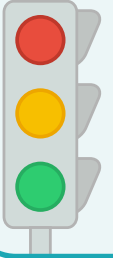


Salah: The Most Important Act of Worship



Learning Objectives

In this lesson, I will:



Identify the first action I will be asked about on the Day of Judgement

Reflect on the importance of taking care of my salah

Explain why salah is the best expression of 'ubudiyyah



Key Words

Accountable

Expression

Prayers - صَلَوَاتُ

T Thinking Starter

How does salah help us stay connected to Allah throughout the day?

اللَّهُ

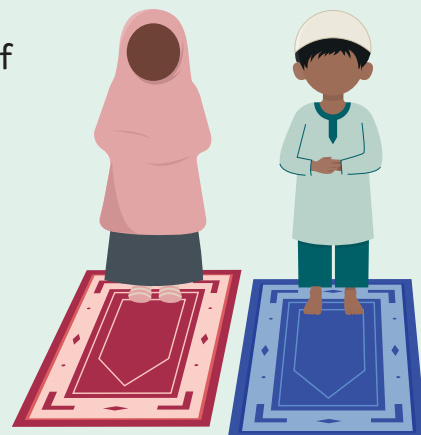
The 2nd Pillar of Islam

Salah is the second pillar of Islam and the greatest act of worship. We should never ever miss it. The Prophet صلى الله عليه وسلم said, "The first action a servant of Allah will be held **accountable** for on the Day of Judgement will be his salah" (Tirmidhi).

If our salah is good, we will be successful. But if it is bad, then we will fail and everything else will go badly.

Salah should be the most important part of our day. Just as our bodies need food and drink to **survive**, our hearts need salah to stay alive! Salah keeps us away from sins and cleans the 'rusty dots' away from our hearts, making them pure and bright!

Through salah, we remember and thank Allah—our Most Generous Creator!



I polish my heart with salah!



Task 1

Fill in the blanks and write the first letter of each word in the box below to find the hidden word.

_____ is the first thing Allah will ask us about.	We pray to make _____ happy.	Salah is the key to _____ Allah.	Salah is the greatest _____ of worship.	Salah polishes our _____.
		L		

Hidden word:

Never Ever Miss Salah

Allah سبحانه وتعالى describes successful believers as:

وَالَّذِينَ هُمْ عَلَى صَلَوَاتِهِمْ يُحَافِظُونَ

"And those who guard their prayers."
(Surah al-Mu'minun:9)



This means they always perform their salah correctly on time.

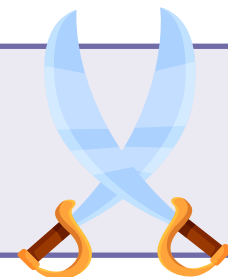
Muhammad ﷺ always took great care of his salah, and reminded the Sahabah to do the same. Before he passed away, he kept repeating, "Salah, salah." His final advice to us was to always take care of our salah.

Salah is fard (compulsory). Whether you are at home or travelling, healthy or unwell, you must still pray salah!



Did You Know?

Even on the battlefield, Muslims must pray salah. There is a special way for them to pray during battle.



How can you take care of salah? Think about **where** you should pray, **when** you should pray, and **how** you should pray.



Task 2

Help Ustadhah Aminah, the school magazine's advice columnist, respond to Maryam.

ASK AMINAH

Your Trusted Guide to School Life and Spiritual Well-being

Quranic Tarbiyah

MAGAZINE

Dear Ustadhah Aminah,

I pray 4 salahs, but sometimes I feel really tired and lazy to pray isha.

Yours truly,

Maryam

?
HELP

Dear Maryam,

Ustadhah Aminah

Salah: The Greatest Form of 'Ubudiyyah

Our purpose in life is **'ubudiyyah: true servitude to Allah**. This means fully humbling ourselves before Him, showing that we need Him, and loving Him more than anyone else. The more we practise 'ubudiyyah, the closer we become to Allah.

The best expression of 'ubudiyyah (servitude) is salah. Every part of salah is a way of showing that we are Allah's humble servants.

We say Allahu Akbar, respectfully fold our hands, and stand still in front of Allah like true servants. Then we bow in ruku' to show the greatest humility. After that, in sujud, we lower our face—the highest part of our body—to the ground.

In this way, we glorify Allah and recognise that only He deserves our worship.

I am a servant of Allah.





Task 3

Write an acrostic poem for the word SALAH. For each letter, write a line that starts with that letter.

MY SALAH POEM

S

A

L

A

H

I Act On What I Learn

I will always take care of my salah by praying on time.



P Progress Check



1. What is the first action you will be held accountable for on the Day of Judgement? ☐
2. Why should you take care of your salah? ☐
3. Why is salah the greatest expression of 'ubudiyyah? ☐