



LEVELS 3-6

READY, SET,  
RAMADAN!

Using the month of Sha‘ban to prepare for Ramadan





# Learning Objectives

★ To explore some of the virtues of the month of **Sha‘ban**

★ To prepare a list of things that you can do in Sha‘ban to get ready for the month of Ramadan!

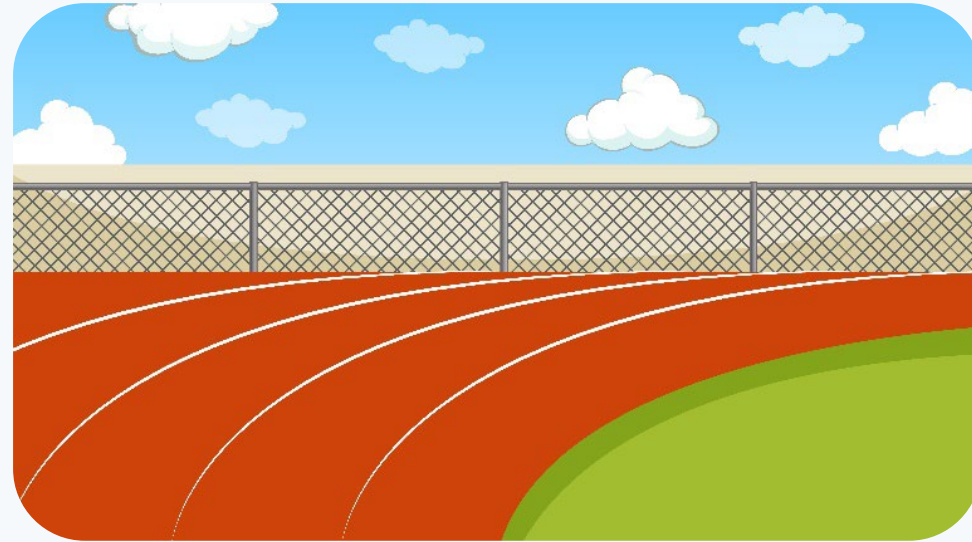
★ To learn the du‘a for reaching Ramadan





# Thinking Starter

What do these pictures show?



**Challenge** Can you summarise both pictures with only 1 word?



1

Muharram

2

Safar

3

Rabi  
al-Awwal

4

Rabi al-Akhir

5

Jumada  
al-Ula

6

Jumada  
al-Ukhra

7

Rajab

8

?

9

Ramadan

10


Shawwal

11

Dhul  
al-Qa'dah

12

Dhul al-Hijjah



You might already  
know that Ramadan is  
the ninth month of the  
Islamic Calander.

**But what is the month  
BEFORE Ramadan  
called?**





1

Muharram

2

Safar

3

Rabi  
al-Awwal

4

Rabi al-Akhir

5

Jumada  
al-Ula

6

Jumada  
al-Ukhra

7

Rajab

8

**Shaʿban**

9

Ramadan

10

Shawwal

11

Dhul  
al-Qaʿdah

12

Dhul al-Hijjah

The month BEFORE  
Ramadan is  
**Shaʿban.**





# Sha‘ban

For this Ramaḍān to be our best, we should start preparing now, both spiritually and physically.

**The month of Sha‘bān is like the sunnah prayers.**

The sunnah prayers help us to get into the ‘mode’ of ṣalāḥ and prepare us for the farḍ prayers.







# Virtues of Sha‘ban

1

‘Ā’ishah (raḍiy Allāhu ‘anhā) said:  
“I did not see him صلى الله عليه وسلم fast in any  
month as much as he fasted in Sha‘bān.”  
(Muslim)

This hadith tells us that one way to prepare for Ramadan is to.....?

**How will this help you in Ramadan?**





# Question

How many times are our actions raised to Allah?

1. Daily
2. Weekly
3. Annually

Answer: All three!





# Virtues of Sha‘ban

2

Our actions are raised up **daily** to Allah twice: in the morning and the evening.

Then, they are raised up **weekly** to Allah twice: on Monday and Thursday.

They are then, raised up to Allah **yearly** in Sha‘bān.

Thus, the Prophet صلى الله عليه وسلم liked for his ‘annual performance review’ to correspond with him being in a state of fasting.

This tells us that one way to prepare for Ramadan is to.....?

**How will this help you in Ramadan?**





# Virtues of Sha‘ban

3

The Messenger of Allah صلى الله عليه وسلم said:

“Indeed Allah looks down in the middle night of Sha‘bān and He forgives all of His creation, except anyone who commits shirk or harbours hatred.”

(Ibn Mājah)

This hadith tells us that one way to prepare for Ramadan is to.....?

How will this help you in Ramadan?





# Virtues of Ramadan



**[A]** Tell the person next to you...

1

What are the  
3 virtues of Sha'ban  
that we have looked at  
so far?

2

How will this help us  
to prepare for  
Ramadan?







# Sha'ban Challenge Bingo



How will YOU warm-up for Ramadan this year?

Extra Fasting

Extra Qur'an Reading

Start praying at night

Visit a relative that you  
haven't spoken to in a while

Adjust your sleep routine

Get your Eid cards/gifts  
ready

Qur'an  
Memorisation

Increase your Tawbah

Talk to your parents about  
what they will do with their  
Zakat this year





# Dear Ramadan...

[A] Write a letter to welcome Ramadan.

Make a pledge to treat this as your best Ramadan yet!

Tell Ramadan **what you are doing now** in preparation for its arrival.





# Dear Ramadan...

I can't wait for you to arrive!

This year I want to make the most of Ramadan, gain lots of reward and become a better Muslim inshaAllah.

To get ready for your arrival I will....





# Preparing for Ramadan



- To explore some of the virtues of the month of Sha‘bān
- To prepare a list (or grid) of things that you can do in Sha‘bān to get ready for the month of Ramadan!

**When do you think the Sahabah started preparing for Ramadan?**





# Year-long Value of Ramadan

Ibn Rajab رحمه الله said:

“...They (the sahabah) would supplicate to Allah for six months to allow them to reach Ramadan. Then, they would supplicate to Him another six months to accept it from them.”

(Lataif al-Ma'arif)

- Being connected with Ramadan throughout the year:
- 6 months before – Ask Allah to safeguard you.
- 6 months after – Ask Allah to accept it from you.





# Du'a for seeing the new moon

اللَّهُمَّ أَهْلُهُ عَلَيْنَا بِالْإِيمَانِ وَالسَّلَامَةِ وَالْإِسْلَامِ  
وَالْتَّوْفِيقِ لِمَا تُحِبُّ وَتَرْضَى، رَبِّي وَرَبُّكَ اللَّهُ

“O Allah, let this moon (month) pass over us with blessings, Iman, safety, and in the state of Islam. Grant us the ability to act on the actions that You love and are pleased with. (O moon) My Lord and Your Lord is Allah!”.

Have you ever spoken  
to the moon?





# Plenary

- What would the Prophet ﷺ do in the month of Shaʿban to prepare for the month of Ramadan?
- Why is it important to warm-up for Ramadan?





# Homework

What challenges might you face this Ramadan and what do you think are some solutions?"

