

The Little Ponderer



Learning Objectives

In this lesson, I will:

Define tadabbur

List the 3 barakah keys

Explain the importance of tadabbur



Key Words

Qur'an - قُرْآنٌ

Pondering - تَدَبُّرٌ

Blessings - بَرَكَهٌ



T Thinking Starter

How can you understand Allah's message in the Qur'an?

كِتَابٌ أَنْزَلْنَاهُ إِلَيْكَ مُبَارَكٌ لِّيَدَّبَّرُوا آيَاتِهِ
وَلِيَتَذَكَّرَ أُولُو الْأَلْبَابِ

“(This is) a blessed Book which We have revealed to you (O Prophet), so that they **may ponder and reflect** over its verses, and that those of understanding would be reminded.” (38:29)

In this ayah, Allah سبحانه وتعالى tells us the true purpose of revealing the Qur'an. He tells us that the Qur'an is a blessed book (*Mubarak*), and it was revealed so that people can **reflect, ponder and think about its meanings**.

Although we should try to recite the Qur'an in a beautiful voice, just reading is not the only way we can gain the blessings of the Qur'an. We should also try to understand what Allah سبحانه وتعالى is trying to tell us in the Qur'an!

Key Word 1

Tadabbur - تَدَبُّر

Tadabbur can mean to:

- Ponder
- Reflect on the meaning
- Think deeply about it
- Plan how to apply it in my life

Key Word 2

Barakah - بَرَكَه

Barakah can mean:

- Blessings
- Increased benefit
- Bonus
- Extra good things

Barakah is when you do something small, and Allah makes it **HUGE!**

This means, if we want the Qur'an to make every part of our lives the best, we should try to gain its **blessings** by always reciting and pondering over its ayat (verses).



Task 1

Trace and write the keywords in Arabic:

تَدَبُّر

تَدَبُّر

بَرَكَه

بَرَكَه

Is reciting and reflecting over the meaning of the Qur'an enough for us to receive its full barakah (blessings)?

No! In another ayah of the Qur'an, Allah سبحانه وتعالى said:

وَهَذَا كِتَابٌ أَنْزَلْنَاهُ مُبَارَكٌ فَاتَّبِعُوهُ وَاتَّقُوا لَعَلَّكُمْ تُرْحَمُونَ

“This is a blessed Book We have revealed, So follow it and be mindful of Allah so that you may be shown mercy.” (6:155)

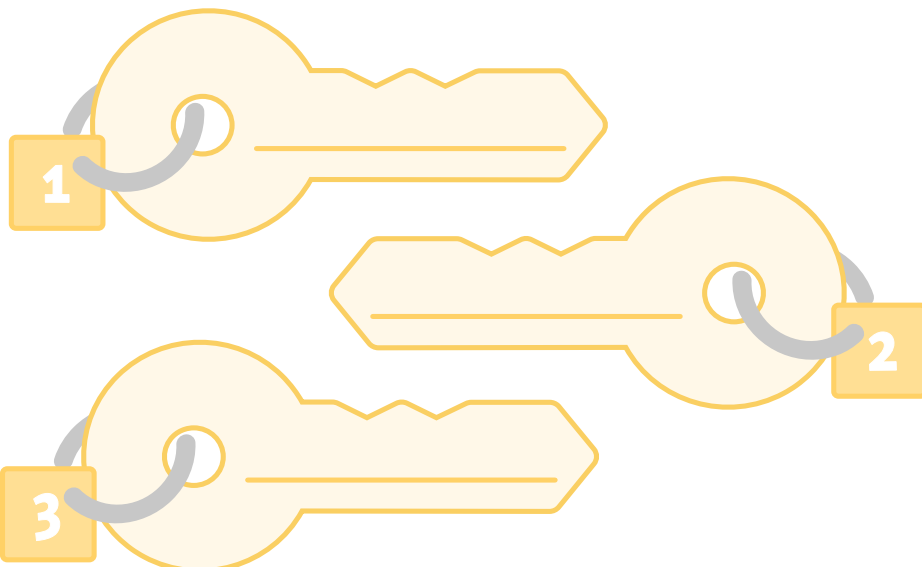
This means we must do 3 things to gain the complete Barakah (blessings) of the Qur'an in our lives:

1. Listen to it carefully and recite it properly.
2. Ponder and reflect over its meanings.
3. Act upon it.



Task 2

Write only **ONE** word in each of the 3 barakah keys below to summarise what every Muslim must do to gain the full barakah (blessings) of the Qur'an.



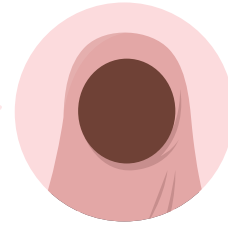


Task 3

Help Maryam answer Musa's questions about pondering on the Qur'an:



Why is **tadabbur** important in my life?



How should I do **tadabbur**?



P Progress Check



1. What does tadabbur mean?

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2. What are the 3 barakah keys?

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3. Why is tadabbur important?

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