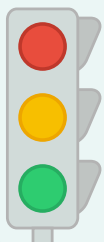


Salah of the Ill



Learning Objectives

In this lesson, I will:



- Give an example of a concession in Islam
- Explain how to do wudu when ill
- Demonstrate how to pray when ill



Key Words

Concession

Ill person - مَرِيضٌ

Injury

T Thinking Starter

Is Islam an easy or hard religion to follow? Why?



IT'S STORY TIME!

The Illness of the Prophet ﷺ

It was the final days of the life of our beloved Prophet Muhammad ﷺ. He had become very ill and was too weak to come out to lead the salah.

The time for salah came, and the Companions رضي الله عنهم gathered in the masjid. The Prophet ﷺ called out from his room next to the masjid, "Tell Abu Bakr to lead the people in salah."

So Abu Bakr رضي الله عنه led the salah. This was the first time he led the people while the Prophet ﷺ was still alive.

Three days passed, and the Prophet ﷺ had not come out to the masjid. Then, on the final day, the curtain of his room was gently lifted.

The Companions turned their heads. They saw the face of the Prophet ﷺ. It was shining – they had never seen anything more beautiful! He looked at them standing in straight rows for salah and smiled.

The Prophet ﷺ signalled to Abu Bakr رضي الله عنه to lead the salah, and gently lowered the curtain. This was the last time they ever saw him alive.



We should always try to pray our salah in the masjid! We only pray at home when we're sick or unable to leave.

Islam Is Easy!

Islam is a religion of ease! Our beloved Prophet ﷺ said:

إِنَّ الدِّينَ يُسْرٌ

“Indeed, this religion is easy...” (Bukhari)

Allah ﷻ wants us to worship Him in the best way we can. That’s why He made it easy for us:

- ★ We can wipe over khuffayn instead of washing our feet.
- ★ When we travel, we can shorten and combine our prayers.
- ★ **When we’re ill, taharah and salah are made easier for us!**

Whenever we worship Allah ﷻ using these special rulings, it is called a **concession**.

Whenever our Prophet ﷺ had to choose between two options, he chose the easier one!

An ill person is called مَرِيضٌ in Arabic!



Task 1

There are many concessions that make Islam easy!
Put a tick next to the valid concessions below.

- Wiping over khuffayn during wudu
- Skipping salah because you’re tired
- Praying while sitting if unable to stand
- Shortening your salah when you go on a journey
- Praying dhuhr instead of jumu’ah because you are lazy

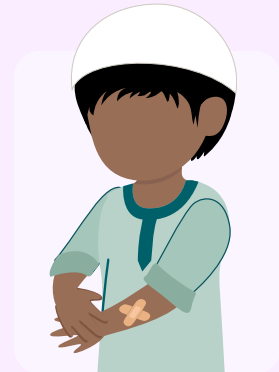


Sometimes, we may be too ill to do wudu or pray like we usually do. We might be too weak to stand, or have an **injury** on a part of our body that needs to be washed for wudu. Our beloved Prophet ﷺ taught us how to purify ourselves and pray when we are unwell.

How to Do Wudu When You Are Injured

If you have an injury with a bandage or a cast over it, then you do not need to wash that area when doing wudu. Instead, just **wet your hand and wipe** over it.




If water could harm the wound underneath, you can do **tayammum** on that area instead.



How to Pray When You Are Ill




If you are unable to pray standing up, then you can pray sitting down.

Sitting cross-legged

- 1 Sit while saying the opening takbir. 
- 2 For ruku', lean your body and place your hands on your knees. 
- 3 For sujud, perform sajdah as normal. 

If you are not able to sit, then you can pray on a chair.

Sitting on a chair

- 1 When you say the opening takbir, sit on the chair. 
- 2 For ruku', lean your body and place your hands on your knees. 
- 3 For sujud, perform sajdah as normal. 

If you can't even sit, then you can pray laying down!

Lying down

- 1 When you say the opening takbir, lay down. 
- 2 For ruku', tilt your head a little. 
- 3 For sujud, tilt your head further. 



Task 2

Help Ustadh respond to Maryam by completing the speech bubble.

Ustadh! Musa broke his arm on the weekend and has a cast on it! How is he supposed to do wudu?





Task 3

Pair up with a classmate and prepare a short role-play based on one of the scenarios to show the class how to pray in that situation.

Shaykh Ahmad had surgery on his back and is unable to stand. His grandson Isma'il wants to know how he prays.

Hasan's little brother Usamah injured his foot playing football and is unable to sit cross-legged.

Maryam is visiting her neighbour Aunty Jamilah in hospital. She is unable to walk or sit up.



Make up your own scenario and act it out together!



I Act On What I Learn

I will always pray, even when I am ill!

P Progress Check



1. What is a concession?

2. How do you perform wudu with a cast on your arm?

3. How do you pray if you are unable to stand?