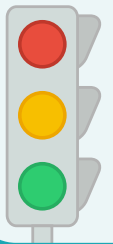


My Prophet صلى الله عليه وسلم Taught Me How to Dress



Learning Objectives

In this lesson, I will:



Define 'haya'

Describe the 'awrah

Compare the male and female dress code



Key Words

Modesty - الْحَيَاءُ

Concealing

'Awrah - عَوْرَةٌ

T Thinking Starter

What du'as do we read when we wear and remove our clothes?



My Prophet صلى الله عليه وسلم Was Modest

Our beloved Prophet صلى الله عليه وسلم was extremely modest in every way: the way he dressed, the way he talked and in all his actions. He encouraged us to be modest too.

He صلى الله عليه وسلم said:

الْحَيَاءُ مِنَ الْإِيمَانِ

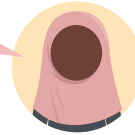
"Haya (modesty) is a part of iman." (Bukhari & Muslim)

Modesty: to speak, behave and dress in a decent and respectful manner, without showing off.

Our Prophet صلى الله عليه وسلم dressed beautifully but his clothes were always simple, respectful and modest. He wore garments that were loosely-fitted and not see-through. In this way, he made sure not to reveal the shape or skin of his body parts.

Our Prophet صلى الله عليه وسلم would also avoid dressing in any way that would show pride. He also told us that boys must not dress like girls and girls must not dress like boys, and we should not copy the dress styles of the disbelievers.

I want to be like our Prophet Muhammad ﷺ!



Task 1

Match the words on the left to their opposites on the right:

Loose



Revealing



Respectful



Modest



Proud



Immodest



Disrespectful



Concealing



Humble



Tight



Concealing: covering something to keep it private and hidden from others.

The Awrah

Allah سبحانه وتعالى has instructed us to beautify ourselves and to cover our 'awrah with the clothes that He has provided for us:

'Awrah: parts of the body that **must** be covered in front of others.

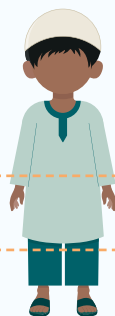
يَبْنَىءَ آدَمَ قَدْ أَنْزَلْنَا عَلَيْكُمْ لِبَاسًا يُؤْوِي سَوْءَاتِكُمْ وَرِيشًا وَلِبَاسُ التَّقْوَىٰ ذَٰلِكَ خَيْرٌ

"O children of Adam! We have provided for you clothing to cover your nakedness and as an adornment. However, the best clothing is piety..."

(Surah al-A'raf: 26)

Men

From the navel (belly-button) to the knees



According to the madhab of Imam Malik رحمه الله

Women

Whole body except the hands and face*



*A woman's dress code is different when she is with her close family members or with other women only.



Did You Know?

Wearing loose clothing supports blood flow in our bodies.



Are your clothes covering your 'awrah and showing modesty?

Our Dress Code

Allah سبحانه و تعالی is the Creator of all human beings. He has made males and females similar in some ways and different in other ways because He wants the best for us. Like this, there are some dress rules that are for all of us, and some that are for only males or only females.



Task 2

Use the words below to fill the gaps in the diagram.

