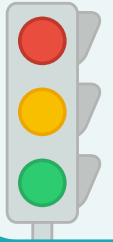


My Prophet صلى الله عليه وسلم Was Easygoing



Learning Objectives

In this lesson, I will:



Reflect on how the Prophet صلى الله عليه وسلم was easygoing

Describe the benefits of being easygoing

Explain how I can be easygoing



Key Words

Harsh

Easygoing

The Most Gentle - الرِّفِيقُ

T Thinking Starter

Can you think of a time when someone was **harsh** with you? How did it feel?



IT'S STORY TIME!

The Bedouin's Blunder

At the time of the Prophet صلى الله عليه وسلم, there were some people who lived in the desert (also known as Bedouins). They did not have much knowledge.

One day, a Bedouin man came to Madinah. He entered the Masjid of the Prophet صلى الله عليه وسلم and he began to urinate in the corner of the Masjid. The Companions were horrified!

They rushed towards him and cried out, "Stop! Stop!"

However, the Prophet صلى الله عليه وسلم did something different.

He was **the best of men**! He said to his Companions, "Leave him and let him finish."

He then instructed the Companions to pour water over it and told them, "You were sent to make things **easy**, and not to make things difficult."

Once the man finished urinating, the Prophet صلى الله عليه وسلم went up to him and kindly explained to him that this was not something that should be done in the masjid. Afterwards, the Bedouin said, "The Prophet did not curse me, nor did he tell me off or hit me."



Allahu Akbar! Look how **easygoing** and gentle the Prophet صلى الله عليه وسلم was.

My Prophet ﷺ Was Easygoing

Allah ﷻ said to our beloved Prophet ﷺ:

فَبِمَا رَحْمَةٍ مِّنَ اللَّهِ لَئِن لَّهُمْ وَلَوْ كُنْتَ فَظًّا غَلِيظَ الْقَلْبِ لَانْفَضُّوا مِنْ حَوْلِكَ

“It is through Allah’s mercy that you were gentle with them. Had you been harsh or mean-hearted, they would have certainly abandoned you.”

(Surah Aal-‘Imran: 159)

This means that being gentle and **easygoing** is one of Allah’s gifts. Allah made the Prophet ﷺ easygoing, gentle and kind – and that is why his Companions loved him.

An **easygoing** person is calm and gentle; someone who does not get easily annoyed, worried or upset about things.



Would you rather be friends with someone who is harsh, or with someone who is easygoing and gentle?



Task 1

Put a tick next to the boxes which correctly describe the Prophet ﷺ.



- 1 He forgave others when they hurt him.
- 2 He made a big deal out of small things.
- 3 He would shout loudly when someone upset him.
- 4 He was gentle and kind.
- 5 He would not throw things when he was angry.



My Prophet ﷺ is my role model.

An Easygoing Person

Allah سبحانه وتعالى loves it when we are easygoing, calm and kind to our brothers and sisters. The Prophet صلى الله عليه وسلم said that the person who is easygoing and calm will not enter the Hell-fire.

When we are easygoing, our family and friends will love us and people will like being around us. Our hearts will also shine!



Allah Is ar-Rafiq

One of Allah's Beautiful Names is **ar-Rafiq** (The Most Gentle). If we are gentle and kind to others, Allah will be gentle with us.



How to Be Easygoing

- 1 Make du'a to Allah to make you an easygoing person.
- 2 Stay calm when things might not be going as you expected.
- 3 Forgive people and remember that we all make mistakes.



Did You Know?

Being easygoing does not mean being weak.

The Prophet صلى الله عليه وسلم was both easygoing and strong!



Are you an easygoing person?

What steps will you take to become more easygoing?





Task 2

The Prophet ﷺ said: “When Allah wants good for a household, He grants them gentleness.” (Ahmad)

Scenario

Safiyyah is working on a school project. Her brother, Isa, brings a glass of juice into the room and accidentally spills it over her project.

In this scenario, write how a gentle person might:

Act _____

Think _____

Speak _____



Task 3

Work in groups and perform a short role play based on the above scenario.



I Act On What I Learn

I will be easygoing like my Prophet ﷺ!

P Progress Check



1. What does the story in this lesson teach you about the Prophet ﷺ?

2. What are the benefits of being an easygoing person?

3. How can you be easygoing?
