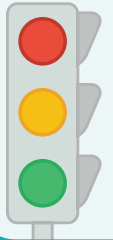


Being Patient for Allah



Learning Objectives

In this lesson, I will:



Define sabr

Discuss how I can apply sabr in my life

Reflect on the sabr and steadfastness of Khabbab رضي الله عنه



Key Words

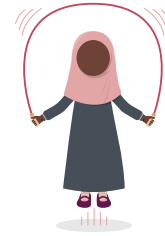
Sabr (Patience) - صَبْرٌ

Difficulties

Steadfast

T Thinking Starter

Can you think of something you did which was difficult, but it was good for you?



Sabr for the Sake of Allah

In this life, we will face **difficulties**. We may lose our good health. Some people may be really mean to us. We may even lose someone who we really love.

Sabr (patience) is to be strong and firm and to never give up. In this life, we will all go through difficult times. But as believers, we must have sabr. We should not moan and groan. Instead, we should have sabr for the sake of Allah.

We also have to have sabr in order to do good deeds and be true believers. For example, waking up for fajr very early in the morning will require you to have sabr. To be strong and push your duvet away, especially when it is freezing cold is sabr!



Can you think of another action which you may find difficult and requires you to have sabr?



Task 1

Work in groups of three and recite the following Surahs.

Student 1

سُورَةُ الْاٰخِرٰتِ

Surah al-Ikhlâs



Student 2

سُورَةُ الْكَوْثَرِ

Surah al-Kawthar



Student 3

سُورَةُ الْاَسْرِ

Surah al-Asr



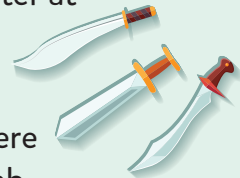
Now tick which Surah contains the word 'sabr'.

IT'S STORY TIME!

Khabbab: The Steadfast Swordsmith

In the bustling city of Makkah, Umm Anmar wandered through the market looking to buy a slave. Her eyes landed on a young boy whose seller was shouting: "Who wants to buy this boy? His bones are very strong and he is very healthy!" Umm Anmar purchased him immediately.

The boy's name was **Khabbab**. Umm Anmar noticed there was something special about this boy - not only was he strong, he was intelligent too. She trained him to become a swordsmith so he could become a master at making sharp shiny swords. Before long, he became famous throughout Makkah for his brilliant skills and his honesty.



Something serious was stirring in Makkah at this time. There were whispers of a new Prophet who had been sent by Allah. Khabbab was intrigued - he wanted to hear things for himself. So he went to meet the Prophet. He was so inspired by the teachings of the Prophet ﷺ that he immediately accepted Islam - he was one of the first 10 people to do so.

Upon hearing this news, Umm Anmar raged with fury. "How dare he do this without my permission?!" Hurriedly, she went to her brother demanding he gather a group of young boys to go and confront him. Khabbab رضي الله عنه stood firm saying: "I only believe in One God who has no partner. I reject your idols and I believe that Muhammad is the servant of Allah and His Messenger."

The gang jumped on him. They punched him with iron bars and kicked him with so much force that blood was oozing from his wounds - he became unconscious!

They did not stop there. The torture became worse.

Under the scorching summer heat, they would repeatedly drag Khabbab to the desert. At mid-day, when the sun was at its hottest, they would take off his clothes and make him wear iron clothes to melt his skin.

When it seemed like he had lost all his strength, they would come up and ask him: “What do you think about Muhammad?”

“He is the servant of Allah and His Messenger. He came to guide us and show us the truth, leading us from darkness to light,” Khabbab would reply. This would infuriate them even more and they would beat him harder and harder.

Khabbab would experience extreme pain. But he would never give up. He remained strong in his belief. He remained **steadfast**.

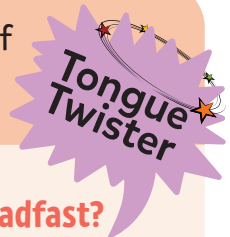
Steadfast: To never give up and always stay strong.

After many years of difficulties, Khabbab رضي الله عنه finally managed to escape the clutches of his evil mistress, Umm Anmar. He migrated (made hijrah) to Madinah, where he no longer had to worry about the evil disbelievers of Makkah torturing him.

As for Umm Anmar, she was struck with a very strange illness - no one in Makkah had ever heard of it before. She used to act as though she was attacked by something wild. Her children looked everywhere for help, and they were told the only way to help her was to pour very hot iron on her head - the same thing she used to torture Khabbab with!



Try saying the tongue twister below as quickly as you can. See if you can say it three times in a row without getting tangled up!



Did you see the sabr of the skilled, strong swordsmith who stayed steadfast?



Task 2

Answer these questions about Khabbab رضي الله عنه.

1 What was the difficulty that Khabbab رضي الله عنه went through?

2 How did Khabbab رضي الله عنه show sabr?



Task 3

Tick (✓) the 'thoughts' that might have helped Khabbab رضي الله عنه to remain patient and steadfast during his difficulty.

Cross (X) the thoughts that would make it harder for Khabbab to have sabr.

I thought of the reward from Allah that awaits me.

I started to panic and feel helpless.

I focused on the countless blessings that Allah has already given me.

I started to think of Allah's great power - only He can stop this difficulty from happening.

I will use this as a chance to ask Allah for help. Allah loves those who ask Him.

If Allah does not remove the difficulty straight away, it means that this might be a test.

I want to take full control of the situation myself.

I thought about how the Angels will send 'salam' to those who are patient.

I accept what Allah has planned for me as I am His servant.



Being patient and having sabr will make my heart shine.

I Act On What I Learn

I will stay strong and be patient, no matter how difficult it is!



P Progress Check



1. What is sabr?

2. How can you apply sabr to your life?

3. What does the story of Khabbab رضي الله عنه teach you?