Lesson 7

Level 4

# The Faraid, Sunan and Mustahabbat of Wudu





# Thinking Starter

How does wudu help you? How does it polish your heart?



#### The Fard Acts of Wudu

There are 7 fard acts of wudu:



**Fard:** What we **must** do. Our worship is **incorrect** if these are not done.



Make an intention.

2

Wash the whole face once.



3

Wash both arms including the elbows once.

4

Wipe the entire head once.



5

Wash both feet including the ankles once.



Rub each body part in the steps above.

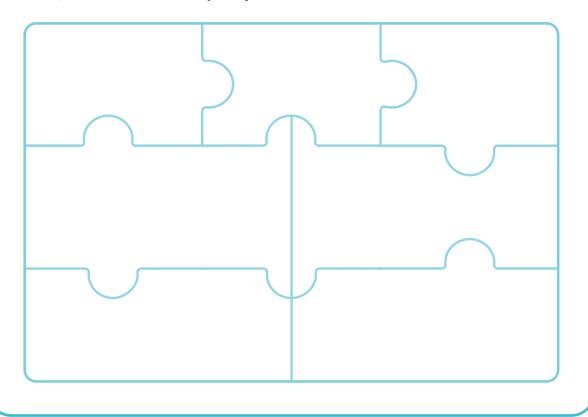
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Do each part of wudu continuously.



# Task 1

Draw or write the fard acts of wudu in the boxes below. Then, act them out with your partner.



## The Sunnah Acts of Wudu

Sunnah: What the Prophet صلى الله عليه وسلم did **regularly.** We should try our best to always do it.

- 1 Wash your hands until the wrists when starting wudu.
- 2 Gargle.

- 3 Put water into your nose.
- 4 Blow the water out from your nose using your left hand.
- 5 Wipe your hands back over your head (back to front).



6 Use new water to wipe your ears.

- Wipe your ears inside and out.
- 8 Follow the fard acts in order.



Can you say and translate the du'a that we say when we finish our wudu?



#### Task 2

#### Spot and correct the mistakes in each of the sunnah acts below:

- 1. Wash your hands until your wrists when finishing wudu.
- 2. Gargle three times.
- 3. Blow out your nose, then put water into it.
- 4. Wipe your outer ears.
- 5. Follow the sunnah acts in order.

### The Mustahabb Acts of Wudu

**Mustahabb:** What is liked and recommended. We should try to do them as much as we can.

- 1 Perform wudu in a clean place.
- 2 Face the qiblah if you can.

- 3 Say bismillah at the start of your wudu.
- 4 Don't waste water. Use only what you need.
- 5 Start with the right hand, arm, and foot.

- 6 Position the water container or sink to your right side.
- 7 Begin washing from the start of each part.



8 Wash each part in wudu up to three times to make sure it's washed properly.



- Use a miswak for your teeth and tongue. If you don't have one, use your fingers.
- 10 Follow the sunnah acts in order.
- 11 Complete the fard and sunnah acts in the correct order.

# Task 3

Write down 3 mustahabb acts of wudu that you haven't been practising yet. Make an intention to start doing them from today and make yourself shine brighter!







#### I Act On What I Learn

I will learn how to do my wudu perfectly. I want to shine on the Day of Judgement!



# Progress Check

1. Demonstrate the fard acts of wudu.

2. What are some sunnah acts of wudu?

- 3. Which mustahabb acts of wudu will you do from today?