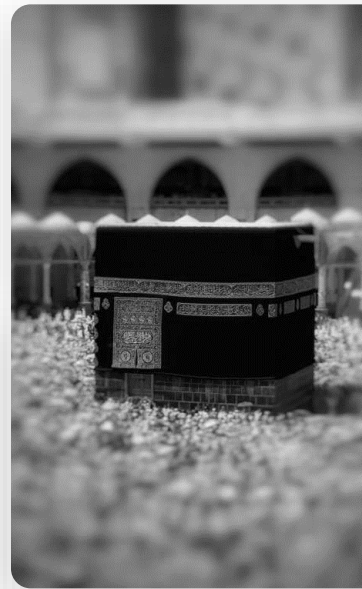


PART 1

Dhul-Hijjah: The Best Days of Your Life





Session Objectives

- To appreciate the significance of Dhul Hijjah
- To explain the actions of the Day of 'Arafah
- To draw up an action plan for these days

Starter: BingOXO

- Draw a 'noughts and crosses' grid
- Write one word, from the following into each space. Pick any 9.
- Listen carefully to the definitions. Cross out the word on your grid.

Shout out 'Allahu Akbar' as soon as you get a line of 3

- | | |
|----------------------|---------------------|
| 1) Takbir | 8) Dhikr |
| 2) Tahlil | 9) Qurbani |
| 3) Tahmid | 10) Reverence |
| 4) Day of Nahr | 11) Al-Azim |
| 5) Day of 'Arafah | 12) Days of Tashriq |
| 6) Takbir of Tashriq | |
| 7) Du'a | |

1 — Virtues and Actions

To attain the pleasure and love of Allah

5

2 — Day of 'Arafah

A very special day

10

3 — Days of Eid & Tashriq

Celebrating the gift of having worshipped Allah

17



Activity



Your Ibadah Checklist

[A] Be Prepared For These Great Days

20



1 — Virtues and Actions

To attain the pleasure and love of Allah



Why Are The 10 Days Of Dhul Hijjah Extremely Special?

1. Allah ﷻ honoured these days by taking an oath by them.
2. They are the best days of the year.
3. The Prophet ﷺ would fast these days.
4. They comprise of the Day of 'Arafah (9th Dhul-Hijjah).
5. They comprise of the Day of Nahr (10th Dhul Hijjah).

The Messenger of Allah ﷺ said,
“There are no **better** days in the
sight of Allah than the 10 days of
Dhul Hijjah” (Ibn Hibbān).



“



Activity

[A] Actions of Dhul Hijjah

Specific

General

● Dhul Hijjah: Days of **Dhikr**



2 — Day of 'Arafah

A very special day



Qur'anic Focus

[A] Write 5:3

الْيَوْمَ أَكْمَلْتُ لَكُمْ دِينَكُمْ وَأَتْمَمْتُ عَلَيْكُمْ

نِعْمَتِي وَرَضِيتُ لَكُمُ الْإِسْلَامَ دِينًا ﴿٣﴾



Day of 'Arafah

A special day

Fasting

[A] What's so special about the Day of 'Arafah?

Du'a

Freedom from Hell-fire

‘Abdullāh b. al-Mubārak ﷺ approached Sufyān al-Thawrī on the evening of ‘Arafah.

Sufyān al-Thawrī was sitting on his knees and weeping bitterly.

‘Abdullāh b. al-Mubārak asked him, “Who is in the worst situation amongst these masses?” He replied, “**The one who thinks that Allah will not forgive him.**”





Du'a, Du'a, Du'a

How long do you think the Prophet ﷺ made du'a for on the Day of 'Arafah in the Farewell Hajj?

● The Du'a of the Prophet ﷺ

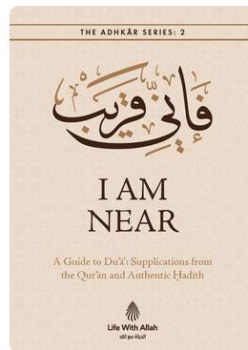


“O Allah, You hear my speech...I am the **desperate** and **needy** one, the one who is seeking Your help and protection, **fearful** and scared, one who confesses and acknowledges his sins. I beg You – the begging of a destitute; I humbly implore You – the **imploring of a humiliated sinner**. I invoke You – the invoking of the fearful afflicted person, whose neck is bowed down before You, whose eyes have overflowed with tears for You, whose body is humbled before You, and who has **completely lowered Himself** to You...” (Tabarani).

Lengthen Your Du'a

- Du'as in the Qur'an
- Du'as of our beloved Prophet ﷺ
- Du'a List
- Listen to a Du'a
- Du'a book/app

[A] "But I can't make du'a for more than 10 minutes?"



