



I Learn, I Act, I Share

TAZKIYAH

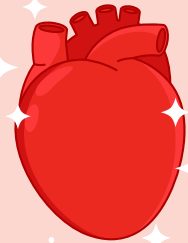
LEARNING FOR A

Life With Allah

In this book we have been learning about how you can be a strong believer and how to make your heart shine by:

1. filling it with belief in the 6 pillars of iman
2. polishing your heart

Now it is time for you to put your learning into action! This activity will give you a chance to show what you have understood about 'polishing your heart' (tazkiyah).



I Want Good for Others

One of the things that makes the heart of Muslim special is that a Muslim always wants good for other people.

You have learnt that when you give up being greedy and arguing with others, your heart starts to shine!

Role Play

Work in groups for this activity. Choose one role play from the grid below and prepare a short play or presentation.

"I do not mind being wrong"

Pretend that you are arguing with someone. Let that person win the argument despite them being in the wrong!

How did that feel? What has just happened to your heart?

"Can I have some?"

Pretend that your teacher gives you something. Now you need to share that thing with others in your class.

How do you feel? What has just happened to your heart?

"I do not want to argue"

Pretend that you are feeling angry and are about to start an argument with someone. Show the steps that you need to take to calm down.

How do you feel now? What has just happened to your heart?

Self-reflection

Write down the things that you can do to polish your heart:

