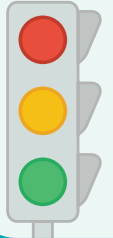


# Tafakkur: Reflecting on Allah's Signs



## Learning Objectives

In this lesson, I will:



Define tafakkur

Strengthen my iman by reflecting on the earth

Explain the importance of tafakkur



## Key Words

Tafakkur

Meadows

Anchor

## T Thinking Starter

What are three things in nature that make you think 'wow' and feel amazed at the greatness and power of Allah سبحانه وتعالى؟



## What Is Tafakkur?

A way in which we can know Allah and strengthen our iman in Him is through tafakkur. **Tafakkur** means to think, reflect, and contemplate. It includes using the wonderful senses Allah has given us (our brain, eyes, ears, nose, and mouth) to appreciate His perfect creation. In the Qur'an, Allah سبحانه وتعالى tells us many times to think and reflect. Allah سبحانه وتعالى says:

وَهُوَ الَّذِي مَدَّ الْأَرْضَ وَجَعَلَ فِيهَا رَوَاسِيَ وَأَنْهَارًا وَمِنْ كُلِّ الثَّمَرَاتِ جَعَلَ فِيهَا رَوْحَيْنِ اثْنَيْنِ يُغْشَى اللَّيْلَ النَّهَارُ إِنَّ فِي ذَلِكَ لَآيَاتٍ لِّقَوْمٍ يَتَفَكَّرُونَ

"And He is the One who spread out the earth and placed firm mountains and rivers upon it, and created fruits of every kind in pairs. He makes the night cover the day. Surely in this are signs for those who **reflect**." (Surah ar-Ra'd:3)



## Did You Know?

Tafakkur is not just thinking – it's a special act of worship that polishes your heart and fills it with love for Allah!



## Allah's Earth

Have you noticed that while the ground is **strong** enough to hold you up...

...It's also **soft** enough that you can dig into it without too much effort.

You can hide things under the ground, or even plant seeds and watch as new life grows from them. Allah says:



وَالْأَرْضَ بَعْدَ ذَلِكَ دَحَلَهَا، أَخْرَجَ مِنْهَا مَاءَهَا وَمَرْعَاهَا،  
وَالْجِبَالَ أَرْسَنَهَا، مَتَّعًا لَكُمْ وَلَآئِنَّمْ

“As for the earth, He spread it out as well. From it, He brought out its water and its meadows, and firmly fixed the mountains – (all this) as a benefit to you and your cattle.” (Surah an-Nazi‘at:30-33)



You can use the earth to hold things in place so they don't fall over.



You can dig tunnels and travel deep underground.



The ground can soak up water and save it for later...



...but it can also guide water into rivers, letting it flow – and even carry you with it!

قُلْ أَرَأَيْتُمْ إِنْ أَصْبَحَ مَاؤُكُمْ غَوْرًا فَمَنْ يَأْتِيكُمْ بِمَاءٍ مَّعِينٍ

“Say, ‘Just think: if all your water were to sink deep into the earth, who will bring you flowing water?’” (Surah al-Mulk:30)

The earth also **preserves** (protects) the past, like a storyteller, keeping memories of ancient times.

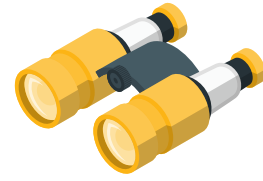
Who made all of this possible? ALLAH!





## Task 1

Fill in the missing word to complete the definition.