3 — Days of Eid & Tashriq

Celebrating the gift of having worshipped Allah



Days of Eid (10th) & Tashriq (11-13th)

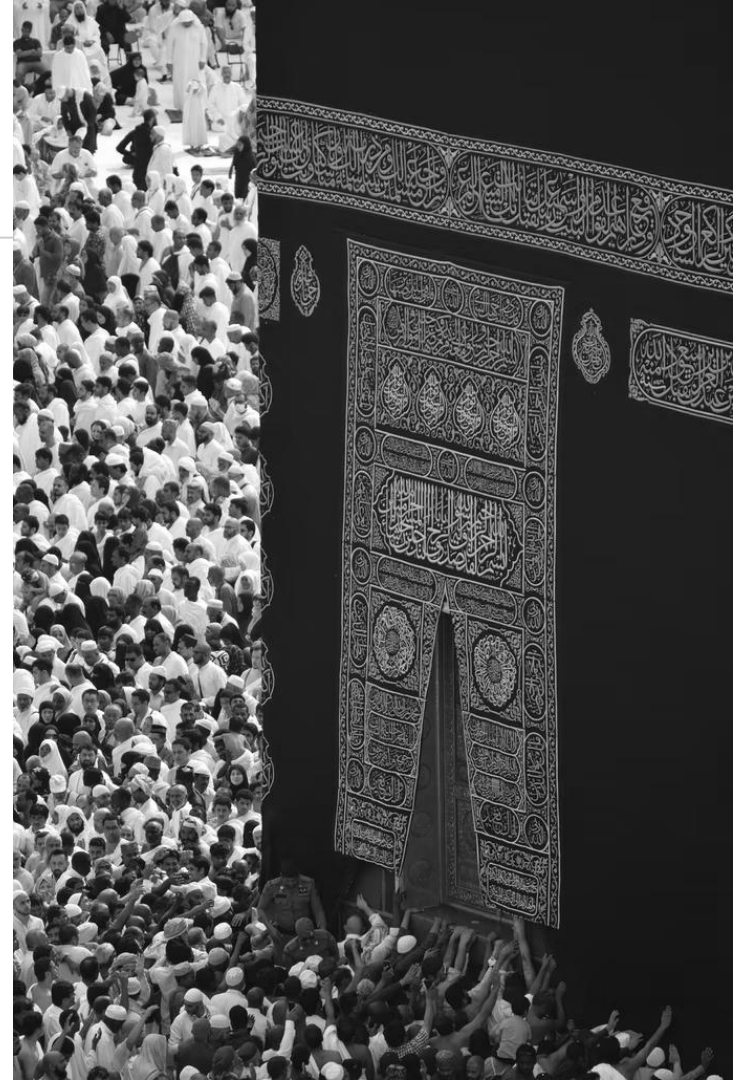
- Eid etiquettes and Eid Salah
- Qurbani
- Spread joy
- Eat
- Drink
- ...and lots of Dhikr

اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ ، لَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ ، اللَّهُ أَكْبَرُ وَلِلَّهِ الْحَمْدُ

● Taqwa & Tawbah

“The severity of sins in virtuous times and places increases, and their punishment is proportionate to the virtue of the time and place.”

– Ibn Taymiyyah ﷺ





Activity



Your Ibadah Checklist

[A] Be Prepared For These Great Days



Have you missed any out?

1-8th

- **Dhikr** in abundance, especially tahlil, takbir and tahmid
- Takbir in the homes, markets and streets.
- **Fast** as many days as possible.

9th (Day of 'Arafah)

- Keep a **fast**.
- Takbir of Tashriq once after each fard salah, starting from Fajr.
- Dhikr in abundance and repeat frequently:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ
الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ
قَدِيرٌ

- **Du'a**, especially for freedom from Hell.

10th (Day of Eid)

- Eid salah & the sunnahs of Eid.
- Perform qurbani and share it with others.
- Spread joy.
- Takbir of Tashriq after each fard salah.
- Dhikr in abundance.

11-13th (Days of Tashriq)

- Takbir of Tashriq until after 'Asr of the 13th.
- Dhikr in abundance.

Plenary

- Why are the 10 days of Dhul Hijjah so special?
- What is the main deed of the days of Dhul Hijjah?
- What does Allah ﷻ do on the Day of 'Arafah?
- What are the actions of the Day of 'Arafah?
- When do we recite the Takbir of Tashriq?
- Finish off:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ... M N

- Finish off:

اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ...



Questions?

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ ، أَشْهَدُ
أَنْ لَا إِلَهَ إِلَّا أَنْتَ ، أَسْتَغْفِرُكَ
وَأَتُوبُ إِلَيْكَ

You are free from imperfection, O Allah,
and all praise is to You. I bear witness
that there is no god worthy of worship
but You. I seek Your forgiveness and
turn to You in repentance.



Next Session inshaAllah:

PART 2

Dhul-Hijjah:
Dhikr &
Qurbani





 Quranic Tarbiyah

 Life With Allah