jewellery

beard

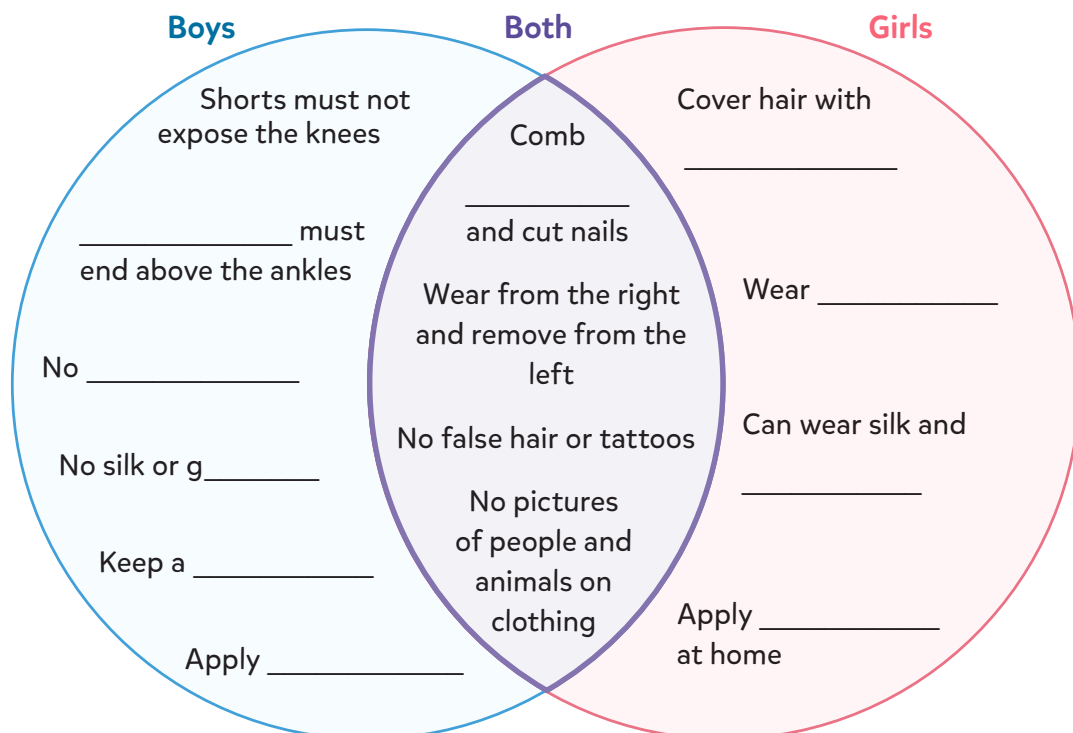
perfume

gold

hair

hijab

trousers

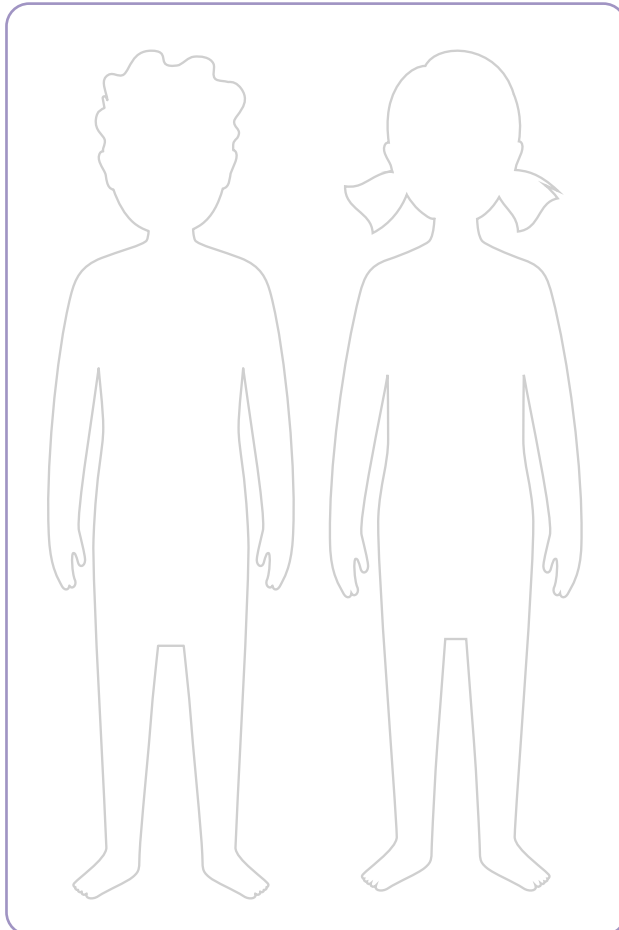




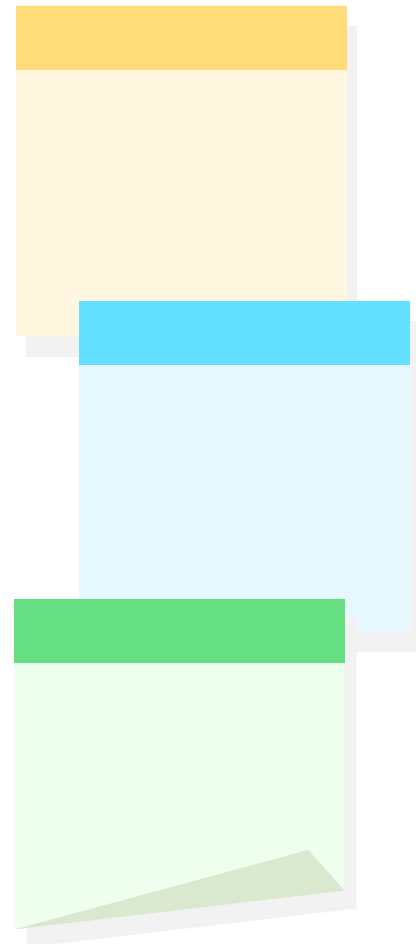
Task 3

Imagine you are the headteacher of a new Islamic school.

1. Design a modest uniform to dress the children below:



2. Write some reminders about modesty:



I Act On What I Learn

I will dress modestly like my beloved Prophet

ﷺ

P Progress Check



1. What is haya? ☐

2. What is the 'awrah of a male and female? ☐

3. State a similarity and a difference between the male and female dress code. ☐
