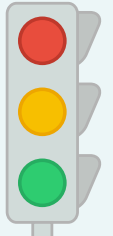


Worshipping Allah



Learning Objectives

In this lesson, I will:



Recognise that everyone worships someone or something

Define 'ubudiyyah

Differentiate between inner and outer actions of worship



Key Words

Awe

'Ubudiyyah
(servitude) - الْعُبُودِيَّةُ

Humility

T Thinking Starter

Your heart is your treasure chest that you carry everywhere. What do you put inside it to stay connected with Allah and gain His pleasure?



Why Did Allah Create Us?

Allah created the entire universe to **worship** Him. Allah created us humans for the same purpose. Allah سبحانه وتعالى says:

وَمَا خَلَقْتُ الْجِنَّ وَالْإِنْسَ إِلَّا لِيَعْبُدُونِ ﴿٥٦﴾

"I did not create jinn and humans except to worship Me."

(Surah adh-Dhariyat: 56)



All of Allah's creation is constantly expressing its **servitude** to Him. How do you think the trees worship Allah?

We all have something special inside of us: **the spiritual heart**. This heart was created by Allah to love, hope, and trust someone deeply. The heart needs someone to deeply respect and be in **'awe'** of. In other words, it's made to 'worship' someone.

Awe: a feeling of deep respect mixed with fear.



Task 1

Read the passage below and fill in the blanks with the correct word from the list:

Allah

~~money~~

animals

power

peaceful

fame

Some people fill their hearts with love for money , _____ , or _____ . Others look to people, nature, or even _____ as objects of worship! But none of these 'objects of worship' can make us truly happy or _____ . True happiness and peace only comes when we worship _____ Alone and submit to Him.

'Ubudiyyah: The Special Secret

Our purpose in life is '**ubudiyyah: true servitude to Allah**. This means **fully humbling ourselves** before Him, **respecting** and **obeying** Him, and **loving** Him more than anyone else. 'Ubudiyyah is about showing **our need for Allah** and asking Him for everything. The more we show our need for Him, the more Allah loves and cares for us.

Our hearts should be filled with all of these special feelings, making us recognise that we are the servants of Allah. Even if we can't do many good deeds, doing them with a sincere heart—full of love, **humility**, and obedience—is the fastest way to becoming closer to Him.

Utmost Love

+

Utmost Humility

=

'Ubudiyyah

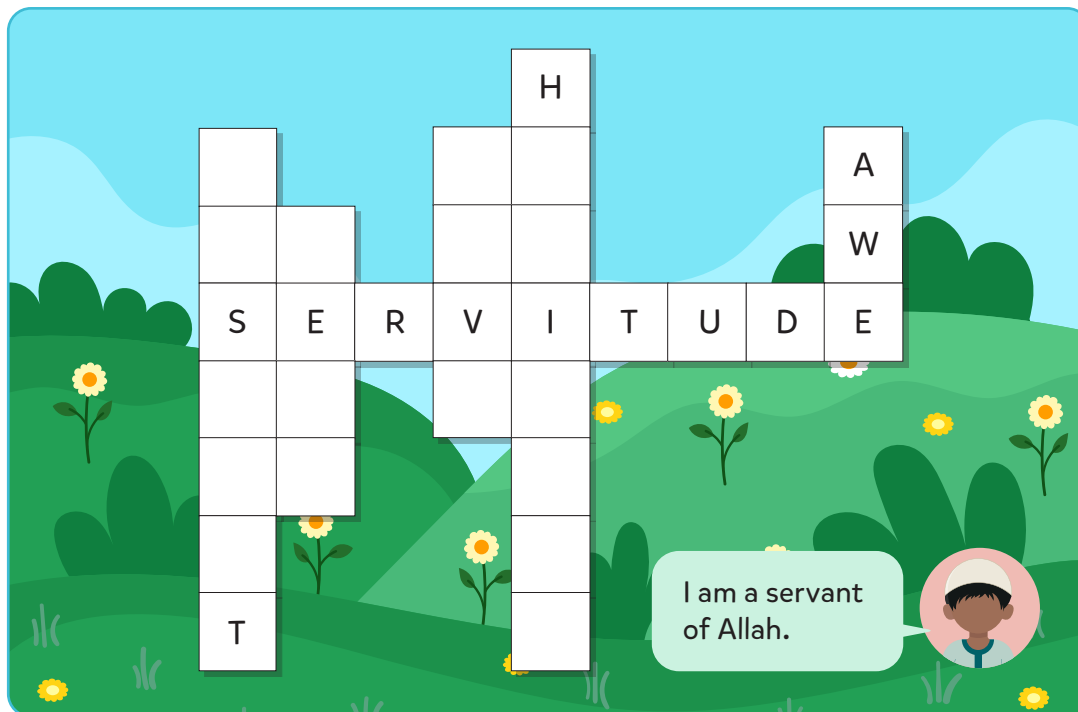


'Ubudiyyah is the secret to getting closer to Allah quickly!



Task 2

Pick out special feelings of 'ubudiyyah from the previous text, then fit them into the boxes below!



Worshipping Allah with Our Hearts and Bodies

Worship includes:

1. **Outer** acts of worship – what we do with our **bodies**.
2. **Inner** acts of worship – how we feel in our **hearts**.

Both types of worship are extremely important, but the second one—what we feel in our hearts—is even more important. Our inner worship should be the reason why we do our outer acts of worship.

For example, when we pray salah, it's not enough to only do qiyam, ruku', and sujud with our bodies. Our hearts also need to be in a state of worship—filled with **love, respect, and humility** for Allah.

In this book, we'll learn not only how to worship Allah with our bodies but also how to make these same acts of worship super-special by filling them with 'ubudiyyah.



Task 3

Match each outer act of worship with the connected inner act.

Outer Act (Body)

Salah: ruku' and sujud

Sawm: avoiding food and drink

Hajj: tawaf

Zakah: giving to the poor and needy

Dhikr: saying SubhanAllah, Alhamdulillah, Allahu Akbar etc.

Du'a: asking Allah

Inner Act (Heart)

Allah is aware of everything I do, so I will fast from bad words and bad thoughts too.

Allah provides for me, and everything I have belongs to Him. I will share with His creation.

I humble myself and feel that I desperately need Allah for everything.

I love Allah deeply and want to focus on my conversation with Him.

I will fill my heart with respect for Allah. I will keep Him at the centre of my life.

I am in awe of Allah, so I will praise Him. I'm blessed by Allah, so I will thank Him.

I Act On What I Learn

I will reflect on the inner acts of worship.

P Progress Check



1. List five 'objects of worship'.



2. What is 'ubudiyyah?



3. How should your heart feel during salah?

