

Ramadan: A Month of Worship



Learning Objectives

In this lesson, I will:

- List the main good deeds I can do in Ramadan
- Explain the importance of the last ten nights of Ramadan
- Reflect on how I can make the most of Ramadan



Key Words

Night prayer (*qiyam al-layl*)
The criterion - **الْفُرْقَانُ**
I'tikaf

T Thinking Starter

Why is it easier to do good deeds in Ramadan?



Ramadan: Race to Jannah!

Ramadan is the best month of the year. It is the month of forgiveness, mercy, and blessings. **The gates of Hell-fire are closed, the gates of Paradise are opened**, and the devils are locked up.

In Ramadan, alongside **fasting**, we have so many opportunities to do good deeds. Five of the best deeds we should do are:



1 Qiyam

The **night prayer** (*qiyam al-layl*) is one of the most special acts of worship in Ramadan.



2 Qur'an

We should recite as much Qur'an as possible.



3 Du'a

Ramadan is a powerful time to make du'a, especially whilst we are fasting and before opening our fast, as these are special times in which our du'a is accepted.



4 Dhikr

A man asked the Messenger of Allah ﷺ: "Which of those who fast are the best?" He replied: "**Those who remember Allah the most.**" (Ahmad)



Can you think of other special times in which du'a is accepted?

5 Being generous and helping others

'Abdullah ibn 'Abbas رضي الله عنه said: "The Messenger of Allah ﷺ was the **most generous** of all people; and he was the most generous during the month of Ramadan when Jibril عليه السلام would meet him. Jibril would meet him every night in Ramadan to study the Qur'an with him ﷺ. When Jibril would meet him, the Messenger of Allah would be more generous than strong winds." (Bukhari)



Wow! That's epic! Imagine the Prophet ﷺ studying the Qur'an with Jibril!

Strong winds bring rain. Rain helps crops and trees grow. This leads to more food, healthier animals, and a better life for people. That's how generous the Prophet ﷺ was, spreading benefit like the rain!





Task 1

Read the ayah below and answer the following questions.

شَهْرُ رَمَضَانَ الَّذِي أُنْزِلَ فِيهِ الْقُرْآنُ هُدًى لِلنَّاسِ وَبَيِّنَاتٍ مِّنَ الْهُدَىٰ وَالْفُرْقَانِ

“Ramadan is the month in which the Qur'an was revealed – a guidance for people, and clear proofs of the guidance, and the **criterion** (between right and wrong)...”

(Surah al-Baqarah:185)

1 According to this ayah, why is the month of Ramadan very special?

2 The Qur'an is guidance. What does the Qur'an guide people to?

3 One of the names of the Qur'an is '**al-Furqan (The Criterion)**': it separates between truth and falsehood. What is one thing you have learned from the Qur'an that helps you know right from wrong?

4 The Qur'an is one of Allah's greatest gifts to us. What four things can we do to appreciate this gift, especially in Ramadan?

1. _____
2. _____
3. _____
4. _____

The Last 10 Days & I'tikaf

The entire month of Ramadan is very special. However, the last ten days are even more special. The Messenger of Allah ﷺ would both pray and sleep during the first 20 nights of Ramadan. However, when the last ten days would arrive, he would worship Allah even more and **spend the entire night in worship!** He would also wake up his family so they could worship Allah.

During these days, he would do i'tikaf. Doing i'tikaf in the last ten days of Ramadan is a great **sunnah** of the Prophet ﷺ.

One reason why he ﷺ would do i'tikaf is to catch **Laylatul-Qadr**. Laylatul-Qadr is the best and most important night of the year and it occurs on one of the odd nights during the last ten nights of Ramadan.



I'tikaf: a special act of worship where a person stays in the masjid for a set time, concentrating fully on worship and closeness to Allah.



What can you do differently this year to make the most of the last ten days?

Make the most of Ramadan. If you do, you will feel very peaceful and happy by the end of the month. Worshipping Allah and staying away from bad things cleans your heart and makes you feel calm.

I polish my heart!



Task 2

Are you ready to win?

Write 5 quiz questions and their answers from this lesson. Your teacher will then split the class into two sides.

As a group, review everyone's questions and agree on the best ones. You'll use those to quiz the other team. Work together and have fun!



Task 3

- a Write a long du'a asking Allah to make the upcoming Ramadan your best Ramadan ever. Think of what you struggled with last Ramadan and what you would like to do differently this year.
- b Face the qiblah and ask Allah sincerely from your heart.

Include some of Allah's Most Beautiful Names in your du'a.

BONUS



I Act On What I Learn

I will try my best to worship Allah in the best way this Ramadan!



Progress Check



1. What are the main good deeds you should do in Ramadan?



2. What would the Prophet ﷺ do in the last ten days of Ramadan?



3. How can you make the most of Ramadan?