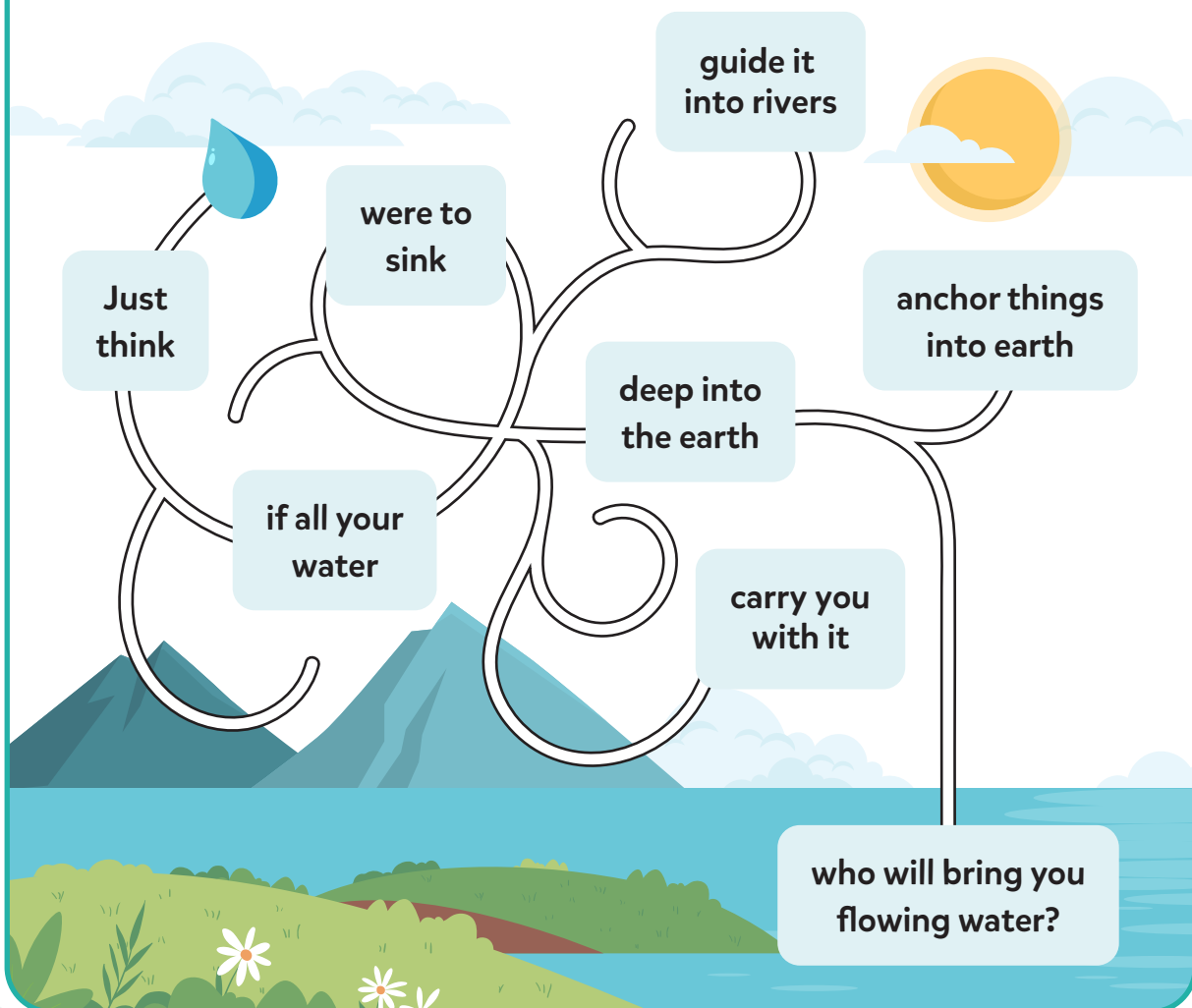
### Tafakkur:

To think about the signs of Allah in His \_\_\_\_\_ and reflect on what they mean.



## Task 2

Colour the path for the water drop to reach the sea.



## Why Should We Do Tafakkur?

The earth beneath our feet and the sky above us are full of signs that remind us of Allah. They show us how Powerful and Kind Allah is and how He takes care of us.

When we think carefully about everything Allah has made, we will realise that **only Allah could have created such amazing things**, and thus we must worship Him Alone. We will also realise that everything has a purpose. Just as Allah created the earth and the sky with a purpose, He also created us humans for a purpose.



Only Allah could have made this beautiful world!



### Task 3

Help Musa to write a 1-minute speech (on a separate sheet) to explain the importance of tafakkur to his class.

Remember to include these key words:

Ma'rifah

Strong iman

The Creator

## I Act On What I Learn

I will go for a walk and think about how beautifully Allah has created the earth.

### P Progress Check



1. What is tafakkur?

☐

2. List three amazing qualities about Allah's earth.

☐

3. Why should you do tafakkur?

☐