

# 10

REASONS

## WHY YOU SHOULD READ THE MORNING AND EVENING ADHKAR



Life With Allah

الحياة مع الله

# WHAT ARE THE MORNING & EVENING ADHKAR?

Mentioned in 15  
verses of the  
Qur' ān

Prescribed by the  
Messenger of Allah



From the  
Authentic Ahādīth

Why Sunnah  
Adhkār?

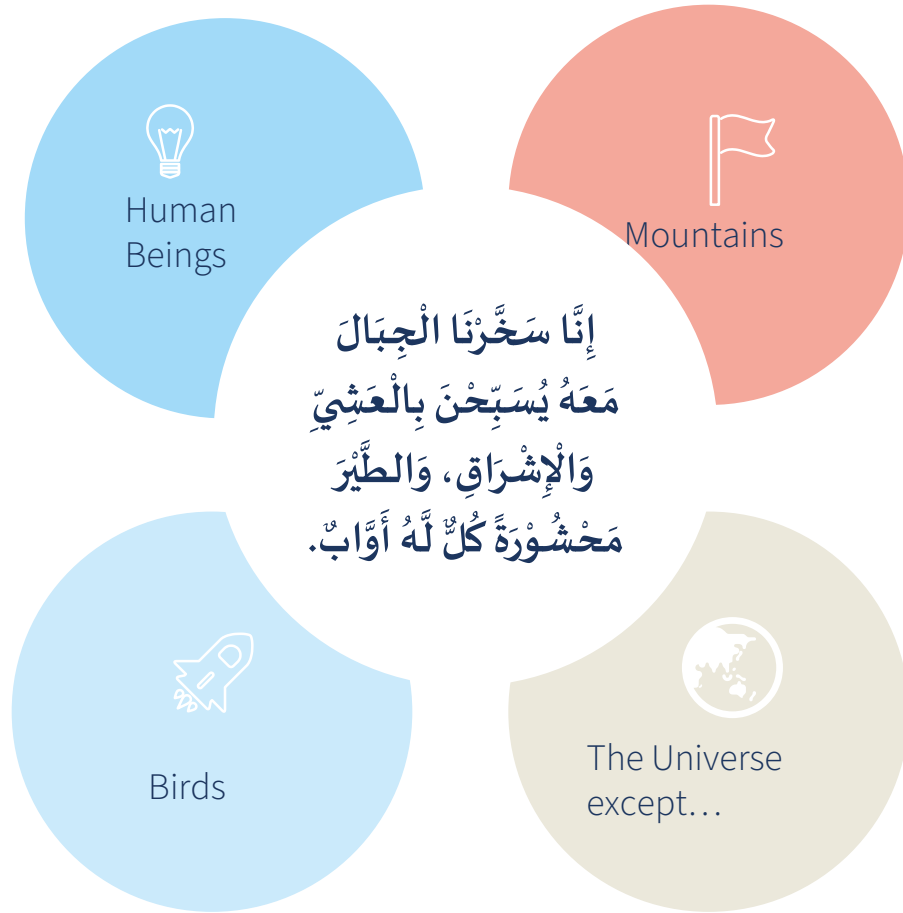
# 1. Fulfil the command of Allah

يَا أَيُّهَا الَّذِينَ آمَنُوا اذْكُرُوا اللَّهَ ذِكْرًا كَثِيرًا وَسَبِّحُوهُ بُكْرَةً وَأَصِيلًا.

“Believers, remember Allah often and glorify Him morning and evening.”

(33:41-42)

## 2. Join the creation in glorifying Allah



**3.  
Appreciate  
Allah's  
greatness  
at the best  
times**



## 4. Reaffirm your tawhid & servitude to Allah

- Acknowledge your weakness and need of Allah
- Renew your pledge of servitude (‘ubudiyyah)

The adhkār will lead you to:

- love Allah
- fear Him
- hope in Him
- submit to Him
- be grateful to Him.

## 5. Enjoy well-being in this life & the next

اَللّٰهُمَّ اِنِّیْ اَسْأَلُكَ الْعَافِیَةَ فِی الدُّنْیَا وَالْآخِرَةِ ، اَللّٰهُمَّ اِنِّیْ  
اَسْأَلُكَ الْعَفْوَ وَالْعَافِیَةَ فِی دِیْنِیْ وَدُنْیَایَ وَآهْلِیْ وَمَالِیْ ، اَللّٰهُمَّ  
اسْتُرْ عَوْرَاتِیْ وَآمِنْ رَوْعَاتِیْ ، اَللّٰهُمَّ احْفَظْنِیْ مِنْ بَیْنِ یَدَیْ ،  
وَمِنْ خَلْفِیْ ، وَعَنْ یَمَیْنِیْ ، وَعَنْ شِمَالِیْ ، وَمِنْ فَوْقِیْ ،  
وَأَعُوْذُ بِعَظَمَتِكَ اَنْ اُغْتَالَ مِنْ تَحْتِیْ



