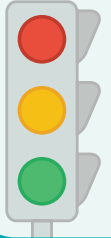


Know Your Lord



Learning Objectives

In this lesson, I will:



Define ma'rifah

Reflect on the eye to strengthen my iman

Explain the amazing benefits of ma'rifah



Key Words

Ma'rifah (knowing Allah)

The Most Beautiful Names

الْأَسْمَاءُ الْحُسْنَى -

Iris

T Thinking Starter

How would life be if you couldn't see? What would you struggle to do? How would you feel?



The Ma'rifah of Allah

Iman in Allah سبحانه وتعالى is the **first and most important pillar of iman**. We can only believe in Allah and worship Him if we **know** Him. Knowing Allah and becoming deeply aware of Him is known as **ma'rifah**.

We can deepen our ma'rifah of Allah by reflecting on:



The Book of Allah (tadabbur).



The signs of Allah which are around us.



The Perfect and Beautiful Names of Allah.

Allah says:

وَلِلَّهِ الْأَسْمَاءُ الْحُسْنَىٰ فَادْعُوهُ بِهَا

"To Allah Alone belong the most Beautiful Names, so call on Him by them." (Surah al-A'raf:180)

We should strive to learn Allah's Names, make du'a to Allah with them, and worship Him through them.



We can only love Allah and worship Him if we know Him!



Task 1

How many Names of Allah do you remember?
Write down as many as you can. Don't forget
to include their meanings.

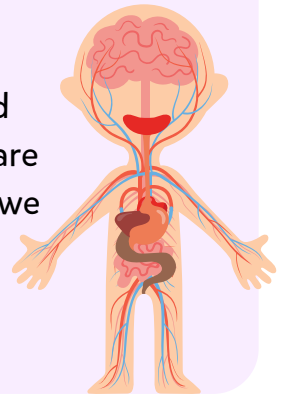


Allah is One!
He is the Only
One worthy of
our worship!

Thinking About Allah's Creation

Allah سبحانه وتعالى wants us to look at all the signs around us and within our own bodies, and to reflect on them. Our bodies are truly remarkable! When we learn about how they function, we will realise that only Allah سبحانه وتعالى could have created them.

One of the most amazing organs in the body is the eye!

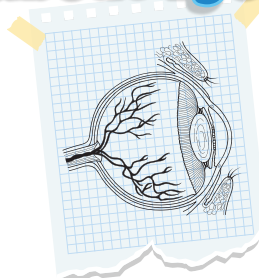


How can we use our eyes to become closer to Allah?

If your eye were a camera, it would have 576 megapixels! To compare, some of the world's best cameras only have around 50 megapixels.



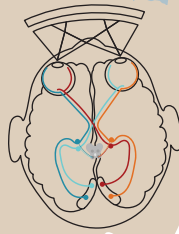
Eye-mazing Facts About Eyes



Each of your eyes has over a million tiny wires (nerve fibres) that connect to your brain.



You have two eyes so you can see how far away things are. By looking at an object from two angles, your brain can figure out its distance.



Your eyebrows stop sweat from dripping into your eyes. And your eyelashes help keep dirt out of your eyes.

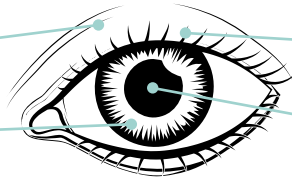


Eyelid

Eyelashes

Iris

Pupil



Did You Know?

Tigers can see six times better than a person in the dark. SubhanAllah!



Task 2

Match up the parts of the eye to their description.

Iris

These are small hairs that protect the eye from dust and dirt.

Eyelid

This is the black part of the eye which lets light in.

Eyelashes

This is the coloured part of the eye. It controls how much light can enter your eye.

Pupil

This opens and shuts. It helps people to sleep and also protects the eye.

Allahu Akbar! Allah is the Perfect Creator!

Your eyes let you see the creation of Allah around you. Through your eyes, you can appreciate the beauty in Allah's creation. You can recognise that only Allah could have made it, and therefore He must be the Only One worthy of worship.



The Amazing Benefits of Ma'rifah

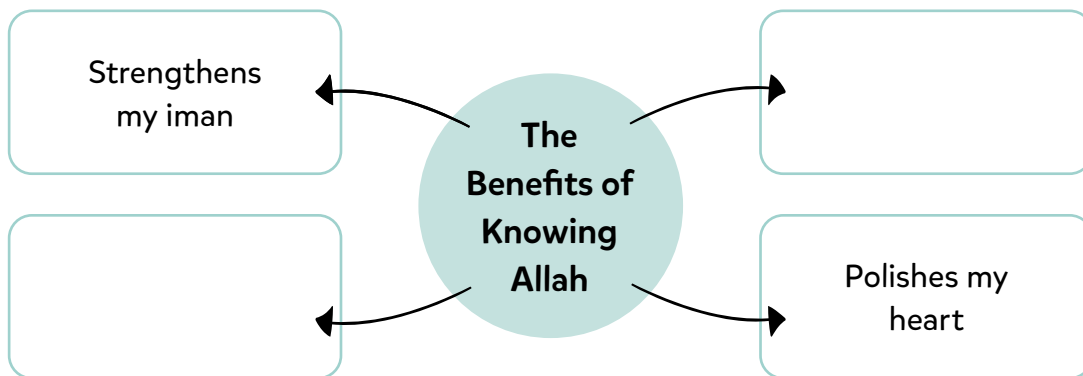
Knowing Allah and learning about Him leads to so many amazing things in this world and the hereafter. The more we know Allah, the more we will love Him and feel grateful for His blessings. We will realise how Great Allah is, and understand why we should respect and fear Him.

We will trust Allah and feel peace in our hearts. We will enjoy doing good deeds, and we will be truly happy – both in this world and in Jannah, forever and ever, inshaAllah.



Task 3

Complete the mind-map below.



I Act On What I Learn

I will strengthen my iman by thinking of Allah's creation.



P Progress Check



1. What is ma'rifah? ☐

2. Mention two amazing facts about your eyes. Who designed your eye? ☐

3. What are the benefits of ma'rifah? ☐
