2

Safar

3

Rabi
al-Awwal

4

Rabi al-Akhir

5

Jumada
al-Ula

6

Jumada
al-Ukhra

7

Rajab

8

?

9

Ramadan

10

Shawwal

11

Dhul
al-Qa'dah

12

Dhul al-Hijjah

You might already
know that Ramadan is
the ninth month of the
Islamic Calander.

**But what is the month
BEFORE Ramadan
called?**



1

Muharram

2

Safar

3

Rabi
al-Awwal

4

Rabi al-Akhir

5

Jumada
al-Ula

6

Jumada
al-Ukhra

7

Rajab

8

Sha'ban

9

Ramadan

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Shawwal

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Dhul
al-Qa'dah

12

Dhul al-Hijjah

**The month BEFORE
Ramadan is
Sha'ban.**





Sha'ban

For this Ramaḍān to be our best, we should start preparing now, both spiritually and physically.

The month of Sha'ban is like the sunnah prayers.

The sunnah prayers help us to get into the 'mode' of ṣalāh and prepare us for the fard prayers.





Virtues of Sha'ban

1

‘Ā’ishah (raḍiy Allāhu ‘anhā) said:

“I did not see him ﷺ fast in any month as much as he fasted in Sha‘bān.”

(Muslim)

This hadith tells us that one way to prepare for Ramadan is to.....?

How will this help you in Ramadan?



Question

How many times are our actions raised to Allah?

1. Daily
2. Weekly
3. Annually

Answer: All three!





Virtues of Sha'ban

2

Our actions are raised up **daily** to Allah twice: in the morning and the evening.

Then, they are raised up **weekly** to Allah twice: on Monday and Thursday.

They are then, raised up to Allah **yearly** in Sha'ban.

Thus, the Prophet ﷺ liked for his ‘annual performance review’ to correspond with him being in a state of fasting.

This tells us that one way to prepare for Ramadan is to.....?

How will this help you in Ramadan?



Virtues of Sha'ban

3

The Messenger of Allah ﷺ said:

“Indeed Allah looks down in the middle night of Sha'bān and He forgives all of His creation, except anyone who commits shirk or harbours hatred.”

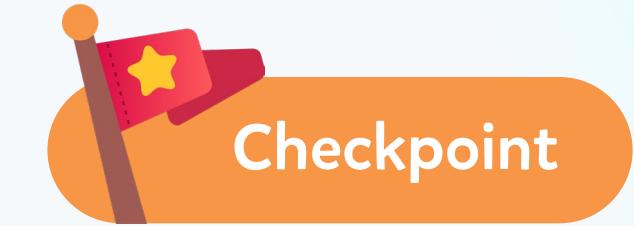
(Ibn Mājah)

This hadith tells us that one way to prepare for Ramadan is to.....?

How will this help you in Ramadan?



Virtues of Ramadan



[A] Tell the person next to you...

1

**What are the
3 virtues of Sha'ban
that we have looked at
so far?**

2

**How will this help us
to prepare for
Ramadan?**





Sha'ban Challenge Bingo

How will **YOU** warm-up for Ramadan this year?

Extra Fasting

Extra Qur'an Reading

Start praying at night

Visit a relative that you
haven't spoken to in a while

Adjust your sleep routine

Get your Eid cards/gifts
ready

Qur'an
Memorisation

Increase your Tawbah

Talk to your parents about
what they will do with their
Zakat this year



Dear Ramadan...

[A] Write a letter to welcome Ramadan.

Make a pledge to treat this as your best
Ramadan yet!

Tell Ramadan **what you are doing now**
in preparation for its arrival.



Dear Ramadan...

I can't wait for you to arrive!

This year I want to make the most of Ramadan, gain lots of reward and become a better Muslim inshaAllah.

To get ready for your arrival I will....



Preparing for Ramadan



- To explore some of the virtues of the month of Sha‘bān
- To prepare a list (or grid) of things that you can do in Sha‘bān to get ready for the month of Ramadan!

When do you think the Sahabah started preparing for Ramadan?



Year-long Value of Ramadan

Ibn Rajab رحمه الله said:

“...They (the sahabah) would supplicate to Allah for six months to allow them to reach Ramadan. Then, they would supplicate to Him another six months to accept it from them.”

(Lataif al-Ma‘arif)

- Being connected with Ramadan throughout the year:
- 6 months before – Ask Allah to safeguard you.
- 6 months after – Ask Allah to accept it from you.



Du'a for seeing the new moon

اللَّهُمَّ أَهْلِهُ عَلَيْنَا بِالْيُمْنِ وَالْأَيْمَانِ وَالسَّلَامَةِ وَالْإِسْلَامِ
وَالْتَّوْفِيقِ لِمَا تُحِبُّ وَتَرْضَى، رَبِّي وَرَبُّكَ اللَّهُ

Have you ever spoken to the moon?

Plenary

- What would the Prophet ﷺ do in the month of Sha'ban to prepare for the month of Ramadan?
- Why is it important to warm-up for Ramadan?



Homework

What challenges might you face this Ramadan and what do you think are some solutions?"