## 6. Earn Unparalleled Rewards

All of your sins will be forgiven. (Bukhārī)

If you die on that day or night, you will enter Paradise. (Bukhārī)

You will be freed from Hell-fire. (Abū Dāwūd)

You will receive the intercession of the Prophet ﷺ and he will hold your hand and enter you in to Paradise. (Ṭabarānī)

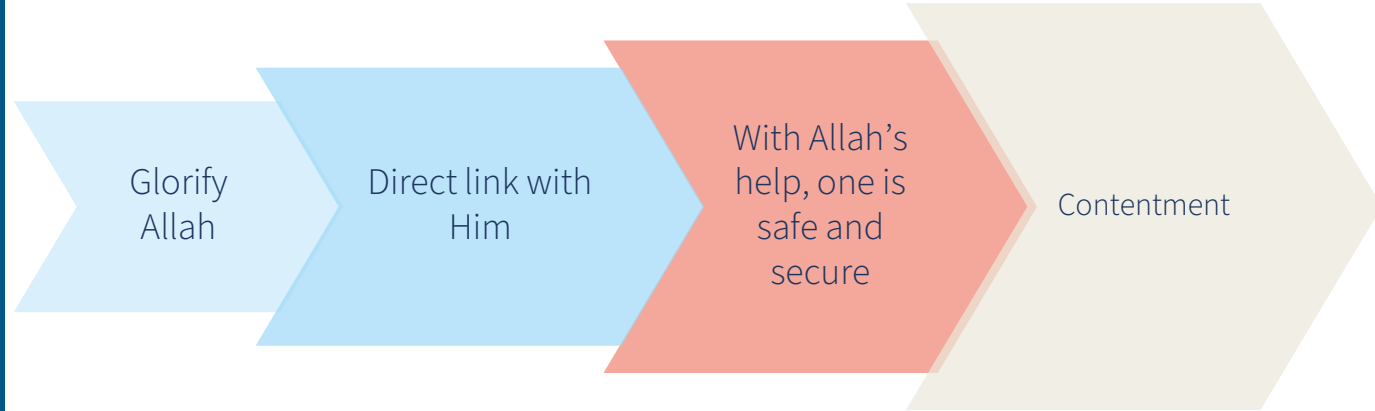


## 7. Acquire blessings in your day



## 8. Get Peace & Contentment

فَاصْبِرْ عَلَىٰ مَا يَقُولُونَ وَسَبِّحْ بِحَمْدِ رَبِّكَ قَبْلَ طُلُوعِ الشَّمْسِ وَقَبْلَ غُرُوبِهَا وَمِنْ  
أَنَاءِ اللَّيْلِ فَسَبِّحْ وَأَطْرَافَ النَّهَارِ لَعَلَّكَ تَرْضَىٰ.

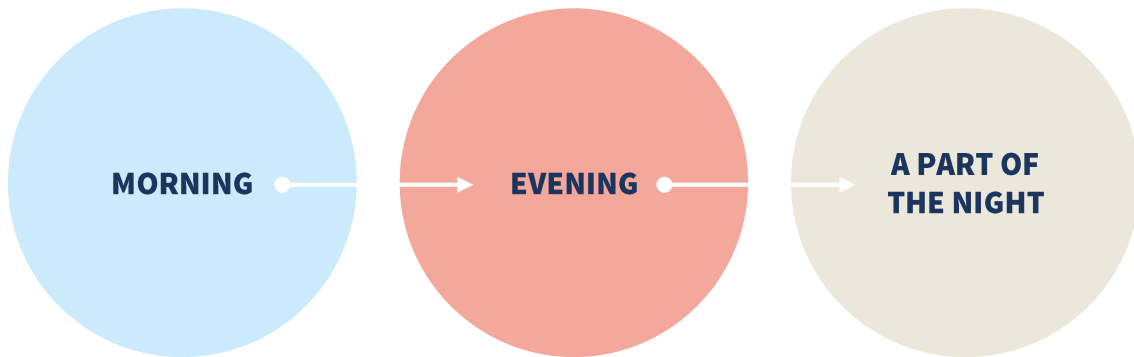


## 9. Journey to Allah in these two times

In Paradise, the morning and the evening will be reserved for the elite of Paradise to see Allah. It is hoped that the one who preserves Fajr and 'Asr will be amongst these, more so if one continuously observes the adhkar and other forms of worship until sunrise and sunset. If the servant adds to that, a journey in the last part of the night, then he has journeyed in all three times. And if he is true and sincere in the pursuit of this, it is hoped that he will achieve the greatest objective:

إِنَّ الْمُتَّقِينَ فِي جَنَّاتٍ وَنَهَرٍ، فِي مَقْعَدٍ صِدْقٍ عِنْدَ مَلِكٍ مُّقْتَدِرٍ.

