Lesson 16

Level 4

The Sunnah Prayers





Describe how I can guard my fard salah

State as-sunan ar-rawatib for each salah

Identify as-sunan ghayr ar-rawatib for

Key Words

As-sunan ar-rawatib

As-sunan ghayr ar-rawatib

Sunnah mu'akkadah

Thinking Starter

What would you do if you knew you were in danger? How would you protect yourself?



Sunnah

Rak'ahs

Keep Your Guards Up!

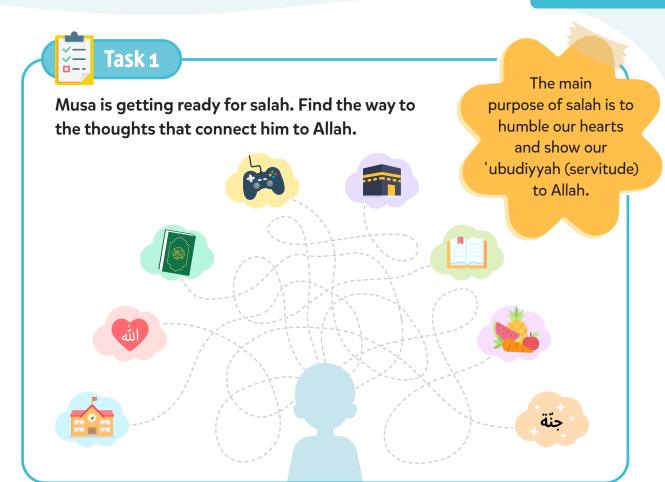
The five daily salahs have rak'ahs that are fard (obligatory), but each salah also has rak'ahs that are sunnah. These sunnah rak'ahs are like strong 'quards' that protect our fard rak 'ahs.

If we only pray the fard rak ahs, then our fard is in danger! Shaytan will attack us and try his best to make us miss our prayers or rush through them. But if we 'quard' our salah with the sunnah rak'ahs, then our fard will stay safe and sound.

Sunnah Rak'ahs: A Spiritual Warm-Up

When you play a sport or exercise, you should warm up before you start and cool down after you finish. This helps you perform your best and stay healthy.

Similarly, before you pray the fard rak'ahs, you warm up your heart by praying the sunnah rak ahs. They help you clear your mind, get focused and prepare for the main part: the fard rak ahs. Your heart feels ready to fully focus and connect with Allah!



As-Sunan ar-Rawatib

There are 12 sunnah rak ahs called **ar-rawatib**. They are connected to our five daily salahs. We pray them individually—they are not prayed in jama ah (congregation).

Name of Salah	Rawatib Before Fard	Rawatib After Fard	
Fajr	2	-	
Dhuhr	4	2	
'Asr	-	-	
Maghrib	-	2	
ʻlsha	-	2	

It is **sunnah mu'akkadah (an emphasised sunnah)** to pray these 12 rak 'ahs. The Prophet صلى الله عليه وسلم prayed them regularly and they are very important. We should always pray them too.



Did You Know?

The Prophet صلى الله عليه وسلم said, "The two [sunnah] rak 'ahs of Fajr are better than the world and everything it contains." (Muslim)



How does Allah reward a Muslim who prays these 12 rak ahs every day?



As-Sunan Ghayr ar-Rawatib

There are also 8 sunnah rak'ahs called ghayr ar-rawatib. They are:

- ★ 4 rak ahs before the fard of Asr
- 2 rak ahs before the fard of Maghrib
- 🛊 2 rakʻahs after the sunan ar-rawatib of Dhuhr

Praying these extra rak ahs brings a big reward from Allah, so we should pray them too.





Task 2

Fill the table with the correct number of rak ahs:

Name of Salah	Befo	ore Fard	Fard	After Fard
	as-Sunan ar-Rawatib	as-Sunan Ghayr ar-Rawatib		as-Sunan ar-Rawatib
Fajr				
Dhuhr				
'Asr				
Maghrib				
ʻlsha				



Task 3

Solve the following equations:

Using your answers, write two facts that you learnt from this lesson.

I Act On What I Learn

I will guard my fard salah by always praying the sunan.







Progress Check



- 1. How can we guard our fard salah?
- 2. How many as-sunan ar-rawatib are there for Dhuhr?
- 3. How many as-sunan ghayr ar-rawatib are there in total?