Lesson 4

Istiʿadhah: Seeking Protection From Shaytan



In this lesson, I will:



Define 'isti'adhah'



Describe why we should seek protection from Shaytan before reciting Qur'an Explain why Shaytan is our greatest enemy

Key Words

The devil (Shaytan) - اَلشَّيْطُ نُ Cursed - اَلرَّجِيمُ

الإِسْتِعَاذَةُ - Seeking protection

Thinking Starter

Why is it important for us to seek protection from Shaytan?



الرَّجِيمِ	الشَّيْطَانِ	مِنَ	بِاللَّهِ	أَعُوذُ
the cursed	the Shaytan	from	in Allah	I seek protection
I seek protection in Allah from the cursed Shaytan.				



Colour the boxes with the words that are in the Isti adhah.

قُلُ

مِنَ

ٱلْمَغْضُوبِ

ٱلرَّحْمَٰنِ

ٱلْعَالَمِينَ

أَعُوۡذُ

بِاللَّهِ

الرَّجِيْمِ

لِلَّهِ

ٱلْحَمْدُ

ٱلْمُسْتَقِيمَ

الشَّيْطَانِ

Seeking Allah's Protection

Seeking protection from Shaytan is known as ٱللَّتَعَوُّدُ and ٱلْإِسْتِعَاذَةُ

When we seek protection from Shaytan we are saying that Allah is the All-Powerful and we are weak humans. We need Allah's help to fight our enemy, Shaytan, who we can't see.





"When you recite the Qur'an, seek Allah's protection from the cursed Shaytan." (Surah an-Nahl:98)

In this ayah, Allah is commanding us to seek protection with Him from Shaytan before reciting the Qur'an. This is because Shaytan is our enemy and he wants to keep us away from saying and doing good.





Do you know another name for Shaytan?

Why Should We Seek Protection From Shaytan Before Reciting the Qur'an?

When you want to recite the Qur'an, Shaytan will:

- 1. Make you feel more tired.
- 2. Put evil thoughts in your head.
- 3. Make other things seem more important.

Shaytan tries his best to distract us from all things that bring us close to Allah. The Qur'an brings us very close to Allah and Shaytan does not like that. Allah is speaking to us and Shaytan tries his best to break the conversation between us and Allah.



It's the weekend. Imagine you have just sat down with your mushaf. What kind of thoughts might Shaytan whisper to you to stop you from reciting and learning the Qur'an?

Why Is Shaytan Our Greatest Enemy?

When Allah سبحانه وتعالى told the angels to prostrate to Prophet Adam بليه السلام, Shaytan did not obey Allah. He was thrown out of Jannah because of this. Even till today, he tries his best to make us do evil so our relationship with Allah becomes weaker.

Shaytan is our biggest enemy. This means that he wants us to follow him in doing evil things and he will try his best to stop us from doing good.

Note: We do not know what Shaytan looks like. Shaytan is not a red devil like we see in pictures. Instead of trying to think of what Shaytan looks like, we should focus on Shaytan's evil actions and how to stay away from them.





Did You Know?

Shaytan made a promise to Allah that he will make humans do evil so they go into Hell-Fire.



When Should We Seek Protection From Shaytan?

- 1. Before reciting the Qur'an.
- 2. When getting angry.
- 3. When thinking of doing something bad.





Task 3

With your classmates, prepare a short role play showing how Shaytan tries to trick us and how we can make the right choice instead.

Steps:

- Choose the situation
- · What will Shaytan whisper?
- How can you overcome him?
- Act it out! Make sure everyone has a part.



I Act On What I Learn

I will say Isti'adhah before reciting the Qur'an.

Progress Check



- 1. What is 'isti'adhah'?
- 2. Why should we ask Allah to protect us from Shaytan before we recite the Qur'an?