“Verily the righteous will be in the midst of gardens and rivers, on seats of truth in the presence of an All-Powerful Sovereign.” (54:55)



# 10. Protect yourself from all evil



# LEARN & DEEPLY REFLECT

**We can only attain these benefits if we recite the adhkar with conviction (yaqin), deep reflection and the presence of the heart.**

“The best and most beneficial dhikr is when one remembers Allah with the tongue and the heart, it is from the Sunnah adhkar, and one is conscious of its meaning and its purpose.”

(Ibn al-Qayyim)

# WHEN SHOULD THE ADHKAR BE READ?



MORNING

FAJR-SUNRISE

EVENING

'ASR-SUNSET

# FAQs

1. What if I don't read them at these two times? Can I read them later?

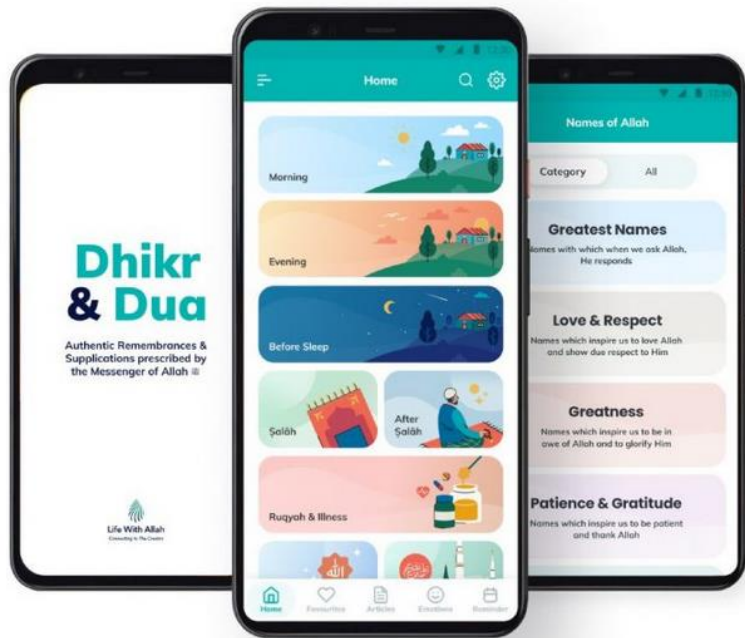
2. Do I have to read all of them?

3. I feel lazy at times and I find it difficult to maintain..

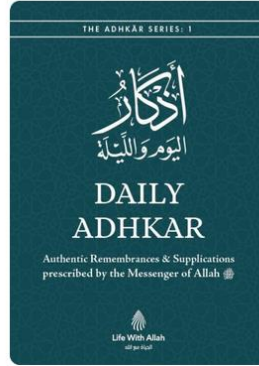


# Dhikr & Dua App

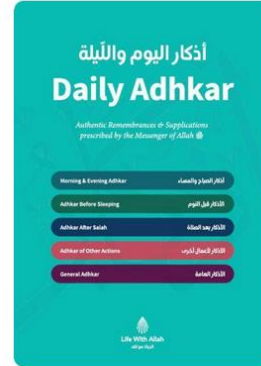
Free  
No-Ads  
Translation  
Transliteration  
Explanation  
Audio  
Counter



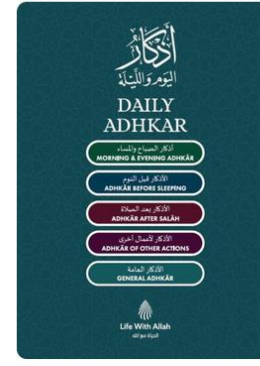
# Free Books & Booklets



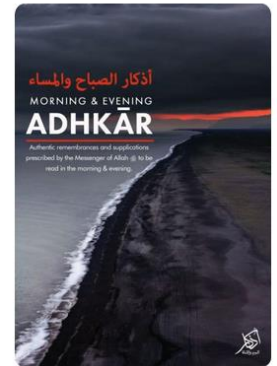
Daily Adhkar Book (A7)



Daily Adhkar Summary (A5)



Daily Adhkar Summary (A7)



Morning & Evening Adhkar (A5)



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