

I Think About How Allah Created Me



In this lesson, I will:

Define the Name of Allah al-Musawwir

Identify some of the amazing ways in which Allah created us

Explain how our body can be used for the purpose that Allah has designed it for

- Key Words	
آلْمُصَوِّرُ - The Fashioner Unique	
Precious	

Level 3

Thinking Starter

What's the last thing you saw which really amazed you? What did you say when you saw it?

Allah Is al-Musawwir

Imagine you only had one hand. What would you not be able to do?

What if the size of your eyelashes was the same as the hair on your head? What would happen?

Allah created you and honoured you. You are a unique creation of Allah. Allah has created each part of you in a special way so that you can fulfil a special purpose in life.

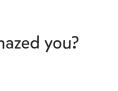
Allah is al-Musawwir: The Fashioner.

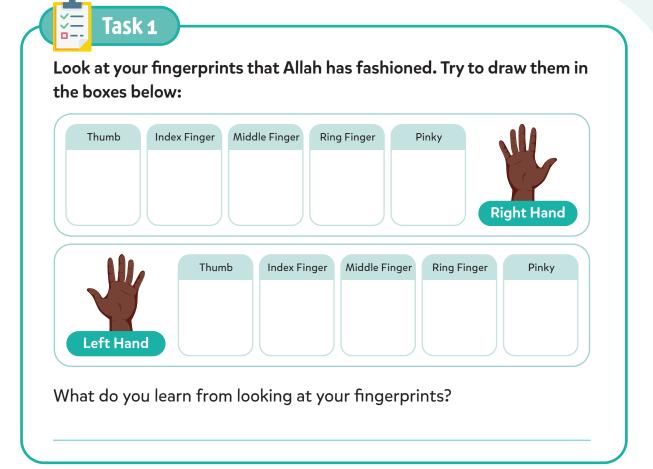
Only Allah could have made and designed such a perfect creation!

Did You Know?

Allah has created each of our fingerprints to be **unique**. Even identical twins have a different set of fingerprints!







Allah Has Fashioned You From Top to Toe!

Allah has given you a **brain** that is sometimes **more active when you're asleep** than when you're awake.

Allah has granted your **mouth** the ability to produce approximately **one litre** of saliva daily.

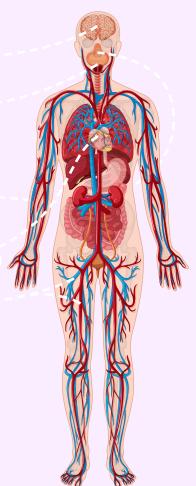
The **nose** that Allah has blessed you with, can recognise around **a trillion different scents**!

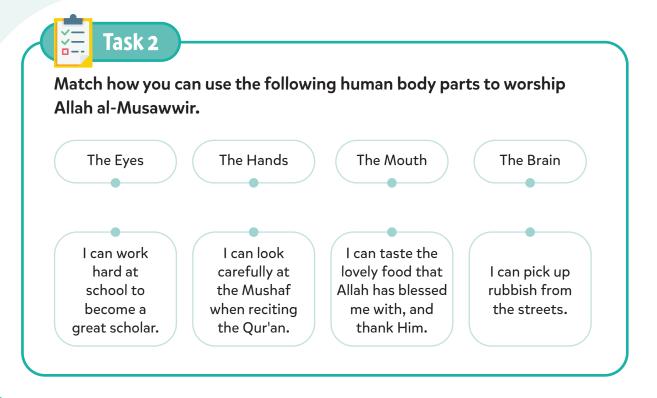
Allah has miraculously created the human **heart** to beat **more than three billion times** in an average lifetime.

Allah has made the **blood** contained in your body to make up about **eight percent of your body weight.**



Thank you Allah for creating me in the most beautiful way!





How can you worship Allah with each and every heartbeat?

IT'S STORY TIME!

You Are Very Precious to Allah!

There once was a man called Zahir ibn Haram رضي الله عنه. Zahir was a Bedouin: this meant that he lived in the desert. Whenever he came to Madinah, he would bring a gift for the Prophet صلى الله عليه وسلم. The Prophet صلى الله عليه وسلم would also prepare something to give to him.

Zahir was not very good looking, but this did not stop the Prophet صلى الله عليه وسلم from loving Zahir very much.

One day, the Prophet ملى الله عليه وسلم was at the market place and he spotted Zahir. The Prophet ملى الله عليه وسلم decided to surprise Zahir and cheer him up. The Prophet hugged him tightly from behind and covered his eyes in a playful manner. "Who is this? Let go of me" exclaimed Zahir. When Zahir realised that it was the Prophet ملى الله عليه وسلم, he immediately relaxed.

The Prophet صلى الله عليه وسلم began to joke with him, saying to the public: "Who will buy this slave? Who will buy this slave?"

Zahir said, "You will find me of little value, O Messenger of Allah." Zahir thought that nobody would want to buy him, as he was not good looking and had very little money.

But the Prophet صلى الله عليه وسلم told him, "But in the sight of Allah, you are very precious!"

How can we become 'precious' in the sight of Allah?

We should always remember that Allah has designed each and every one of us in a unique way for a specific reason and to fulfil a specific purpose. We are all beautiful and precious in the sight of Allah when we fulfil our purpose in life.



Task 3

Just as Allah has created our bodies in a beautiful way, we should also make **our hearts beautiful**. We can make our hearts shine by always remembering Allah and by having **good character**.

Trace and memorise the du'a of the Prophet صلى الله عليه وسلم .

O Allah, beautify my character as You have beautified my appearance. (Ahmad)

I Act On What I Learn

I will always think about how Allah made the amazing human body.

Progress Check



- 1. What does al-Musawwir mean?
- 2. List 3 amazing things about the human body which Allah has created.
- 3. How can you use your eyes, hands and feet to worship Allah?