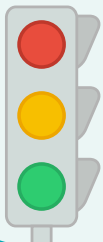


Perfecting My Wudu and Salah



Learning Objectives

In this lesson, I will:



- Recall all the fard and sunnah acts of wudu
- List all the fard and sunnah acts of salah
- Demonstrate the fard, sunnah, and mustahabb acts of salah



Key Words

Continuously
Musalla - مُصَلَّى
Navel

T Thinking Starter

Why should you not rush your wudu and salah?



The New Muslim at School

A new boy named Ahmad had just joined Musa's class at school. He was a new Muslim, so Ustadh Adam paired him up with Musa. Musa was excited to teach him many things about Islam. At lunch time, Musa took him to the wudu area.

"Don't worry!" said Musa reassuringly. "I'll teach you everything about wudu and salah, inshaAllah."

Imagine how many rewards Musa will get if Ahmad does wudu and prays five times a day!

Musa's Complete Wudu

● Fard ● Sunnah ● Mustahabb

Musa scouted the area to make sure it was **clean** before setting down the water bucket on his **right side**. He beckoned Ahmad to join him. Musa then turned to **face the qiblah** and said "**Bismillah**", making an **intention** in his heart for wudu.

Musa washed his **hands up to the wrists**, **starting with his right** hand. Then, he used his **miswak** and brushed his teeth. "If you don't have one of these, then you can just use your fingers," Musa explained.



Musa took a handful of water and put it in his mouth with his **right hand**, **gargling** it well **three times**. He took a smaller amount and sniffed it gently **three times**, blowing it out with **his left hand**. Ahmad noticed that he was **not wasting** a single drop!

Next, Musa washed his **face**, **starting from the top** of his forehead to the bottom of his chin. He did this **three times** saying, "We wash each part three times to make sure we didn't miss a spot!"

Musa washed his **arms** three times, starting from his right. He made sure to wash his elbow too, **rubbing** his skin with the water.

Then, Musa wet both his hands, **wiping his head from front to back**, and then **from back to front once**. Musa dipped his hands again, **getting new water**, and **wiped his ears, inside and out**.



Lastly, Musa washed both his **feet three times**, starting from the right, making sure to wash his ankles too. He had completed the entire wudu **continuously**, without any breaks.



Musa looked over to Ahmad, his face shining from wudu. "Now it's your turn!" he said excitedly.



Task 1

List any five actions that Musa did in each of the categories below.

(Hint: use the colour code to help you!)

| Fard | Sunnah | Mustahabb |
|------|--------|-----------|
| | | |
| | | |
| | | |
| | | |

Musa's Perfect Salah

● Fard

● Sunnah

● Mustahabb

Musa then took Ahmad to the **musalla**. Musa stood on his prayer mat, indicating Ahmad to stand on his right. "I'll be the imam and recite aloud so you can hear me." Musa said. "Just follow everything I do!"

A **musalla** is a place of prayer, like a mini masjid!

Musa began with his **intention** in his heart and **stood up straight** and **raised his hands**, saying "**Allahu Akbar**". He **placed his hands between his navel and chest, right upon the left**.

The **navel** is where the belly button is!



Musa said the **du'a al-istiftah** aloud, so that Ahmad would hear him. He then said **ta'awwudh** and **basmalah** before **reciting Surah al-Fatihah**. He then **recited another short surah**.

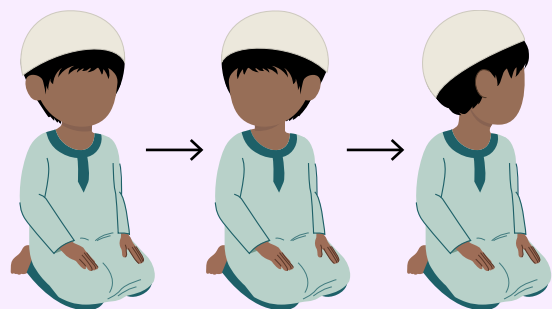
Next, Musa went into **ruku'** with **another takbir** and said "**سُبْحَانَ رَبِّيَ الْعَظِيمِ**" **three times**. Musa **took his time** with each movement, slowly and calmly.

Musa **rose from ruku'** saying "**سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ**", followed by "**رَبَّنَا وَلَكَ الْحَمْدُ**". He took a pause, making sure that he had **extra calmness** in each position.



Musa then went into sajdah, making sure his **forehead, nose, palms, knees, and toes** all touched the ground. He said "**سُبْحَانَ رَبِّيَ الْأَعْلَى**" **three times**, doing takbir and **sitting before his second sajdah** saying "**رَبِّ اغْفِرْ لِي**" **twice**.

Musa then stood up and prayed the second rak'ah just like the first. Then, he **sat, reciting the tashahhud**. After finishing the tashahhud, Musa **sent salawat upon the Prophet** صلى الله عليه وسلم and made his favourite **du'a**. While still **sitting**, Musa turned his head and said the **final salam to the right audibly**, then he turned and said the **final salam to his left**.



"And that's how you do it!" Musa said, turning to Ahmad. "Don't worry if that was too much to take in. Just keep watching me for a few weeks and soon you'll be doing wudu and salah better than me inshaAllah!"

I love Allah سبحانه و تعالى
and I want to
worship Him in the
best way!





Task 2

List any five actions that Musa did in each of the categories below.

(Hint: use the colour code to help you!)

| Fard | Sunnah | Mustahabb |
|------|--------|-----------|
| | | |



Task 3

What's Missing?

In groups of four, select one person to be the actor. The actor stands in front of the group and performs wudu and salah, while sneakily leaving out a step or mixing something up. The other three must call out 'mistake!' when the actor skips a step or does something incorrect. Take turns being the actor!

I Act On What I Learn

I will perfect my wudu and salah five times a day!

P Progress Check



1. What are the fard acts of wudu?



2. What are the fard acts of salah?



3. List 5 sunnah acts of salah.

